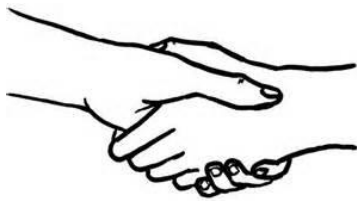




~Firm reliance on the integrity, ability, or character of a person or thing; reliance on something in the future . . .

Trust life, and it will teach you, in joy and sorrow, all you need to know. ~ James Baldwin



*From cradle to the grave, life teaches us who and what outside ourselves we can trust and why. Perhaps the lesson is simpler than we often make it out to be. Trust those who have safely guided us from one place to another and those who unconditionally help us to be all we can to others and ourselves in sickness and in health.*

# The Village eView

**November 19, 2014**

Colette Hoff, Editor

## ***On-Line News of the Goodenough Community System***

- The American Association for the Furtherance of Community
- Convocation: A Church and Ministry
- Mandala Resources, Inc.
- Sahale Learning Center

### **Upcoming events:**

**November 21 to 23, Community  
Development Weekend**

**November 25, Relationship Group**

**November 30, Pathwork**

**December 6, True Holidays Celebration**

**December 20, Winter Solstice Bus Trip**

### **ANNOUNCEMENT:**

We now have a post box in Tahuya for all organizational correspondence including donations. If you use automatic bill paying, please change the address to: **American Association for the Furtherance of Community, Convocation, or the Goodenough Community**

P.O. Box 312

Tahuya, Washington 98588

***Thanks!***

## Trusting Our Future

*John L. Hoff*

Notice that you hear the word **trust** somewhere in the pit of your stomach. For instance, notice how you feel when someone says, “Trust me on this.” It is probably true that most of us are more aware of untrust, doubt, insecurity, and fear than we are of positive experiences. Trust, as an experience, extends from awareness of the very positive: security, openness, integrity, and honesty. So trusting is a process that includes risking awareness of a whole group of experiences that extend from trust to fear.

A relationship without trust is like having a phone with no service. And what do you do with a phone with no service? You play games.

In a relationship, that’s where the word trust makes the most sense, trust is absolutely necessary for the continuation of relationship. And, distrust weakens and destroys what has been developing between persons. There is perhaps no other word that feels more important to relational partners than trust. While we know that trust is vital for an enduring relationship. Trust is so big and

powerful that it also can be applied to our relationship to government, organizations, leadership, and authority of all kinds. Trust refers to our willingness and ability to **rely** on individuals and institutions.

Our community—the Goodenough Community—has been around for about 40 years. During those 40 years, hundreds of people have entrusted their lives to the community for support and guidance. When their lives were in a better place, they often moved on to other places and other pursuits but assured us that they had a new appreciation for the role of relationships in their lives, they improved their ability to trust. To involve ourselves with other people is to risk putting ourselves in a place where we have to be more open and trusting. Being more open and trusting means we grow and learn. This growth or development has been provoked by relationship and is based on trust. I have observed that every few years a group of leaders trust each other and

work together, accomplishing the goals of our community and developing themselves as persons and leaders. When I looked closely I see people willing to trust leadership and the plans and the programs of our organizations—and, I see leaders acting in a trustworthy way, living up to our covenant, and learning from the roles they are in about serving through the organization and programs of the community. Trust requires trustworthiness and as a community we covenant to develop our trustworthiness.

Our covenant is the basis of our community’s trustworthiness and I think it is right to introduce the covenant at this time:

### Editor’s Corner

We, your editors (Colette, Elizabeth, Kirsten, Joan and John) would appreciate your response to some of the various words/themes presented in the eView over the past few weeks: Strength, Imagination, Resilience, Change, Grace, Acceptance, Laughter. If you have some words/themes that you would like to see dealt with in the Village eView, please let us know. What thoughts, questions, or ideas about community have been provoked in you? How are the words impacting you?

(email [hoff@goodenough.org](mailto:hoff@goodenough.org) by next Wednesday, Nov 26)

As a member of the Goodenough Community,  
I commit to being the best version of my self:

By entering fully into life's experiences;

By giving myself fully to the process of transformation through the expression of love;

By trusting the good intentions of each one of us;

By relating to others with respect and acceptance;

By making and keeping agreements with great care;

By being constant through conflict;

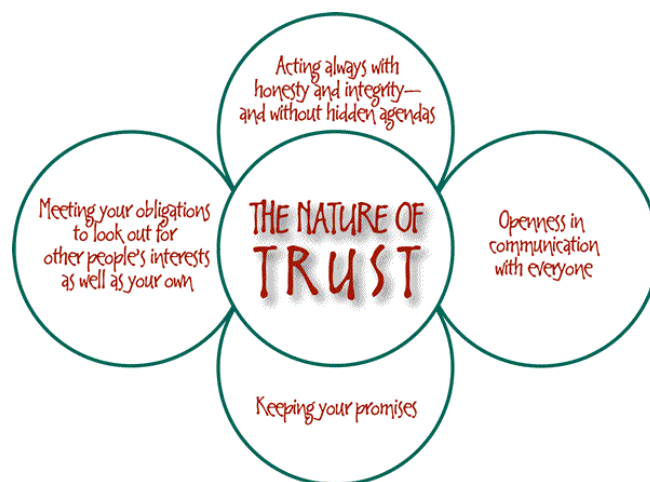
By honoring leadership in others as a method to develop the leader in myself;

By taking responsibility for my unique and significant role in the world;

By acknowledging the inner and interconnectedness of all creation, thus being safe  
and at home in the universe.

So be it!

