

Village eView

March 27, 2019

Colette Hoff, Editor

Culture, as defined by the book, *Understanding Society*, by Caroline Hodges Persell, affects almost everything we do, think, and feel. Culture surrounds us like the air we breathe. It shapes our habits, behaviors, language, and

COMING UP
Pathwork, April 14
General Circle, April 15
Women's weekend, May 3 to 5

interpersonal style. Culture refers to all the symbolic and learned aspects of human society. Culture affects what we take for granted, as well as what we question. The following excerpts are from Chapter 5 "Culture."

After comparing 220 societies, anthropologist George Murdock identified cultural elements found in all of them. These universal elements **include age grading, athletic sports, cooking, dancing, folklore, hospitality, hygiene, joking, mourning, personal names, and soul concepts.** Although these cultural features exist in all the societies studied, their particular content varied widely. Every culture, for example, has symbols and language, but there are many different symbolic meanings and languages.

Cultural changes suggest that culture is not rigid, but bends or moves in response to changing conditions and human actions. Hence, people help to shape their culture at the same time that it influences them.

Language is a critical key to understanding any culture and any society. It is the secret to reaching beyond ourselves, which is the heart of social existence. A person may be a superb athlete, mechanic, or cook, but teaching or talking about that skill requires language. Otherwise, learning can only come from imitating actions.

Norms refer to shared rules about **acceptable and unacceptable social behavior**...[and] contain an "ought to" aspect that affects emotions as well as minds..."I ought to feel grateful for all they have done for me," or "I shouldn't have felt so angry."

On-Line News of the Goodenough Community System

The American Association for the Furtherance of Community
Convocation: A Church and Ministry
Mandala Resources, Inc.
Sahale Learning Center
The EcoVillage at Sahale

Values are strongly held ideas people share about what is good or bad, desirable or undesirable. Values are more general than norms in that they do not prescribe specific behaviors for concrete situations.

Over many years, the Goodenough Community has come to know itself as a culture by valuing symbols of its own history and a language by which it talks about what is most important. And, the community has its own normative ways of getting things done—lifeways,



or "folkways" as they are often called. And our collective has affirmed its values, which include becoming a community of conscious persons with the potential for self-correction. What we value most is longevity of relationship, the way we have healed each other, drawn out each other's gifts and abilities, and encouraged each person to be their best. A rich relational environment embedded within culture is also a value of the Goodenough Community. We have created a culture that is rich with music, poetry, dance, visual arts, ritual, ceremonies, and stories. We carry these valuable aspects of our shared lives into our programs, for they are energy enhancements to the work we do in our programs. Currently, the Lifeways Circle oversees cultural enrichment within the community.

This newsletter is intended to reflect the culture of the Goodenough Community. Themes are chosen for emphasizing a particular quality or to carry forward a timely discussion. Last week, the theme was relevance and was directly from the Goodenough Community Annual Weekend. Cultural offerings are announced for men, women, couples, age zone groups such as Third Age provide support, education, connection, and practical wisdom. Another aspect of our culture is helping each other in many ways.

The Human Relations Laboratory (August 4 to 10) is the best illustration of the culture of the Goodenough Community. The Lab has contributed extensively to the community culture over the years. Lab provides time and space for expression that promote culture – art, music, dance, education, reflection, personal sharing, and playful activities. Individual gifts and offerings are encouraged, interpersonal skills are strengthened, and participants learn from and with each other. Co-creativity is highly valued. The value of leadership is expressed at lab and is another quality of the Goodenough Community culture.

The Lab will be featured in the eView over the next few months as the theme is deepened and a curriculum is identified. Lab history will also be included.

Consider this 50th year to choose to attend this transforming, potential life-changing event within the matrix of the culture of the Goodenough Community.







You must give yourself to love if love is what you're after; Open up your hearts to the tears and laughter, And give yourself to love, give yourself to love. Kate Wolfe

You Are Invited to ...

The Goodenough Community Women's Weekend Give Yourself to Love! May 3-5, 2019

Sahale Retreat Center, near Belfair, Washington

In our lives we often feel surrounded by all things opposed to love, yet we yearn to be loved and to be loving. Wise people tell us to open ourselves to love, but how can we do that in "real life"? We are told we are by nature filled with love, yet at times we feel cut off from our own loving energy. With so much opposing our efforts to love and be loved, what's a woman to do?

Please join us for a weekend of womanly companionship as together we search out barriers to loving energy and explore ways to open ourselves to love. You can count on experiencing friendship and laughter, deep silence and introspection, warmth and nurture, all in the natural tranquility of Sahale Retreat Center. Enjoy hearty, healthful, home-cooked meals and rest in comfortable accommodations.

The women's program of the Goodenough Community is a long-established and ever-growing way for women to enjoy each other's company, learn about themselves as women, and even perhaps to experience the Divine Feminine.

More information will be posted on our website, Goodenough.org. You may let us know you plan on attending by sending an email to Elizabeth Jarrett, elizabeth.ann.jarrett@gmail.com

We hope you will be with us May 3 - 5!

