



# Village eView

October 31, 2018

Colette Hoff Editor

## RE-ORIENTATION

### Where Are We Now?

Colette Hoff

Over the past few issues of our eView, you have read about Sociocracy—history, circles, consent form of decision-making, and double-linking. As a Council, we are embracing this new system and I find I need to *re-orient* often. For example, the group previously known as the Council will be referred to as the General Circle. Each functional circle has an operations director and an administrator. These are roles for any one in a functional circle, not just a supervisor or hierarchical leadership. We have four functional circles: Cultural/Spiritual, Sahale, Communications, and Community Economy. And while the functions are familiar, I have to stop and be mindful of using the correct language and *re-orient* myself to a new way.

At Sahale, with the awareness that we need new policies around many areas of our shared life, I am suggesting **three months of re-orientation**. Home owners and residents have concurred. Agreements will be re-examined, proposals for policies are being collected, and we will examine how things are done. With the aim of growing our EcoVillage, crafting our culture, and building connection, clear policies will enable proactivity and a smoother shared life. Another purpose is the event of three new residents to the Sahale EcoVillage: Zac and Avi who attended the HRL this summer and Marley from Flagstaff. They are each asking to stay at Sahale for a longer period of time and joining with Amanda (who came in September as a work away and is staying through the winter) will create a stable population over the winter and this too will bring change. There is excitement in the air of expanding our abilities in many areas with more hands.

Preparing for site planning requires viewing Sahale with a clear perspective toward the future. Again, *re-orientating* from other points of view. Tom Gaylord is leading an elegant process which includes meditation and working with body, mind and speech. We are collecting all kinds of ideas for a variety of areas. Clear proposals will then be prepared for the annual “**Friends of Sahale**” weekend, **January 18 to 20, 2019**.

### COMING UP

Pathwork Exploration Series [**Sahale Site Planning**]  
with Tom Gaylord, Weekend of November 16-18  
**General Circle**, November 5, 6;30  
**True Holidays Celebration**, December 1

### *On-Line News of the Goodenough Community System*

The American Association for the Furtherance of Community

Convocation: A Church and Ministry

Mandala Resources, Inc.

Sahale Learning Center

The EcoVillage at Sahale

John Hoff often implemented a project by collecting the pieces and gathering the folks involved and ask “where are we now?” It is a *re-orienting* question.

One definition of re-orientation includes the act of changing the direction in which something is oriented. Patience and communication are essential for successful change. Honoring the intention behind a change is a better response than grumbling about a change with judgment.

This weekend’s time change is another illustration of re-orientation.

And yes, returning after 10 days on the east coast also required re-orientation. Joan Valles and I had a marvelous experience in the Northeast.



## **News & Events**

### **Announcing A weekend for Couples March 1 to 3 at Sahale!**

This will be an intimate weekend for couples who want more . . .better communication, more intimacy, move through stuck places with other couples. Save the date and if you are interested please let me know by emailing Colette [hoff@goodenough.org](mailto:hoff@goodenough.org). The curriculum will be shaped for the couples who choose to attend.

### **Site Planning for Sahale with Tom Gaylord and the Weekend of November 16-18 at Sahale**

*Colette Hoff*

**Tom Gaylord**, former center director of the Seattle Shambhala Meditation Center and a student of contemplative psychology in the Seattle Karuna Training Program, is leading a group of interested individuals (you are welcome to join us) to further a site-planning process with the main focus of Sahale. The group has been meeting since September 14, 2018. Our next step is to make new decisions for the future.

The practices of meditation, compassionate exchange, and body speech and mind are some of the methods we use under Tom’s guidance. He provides an opportunity to join a unique blend of spiritual and community contemplation while planning for the future.

**You are welcome to join us at the Sahale weekend, November 16-18.** Please register your intention to come by emailing Colette Hoff at [hoff@goodenough.org](mailto:hoff@goodenough.org). Please include dietary

restrictions. While there is no charge for the weekend, a suggested donation for food of \$50 will be appreciated.

## Thanksgiving Is Coming!

The Goodenough Community is sponsoring a Thanksgiving meal at Sahale this year. You and yours are welcome to journey to Sahale and join the potluck fun! We will provide Turkey and stuffing and you are asked to bring along your favorite contribution.



