

Stewardship

The careful and responsible management of something entrusted in one's care.



January 13, 2016

Colette Hoff, Editor

Calendar of Events:

Friends of Sahale Weekend – Jan 15 to 17

Women's Gathering – January 23

Pathwork – Sunday, January 24

Council – Monday, January 25

Third Age – February 5

Conscious Couples---February 9

According to Wikipedia, Stewardship means being good managers of the resources that we have earned and that life has given us. As good stewards we know that when we choose to spend our time or money there are always opportunities foregone. We consider our choices and we use our resources in keeping with our values and life mission.

Stewardship means that we weigh not only our own needs and desires but those of other people and future generations. We realize that none of us is a self-made person and that part of what we own is wealth that flows from others through us. We appreciate the natural resources, societal resources and financial resources that have been handed down to us by our ancestors and we are conscious of our own legacy.

Stewardship is a theological belief that humans are responsible for the world, and should take care of it. Many religions and denominations have various degrees of support for environmental stewardship. It can have political implications, such as in Christian Democracy.

The Village eView

On-Line News of the Goodenough Community System:

The American Association for the Furtherance of Community

Convocation: A Church and Ministry

Mandala Resources, Inc.

Sahale Learning Center

The EcoVillage at Sahale

Many moderate and progressive Catholics, Protestants and evangelicals see environmentalism as a consequence of stewardship. In Jewish and Christian traditions, stewardship refers to the way time, talents, material possessions, or wealth are used or given for the service of God.

Some pagan or secular views include a Gaia philosophy which accepts the Earth as a holy being or goddess.

The Jewish holiday of Tu Bishvat, or “the Birthday of the Trees,” is also known as Jewish Arbor Day. Some want to expand it to a more global environmental focus.^[1]

A biblical world view of stewardship can be consciously defined as: "Utilizing and managing all resources God provides for the glory of God and the betterment of His creation."^[2] The central essence of biblical world view stewardship is managing everything God brings into the believer's life in a manner that honors God and impacts eternity.



If we can't afford to take good care of the land that feeds us, we're in an insurmountable mess.
Wendell Berry

Whether we and our politicians know it or not, Nature is party to all our deals and decisions, and she has more votes, a longer memory, and a sterner sense of justice than we do. Wendell Berry



The earth will not continue to offer its harvest, except with faithful stewardship. We cannot say we love the land and then take steps to destroy it for use by future generations.”
— John Paul II

We owe it to our children to be better stewards of the environment.
The alternative? - a world without whales.
It's too terrible to imagine.
- Pierce Brosnan



Colette Hoff

Last week's eView included an invitation to the **Friends of Sahale weekend at Sahale on January 15-17**. This weekend is a time for appreciation as well as sharing information and envisioning the future at

Sahale. Thank you for what you have given to Sahale, however small and however large.

The Goodenough Community is indeed providing stewardship for Sahale. This weekend will be about celebrating the opportunity we have to join together to care for this special land utilizing our resources—time, energy, creativity, money, natural gifts-- for the common good and generations into the future.

As you read about stewardship, think about your connection to Sahale. Are there qualities of Sahale that are especially important to you? What else are you a steward of?



The Land Stewards Team has, almost since the beginning of our being at Sahale, has been the name used for all concerns of the land and gardening. The homeowners at Sahale (John and Colette, Kirsten, Bruce and Irene) are in the process of forming a homeowners association and are exploring how the land is preserved into the future, including researching the idea of land conservancy programs.

Together on the Friends of Sahale Weekend, we will engage in shared visioning for the future and put some directions, priorities, and plans in place. Hope you will consider joining! We will start on Friday evening, January 15, at 8pm, with dinner at 6:30 p.m. We will conclude on Sunday afternoon and allow time to continue enjoying Sahale through to Monday for those who wish to stay over on the Martin Luther King holiday. For questions and to RSVP: email Colette at hoff@goodenough.org

Winter is a time for Dreaming! Come share YOUR dreams for Sahale...

Irene Perler

Come share your dreams for Sahale and the future of the Goodenough Community this weekend at the Friends of Sahale weekend event. Sahale depends on the creativity of our whole community and is an expression of each of our dreams and connections we make there. We weave it each time we come together and join in activities and traditions crafted over years. Come spark our future with new ideas yet to be hatched and ways to keep the honored traditions fresh. Bring your thread of visions and help weave a tapestry of creative possibilities to consider and plan for.