The women's leadership team:

Colette Hoff (Key Faculty), Hollis Guill Ryan, Elizabeth Jarrett, Joan Valles, Marjenta Gray, and Rose Buchmeier



A Moving Experience

We are asking for your help to help us get our home ready to sell and our belongings packed.

If you have any time, we'd love it if you dropped in. I am sure we could tailor something to your desires. We're making progress but it's definitely all about slow, steady progress.

Thanking you in advance, Your friends,

Pam and Elizabeth.

Next opportunity is April 13 and April 27

Please let Pam or me know if you can join us (adventuredog@hotmail.com; elizabeth.ann.jarrett@gmail.com).



Pathwork, March 24

Colette Hoff

Our Pathwork Circle will meet again on **April 14 at 7:00 p.m.** We will be gathering at the home of Barbara, Joan and Jim in Tukwila. The address is 3535 S. 126th St, Tukwila, 98168. Barbara's cell phone is 206 412-9417.

Pathwork is an excellent context for instituting new spiritual practices, support for maintaining current practice and provides many with a feeling connection so necessary for a good life. Currently, we are exploring the God/Goddess within each one of us and the influences on our spiritual development.

Pathwork will continue to meet April 28, May 19, June 2 and July 14.





The Communications Circle is coordinating the eView, identifying themes, and sharing the editor function.

Future themes of the eView include:

April 3 -- Consistency, Marjenta editor

April 10 - Environment, Colette, editor

April 17 - Patience, Elizabeth, editor









Isn't it interesting how life happens? Look at the two top photos I took. One of Bruce Perler proudly showing his newly completed planter box in the Potlatch greenhouse. The other showing Avi Caswell painting our gnome. He will love the color green. Sunny people on a beautiful sunny March day. I loved that day.

But...I suddenly ended up in a place with indigestion and nausea. Then last Thursday a nasty rash breaking out all over my body. Why?

Well having a mortal body is a bit like playing a card game. Each of us picks cards from a deck. Some have nice experiences like playing on a beach with my favorite friends. Other cards turning up in the deck are Medical Emergency cards. I drew one last week and as a result I no longer have a gall bladder. Now I can begin to understand why people like card games so much.

Tarot decks take cards to a whole different level by giving me a snapshot of my life's journey and what I should be paying attention to. I do not live in a lifetime where random things happen. I don't believe it is designed that way at all.

This week we are talking about culture. Something woven between us and every person in the country. It determines how I think about things. My whole life in fact is built around my willing participation in our culture. I may have different opinions on how things should be but our

society's culture is hardwired into my head. I simply could not think outside the box it represented. That's where my friends come in.

You see? We at the Goodenough Community are creating culture rather than adapting to the existing one. We understand our relationships are the mortar binding us all together into a social unit, a community. Communities are bound together into larger and larger social units eventually covering the whole globe. A global culture which we have had since about the middle of the 19th century built mostly by Western European colonial empires. Those building such empires had the resources to bind all the world into one single global culture.

Getting back to my Medical Card. I ended up at Harrison Hospital in Bremerton where I checked into the ER on Friday. I finally managed to get a room up on the 3rd floor by 5:30 AM. Things move slowly in hospital land. I also got a surgeon Dr. Gutenberg along with impending removal of my gall bladder. General anesthesia. Augh!

The operation happened Monday night at 6:00PM and I was in recovery two hours later.

Two hours later? Ah the wonders of general anesthesia. It actually enabled me to time travel for real. Once I was wheeled into the operating room then the Recovery Room appeared. From my perspective I never lost consciousness.

A round of heartfelt thanks to those providing transportation as well as good friendship: Drai Schindler, Zac and Avi Caswell, Kirsten, Colette, Pat and Paul and Marley Long. You have all proved to me that our community culture is working very well. This is our gift to the world.



Drai accompanied Mike to a very strange place. Where? My article will tell you. It will even reveal to you why I was not here last week. All mysteries revealed and questions of any type regarding Mike answered.

Here are a couple of additional pictures from Sahale this week. John S. is building a prototype of a water wheel that might generate electricity! Avi is enjoying the gnome!







Help Needed! - Household Management, Cook, and Household Maintenance

We are looking for 1 or more individuals who are reliable, patient, and able to take direction. Duties include 3 focuses: (1) organizing and cleaning our home; (2) cooking 3 or 4 meals a week; (3)



repairing and maintaining our household and yard. If you are proficient at one or more of these sets of duties, we want to meet you! Altogether, the work might take 10 to 20 hours a week. We will pay \$15-30/hour, flex, depending on your experience.

Preferred contact: Please text April at 425 591 9796 or call Sam Staatz at 206 550 5932.



Our new Whiz Bang Apple Grinder



This new apple grinder is amazing as Jim demonstrates. Tod came up with the plans many years ago. This fall, after some difficulties with the motor to the existing cider press, we made the decision to go for it. Also, we just happened to have a carpenter/craftsman, named Paul Rave, who together with Tod Ransdell put it all together. Currently, Pedge is protecting the finish.