Plan to arrive earlier in the day and join Sahale residents for a wonderful feast. Since Draï is coordinating the dinner, if you are thinking of coming, please email Draï at [goddessdrai@earthlink.net](mailto:goddessdrai@earthlink.net) and we appreciate this is a change. Dinner will be around 3:00 pm.



## Remember What Is Important: The 31<sup>st</sup> Annual True Holidays Celebration December 1, 2018 - 6 to 10 PM

*Elizabeth Jarrett-Jefferson with Kirsten Rohde*

Our annual True Holidays Celebration--a tradition of more than 30 years in our beloved Goodenough Community--will be held again this year on **Saturday, December 1, 6 to 10PM**, at the **Mercer Island Congregational Church on Mercer Island, 4545 Island Crest Way**. This event has always been about bringing together family, friends, other communities & colleagues in an atmosphere ranging from frivolity and feasting to one of marking the holidays in a sacred way, honoring many faith traditions. Importantly, the celebration also provides an opportunity for you to be reflect and therefore be intentional about planning for the holidays, giving pause to remember what you value over the holidays; we'll lend a practical hand to help you make an actual plan. We'll have our Silent Auction again this year and feature exclusively handcrafted items and experiences (since we've learned over time that these are the most valued and bid-on items). Sherry Nevin and her musical contradancing colleagues, also a favorite tradition, will again be with us.

So, for now, prepare to engage in our annual event where friends, fun, feasting, connection, and tradition are the important things to remember and cherish. The flyer (next) to email friends will be attached to the email announcement.

REMEMBER WHAT IS IMPORTANT

# TRUE HOLIDAYS

SAT  
DEC  
1ST  
2018

Welcome to Our 31st Annual Celebration! 6-11pm

Come, be merry with food and friends during this sacred season. Let the light, laughter and music fill your heart. May rememberings of who we are simmer inside each of us.

Free Admission. Childcare Provided. Silent Auction. Treats & Drinks for Sale. Sponsored by the Goodenough Community. [goodenough.org] For more information please contact: info@goodenough.org

**Mercer Island Congregational Church**  
**4545 Island Crest Way, Mercer Island**

- 6:00 Doors Open
- 7:30 Contra Dancing with Sherry Nevins
- 8:00 A Program of Remembering
- 9:00 More Joyous Dancing



PEACE *connection* LOVE  
choosing to make a difference  
VALUES **RELATIONSHIPS**  
holding the delicate balance



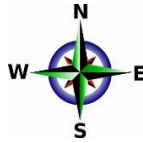


## More Community News



### Watchcare

Several weeks ago our dear friend, **Janet Walker**, called to say she was having difficulties with the cancer she has had. We learned last week that Janet is now in hospice. Please send Janet your love and prayers and an email to [jlwalk1956@yahoo.com](mailto:jlwalk1956@yahoo.com). You may also send your cards to Janet at 44 White Church Court, Germantown, MD 20874



The deAnguera Blog: Re-orientation



Question: What do Goodenough guys do in the spring and fall?

Answer: We put up and take down the big white tent. You want a model for how a community should do things? Watch us as we put up and take down the white tent under the able direction of Norm Peck. This is a great model for Sociocracy.

Sociocracy is a vision for how a community like ours can make decisions and manage itself effectively. Our class taught us the basics. Now our challenge is to get Sociocracy to work for us. This will take time. We will all have to take a deep look at how we do things. What would be the best way to go about it? Adapt the Sociocracy model to our process or fit the process to the model

As a community we need to take our own needs into consideration and not just blindly adopt a model. I have had experience with that at the Boeing Company. The company adopted something called Continuous Quality Improvement. The idea was we would form up into CQI teams to analyze the work we were doing. We would eliminate unnecessary reports. As I later realized, we do away with enough of our work, some of us will get laid off. This obviously was not very helpful to us.

Therefore fitting the Sociocracy model to our process would be best for us.

Why should we adopt Sociocracy? It is a decision making model without a strong boss at the top. It takes input from each of us seriously before making any decisions on a proposal. This will definitely bring out the leader in me.

Our community is about making the cultural change to enable political change. We can be a model for individuals, groups, and nations getting along together. How much better that would be than one nation like the United States trying to strong arm the rest of the world to its way. Cultural change is definitely the road to peace.

Last weekend our Men's Culture worked with each other to be real. We delved into work and relationships. That's very important for I have to admit this was something I gave very little thought to in the past. This was the little egoic Mike at work. The other men are giving the greater Mike a chance to emerge. I can only mature in the presence of my friends. By myself I will remain stuck.