Over the years, I have come to experience this covenant as the basis of trust in our community life. It is essentially a covenant to be friendly. I encourage you to see the covenant describing how people develop trust with each other. We are going through another period of change—a transition precipitated by my retirement and the aging of some of our key leaders. We will be meeting this coming weekend to apply **trust** to the decisions before us and the leadership being offered. Colette and I are being asked to engage in conversation with those present regarding what we have learned and what we see as future potentials for this community. I am hoping that as you read this article you will sense my asking you to trust your own feelings for each other and this community, and consider attending the weekend and supporting our future trustworthiness.



## An Important Invitation—Community Development Weekend

### Sahale, November 21 to 23, 2014

**T**he Goodenough Community is mostly an idea or vision. Historically our community was influenced by an idea of a British psychiatrist named Donald W. Winnicott. In research he had done in the First World War, he and his staff discovered that orphan children would refuse the help of several caregivers and would fail to thrive until they decided a caregiver was acceptable or “good enough.” In the Goodenough Community we offer a relationship and a social space that is good enough or acceptable to the average member. We are a learning community that is passing forward the wisdom of the communitarian tradition. The community makes a difference in our lives that we can see in the growth and learning in each other. We have found that the Goodenough Community helps us in the measure that we allow it to.

**Approximately twice a year**, the community invites acquaintances and friends to a formal conversation about what we are trying to do and how you could help us do it. We offer this weekend free of charge although the Donation Jar will still be visible in Potlatch for food donations. Our community is investing in you as a potential friend of our endeavors. Seriously, if you have questions or comments that you would like us to engage, show up at this event! Some presentations will be made about what we are trying to do and you will have an opportunity to question and join us in discussion about the future of the community. What is special about his community is that it has about forty years of history at negotiating about its culture and its mission with a group who gather. We are asking you to join this important discussion.

Colette and I are approaching retirement and yet we are around for this conversation and a while longer. You are being invited into conversations that will evaluate the past and shape the future. If you are intending to come, please let **Kirsten Rohde know of your plans** ([krohde14@outlook.com](mailto:krohde14@outlook.com)). **The weekend will begin at 6:30 with dinner and end on Sunday afternoon.**

"We are all longing to go home to some place we have never been — a place half-remembered and half-envisioned we can only catch glimpses of from time to time. Community. Somewhere, there are people to whom we can speak with passion without having the words catch in our throats. Somewhere a circle of hands will open to receive us, eyes will light up as we enter, voices will celebrate with us whenever we come into our own power. Community means strength that joins our strength to do the work that needs to be done. Arms to hold us when we falter. A circle of healing. A circle of friends. Someplace where we can be free."  
Starhawk, *Dreaming the Dark: Magic, Sex and Politics* (1982)



## Learning about Relationship: A Weekly Learning Opportunity

Elizabeth Jarrett-Jefferson

You likely have read, in recent *eViews*, we are starting a group on. relationship/relating well. that is being offered this fall to anyone interested (Tuesday evenings) by John and Colette Hoff. I wanted to let you know that it is an important offering that is open to good friends, couples, or committed relationships, and that this context makes for “learning squared.”

By “learning squared,” I am referring to difference between learning all one can about oneself--via studying, self observations, positing theories about one’s behavior, seeking professional guidance, learning tools, etc, all important and all foundational---versus what one can learn by relating directly with a partner who is committed to the process of mutual learning.

I think this is the Road Less Travelled, as it is, in a way, testing one’s theories about oneself. And let’s face it, we all have theories about ourselves.

For example, this week, John and Colette were teaching us about the importance of “starting afresh” during important relational transition points during the day. One of them is the morning time, and another is the evening where we transition from work or other daily activities. Mornings is an important time relationally that sets the tone for the rest of the day. How relational partners interact with each other in the morning, before the work day, hugely impacts how the rest of the day unfolds. I think we can understand that; however, we learned that one always has the opportunity to choose to start afresh---make a new start, enact a “do-over”—with no questions asked, without “dragging the corpse” of a botched interaction the day before into the current moment as if such a transaction were a foregone conclusion for each new transaction. This is a very hopeful concept.

Personally, I have felt fairly positive for a long time (years?) about the way Pam and I start our day. It wasn’t always this way. We have daily routines that ground us, guard against talking about much of anything in the morning (e.g., few words), and make for some fun & lightness before we head out to bring home the bacon (or fish depending on the day).

So, to begin a conversation with Pam last night after group, I mentioned my appreciation of our morning routines. She then asked me, “Do you realize how often you are negative in the morning?” I, utterly open to the moment and being ever humble, said, “What? Not every day! Are you sure every day? I don’t think I am. I have been trying very hard not to. I’ll study it. Really? Every day? OK, I’ll study it. Are you sure??”

So this morning, I awoke and found myself uttering something (in the darkness even) that could be seen as negative, even though it was just about Cooper having to be let out in the night (by me), did she hear him scratching the bedroom door (near her side of the bed), were her ear plugs in, etc. I mean, that’s not negative or about my relationship with Pam right?

I’ll see how what other creativity I have tomorrow morning.

The notion that we can start afresh is a remarkable concept, because my impression is that few believe it. It is an enlightened concept that facilitates learning. Thank you, John and Colette.

Next week, we will lean into changing our partner. Seriously. I’ll keep you posted.

**-Elizabeth**



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This invitation is brought to you by the Goodenough Community.

Turkey day is coming soon and the West Seattle household of Joan Valles, Barbara Brucker, Phil Stark and Jim Tocher are once again extending an invitation to **all** to join in sharing Thanksgiving Dinner!