This is an opportunity to join in the creative process of looking forward with developments of our Goodenough Community Sanctuary, Ecovillage and Learning Center. We have collectively enjoyed 14 years of shared life at Sahale...a dream that was seeded many years before it was acquired and we need to refresh our dreams and encourage you to speak up for your ideas for what would make Sahale an even more wondrous place to be.

You will have a chance to find words for your dreams and share them with a small group and with the large circle. We will share appreciations for the gift that Sahale is in our lives and also to acknowledge recent accomplishments and developments. We will look at dreaming into the future 20 and even 50 years out and we will look at things that we hope to do this year and build excitement and teams to move these forward.

Your dreams and questions about how to get involved at Sahale are welcome and we invite you to start writing those down and come to this weekend, which is sponsored and will be facilitated by the Council of the Goodenough Community.



Stewardship at Sahale

Kirsten Rohde

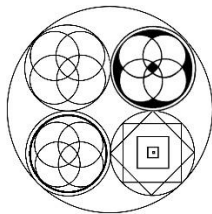
"Our stewardship of the earth is a love story, a give-and-take we cannot win but one we must not lose. It is, as the noted philosopher Erazim Kohák points out, by our care for a thing, rather than our need or desire for it, that we realize its intrinsic worth. In Buddhism, the bodhisattva, the awakened being, doesn't find her way by acquiring something but rather by subordinating her desires for her own realization to her commitment to fostering the conditions through which all other beings may achieve realization before her. And it seems to me that this is a true reflection of our present mission on earth." (Dan Gerber)

The idea of ownership of land is not a concept with which all people or cultures live. I have understood that the people of the First Nations in North America don't have a concept of property ownership. They have had to protect the land that was left to them sometimes through using an ownership model but possession of the land doesn't reflect in their words. Our own friend from the Lummi tribe, Fred Jamison, would always advise us to not think of owning land, rather of caring for it. I learned from this. I understood that in buying the property at Sahale that we call Kwanesum, or the East Campus, I wasn't interested in acquiring a possession, rather in helping protect Sahale by including this corner. This is my understanding of the reasons the Hoffs signed the mortgage on the land previously "belonging" to Sue and Cap Cappriotti. Like me, they describe themselves as stewards of the land, keeping it safe for a future that extends way beyond our own lives.

I like the concept that humans are here on the earth to be her gardeners, and as gardeners we are mostly helping the natural process rather than fighting with it. (There is even a movement

afoot to re-think how we react to “invasives” – they may be more beneficial than we think!) When it comes to Sahale, those of us whose names are on mortgages are genuinely functioning as stewards. Like everyone, we benefit from what Sahale gives us in her beauty and bounty. We definitely don’t benefit in any financial way and don’t want to. Our interest, shared with many “friends of Sahale”, is to provide a place where everyone, including most especially our children, can feel a connection to nature and share the land with the living beings that inhabit this place. One of the topics for discussion this coming weekend has to do with what long term agreements will need to be formalized to ensure that Sahale is always in the hands of responsible stewards into the future.

We do not need to plan or devise a "world of the future"; if we take care of the world of the present, the future will have received full justice from us. A good future is implicit in the soils, forests, grasslands, marshes, deserts, mountains, rivers, lakes, and oceans that we have now, and in the good things of human culture that we have now; the only valid "futurology" available to us is to take care of those things. We have no need to contrive and dabble at "the future of the human race"; we have the same pressing need that we have always had - to love, care for, and teach our children. -Wendell Berry



Council Meeting, Monday, January 25, 2016

Another opportunity provide stewardship with others and consider the future of the community is **Monday, January 25**. This evening will provide orientation to the workings of the Council and some of the directions currently being considered as well as discussion about what the Goodenough Community should offer in the future.

In 2016, the Council is experimenting with meeting monthly with the full Council and a second planning meeting per month. Could this be the year you are called to serve? RSVP by emailing Elizabeth (elizabeth.ann.jarrett@gmail.com) because we serve dinner and would love to include you.

Pathwork, An Aspect of Stewardship

Colette and John Hoff

Sunday January 24, we are **inviting all interested** to participate in a “**Pathwork Process**,” a process of sharing our own faith journeys and issues with development. Pathwork is an illustration of a philosophy that the participants want to pass on to those interested. There is a felt-sense of stewardship to ideas of the Perennial Philosophy as taught by John L. Hoff.