I cannot change without help from the other men. The other men will help reorient me as my world changes.

Reorientation takes time. It takes time to learn to make different choices as individuals and as a community. I can only reorient when I am ready.

I am in transition from a separated fragmented life to one of integrity where I stand in the circle with all the rest of us whoever we may be. I believe this is where we all started. We separated and fragmented as we each came into this world and adapted to life here. Now we are slowly coming back together again. This will make it possible for each of us to experience heaven.



With the roof finally on the ground now comes the task of taking it apart.

# MUSINGS

FROM MY CORNER OF THE YURT

drai bearwomyn | city girl gone rogue at sahale



## Home. Hearth. Friends. Family. Thanksgiving and Pie.

As the deciduous trees gently drop their leafy dresses, the sun sheds scant less light on us daily and the deer wonder disappointedly under the now depleted apple trees...the autumnal winds of November kiss our window sills and we turn our heads towards Thanksgiving.

Married to the day of thanksgiving is the making of pie! It does not seem to matter if one is vegan, vegetarian or otherwise... we all seem to gather together in our excited desire for PIE! I have heard it said that food is the way to a man's heart, I would revise that to say PIE!

I am a pie maker. Not the best. Not the worst. I do love the tradition of it. Last Saturday, it was my honor to make 4 apple pies for the Men's Group that was gathered here for a Men's Culture Weekend. Colette found a new pie filling recipe for us to try. John made and froze 4 packages, I had pre-made and froze the dough for crusts. I had never approached a pie this way before. As it turns out, **these were the single BEST apple pies I have made in 40 years!** They tasted very good, were not soggy, held beautifully when cutting a slice and made everyone happy, by all reports.

So I am sharing one of my pie stories as well as some pie filling and crust recipes (for those who might need them.)

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**[and now we pause for a public service notice]** *If you have no plans or folks to cook for, or a place to go....If you are looking for a meaningful, fulfilling fall and thanksgiving experience, in a beautiful setting, with good people... please remember we are hosting a thanksgiving experience at Sahale this year and you are invited. It will be a potluck, a sharing of love, spirit and gratitude. Laughter is included. If you wish to join us please RSVP to me at [goddessdrai@earthlink.net](mailto:goddessdrai@earthlink.net) ASAP*

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1

**APPLE PIE FILLING** | We have learned you can premake this, store it in gallon-bags and freeze it for up to 12 months. When ready to make your pie, simply thaw and pour into a NON-blind cooked dough crust. 325-350 degrees for about an hour. And YES, the quantity of corn starch is correct. We were nonplussed by that, but it worked and created my first apple pie that held its shape, so Voila! The recipe below makes FOUR FILLINGS.

- 24 C apples, peeled and thinly sliced
- 4 t lemon juice
- 4 C white sugar
- 1 C cornstarch
- 4 t ground cinnamon
- 1 t ground nutmeg
- 1 t salt
- 8 C water

1. In a large bowl, toss apples with lemon juice and set aside.
2. Pour water into a dutch oven over medium heat. Combine sugar, cornstarch, cinnamon, salt and nutmeg. Add water, stir well and bring to a boil. Boil for 2 minutes stirring constantly.
3. Add apples and return to a boil. Reduce heat, cover and simmer until apples are tender, about 6-8 minutes. Cool for 30 minutes.
4. Ladle into 4 freezer containers or gallon freezer bags, leaving 1/2 inch headspace. Cool at room temperature no longer than 1.5 hours.
5. Seal and freeze. Can be stored for up to 12 months.





**2**

**APPLE PIE CRUST Option 1** | This is the recipe I use almost always. It is Great-Grandmother Schindler's passed down through 4 generations. I find it works out perfect every time. It is the recipe that uses Crisco. She is adamant about that for success. (The second option does NOT use just Crisco, so I am including it below for non-Crisco Pie folk.)