They will provide the turkey, potatoes and stuffing and you are welcome to bring a side dish or dessert. Plan to arrive after 3:00 for pre-dinner social time and dinner will be around 4:00 to 4:30 p.m. You are also welcome to stop in for dessert.



**PLEASE RSVP** (it's a trusting thing to do) to either Joan (206 819-1089) or Barbara (206 412 9417).

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## Watchcare News: Community Members & Friends

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### Supporting one of our Mercer Island Households, Can you help?

Kirsten Rohde

On this coming Monday, **Hollis Ryan will be having knee surgery** and return home in 2-3 days. Meanwhile, **Tod Ransdell, staying at the same house**, is doing well in his recovery from a quadruple bypass surgery. So it's a good time to send some good energy to the household and this includes checking in about visits to Tod and later to Hollis as well as some food support. I have agreed to help coordinate this process for our community.

First, Tod: he is happy to take calls or email. Call him to arrange a visit and go for a walk (he is working up to walking 2 miles a day so we can all take our exercise with Tod!): 206 409 9793/[todransdell@yahoo.com](mailto:todransdell@yahoo.com)

**We would like to help provide some food** for the household and are recommending portions for 2-4 that can be heated or frozen for later. Please contact me if you'd like to offer some meal help and I can let you know about dietary needs.

I will keep us all informed each week. Please contact me with offers to help or questions at 206 719-5364 or [krohde14@outlook.com](mailto:krohde14@outlook.com)

*We have had two mothers pass away this week. We are including their stories.  
(editor)*



## **Drusilla Mae Richter, Elizabeth Jarrett-Jefferson's mother**

**D**rusilla Mae (Low) Morris Richter passed away at home in Centralia, Washington, on November 14, 2014, surrounded by her loving family. Dru was born at the family home in Bucoda, WA, on October 10, 1927, the adored only child of Daniel M. and Maude (Smith) Low. Her maternal grandparents, Henry and Alberta Smith, moved to Bucoda from New Brunswick, Canada, in 1904. They owned and operated the Washington Hotel, a large, two story building situated adjacent and to the east of the former IOOF building on Seventh St. The hotel was primarily a boarding house for young men working in the mills. The building eventually went down in a strong wind storm, but the stories and memories of that time were significant in Dru's life. The Smith family and their descendants have had a continuous presence in Bucoda since their arrival in 1904.



Dru attended grades 1- 8 in Bucoda, and then graduated from Centralia High School in 1945. Her parents, Dan and Maude, operated the hardware store located on the ground floor of the former IOOF building on Main Street. As a child, Dru spent a lot of time there, sitting in the window seat, watching the trains, and seeing friends and neighbors that came to the store. In high school, she worked at the store, and was often seen sitting in the front window seat. She was spotted there one day by George Morris, who had started to deliver *The Daily Chronicle* to Bucoda, Tenino, and the surrounding area. George saw this redhead in the window seat and stopped to get acquainted!

George and Dru were married May 3, 1946, buying a home in Bucoda across the street from where Dru was born and raising their four children there. Dru was a homemaker during the time the children were small, sewing much of the kids' clothing. She was PTA President, a Brownie leader, and was involved with all her kids' activities. She didn't enter the (paid) work force until 1966, when she started to work at Jefferson Lincoln grade school in Centralia as a teacher's aide. From there, she moved to Centralia High School (downtown), where she worked in the counseling center, and then was promoted to the Secretary to the Principal position, which she held until her retirement in 1990.

In 1974, George passed away unexpectedly, leaving Dru a widow at age 46 with her youngest children still at home. She was a very strong woman and managed to keep her feet on the ground and be there to comfort and support her kids during this time. She also received a lot of support from family and friends in the community. George was a Bucoda City Councilman at the time of his death, and Dru was appointed to fill his position and served out the remainder of his term. George and Dru were also early members of the Skookumchuck Mud Daubers Jeep Club, #8. For several years she wrote the monthly column for the *Jeepnick News*, getting many compliments from around the State for her humorous stories about her fellow jeepers. George and Dru were also one of the core group of families that built Bucoda Volunteer Park. On weekends and after work, the families would gather at the park area, the men working on

constructing the buildings, the women busy with other chores, while at the same time watching the kids swim and getting dinner on the picnic tables. This was a special time for Dru's family to be a part of this community endeavor.

After eleven years on her own, Dru married Ray E. (Bud) Richter on November 23, 1985. There is an interesting story here: George and Bud were friends in grade school and high school, often hunting and fishing in and around Centralia. Bud originally had the paper motor route to Bucoda, but because of another job offer, George was able to pick up the route. To hear Bud tell the story, he used to see Dru in the window, but never went in to meet her. When George took over the route, he didn't waste any time in making Dru's acquaintance!

Dru moved to Centralia after she and Bud were married, and became the "squirrel lady" of their outlying neighborhood. She and Bud both loved the wildlife, feeding the birds and native Douglas squirrels. Bud made lots of feeders over the years, and he is still tending them today. As a treat, Dru would ring a bell and set out a bucket of peanuts for the squirrels. If she didn't get outside with the peanuts soon enough to suit them, they were right up at the back porch looking for her. Bud and Dru always had to be careful to close the back door because more than once the little rascals would come right into the house. Once, one was perched on the back of the sofa, looking for his peanuts! Dru always had an eye for the birds, and was knowledgeable of the different varieties that stopped by for a bite. She enjoyed gardening, knitting and crocheting, working crossword puzzles, and reading. She always had a book in progress – sometimes reading two at the same time.



Dru and Bud enjoyed many trips to Echo Bay Resort in Canada. Dru never learned to swim and wasn't really comfortable on the water. In time, she did learn to relax and enjoy fishing, as well as watching the many eagles and orcas in the area. Even though she enjoyed taking trips, she was always very happy to get back home. She truly was the happiest and most content at home with her family.

