

col·lab·o·ra·tion

noun

Two or more people working together
towards shared goals

Village eView

May 22, 2019

Colette Hoff, Editor

Collaboration

Colette Hoff

As we prepare for our 17th annual Memorial Day work and play party, the theme of collaboration seems timely.

Collaboration entails specific skills to enhance the experience for everyone involved. The Goodenough Community has valued good collaboration—one of our first activities was excelling in moving parties. Our work/play parties at Sahale always have some magic usually as a result of good collaboration. The following was written by John Hoff and is followed by Six Skills for Effective Collaboration from a British consulting group.

Community life requires us to learn to work together. A classic image is the old-fashioned quilting bee where women supported each other in the accomplishment of a task. Barn-raising is another picture of collaboration. Children need to be taught the discipline of having chores to learn about accountability and responsibility as well as share in projects in which everyone works and helps in a positive, friendly environment. Collaboration has to do with learning about relationship and working well with another person.

The curriculum for collaboration is first of all an appreciation for the concept of process and learning to distinguish method from process. There is often a method within a process. The method can be created for a purpose and it will then have to create process for implementing method. *A process is a commitment to a way of being and principles of action.* All participants are encouraged to shape the process as it goes along allowing it to be self-correcting and learningful. Some of the skills involved include speaking for oneself, then communicating with another, negotiating and resolving conflict. Knowing one's own feelings and working to express them to be understood allows another type of collaboration — that of connecting with another.

COMING UP

Memorial Day Weekend, May 24 to 27

Pathwork Circle, June 9

General Circle, June 10

Third Age, June 14

On-Line News of the Goodenough Community System

The American Association for the Furtherance of Community

Convocation: A Church and Ministry

Mandala Resources, Inc.

Sahale Learning Center

The EcoVillage at Sahale

Collaborating with each other through the body can occur through moving, stretching, dancing together. Collaborating around food and conscious eating, creative movement, massage, love-making allows us to appreciate the body as a collaborative being. Giving and receiving are also processes of collaboration, as are asking for and offering help.

A collaborative person is a good citizen who has an appreciation for social process and the importance of the freedom to talk out decisions and in an egalitarian atmosphere. We see that people have strong needs to be of mutual value to each other.

Six Skills of Collaboration

Effective collaboration is achieved when the results of the team's efforts are greater than those which individual members could achieve on their own. But the bolstered results from effective collaboration don't come easily. Collaboration comes with its own set of challenges – challenges that require specific skills to overcome.

We've put together a list of the 6 most important skills needed by great collaborators:

1. COMMUNICATION

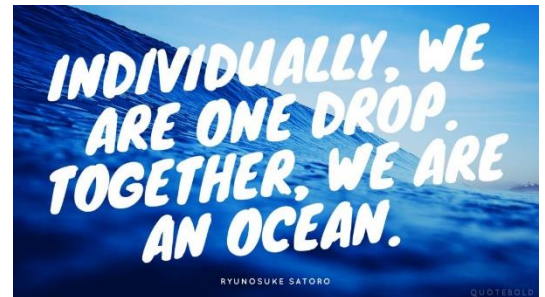
One of the most crucial factors in collaboration is communication. Your team members need to be able to express themselves clearly to each other and successfully manage channels of communication with regards to their project. All individuals need to understand their responsibilities and report on them regularly to others. If everyone on your team has good communication skills, they will all be on the same page, working towards a common goal, all the while aware of current challenges encountered and milestones reached.

2 AUTHENTICITY

One of the reasons why collaboration is such a successful tool, is because it brings people from different walks of life together and harnesses the different strengths of each individual personality. This means that the ability to be authentic and true to one's self, is an important skill to have when collaborating. Effective collaboration will only be achieved if each team member is bringing their unique perspectives, talents and feedback to the table.

3. COMPROMISE

For any team to work together in harmony and collectively solve problems, all individuals on the team need to have the skill of compromise. Not every battle has to be fought. If your team can compromise with each other, they will be able to



reach the best possible solutions from an amalgamation of ideas. The ability to compromise is extremely important not only for results but also for team dynamics and work happiness. If there is someone on your team who does not know how to compromise, their stubbornness may be hindering the overall productivity and morale.

