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## What our participants say about Sahale Summer Camp...

- ◆ “I love camp, I can’t wait to go next year. I talk about it with my friends all year. The junior staff are the best! They really care about us kids and are so funny!” KG, age 11.
- ◆ “I made new friends and it wasn’t even hard. I love swimming and playing at the river and learning to tend the fire. Sahale is wonderful!” GM, age 10
- ◆ “I really liked the dance party, archery and the web-foot Olympics” GS, age 10
- ◆ “I liked going to the river and catching snakes, and the scavenger hunt, the campfire and most of all free time!!” BM, age 10
- ◆ “This week was one of the best experiences I’ve had. I really felt how important a role I played in caring for the younger kids. They really looked up to me and that meant a lot to me. I really cared about them and it made me feel more grown up.” MM, junior staff age 17
- ◆ “It was a lot of responsibility to care about my small group. They really needed me to care about them. I really enjoyed working with the other junior staff and having an opportunity to be in a training program to help me learn how to lead effectively” CJ, junior staff age 17.
- ◆ “It is a pleasure to support the camp and junior staff as they invest so much in each child over the course of the week. The changes the kids make from the beginning to the end of the week is touching to watch. I wish I had had summer camp like this!” PJ, support staff, age: old

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## A Message to Parents



As a parent and teacher of children, an outdoor nature lover and someone trained to help children to enjoy the wonders of nature, I am the camp’s coordinator. My goal is to know your concerns for your child’s growth and welfare and design experiences at camp that addresses those needs. You may remember from your own youth, an event like this can make a great difference in a child’s life. You will be provided with a questionnaire and I will be talking with you personally about your child.

Our program highlights social creativity, self responsibility, inclusion and friendship building. To accomplish these goals, I am supported by a staff of trained adults who mentor, supervise and teach specific skills of outdoor living and who demonstrate living collaboratively and joyfully. We are very pleased with the addition of pairs of trained junior staff who lead our campers in small group conversations and focused skill groups. The junior staffs are very dedicated and loving. They take their responsibility to heart to help every camper feel included and empowered to create the experience they want for themselves.

Our work with youth makes use of our remote and beautiful site where we breath fresh air, swim in our river and explore the valley and hills. This year’s camp will offer options for skill building focus groups. Your child will choose to focus on skills of outdoor survival and shelter building, archery, boating and fishing, music, cooking/gardening or wild-crafting. Some youth may choose an adventure experience of creating a more remote self –sustaining camp away from the central camp. They will be supervised but get the sense of pushing through fears they may want to face.

*Irene is the Three Cedars Waldorf School gardening teacher, Manager of the Family Enrichment Network, and a 13-year member of the Goodenough Community. She is also a parent of two teenagers, 15 and 18.*

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# Sahale Summer Camp

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“Village Life in Nature ”

For Youth 9 to 12



July 5–10, 2008

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## To Children Coming to Camp

### Imagine with me...

*Irene Perler, Coordinator*

Upon arrival we are oriented to the buildings and the beautiful land of Sahale. In our village, we form clans and set up a cluster of tents among shade trees.

After our opening meal, we play some get-acquainted games and, as it gets dark, we gather around our campfire to sing, tell stories and jokes, and roast marshmallows. As night settles over the valley, the frogs at the pond begin to sing, bats come out to eat twilight flies, and soon the coyotes howl and stars twinkle. We settle into our tents for a sound sleep, to be awakened in the morning by the sound of the conch shell calling us to breakfast. After we eat, we work with our clan for awhile and each of us has a role to fill. Our morning offers a chance to learn a new craft, more about nature, and more about each other. After lunch, we have an hour of quiet time for rest, our journals, artwork, and reading. The conch shell calls us to the afternoon's activities: swimming at the river, archery in the meadow, exploring the land; and of course, our favorite crafts. In the late afternoon, each clan takes a turn preparing dinner.

After our evening meal, we meet with our clans to talk about how the day has gone and how we could make it even better the next day. WE end the day gazing into the fire and up to the star-filled sky.



Sahale is just 20 minutes from Belfair, Washington. The 70-acre **Sahale Learning Center** is an easy drive from Seattle, Tacoma, and the Olympic Peninsula.

The Family Enrichment Network is a cultural program of the Goodenough Community. For more information about our Parent education and family programs, Sahale and the Goodenough Community, please see our web site at [www.goodenough.org](http://www.goodenough.org).

Cost (food, lodging, and learning materials)  
One child \$400  
Two children, same family \$650  
(Limited scholarships available.)

### Registration Form – 2008 Sahale Summer Camp

Name(s) and Age(s) \_\_\_\_\_  
Address \_\_\_\_\_  
City, State, Zip \_\_\_\_\_ Email \_\_\_\_\_  
Telephone Day(\_\_\_\_\_) Evening(\_\_\_\_\_) \_\_\_\_\_  
Payment Method Check \_\_\_\_\_ (amount) OR  MasterCard  Visa \_\_\_\_\_ (amount)  
Card Number \_\_\_\_\_ Exp. Date \_\_\_\_\_  
Name of Cardholder \_\_\_\_\_  
Signature \_\_\_\_\_

To register, send this form and \$100 deposit payable to the Goodenough Community, 2007 33rd Ave. S., Seattle, WA 98144