Dru will be remembered for many things, but first and foremost will be her sense of humor. She would say that came from Grandpa Smith. She was a person who knew no strangers, always had a positive attitude and outlook, and dearly loved her family.

Dru and George's children who survive are Robyn Bryant, Tenino, WA; Beth (Pam) Jarrett-Jefferson, Mercer Island, WA; Pamela (Gary) Hodgson, Chehalis, WA; and Michael Morris, Bucoda, WA. Dru's stepchildren (she really disliked the "step" word, and considered Bud's children as her own) are Bill (Carol Ann) Richter, Puyallup, WA; Carol (Mike) Riordan, Littlerock, WA; Ray (Hilda) Richter, Bucoda, WA; she is also survived by a host of very beloved grandchildren and great-grandchildren. She was preceded in death by her parents, her first husband George, her stepson Earl Richter, and her grandson Brandon Bryant.



The family wants to thank the Providence SoundHomeCare and Hospice, with a special thanks to nurse Laurel, and to caregivers Paula, Adrienne, and Terry for their loving care during Mom's illness. You all were such a blessing to her and to us.

A "come as you are" potluck Celebration of Life will be held on **Saturday, December 6, 2014, from 1 – 4 p.m. at the Bucoda Community Center on Main Street**, the same building where Dru's parents had their hardware store and where she sat in the famous window seat so many, many years ago.

Mom was very easy-going and preferred to keep things casual, so this will be an informal gathering where her family and friends can get together to swap stories and share memories of this remarkable woman.

### **Helen B. (Towne) Farris, Barbara Brucker's mother**

**Helen Farris**, age 95, passed away Friday morning, November 14, 2014, in Davenport, WA. Born in Wallace, ID, on February 19, 1919 to Jay and Marion Berg, Helen was always proud of her Norwegian heritage. Preceded in death by her brothers Bruce and John Berg, she will be remembered and celebrated by her children Barbara Brucker and Jim Tocher, Beverly and Rand Masteller, and grandchildren Laura and Brett Schiller, and Ryan Masteller and Ashley Cefalo. Helen was also delighted to be mother and grandmother to several others through her second and third marriages. Attending school in Mullan and Wallace, ID, and graduating from Wallace High School in 1936, she attended the University of Idaho and graduated in 1940 with a degree in Home Economics. A proud 77 year member of Gamma Phi Beta sorority, Helen served in many capacities through the years including Province Alumna Director. She was initiated into P.E.O. in 1942 and was an active 72 year member. After college she taught school in Spirit Lake, ID, and worked for the WWP in Moscow, ID and Seattle before marrying Willis Brewer in 1944. They lived in Wallace and Walla Walla, WA, where they raised their two girls, and she taught home-ec classes at Wa-Hi and WW Community College. In 1967 Helen moved to Spokane and married Robert Towne. They were active members of St. John's Episcopal Cathedral where she held many positions and enjoyed singing in the choir. She was also an avid helper in several Spokane charities including Meals on Wheels, and was a regular blood donor. Through the years she also particularly enjoyed snow-skiing, golf, sewing, oil painting, and her daily crosswords. After Robert's death in 1998, Helen married James Farris, a longtime friend from Wallace, they lived in Spokane until his death in 2001. Helen then moved to the Davenport Retirement Village in Davenport, WA, where she resided for the past 13 years. She continued her active lifestyle, being involved in the Presbyterian Church, P.E.O., study club, bridge group, school volunteer, etc. Able to drive and vigorous into her 90s, Helen always greeted people with a warm smile and a gracious comment. She will be dearly missed by all who had the good fortune to know her and enjoy her wit. Helen's memorial celebration will be held at Davenport Presbyterian Church on Wednesday, November 19, 2014 at 11:00 am.



Suggested memorials may be given in her name to Davenport Care and Share, or the Inland Empire Blood Bank. Please sign her on-line register book at [www.stratefuneralhome.com](http://www.stratefuneralhome.com). STRATE FUNERAL HOME is serving Helen's family.

**Our condolences go to each Barbara and Elizabeth.**



### **Pathwork - Sunday November 30**

This week as we move toward Christmas we will acknowledge the first Sunday in Advent. You are welcome to join in a "Pathwork Process," a process of sharing our own faith journeys and problems with development. The focus is on what is happening in our lives *now* and not on early history. It is a process in which we coach each other and elicit insights from those who have done psychological and relational work with themselves. John and Colette Hoff have been asked to provide leadership and to resource us thematically. *John and Colette would welcome meeting with anyone interested in attending.* Email John or Colette at [hoff@goodenough.org](mailto:hoff@goodenough.org) to RSVP and/or if you are interested in attending. Pathwork will be meeting in West Seattle at the [home of Joan, Phil, Barbara, and Jim at 7723 13<sup>th</sup> Avenue SW, Seattle 98106.](#)



### **Quest: A Counseling and Healing Center**

Our belief is that mental and emotional health are prerequisites for spiritual well-being, collaboration, and the expression of compassion. Quest's counseling and education programs, open to all interested individuals, focus on empowering individuals, couples, and family groups to be happier and be more effective in relationships. **Call John (206 963-4738), Colette (206-755 8404).**



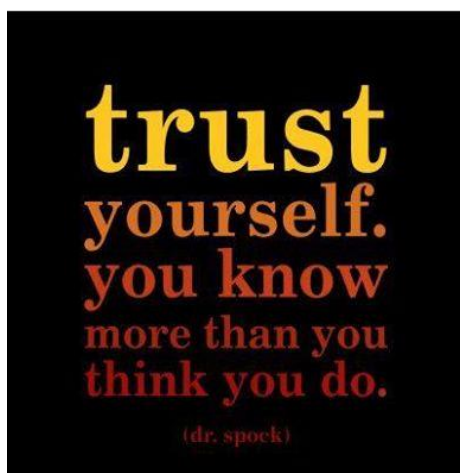
#### **Where are you working, you might ask?**

Currently, John and Colette are doing home visits and utilizing community homes for individual sessions and group meetings. We are especially appreciative to Pam and Elizabeth Jarrett-Jefferson and the West Seattle household of Joan, Phil, Jim and Barbara.