4. TOLERANCE

Everyone on your team must have the ability to be tolerant and accepting of others. Creating a team, means grouping individuals together who more than likely have an endless list of differences. Members may have different values, culture, perspectives, work methods as well as diverse ways of handling conflict and stress. It is vital that everyone involved can put differences aside and practice tolerance towards each other. Without tolerance, effective collaboration will not take place.

5. TEAM PLAYER

For effective collaboration to occur, every person involved needs to be a team player who is focused on reaching a common goal. Individuals who are looking out for their own interests will not contribute to team efforts. Good collaborators need to be able to work well with others and conduct themselves in a way that adds value to the socially shared work task. Ability to work as part of a team is key for any collaborator – and it's unfortunately not a skill that everyone possesses naturally!

6. RELIABILITY

Collaboration requires trust, and trust comes from reliability and consistency. Each and every collaborator has to have the skill of being consistent and being reliable. Members on the team need to have faith in each other in getting tasks done and in trust among one another when sharing ideas and giving feedback. If your team aren't reliable, your results will be unpredictable and often disappointing. Make sure that they are actively working on reliability and putting measures in place that keep them from dropping the ball.

The benefits of collaboration in any organization are numerous. If the members of your team have the above 6 skills, the results from their collaborative efforts will reach all-new heights. As a team leader, you need to encourage your team to develop and work on these skills. You may need to provide training and support in improving their collaboration skills and even incorporate these skills into your organization's values and culture.

<https://www.risebeyond.org/6-skills-needed-for-effective-collaboration/>

Sometimes the most
ordinary things could
be made extraordinary,
simply by doing them
with the right people.
- Nicholas Sparks

Gathering at Sahale --Memorial Day Weekend May 24 to 27, 2019

Let's continue the tradition (17th annual) of gathering at Sahale to a weekend of enjoying and caring for this good land. Well-organized work parties will have plenty to do and there will be tasks for all abilities. However, we will seek a balance between work and play. There will be wholesome meals, outdoor play, hot tubing, music, and relaxation. The only charge will be a donation for food.



Please bring snacks and beverages to share, work/gardening gloves, your favorite chain saw, hand gardening tools, and perhaps a hammer or a weed whacker.

The Sahale Circle (which is an aspect of our experiment with Sociocracy) will be offering leadership for the weekend in a variety of ways.

RSVP to Colette with your expected arrival time, number of people, and when you are planning to leave by emailing hoff@goodenough.org

*When you do things
from the soul,
You feel a river
moving in you,
A joy.*

~Rumi



An Invitation . . .

We are inviting you to a **human relations laboratory**. In an HRL, we are first learning to be more fully **human** and the word **laboratory** refers to a place where work is being done, and we are experimenting with learning how to apply wisdom to practical human problems in living and relating.

The word 'relationship' refers to a process of sharing respectfully—one of these relationships being our family. To have deep and rich conversations depends on mutual trust and the willingness to be known by family and friends. There will be a series of conversations about both the problems and satisfactions of growing up in our culture and in a specific family. What people refer to as **magic** in a human relations laboratory is actually a sweet reward for being open to each other.

Register on-line, now at www.goodenough.org



50th Annual
**HUMAN RELATIONS
LABORATORY**
Sponsored by the Goodenough Community

AUG 4 to 10, 2019

How to Live in Heaven, HERE!

Lab feels like heaven – right here and right now. Heaven is not a location but a state of mind, an attitude of **AWE** and **WONDER**. We can create heaven inside ourselves through spiritual and psychological development, and between and among individuals through relationships, collaborative circles, and the culture we create together.

FOR SEVEN DAYS YOU CAN:

- Practice radical openness in a safe context
- Connect deeply with others who are also growing themselves
- Dissolve barriers to love
- Enjoy creative expression of all kinds
- Live in the natural world, explore freedom and energy, and live in the present

\$750 | The Lab fee includes accommodations and learning materials.

Special rates available for groups of three or more, seniors, students, and interns.

Please consider an additional tax-deductible donation to the scholarship fund. Thank you.