The focus of what is happening in our lives now enables group members to experience caring for their life by others adding to the connection among members. It is a process in which we **coach each other** and elicit insights from those who have done psychological and relational work with themselves. John and Colette Hoff have been asked to provide leadership and to

resource us thematically. Email hoff@goodenough.org to RSVP. Pathwork meets at the Community Center at 3610 SW Barton St.



Let things change

A practice by Rick Hanson, Greater Good Science Center, Berkeley

Submitted by Joan Valles

Why?

The fifth of my personal Top 5 practices (all tied for first place) is open out, by which I mean relaxing into a growing sense of connection, even oneness, with all things. (The other four are be mindful, love, take in the good, and go green.)

"Opening out" can sound kind of airy-fairy or flakey, but I mean it in very down-to-earth ways... Here, I'm focusing on relaxing and opening into the fact that things keep changing, and not fighting it.

For example, thinking of things large and small: I'm aging, friends are getting cancer, our children are leaving home, and the San Francisco 49-ers don't look as good as they did last year. I don't like these changes! But if I add resistance to them, if I go to war with change itself, that just makes me feel worse, and sometimes fires me up to act badly.

Pick something specific, like your body getting older (sagging here, graying there), or your neighborhood altering, or things shifting in an important relationship. If you sense inside that you are fighting change, how does it feel? For me, it feels tense, contracted, uneasy. Alternately, if you can accept the sheer truth change, like it or not, how does it feel? Probably a lot better.

How?

Remember that you can accept the reality of change while also doing what you can to help things change for the better. Nothing about opening to the changing nature of both internal experiences and external conditions means that we should pursue wholesome ends with wholesome means any less wholeheartedly.

Think about something that's changing - or has changed - which you've been struggling with, but you can't stop the changes. Certain things naturally deteriorate; organized systems tend toward disorder; rust never sleeps. For instance, our sweet cat is growing infirm, ideas I had a few years ago that were once fresh and shiny are becoming clichéd and passé, and some old friends and I are growing apart. Or consider a change that you have been overlooking or even denying. Personally, I've tried to ignore the fact that my aging body can no longer stumble through life without exercise, and the cost to me of this denial is rising.

Try saying to yourself statements like: Things change . . . things are changing and I can't stop it . . . I accept the reality of change . . . even as things change I will do what I can to help them go well . . . Also be specific about the particular thing - I'll call it X here - that is changing, saying to yourself: X is changing . . . I wish it weren't but it is . . . multiple factors are leading X to change . . . so far I haven't been able to stop the change . . . I can still do whatever I think is appropriate about X . . . meanwhile, I can be giving toward myself and others . . .

As you say these things, try to relax, soften, and calm. Try to widen your view to see the whole picture, recognizing that countless other people are dealing with the same kinds of changes that you are. Feel how it would be a gift to yourself to let things change.

Also consider how what may have seemed to be a change for the worse might perhaps be in some ways a change for the better. This is not to paper over the worsenings but to see as well the new opportunities.



The deAnguera Blog: The Importance of Relationship



You might ask: What do the two photos have to do with relationship? Actually, relationship makes the buildings in the left photo possible. I took that picture because the porch light caught my eye at dusk. Josh Demers is in service to that relationship by chopping wood in the rain. Yes, it was cold and rainy that evening

Is it possible life has meaning only in relationship? I suppose a few hermits can live by themselves but they are exception. I certainly would not want to be a hermit.

A Harvard study interviewed the same subjects over a period of 75 years. It focused on what most affected health, happiness, and longevity. Relationship was the answer far more than diet, exercise or anything else. The depth of our relationships determined the overall quality of our lives.

So why doesn't our culture value the importance of relationships? There is so much emphasis on doing it all by yourself. Even religion stresses the importance of personal salvation. There are classes on yoga and meditation which are done by yourself even if you are with a group of people. Books and magazines tell about how to get stronger, wiser, more knowledgeable, thinner, more loving all by yourself. Apparently relationship is not important to the religious folks.

Is the United States unique in emphasizing the rugged individual? No but it does carry this idea to an extreme.

A political party talks about the importance of fighting the capitalists without giving much thought as to what created the capitalists in the first place. Do you suppose our lack of relationship might be a factor?