**Quest is currently offering a group focused on relationship**

**Tuesday, November 26, is our next gathering.** We will be meeting with couples: Some of these couples will be married, some will be committed, some will be living together, some will be serious friends that want a chance to work with themselves and their personal development yet within a relationship with someone else. If you can think of someone you would like to work on self-development with, let them know. Also let us know (John and Colette Hoff) that you are interested in a relational counseling approach to personal development. This group will be meeting at the home of Pam and Elizabeth.



## Women's Culture,

Hollis Ryan

On Saturday, November 15, a dozen or more women gathered to talk about “Having a Mother, Being a Mother” – and what a deep conversation we had! Women from every stage of life spoke of what she learned from her relationship with her mother, or what she is learning from being a mother, or what she is needing to learn about developing her own Inner Mother.

We value the circle of women where we are able to share deeply and be well understood and thus well supported. We noted, for example, that every woman who spoke was telling a unique story. Yet all around the circle were nods of understanding as we each connected with the universal truth expressed through the individual story. And that is what our archetypes represent – the unconscious, shared wisdom of what a woman is, and what womanhood is.

The circle had Maidens, Mothers, Guardians, and Crones present, and each contributed her own perspective. Especially delightful was a dialog in which a Mother was asking to learn about

her evolving relationship with her adult son and two Maidens were offering very sound suggestions. Maiden wisdom showed itself to be profound.

I am including a reading from *Daughters of Copper Woman* with which we called our circle of women together. I do not have better words for expressing the purpose and value of our circle.

Sometimes the women warriors would meet without the men to sit in a circle and talk women talk, and if a woman had somethin' botherin' her, or puzzlin' her, or scarin' her, or makin' her feel uneasy, she'd say what it was. She could take all the time she needed to talk about it, but it was expected she'd have put some of her own time into findin' the words and not talk in circles, endlessly, takin' up everyone else's time.

Then the other women in the circle who had maybe had some thin' the same happen in their lives would talk about it, and about what they'd done, or hadn't done, or should have done, and sometimes out of it would come an answer for the sister with problems. And even if not, sometimes it was enough to just have been heard and given love.

It was expected that besides just talkin' about what was botherin' you, you'd *do* somethin' about it. Usually it's better to *do* almost any thin' than let things continue if they're botherin' you. But sometimes the best thing you can *do* is nothin'. Sometimes you have to wait for the right Time before you can do.... A woman might not know what was botherin' her. And it was fine to go to the circle, or even to ask to have one formed, and just sit with women, and listen and maybe get strength from smiles and cuddles and just bein' with women you knew loved you.

Extracted from *Daughters of Copper Woman*, Anne Cameron, 1981

With warm wishes for a happy Thanksgiving and holiday season,



**The deAnguera Blog: New Hot Tub**



‘Bye, ‘bye hot tub! Our hot tub needed replacing so yesterday Josh DeMers, Pharoh Kuykendahl, Gabe Harshman, and I took apart the old one. We then loaded it in the blue truck and took it down to the Log Building. This hot tub has been in use for 13 years.

We made the decision to replace the hot tub after Josh had examined the underside and discovered nearly all the staves had rotted.

One of the people who helped install the original hot tub was my good friend, Kathleen Notley. She worked alongside folks like Jim Tocher and Wesley Boone who was a little kid then.

I was not present for the original installation because I was working at Safeway at the time. Even though my job was part time, weekends were included.

Today we started the install of the new hot tub. Pharoh and Josh spent all day today putting in the foundation. Leveling it was a challenge. The old hot tub had about a one inch list. I have to admire the technical skill of Josh and Pharoh. Gabe and I were assisting. I am a Jack-Of-All-Trades-Master-Of-None.

There was not enough daylight to build the rest of the hot tub so Gabe and I stored the parts in Kopet WaWa.

Tomorrow Jim Tocher will arrive to help with the rest of the installation.

Everything eventually wears out and needs replacing. Maintenance is an ongoing project here. Never does a week go by without something needing to be done at Sahale. Part of ownership is taking responsibility for upkeep.

Our guests appreciate having a nice hot tub. I usually have to clean and refill it after a large gathering. I can always tell when the hot tub needs cleaning.

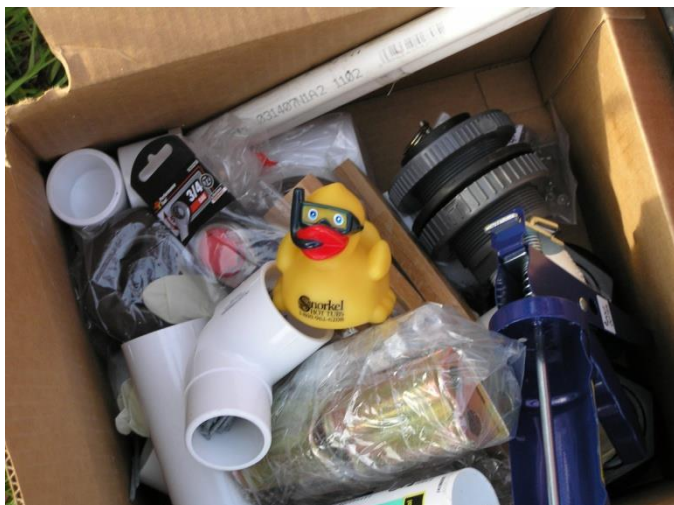
Some of the heaviest work I have done has been helping carry everything from the Weavery up to the hot tub site. This was especially true for the two boxes containing the staves that will fit around the base. Each stave has grooves enabling it to fit with the other staves. All the staves have a notch in the bottom to fit around the base.