To learn more, call (360) 275-3957 or visit: www.goodenough.org/lab

[Click Here to Register](#)

[Click Here to Visit our Site](#)

Space is limited, register now. www.goodenough.org/lab

Held within the magical 68 acres of Sahale Learning Center, on the Kitsap Peninsula.

Saturday August 10th

CELEBRATE

The accomplishment of 50 years

This picnic is an opportunity to connect and reconnect the generations of Lab attendees. There will be a program helping us all share Lab stories. It's naturally a beautiful time to remember John Hoff and a time to let our hearts sing together again.

Who is invited?

- All 2019 Lab attendees.
- 50 years of Lab Alumni.
- Families are welcome.

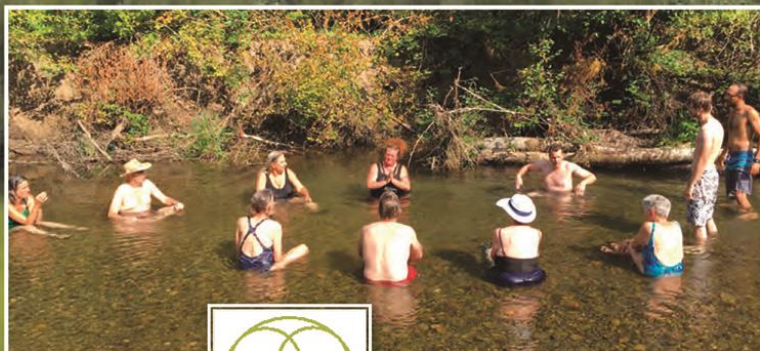
What can you bring?

Bring your Lab stories and photographs to share.

When?

- Noon** 2019 Lab Ends
2:00 Anniversary Celebration begins with refreshments
4:00 Program
5:30 Picnic Dinner

RSVP to hoff@goodenough.org
TODAY or by
Aug 1st.



Kirsten is turning “70” !

Will you join a celebration, **Thursday, June 20** with dinner at the Bistro at Lakeland Village, close to Allyn, WA, about 35 minutes from Sahale. Here is a link about the place.

<https://www.kitsapsun.com/story/entertainment/2019/01/29/hesher-brings-wealth-restaurant-know-how-lakeland-bistro/2680014002/>



We will gather at Sahale at 4:00 for a brief “Happy Hour” and car pool to the Bistro at Lakeland Village for a no-host dinner, and sharing the cost of Kirsten’s meal. Please RSVP by emailing Joan Valles at joanvalles70@yahoo.com Could be a great party! And Pedge’s birthday is June 23 so we’ll have a double celebration!



Goodenough Men’s Circle: Upcoming Activities

Bruce Perler

Our Men’s Circle is an expression of brotherhood and practice with wisdom, gathered from own lives, other men’s work advocates and, the founders of this men’s circle. Much appreciation to John Lawrence Hoff for his years of love and dedication.

In the fall of 2018, during our annual retreat and event-tent take down weekend, we acknowledged authentic interest by several young men and began preparations for a young men’s rite of passage experience the following spring. As preparation for this important event in a young man’s, I’ll be leading a small backpacking weekend and vision quest into the wild country of the Olympic National Park.

These two events are now scheduled. **Our annual tent raising ritual and retreat will be at Sahale on 6/21-23.** The young men’s backpacking trip, June 7-9, is full for this season. For more information or questions, please contact me: bruce_perler@hotmail.com



Sahale Summer Camp
June 27 to-July 3, 2019
Now is the time to register!



SUMMER CAMP — JUN 27 to JUL 3, 2019

Sponsored by the Family Enrichment Program of the Goodenough Community

Register online or mail this form and deposit(s) to:

SAHALE SUMMER CAMP

2900 NE Tahuya River Road, Tahuya, WA 98588

Parent _____

Email _____

Child(ren) Name(s) & Age(s) _____

Home Address _____

City, State, Zip _____

Phone (H) _____ (M) _____

Deposit Method (\$100 per child) Check # _____

Visa/MC _____

Exp Date _____ Total \$ _____

Signature _____

Cost includes food, lodging, materials.

One child \$650 | Two children \$1050

Full refunds no later than May 25.

50% refunds after June 10. (No refunds after June 17th.)