\$\$This project couldn't come out of the general budget and we were not sure how much it would cost all together even with some things available here. So, while it's not our usual way, we built it and now two people are carrying the \$650 it cost. HMM that doesn't seem right.

While we have a donation for \$200, with \$450 to go any contribution would be wonderful. And another \$25.00 has come in. Will you join?

Please mail donation checks to Box 312, Tahuya, WA OR go on line to the Goodenough Community donation button.





Michael Pilarski of Friends of the Trees Society is launching a Go Fund Me campaign to put on the first-ever Global Earth Repair Conference which will bring 500 people together to envision a thriving planet for our descendants seven generations from now and strategize the many steps it will take to get there. Here is the Go Fund Me link.

https://www.gofundme.com/global-earth-repair-conference

More info at https://www.earthrepair.friendsofhetrees.net



Spatialist for Hire

Pam Jefferson

Do you need help with organizing a room for more efficient storage and use of the space? Do you need help sorting and organizing your stuff? I can do all of it for you or just give you some ideas for you to work with. My hourly rate is \$25.00. You can reach me at **206 372 9801.**





Programs and Events of the Goodenough Community

What makes community meaningful and fun? The richness of life in community comes in many ways – getting together informally over a meal ... celebrating a significant birthday with long- time and newfound friends ... working together in a creative endeavor ... collaborating in a work party ... thinking deeply with others about what it means to be fully alive and connected with ourselves, each other, and Spirit ... and more.

In the Goodenough Community, we recognize such ways to connect as expressions of living life fully and in communities of all kinds. Throughout the year we offer programs that help you participate in your own development, learn about relating well with others, and discover your potential to have a good time in life and with others.

We welcome your interest and your participation, and hope that you will join us at any – or many! – of this year's events. More information about programs and upcoming events can be found on our website: www.goodenough.org

The **General Circle** meets Mondays at 6:30 for light dinners & business at hand. The next meeting will be March 25 at the home of Tom George (8708 182nd Place SW Edmonds, WA 98026). Future meetings are April 15, 29, May 6, 20, June 3, July 15.

The Women's Program is a long-established and ever-growing way for women to enjoy each other's company, learn about themselves as women, and even perhaps to experience the Divine Feminine. We are announcing the annual women's weekend, May 3 to 5 at Sahale Learning Center. Contact Elizabeth for more information.





The Third Age - Those of us age 60 and older have been gathering every other month, Friday evenings in Seattle. Stay tuned for the next meeting. Contact Kirsten Rohde for more information: krohde14@outlook.com

The Men's Program

Our **Men's Circle** is an expression of brotherhood and practice with wisdom, gathered from own lives, other men's work advocates and the founders of this circle. In the fall of 2018, during our annual *event-tent take down project*, we began preparing for a men's *right of passage* experience preceded by a smaller group vision quest. These two events will be scheduled for this spring, the vision quest component centered around a small group backpacking trip into the Olympic National Park.



For more information, contact me: bruce perler@hotmail.com



Pathwork, a Program of Convocation: A Church and Ministry On alternate Sunday evenings an interfaith circle of practice meets between 7:00 and 9:30 PM under the leadership of Colette Hoff. This is a time to learn together about our personal development, to talk out our chosen practices for the development of a spirit filled life, and to learn the skills of joining with others in service. Gatherings are in Seattle, Mar 24, April 7, 28, May 19, June 2 and July 14. Contact Colette Hoff for more information:

hoff@goodenough.org

New dates for Summer Camp 2019: Wednesday, June 27 to Tuesday July 3, 2019



A wonderful opportunity for children 9 to 12 to have a full camp experience in a beautiful setting with loving leadership.

Contact: Irene Perler, Irene Perler@hotmail.com



Human Relations Laboratory, August 4 to 10, 2019

This intense and joyous week-long event is a communal experience of personal growth and relational development within a rich culture with art, music dance, song, drama and more. This summer we will celebrate 50 years! Contact: Colette Hoff, hoff@goodenough.org

True Holidays Celebration, Saturday, December 7, 2019

Be part of this fun-filled family-oriented evening and prepare yourself for the winter season (whatever faith tradition you follow) that fills your heart. Contact Elizabeth for more information.

Work and Play Parties throughout the Year

Traditionally, the Goodenough Community sponsors work parties over **Memorial Day weekend** (May 24 to 27) as well as other times throughout the year, to express gratitude for the presence of our beloved retreat center, Sahale, and to experience the satisfaction of playing and working together. Please email hoff@goodenough.org_with information about what may be coming up. It is a great time to bring friends to share Sahale!



Quest: A Counseling and Healing Center

Our belief is that mental and emotional health is a prerequisite for spiritual well-being, collaboration, and the expression of compassion. Quest's counseling and education programs, open to all interested individuals, focus on empowering individuals, couples, and family groups to be happier and more effective in relationships. Call Colette (206-755 8404) to make arrangements.