Hot tubs have been used since ancient times in Greece, Rome, and Japan. The modern hot tub is patterned after the Japanese soaking tub, the ofuro and first began appearing in the U.S. in the 1940s.

My first hot tub experience was out here at Sahale. I really enjoyed it especially after a day of hard work. It gave a nice tropical feeling during the cold winter months.

A hot tub is a great place for people to gather. Soaking allows people to loosen up and really share together.





A rubber duckie! The most important component for any new hot tub. A talisman to insure nothing bad happens.



## Oh no! – the hot tub is at the end of its life cycle (but we have the solution)

Thirteen years ago we installed the first hot tub at Sahale—We all have enjoyed this wonderful hot tub – after a day of hard work, for recreation and healing, for good conversation and more. We are pleased to provide hot tubbing to our guests.

*Jim Tocher and Wesley Boone  
installing the first tub in 2001.*

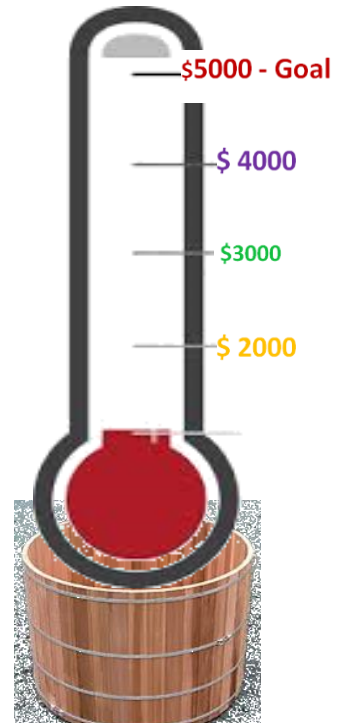


Well that hot tub has worn out and we are going to replace it. We need to raise \$5,000 for the next hot tub. If you have appreciated the hot tub or look forward to the new one, you may be some of the early investors in our new hot tub. Some of us have ordered the new hot tub in the faith that **together** we will find a way to pay for it. Donations of cash are welcome and checks can be made to The Goodenough Community. Mark your contribution to the New Hot Tub Fund (NHTF).



Donations of any amount are welcome. Please join us in continuing to provide one of the most valued amenities we provide at Sahale!

The Goodenough Community is part of The American Association for the Furtherance of Community, a 501(c)3 nonprofit charitable corporation.



### News about True Holidays Celebration, December 6,

One of the favorite parts of the program at the True Holidays has become our children's (and grandchildren's) performance over the past couple of years. The following are the lyrics to the song they will be singing. We Wish You A Merry Christmas will also be sung by the children. All children are welcome to join and practice learning the song. There will be a brief rehearsal prior to performing at the event. Thank you to Irene Perler with Carla Geraci and Rachel Hoff for organizing this delightful feature of the program.

#### Peace Like a River

I've got peace like a river (hands in peace sign)  
I've got peace like a river  
I've got peace like a river  
in my soul  
I've got peace like a river  
I've got peace like a river  
I've got peace like a river  
in my soul

I've got love like an ocean (arms cross the chest in love sign)  
I've got love like an ocean

I've got love like an ocean  
in my soul  
I've got love like an ocean  
I've got love like an ocean  
I've got love like an ocean  
in my soul

I've got joy like a fountain (ASL J with hands – shake)  
I've got joy like a fountain  
I've got joy like a fountain  
in my soul  
I've got joy like a fountain  
I've got joy like a fountain  
I've got joy like a fountain  
in my soul  
I've got peace, love and joy like a river  
I've got peace, love and joy like a river  
I've got peace, love and joy like a river  
in my soul  
I've got peace, love and joy like a river  
I've got peace, love and joy like a river  
in my soul

**And we invite everyone to join in singing:**

**Song of Peace**  
(from Finlandia)

1. This is my song, Oh God of all the nations,  
A song of Peace for lands a-far and mine.  
This is my home, the country where my heart is;  
Here are my hopes, my dreams, my holy shrine;  
But other hearts in other lands are beating,  
With hopes and dreams as true and high as mine.
2. My country's skies are bluer than the ocean,  
And sunlight beams on cloverleaf and pine.  
But other lands have sunlight too, and clover,  
And skies are everywhere as blue as mine:  
Oh hear my song, thou God of all the nations,  
A song of peace for their land and for mine.
3. May truth and freedom come to every nation  
May peace a-bound where strife has raged so long;  
That each may seek to love and build together,

A world united, righting every wrong;  
A world united in its love for freedom,  
Proclaiming peace together in one song.