Scholarship funds may be available before June. Please reach out to Irene Perler to arrange. 206-419-3477.

Preparation materials, what to bring, maps & directions will be sent upon registration.

Sahale is 20 minutes from Belfair, WA. The 68-acre center is an easy drive or ferry ride from Seattle, Tacoma and the Olympic Peninsula.

For more information please contact irene_perler@hotmail.com and visit goodenough.org.

Camp is supported by a volunteer staff of 18 trained adults and young people who each give many hours of creative, loving and dedicated service. It's so rewarding that many staff return year after year.

We mentor specific skills and teach by intentionally living collaboratively and joyfully all week. Colette Hoff, professional family life coach and community developer, offers life lessons for staff through leader development.

Our model values having pairs of junior staff who befriend each camper and guide each "kid clan." Counselors take their responsibilities to heart and help campers feel included and cared for. They support skits, play games and sing camp songs. They are friendly role models.



camp for boys and girls, 9-12

A week-long, overnight camping experience designed to help children have fun learning about themselves as a friend, naturally. Your child will leave with a greater sense of confidence and of belonging to the world. Our program builds skills that promote self-esteem, collaboration and social creativity for the future health of your child & society:

- ♥ Self-responsibility, self-care, self-reflection, self-awareness and self-expression
- ♥ Enjoyment of work and play
- ♥ Sharing and active listening
- ♥ Empathy and practical care of others
- ♥ Respect for elders and peers
- ♥ Collaboration and cooperation

"Building forts & campfires with friends all week long is so much FUN!"

Sahale's gift is a remote and beautiful river valley where we breathe fresh air, swim in clean waters, explore meadows and forested hills. It is home to diverse flora and fauna awaiting discovery. Each day, camp life is filled with natural wonders.

"Sahale is the best! I can't wait to meet up with my friends from camp."

We build our tent village circled by trees and near the fire circle where we gather each evening for stories, singing, skits, stargazing and more. Each day repeats a gentle rhythm and includes comforting routines.

Daytime activities include: Group circles, archery, nature activities, cooking, river play, gardening, quiet time, journaling, drawing, drama, music, story time, free time, group games and crafts such as clay, weaving, beads, drawing and more.

"I love learning new things at camp and the food is great!"

On our last full day, we celebrate with a big feast and a special camp fire program as we prepare to join our families the next day.



*Co-creating
memories &
friendships*



The Communications Circle is coordinating the eView, identifying themes, and sharing the editor function. Future themes of the eView include:

May 29 – **Flow and mindfulness**, Colette Hoff, Editor



Pathwork, June 9

Colette Hoff

Our Pathwork Circle will meet again on **Sunday, June 9, at 7:00 p.m.** We will be gathering at the home of Barbara, Joan and Jim in Tukwila. The address is 3535 S. 126 Street, Tukwila, 98168. Barbara's cell phone is 206 412-9417.

Pathwork is an excellent context for instituting new spiritual practices, provides support for maintaining current practice, and gives many with a feeling connection so necessary for a good life. Currently, we are exploring the God/Goddess within each one of us and the influences on our spiritual development.



After June 9, Pathwork will meet again on July 14.



The deAnguera Blog: Collaboration



Collaboration is a major part of our Human Relations Lab. Sahale gives us residents the chance to practice it all year long. This year we will be holding our 50th Lab so we have collaboration down pat right? Actually we are still working on it and it can be difficult at times. Most of the time when collaboration does not happen we correct ourselves right away.

A test of how our collaborative culture is working is how well new people pick up on our culture. I would say based on my personal experiences we are doing pretty good. As a group we can successfully teach others our culture.

Like Josh Demers in the left photo we usually get tasks we enjoy doing. I enjoy weeding with a hori hori and a pulaski which can pull out deeply root grass from around a tree. This can quickly leave me exhausted.

Marley gave me a back massage this morning and later Amanda gave me a hug. Amanda has collaborated with me on our cooking projects. Our friendships grow like seeds springing up into plants in the green house trays.

We have been working hard at digging trenches for electrical conduit and a waterline going out to the hugelkultur near the walnut grove. The work can be very exhausting especially for an older person like me. I use a pulaski to break up the ground making shoveling easier. So many packed rocks to remove. It is amazing the last glaciers have dumped all this rock which was buried under the ground we were digging up. Also roots to chop. So I carried a small set of clippers.