A church has a two hour service with cookie time afterwards. Then everybody goes home either to their ever busy lives or to watch the Seahawks.

I am concerned about what our country is doing to Syria. So I go look for groups in the Seattle area. I see a video of a demonstration downtown. The chanting slogans sound familiar. The demonstration was 3 years ago. Nothing since. No place for regular meetings. Only Internet postings.

I don't know about you but I like face to face contact. I don't regard electronic media as a good way to connect with others. It gives the illusion of involvement without ever meeting anybody. I am told that you don't really know somebody until you meet them in person.

Maybe our nation's goofy domestic and foreign policy shows what happens when we deal with each other in the abstract. We do our work in our heads without any in the heart. To develop the heart you need personal contact. Nothing else has ever worked for me.

Since the Goodenough Community works with relationships that makes us about the most revolutionary group around. We should take being revolutionaries seriously.



Here is somebody wanting to be petted all the time: Earlena. She is pretty much a one person cat: me.

Community News



Congratulations to Annalise and Reggie Callo on the birth on January 11 of their first baby and new daughter, **Josephine Mae Callo**. Josie was born at 7:24PM and weighed in at 4lbs 8oz, and 16 inches long. Annalise reports that “she is perfect.” We are so happy for you!

Sending healing energies...

■ To **Kathleen Notley** on her recent health concern

An Offer

Ladies and Gents,

I will be making a trip to AZ this coming April, and am short in the fund department. Colette has given me permission to post on the e-View some tasks I am capable of and am willing to perform for pay.

In part, but not wholly, they consist of:

- Car detailing, which you would be better off bringing here so I have all my accouterments,
- Wood splitting and stacking, it would be better for both of us if it were cut already,
- Moving, or cleaning out a storage locker,
- House detailing, to include vacuuming or anything along house cleaning,

I am sure there are more, I am not able to think of them all right now.

It would work best if I had a 3 days heads up so as to be able to plan rides etc. And the detail of either contract or per hour we can work out before-hand.

In AZ, I will be visiting a friend of mine and assisting her and her husband on their farm for at least a year. The funds are for 'emergencies' you could say.

Thank you, and the number I am most likely reachable at is the landline, 360-275-3957.

Pharaoh

Contra Dancing around Town,

At this year's True Holidays event last December, Sherri Nevins and her musician friends provided us with a wonderful time of contra dancing. Sherri passed on these times for more contra dancing this year.

Seattle Family Dance

**Folk
dancing
for children
& families!**

**LIVE
music**

**All dances taught
NO EXPERIENCE
NECESSARY!**

**IDEAL for kids
10 & under**



2015-16 Dances

October 4
November 1
January 3
February 7
March 6
April 3 and
May at Folklife

**1st Sunday of
the month
3-5 p.m. at the**

**Phinney
Neighborhood
Center
Community
Room**

*6532 Phinney Avenue North
(red brick building, lower parking lot)*

SFS/PNA Members: \$5 per person, \$15 per family;
all others \$6 per person, \$18 per family