Lyrics written by: v. 1 & 2, Lloyd Stone in 1934

v. 3 by Georgia Harkness 1964

Put to the music of *Finlandia* written in 1900 by Jean Sibelius



## Enjoy having a **Good Enough\*** Holiday!

\*Good Enough: *Synonym:* gratifying, satisfying, fulfilling, pleasing

**Join the Goodenough Community  
& Friends  
Celebrate the mid-winter holidays**

**Silent  
Auction!**  
  
**LAUGHTER!**  
  
**Contra  
Dancing  
with  
Sherry Nevins!**



**RAFFLE!**  
  
**FUN!**  
**Childcare  
provided**  
  
**Sweet & Savory  
Treats + Drinks  
for Sale**

A short program to reflect on your upcoming holiday experience-  
so you can design it the way you want!

**Saturday, December 6, 2014  
6:00 - 11:00 p.m.**

**Mercer Island Congregational Church  
4545 Island Crest Way, Mercer Island, WA**

**7:30 - Contra Dancing ♥ 8:00 - Program ♥ 9:00 - Resume Dancing**

For more info, contact Kirsten Rohde: 206-719-5364 or email: [office-gec@goodenough.org](mailto:office-gec@goodenough.org)



**Free Admission**

## Sherry Nevins at the True Holidays Celebration!

Saturday evening, December 6<sup>th</sup>  
Mercer Island Congregational Church.

By Marjorie Gray



*Swing your ma, swing your pa, swing that gal from Arkansas.....have a whooping good time at the True Holidays Hoedown on December 6th!*

We are very pleased that **Sherry Nevins** will once again be bringing her lively contra dancing to our True Holidays celebration this year.

Sherry's had great fun calling traditional square dances since 1977 and contra dances since 1980, also occasionally teaching couple dance workshops (waltz, polka, schottische, and beginning East Coast swing). She began coordinating community dances in Seattle in 1979. She especially enjoys calling at Family Dance events where adults and children of all ages participate together (like the True Holidays event). She has taught at several dance camps, including Camp Wannadance, Pinewoods, Chehalis, Suttle Lake, Bear Hug, Let's Dance, and the BACDS and Lady of the Lake Family Weeks. She is particularly adept at calling for weddings and birthday celebrations; school, church, and club parties; festivals, fairs and all kinds of events where dancers with varied levels of experience and inexperience come together. Her informal style and boundless enthusiasm, combined with clear teaching and a varied, lively repertoire ensure a satisfying dance experience for all!

Sherry is looking forward to being with us for the True Holidays Celebration. She says the Goodenough Community is always warm and welcoming. Come join in the fun, Saturday, Dec. 6th! Contra dancing will be from 7:30 to 8:00pm, and then resume again at 9:00, after a short program. Hope to see you there!



## Save the Date

**We** invite you to The Goodenough Community's True Holidays celebration this year on **Saturday, December 6**, from 6 to 11 pm, at the Mercer Island Congregational Church. Please save the date – and watch the *eView* and your email for more information to come.

The True Holidays party is a fun and family-friendly community event that has become an annual tradition for many beyond the Goodenough Community. I'd love to see you there this year.

During the evening we have the chance to reflect on the kind of holiday season we'd like to have as well as being able to spend time with friends, co-workers, and families (all in one place!). There are planned activities for children, plus food, libations, and a fun silent auction.

## Our True Holidays Silent Auction

Elizabeth Jarrett-Jefferson



We are pleased to announce that we will again be featuring our **Silent Auction** at our annual True Holidays event this year, **Saturday, December 6, at the Mercer Island Congregational Church** (4545 Island Crest Way, MI 98040), beginning at 6:00PM (mark your calendars & note the time). This event

is a wonderful part of the True Holidays celebration because the spirit of warmth, generosity and creativity that surrounds the Auction is deliciously palpable—and sometimes even edible!

To which I extend my invitation again to you to donate to this very worthy cause, the work of the Goodenough Community, which supports programs that help real people and real lives. We need the work of communities like ours now, these days, more than ever. There will be a bid form included each week with the eView, and [I invite your contribution](#).

**Are there things/experiences that you would love to bid on but aren't offered by the auction? [Let me know](#).**

Here are some ideas---either for donating or your wanting to see them there. **I know this is the fall, but let these spring-board your creativity!**

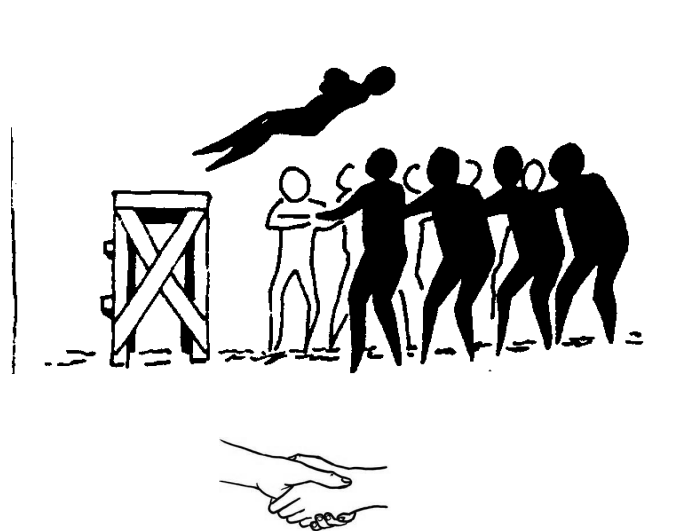
- A team to rake fall leaves
- Mosaics class
- Dog sitting, dog walking
- House sitting
- A guided/catered hiking experience for several with your own personal sherpas
- A catered sailing experience with two experienced, talented sailors
- Maid-for-the-day
- Laundry-for-the-day
- Grocery shopping
- Running errands, driving your kids to activities, driving your parents to activities
- Birthday cakes for your family/children for the entire year
- Gardening/potted plants lessons and nursery trip
- Perennial plants
- Holiday linens
- Movie tickets
- Certificate for a massage or the Spa
- Organizing your papers
- Architectural consultations
- Museum tour with your own personal docent
- DIY wine tour with your own personal DD
- Wine and cheese basket
- Knitting lessons
- Knitted items
- Meals and meal deliveries
- Sourdough starter from a famous local restaurant
- Guitar lessons De-cluttering your house
- Handy man services