- 3 C unsifted flour
- 1 1/2 C Crisco shortening (use a scant measure & definitely Crisco)
- 1 t salt
- 1 egg
- 6 T milk
- 1 T white vinegar

1. Cut shortening into the flour until chunks a quite small.
2. Mix together the milk, egg, salt and vinegar and slowly moisten all of the flour shortening mixture. Grandma used a fork to do this. I have done it in the mixer pretty successfully but prefer to do it all by hand using a pastry cutter.
3. Gather all of the dough together and pat into a ball. Cut the ball in 2. Make 2 balls. Put them each on a Saran wrap, with Saran on top.
4. Press down to make a flat circle, about 1/2" thick. Then thoroughly chill or wrap and put in freezer.
5. When ready to use, take out 1 crust, keeping the second chilling.
6. Keeping the Saran on top, roll out to size. Take off top Saran, put pie dish upside down on top, flip over and take off second Saran. Work with the dough in your pan as you wish.



**3**

**APPLE PIE CRUST Option 2** | This is the recipe that I use when preferring butter to Crisco. It also is VERY nice to work with and tastes delicious. The lard I use is the stored beef fat from John's butchering. Very tasty but alas suddenly it becomes non-vegetarian.

**It is an Ina Garten Recipe and can be found at:**

[www.foodnetwork.com/recipes/ina-garten/perfect-pie-crust-recipe-1919026](http://www.foodnetwork.com/recipes/ina-garten/perfect-pie-crust-recipe-1919026)

**PIE NOTES:** *If your hands get hot while doing molding the dough, hold an ice cube for a minute or so to cool them. You will have best forming success, edges etc if your hands are not hot. Repeat with 2nd crust if you want to do a top on your pie.*

*With the filling recipe on the earlier page, you can successfully do a lidded pie OR a dutch open-faced pie, as you can see in my pictures. You can play with toppings. Many folks use a sweet crumble topping. I added chocolate chips to one and dried cranberries to the second to make the open-face prettier.*





### Ahhh... the Wonders of Pie

*This is a story I wrote years ago for a pie making goddess. It was fun to revisit and I am happy to share it with you. Enjoy!*

For decades, generations of mothers have hand-shaped Mama Love through the Hearth Dance of pie baking. They reached for their flour sack... the first pronouncement that something special was about to occur. The voices of their mothers, grandmothers and great grand-mothers whispered in their head helping call forth the list of ingredients from bins, cupboards and iceboxes. With rolling pin in hand they set forth to lay their lovin' into pie.

Remember those fitful nights where sleep escaped you? In your cozy robe and slippers you tiptoed into the kitchen and stealthily cracked open the fridge. There in a halo of glory sat "the pie" a friend beckoning, offering to join you. With a cup of tea and a generous sliver of pie, you sat on the porch swing, watching the moon walk across the sky. You crawled back into bed with renewed sense of peace, perspective and restfulness.

Ahhh... the wonders of pie.

Remember your little kid legs speeding you like lightening across the garden porch in a game of tag with your cousins? Uncle John was in the drive setting up the fireworks. You were out of your mind with excitement. The screen door banged shut and there stood your mom, a dab of flour on her cheek, apron strings untied. In her oven-mitted hands she held one of her famous fresh-out-of-the-oven pies. As light fades to night, she cut you the first steamy piece and offered you a tankard of chilly milk. In moments, you found yourself laying on your back in the grass, under an explosive and sparkling sky, pie crumbs on your fingers and you were filled with pure and perfect happiness.

Ahhh... the wonders of pie.

We were given pie as comfort for scraped knees, lost loves and salutations for the homerun hit with bases loaded.

We were given pie as sustenance for our best friends going away party, for the "bad day blues" and at Aunt Gertie's wake, where we ate together, shared memories and stories together, grieved, cried and healed together.

We were given pie after pie after pie in celebration for Joe's return from the war overseas, for Granny's 80th birthday, for Robert's engagement, for winning first prize at the art fair and for the birth of blessed baby Lilly.

We were given pie of compassion when Sam asked someone else to the Homecoming dance, when our dog was temporarily lost, when our big sister left home for college.

There is something special about the power of pie. It can soften the tension of a family argument, it evokes laughter and washes us with companionship, it heals us- almost as if pie has a divinity of it's very own.

Pie is a mother's magical, mysterious, masterpiece that sings a song of longing to our taste buds while somehow filling us with the simplicity of things that matter, the nostalgia of yesteryear, family, hearth and home.

Ahhh... the wonders of pie.



## Spatialist for Hire

*Pam Jefferson*

**Do you need help** with organizing a room for more efficient storage and use of the space? Do you need help sorting and organizing your stuff? I can do all of it for you or just give you some ideas for you to work with. My hourly rate is \$25.00. You can reach me at **206 372 9801**.