More Info: amy@treebo.com or seattledance.org/family





- Dec 10-"Contra Sutra" (Ryan McKasson, Marni Rachmiel, Dave Bartley, & Rich Scher) fiddle & viola, flute & sax, guitar, mandolin, cittern, percussion; Michael Karcher caller
- Dec 17-Eileen Nicholson (Syracuse, NY), Eric Anderson, & Terry Wergeland (fiddle, accordion, piano); Bob Nicholson caller
- Dec 24-"KlezChaos" - Klezmer contra! 17 musicians + David Kaynor (Montague, MA) caller
- Dec 31- NO DANCE - Happy New Year!!!
- Jan 7, 2016-"Gallimaufry" (Brian Lindsay, Alex Sturbaum, Arthur Davis, Ness Smith Savedoff, & Donal Sheets - fiddle, guitar, button accordion, piano, banjo, trumpet, cello, guitar, drums, percussion, & vocals) www.gallimaufrymusic.com ; LauraMe' Smith caller
- Jan 14-Kristian Bugge, Sonnich Lydom, Morten Alfred Høirup (Denmark - fiddle, accordion/harmonica, guitar) www.trad.dk ; Amy Wimmer caller
- Jan 21-Ruthie Dornfeld fiddle, Anita Anderson piano, Dave Bartley guitar, mandolin, cittern, cajon; Andrea Nettleton (Atlanta, GA) caller
- Jan 28-"Hot Cider" (Evan & Elise Snoey, Kelly Morgan, RuthMabel Boyntz - fiddles, guitar, mandolin, piano, bass) www.facebook.com/hotciderstringband ; Gwen Rousseau & Sherry Nevins callers
- Feb 4-"Riptide" (Alden Robinson, Glen Loper, Owen Marshall, Mark "Pokey" Hellenberg - Maine & Ohio - fiddle, mandolin, guitar, percussion) <http://riptidedanceband.com> ; Cis Hinkle (Atlanta, GA) caller
- Feb 11-"Crow Valley String Band" (Tashi, Kaj, Rachel Bishop & Jim Litch - Orcas Island - fiddle, mandolin, guitar, bouzouki, bass, tenor banjo, & button accordion) <http://crowvalleystringband.com/bio-2/> ; David Millstone (NH) caller
- Feb 18-"Buddy System" (Julie Vallimont - piano, synths, accordion, jawharp & Noah VanNorstrand - fiddle, foot percussion, didgeridoo, vocals - Boston & NY) <http://www.buddysystemband.com>; Lindsey Dono caller
- Feb 25-Anita Anderson & Dave Bartley (piano, guitar, mandolin, cittern, cajon); Alan Winston (SF, CA) caller

ATTENTION NEW DANCERS: YOUR FIRST TIME IS FREE !!!
FREE introductory workshop at 7:30pm!

get more info online at <http://www.seattledance.org>

New dates for 2016 are highlighted Cultural Programs & Events in 2016

All programs and events are open to the public. We welcome your interest and participation. For the Goodenough Community, cultural life is an arena for creative expression.

“Community is a word that captures the fullness and wholeness of humans together.”

■ Colette Hoff

The Goodenough Community organizes its cultural life around encouraging human development—through our programs for men, women, committed couples, families and around age groupings. Cultural programs usually encourage maturity, responsibility, and the development of valued relationships. Some of our programs bring everyone together with a seasonal emphasis. Following, are program offerings for the next period on our calendar.

Programs & Events:

Third Age Gatherings

Women’s Culture

The Men’s Culture

Human Relations laboratory

Family Enrichment Network

Sahale Summer Camp

Women’s Culture, Upcoming Next Gathering: Saturday January 23



The women’s culture meets on Saturdays: January 23, and March 26 from 10am to 2pm. There will be a weekend May 13 to 15. Mark your calendars!

Happy New Year!

Here we are, a fortnight into the new year. It is a time of year when many of us plan to make changes. It’s a time of fresh starts, of sturdy resolve, of high hopes and expectations for the future.

And we all know that change also comes upon us unexpectedly. Transitions can begin before we fully realize what is happening. This can be unsettling, and it can be exciting.

As we look around our circle of friends, we see that change and transition abound in our lives. Some of it is planned, some of it is not. As we move more deeply into the depth of winter and as the year itself changes, what changes are taking place in your life?

Please join us **Saturday, January 23, from 10:00 a.m. to 2:00 p.m. at the Community Center at 3610 SW Barton St in West Seattle** where we will gather to share our lives and to learn from each other.

As usual, we will enjoy a light lunch together. Also, as usual, we would like to hear from you whether you plan to attend or not – but do not stay away just because you didn’t respond!!

We appreciate a contribution of \$20 toward the women’s program, and trust that you will give what you feel is right for you. Contact hollisr@comcast.net for more information.

A New Event!

Cupid sighting! -- Let his arrows open your heart just in time for Valentine's Day!

Join the **Conscious Couples Network** on **Tuesday February 9th from 6:30 to 9:30** for a special Valentine event where you and your partner can expect to open your hearts and renew the peace and love of your relationship.



Cupid and friends will be there to guide you in a fun and meaningful experience that invites you to make the most of your friendship with your committed partners. Enjoy the safety and wisdom that a group of couples creates for one another. Plan to laugh and cry and smile and feel good!

Hosted by Bruce and Irene Perler in collaboration with honored teachers of marriage and family dynamics, John and Colette Hoff, with over 40 years of professional counseling experience. Suggested donation for the evening is \$60 per couple.

Join at the West Seattle Community Center at 6:30 for Potluck. Bring a sweet or savory treat to share. Wine and beer will be provided.