- Scrapbooking, organizing photos, sorting
- Drawing lessons
- 

I look forward to seeing you there. – *Elizabeth.*



## Sirens on a Shelf: Claudia Fitch at the Greg Kucera Gallery

**Nov. 6 through December 24**



The Greg Kucera Gallery has announced its [seventh exhibition of sculptures and drawings by Seattle artist Claudia Fitch](#). The show, titled *Sirens on a Shelf*, presents a stylized representation of the artist's own female form cast in ceramics and bronze. Claudia's show runs Nov 6 through December 24.



# The Goodenough Community:

## Cultural Programs & Events in 2014

*For the Goodenough Community, cultural life is an arena for creative expression. All programs and events are open to the public. We welcome your interest and participation.*

*Over thousands of years human communities have organized not only their work life but also their relational and cultural life. The Goodenough Community organizes its cultural life around encouraging human development—through our programs for men, women, committed couples, families and around age groupings. Cultural programs usually encourage maturity, responsibility, and the development of valued relationships. Some of our programs bring everyone together with a seasonal emphasis. Following, are program offerings for the next period on our calendar.*

***“The strength to stand by your truths and beliefs.”***

***“The strength to ask for help - what you want and need.”***

***“The strength to know yourself.”***

***“The strength to admit you were wrong.”***

### Third Age Gathering

The Third Age group is for older adults, approximately age 60 and older, who are interested in exploring the issues of living well while aging and supporting each other in this “third stage” of life.



We will announce the next meeting in the eView. We meet at the home of [Phil, Joan, Barbara, and Jim](#) in West Seattle. We start at 6 PM with potluck supper. An RSVP is always helpful – either by phoning us at 206-763-2258 or by emailing me at [joanvalles70@yahoo.com](mailto:joanvalles70@yahoo.com)

### **Women’s Culture, Upcoming Next Gathering:**

**Next years’s dates will appear soon!**





## The Conscious Couples Network presents: An Evening for Committed Couples

*We will explore the joys*, challenges, and effective processes for committed relationship and offer the kind of support that can only come from a network of couples. This group will meet at the home of Pam and Elizabeth Jarrett-Jefferson on Mercer Island. New dates soon!



**Mark your calendars for 2015!**

**Human Relations Laboratory**

**August 9 to 15, 2015**

***The best event to experience the Goodenough Community***

Seven Fun-filled Days of Social Creativity & Experiential  
Learning about Friendship and Effective Relationship

**Sahale Learning Center**

A 68-acre retreat on the Kitsap Peninsula

## **Family Enrichment Network Parent Group**

If you are interested in developing a supportive parent circle for study and conversation about family life, to begin this fall, please contact *Irene Perler* at 206-419-3477 **or email** [irene\\_perler@hotmail.com](mailto:irene_perler@hotmail.com). Topics could include simplifying and organizing life, creating a family culture, development stages and sibling dynamics, understanding roles within the family.

## **True Holidays Celebration - Saturday, December 6**

Our annual celebration will be held on Saturday,  
**December 6, 2014, 6 to 11PM.**

This event has more than 25 years of history and is set early in the holiday season in order to deepen and enrich the winter holidays for people of all faith traditions. This interfaith celebration will again be at the **Mercer Island Congregational Church** and commences at 6:00pm.  
*Kirsten Rohde will be our host and guide.*



## Register Now:

### Winter Solstice Bus Trip – Saturday, December 20

Old fashioned fun for all ages. With your friends and family, enjoy this day-long journey that embraces the longest night of the year.

We will board a chartered bus and travel over Snoqualmie and Blewett Passes to the beautiful Bavarian Christmas village of Leavenworth. Then we'll head to Eagle Creek Ranch, just outside of Leavenworth, where a horse-drawn sleigh ride awaits us, followed by a buffet dinner.



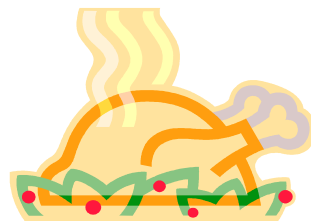
### New Year's Eve Weekend at Sahale!



This year New Year's Eve is on **Wednesday** night. You are invited to come to Sahale for the weekend to bid farewell to 2014 and to greet 2015. You may arrive as early as Friday. We plan to have our usual times in good conversation, winter walks, hot-tubbing, making meals together and celebrating the change of year. **Dinner will be served at 7:30pm** on New Year's Eve. Of course, we will have our **7<sup>th</sup> annual** Train Dominoes Tournament. Time will also be given for serious reflection and joyful celebration.

Email Kirsten or Elizabeth: [krohde14@outlook.com](mailto:krohde14@outlook.com), [elizabeth.ann.jarrett@gmail.com](mailto:elizabeth.ann.jarrett@gmail.com)

Q



### Bit O' Turkey

*By Elizabeth Jarrett-Jefferson*

### Birthdays!

Nov 22 Bob McDermott – Happy birthday, Bob !!

*From the Thanksgiving Archives...let this not be a baste of your time*



## Ode to Thanksgiving

To our national birds  
The American Eagle  
The Thanksgiving Turkey  
May one give us peace in all our states  
And the other a piece for all our plates



How many turkeys does it take to change a lightbulb?

Just one but it takes 5 hours