Josh DeMers eventually came along to finish the work with the Kubota's backhoe.

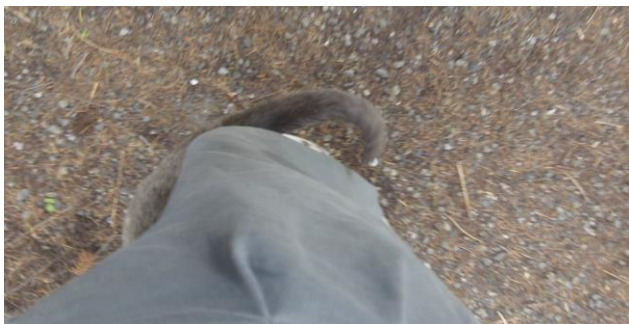
Pam and Elizabeth Jarrett Jefferson moved into the Homestead cabin this week. I joined with Mark, Julia, Amanda Lovett, Marley Long, and Josh Demers in helping unload the moving van. The van had an elevator we used to ride up and down with our stuff. You should have seen us moving that huge pinball machine into the swamp. Guess I never realized pinball machines could be in private homes. Maybe it will be a nice source of contributions.

When I think of all the folks living here now, it's hard to believe there was a time when I was at Sahale alone. Kirsten Rohde moved in before me but since she worked I seldom saw her. With our expanded labor force we can tackle bigger projects. Jim Tocher has a lot more help available than just me.

Pam and Elizabeth's bright purple outdoor furniture is arranged very nicely outside the Homestead cabin. How do you like the squirrel on the table?

We are ramping up to the Memorial Day work party weekend. There will certainly be quite a few people out here. Colette Hoff will make out lots of project cards. Lots of opportunities for collaboration.

Our willing collaboration is far better than just simply being ordered around. We know how to get the job done and keep each other happy. Of course it helps to sit around the fire in the evening over stories and s'mores.



Does collaboration include having Earlina's tail emerging from under my pant leg?

Sahale Sightings

Drai Schindler



Some Varied Thrush have moved onto the land, if I understood correctly, I was told they come down from the mountains – and we are glad to have them. At a glance, one would think they are Robins. They are red breasted, but they are thinner, have a different crest and some underbelly features that delineate them from a Robin. One Thrush couple nested above the Schindler Hammock and voila 2 babies were born. They are very silent birds...even when being fed, the babies don't really "peep." It has been our pleasure to watch both mama and papa bird tirelessly collaborating to feed these tiny fuzz balls (one of the two parents stops by with food about every 10 minutes.) I often under the nest. The parents grew to know me and felt comfortable enough to keep their feeding routine, even with my presence. Of course, you know me, I was talking and singing to them! It was a real treat for me to witness.

The next thing I know...they fledged, nest empty...Thrush on the wing! I miss them.

Thank you Thrush family for your delightful fly-by visit. I did not know till the end that there were 2 babies in there. Thinking there was only one, I named he/she Charlie. Now that I confirmed there were actually 2....It is my prayer that the "Charlie Thrush Twins" have a long, happy, wormfilled, Tahuya River bathing, safe and soaring life. - Draí Schindler

Photo is a bit like "Where's Waldo!" I was able to catch a feeding moment. Ah Life in nature. Downright satisfying!



"The nicest thing about teamwork is that you always have others on your side."

PROJECTMANAGER.COM



At the “OUR” Ecovillage – in British Columbia

September 13 - 15

Friday 2:00pm - Sunday 5:00pm

This conference is an intentional experience of

community. Whether you live in an intentional community / ecovillage / co-housing and are interested in joining or starting one, are a networker or organizer, or are new to intentional communities, this conference will have something for you. Come learn about the intentional communities of western North America, gain skills and understanding for living in and developing intentional communities, and find mutual support and camaraderie with others involved with intentional community. Come celebrate the diverse types of community that exist, expand the potential of increased inclusiveness, and explore Intentional Communities and Ecovillages and Co-Housing as a model for impacting wider social change. The Goodenough Community is a sponsor for this event!