Please RSVP or get more information by contacting Irene at irene_perler@hotmail.com.

Third Age Gathering: Next Meeting Friday, February 5, 2016

The Third Age group is for older adults, approximately age 60 and older, who are interested in exploring the issues of living well while aging and supporting each other in this "third stage" of life.

Third Age will also meet on Friday, April 22, 2016.



We meet at the Community Center at 3610 SW Barton St in West Seattle. We start at 6 PM with potluck supper. An RSVP is always helpful – either by phoning us at 206-763-2258 or by emailing me at joanvalles70@yahoo.com

Annual Membership Weekend, March 11 to 13, 2016

Where are we now as the Goodenough Community, The American Association for the Furtherance of Community, Convocation: A Church and Ministry, Sahale Learning Center and the EcoVillage at Sahale? The weekend will begin at 8:00 Sahale and conclude at 3:00 p.m.

Men's Program

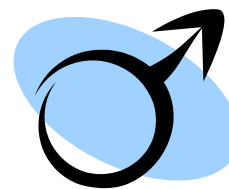
Theme: Friendship among Men

The men of the Goodenough Community will be meeting for a weekend this spring, **March 25 to 27, 2016**. Please let Bruce know of your interest.

Men's reading I'm using and recommending:

- The Way of the Superior Man_ by David Deida>
- Iron John_ by Robert Bly
- Integral Life Practice_ by Ken Wilber, Terry Patten, Adam Leonard & Marco Morelli

bruce_perler@hotmail.com



MEMORIAL DAY WEEKEND, MAY 27 TO 30 AT SAHALE LEARNING CENTER

Join us for a weekend of well-organized work parties balanced with play, wholesome meals, hot tubbing and relaxation. The only charge is a donation for food.

Sahale Summer Camp for 9 to 12 Year Olds

June 26 to July 2, 2016

<http://www.goodenough.org/camp.htm>



Sahale Summer Camp is entering its 10th season! We invite youth aged 9 to 12 to join us for 6 nights and 7 days of fun living in nature at Sahale Learning Center.

We enjoy a program rich in experiences just right for this age zone. Youth enjoy traditional camping experiences with our tent village set up around a giant campfire pit for evening programs complete with stories, singing, s'mores and friends under a canopy of stars.

We teach skills of outdoor living and provide experiences which help you get to know yourself and have confidence making friends. We also impart a gentle sense of responsibility for caring for each other and the land. We do this through natural activities of taking care of camp and being part of small clans that spend time together each day getting to know each other and working together.



A training program for 13 to 17 year olds is also included and is an excellent opportunity for leadership training. For more information, see [The Junior Staff Training Program](#). Please contact Irene Perler for more information - 206.419.3477 or irene_perler@hotmail.com.

Human Relations Laboratory

August 7 to 13, 2016

Freedom as a Mature Adult



The best event to experience the Goodenough Community

Seven Fun-filled Days of Social Creativity & Experiential
Learning about Friendship and Effective Relationship

Sahale Learning Center

A 68-acre retreat on the Kitsap Peninsula

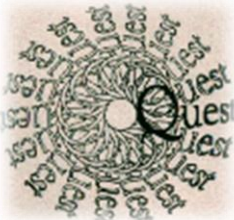
www.goodenough.org (360) 275-3957

An event designed to encourage human development

- This event can inspire your own desire to be a better person.
- Whether you are focused on personal mastery or trying to improve your relationships, you will find this learning/training event will facilitate your growth.
- The Lab context provides opportunities to practice interpersonal skills and experience community formation.
- Former attendees have referred to the Lab as transformative and rejuvenating.

We offer the opportunity for social creativity in play, drama, dance, music, song and conversation. Each day will include time to explore the magical land of Sahale.

To register: www.goodenough.org or call (360) 275-3957 to find out more



Quest: A Counseling and Healing Center

Our belief is that mental and emotional health is a prerequisite for spiritual well-being, collaboration, and the expression of compassion. Quest's counseling and education programs, open to all interested individuals, focus on empowering individuals, couples, and family groups to be happier and be more effective in relationships.

Call John (206 963-4738), Colette (206-755 8404) or Colette and John at Sahale – 360 275-3957. In Seattle, John and Colette meet with clients at the new community center, 3610 SW Barton Street, Seattle 98106, as well as at Sahale.