Spatialist for Hire

Pam Jefferson

Do you need help with organizing a room for more efficient storage and use of the space? Do you need help sorting and organizing your stuff? I can do all of it for you or just give you some ideas for you to work with. My hourly rate is \$25.00. You can reach me at **206 372 9801**.

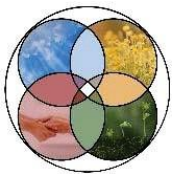


Programs and Events of the Goodenough Community

What makes community meaningful and fun? The richness of life in community comes in many ways – getting together informally over a meal ... celebrating a significant birthday with long- time and newfound friends ... working together in a creative endeavor ... collaborating in a work party ... thinking deeply with others about what it means to be fully alive and connected with ourselves, each other, and Spirit ... and more.

In the Goodenough Community, we recognize such ways to connect as expressions of living life fully and in communities of all kinds. Throughout the year we offer programs that help you participate in your own development, learn about relating well with others, and discover your potential to have a good time in life and with others.

We welcome your interest and your participation, and hope that you will join us at any – or many! – of this year’s events. More information about programs and upcoming events can be found on our website: www.goodenough.org



The **General Circle** meets Mondays at 6:30 for light dinners & business at hand. The next meeting will be June 39 at the home of Tom George (8708 182nd Place SW Edmonds, WA 98026). Future meeting is July 15.

The Women’s Program is a long-established and ever-growing way for women to enjoy each other’s company, learn about themselves as women, and even perhaps to experience the Divine Feminine.



The Third Age - Those age 60 and older have been gathering every other month, Friday evenings in Seattle. The next meeting will be **June 14**. Contact Kirsten Rohde for more information: krohde14@outlook.com

The Men’s Program

Our **Men’s Circle** is an expression of brotherhood and practice with wisdom, gathered from own lives, other men’s work advocates and the founders of this circle. In the fall of 2018, during our annual *event-tent take down project*, we began preparing for a men’s *rite of passage* experience preceded by a smaller group vision quest. These two events are scheduled for **June 7 to 9** for the vision quest component centered around a small group backpacking trip into the Olympic National Park and **June 21 to 23** will be the annual tent raising weekend. For more information, contact: bruce_perler@hotmail.com





Pathwork, a Program of Convocation: A Church and Ministry On alternate Sunday evenings an interfaith circle of practice meets between 7:00 and 9:30 PM under the leadership of Colette Hoff. This is a time to learn together about our personal development, to talk out our chosen practices for the development of a spirit filled life, and to learn the skills of joining with others in service. **Gatherings are in Seattle, June 9 and July 14.** Contact Colette Hoff for more information: hoff@goodenough.org

Summer Camp for Youth

Announcing new dates for Summer Camp 2019: Wednesday June 27 to Tuesday July 3, 2019. Summer Camp is a wonderful opportunity for children 9 to 12 to have a full camp experience in a beautiful setting with loving leadership.

Contact: Irene Perler, Irene_Perler@hotmail.com



Human Relations Laboratory, August 4 to 10, 2019

This intense and joyous week-long event is a communal experience of personal growth and relational development within a rich culture with art, music dance, song, drama and more. This summer we will celebrate 50 years! Contact: Colette Hoff,

hoff@goodenough.org

True Holidays Celebration, Saturday, December 7, 2019

Be part of this fun-filled family-oriented evening and prepare yourself for the winter season (whatever faith tradition you follow) that fills your heart. Contact Elizabeth for more information.



Work and Play Parties throughout the Year

Traditionally, the Goodenough Community sponsors work parties over **Memorial Day weekend (May 24 to 27)** as well as other times throughout the year, to express gratitude for the presence of our beloved retreat center, Sahale, and to experience the satisfaction of playing and working together. Please email hoff@goodenough.org with information about what may be coming up. It is a great time to bring friends to share Sahale!



Quest: A Counseling and Healing Center

Our belief is that mental and emotional health is a prerequisite for spiritual well-being, collaboration, and the expression of compassion. Quest's counseling and education programs, open to all interested individuals, focus on empowering individuals, couples, and family groups to be happier and more effective in relationships. Call Colette (206-755 8404) to make arrangements.