### From Colette:

Having just had Pam do a big organizational task including creating a wall of pictures, I would highly recommend Pam for any organizational task. Thank you, Pam!



### NOW'S the time to BUY on AMAZON.

Amazon will contribute a % of your purchases to the Goodenough Community.

Buy NOW for upcoming holidays, birthdays, friends, relatives, self, pets, garden, home improvements....whatever!

REMEMBER to SIGN UP at [smile.amazon.com](https://smile.amazon.com) to The Goodenough Community be your DONATION choice.

Happy Shopping!!!

**Free FRUIT TASTING!**

**MarketFreshFruit.com**  
**eat healthy at work**

*Seattle's local office fruit delivery service*

## Two new dates

### Calendar for the Goodenough Community – Fall and Beyond

- The **Community Council** (The *General Circle*, in Sociocracy vernacular) meets Mondays at 6:30 for light dinners & business at hand. The next meeting will be November 5 at the home of Tom George (8708 182<sup>nd</sup> Place SW Edmonds, WA 98026. Thank you, Tom, for welcoming the Council to your home!
- The **Third Age** meets at the home of Joan, Barbara, and Jim. November 9 is the next gathering. December 14 is the next proposed date after that.
- The **Women's Culture** will gather next on **January 26, from 10:00 to 2:00** at the home of Elizabeth and Pam Jarrett-Jefferson on Mercer Island. **We are announcing the annual women's weekend, May 3 to 5.**
- **A weekend for Couples, March 1 to 3 at Sahale.**
- **True Holidays Celebration** - Saturday, December 1, 2018
- **Thanksgiving at Sahale!** Please contact Draï if you would like to join. goddessdraï@earthlink.net
- **Christmas Day dinner** at Sahale is becoming tradition. Make your plans.
- **New Year's Eve** at Sahale will be a Monday night. Plan to come for the weekend!
- The **Friends of Sahale** Fourth Annual weekend will be **January 18 to 20, 2019.**
- **Sahale Summer Camp** - June 23 to June 29, 2019.
- **The 50<sup>th</sup> Annual Human Relations Laboratory** - August 4 to 10, 2019.



## Programs and Events of the Goodenough Community

**What makes community meaningful and fun?** The richness of life in community comes in many ways – getting together informally over a meal ... celebrating a significant birthday with long- time and newfound friends ... working together in a creative endeavor ... collaborating in a work party ... thinking deeply with others about what it means to be fully alive and connected with ourselves, each other, and Spirit ... and more.

In the Goodenough Community, we recognize such ways to connect as expressions of living life fully and in communities of all kinds. Throughout the year we offer programs that help you participate in your own development, learn about relating well with others, and discover your potential to have a good time in life and with others.

We welcome your interest and your participation, and hope that you will join us at any – or many! – of this year’s events. More information about programs and upcoming events can be found on our website: [www.goodenough.org](http://www.goodenough.org)

**The Third Age** - Those of us age 60 and older have been gathering every other month, Friday evenings in Seattle. **Future meetings:** November to be determined, December 14. Contact Kirsten Rohde for more information: [krohde14@outlook.com](mailto:krohde14@outlook.com)



- **The Women’s Program** is a long-established and ever-growing way for women to enjoy each other’s company, learn about themselves as women, and even perhaps to experience the Divine Feminine. The next gathering will be **January 26, from 10:00 to 2:00** at the home of Elizabeth and Pam Jarrett-Jefferson on Mercer Island. We are announcing the annual women’s weekend, **May 3 to 5**.

Contact Elizabeth for more information and directions to our meeting place.

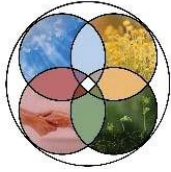
**The Men’s Program** is an expression of the best wisdom men have gathered from their life together—about what is a good man and how he could best express that in his own life. Contact Bruce Perler for more information: [bruce\\_perler@hotmail.com](mailto:bruce_perler@hotmail.com)



### **Pathwork, a Program of Convocation: A Church and Ministry**

On alternate Sunday evenings an interfaith circle of practice meets between 7:00 and 9:30 PM under the leadership of Colette Hoff. This is a time to learn together about our personal development, to talk out our chosen practices for the development of a spirit filled life, and to learn the skills of joining with others in service. **Gatherings are in Seattle.** Contact Colette Hoff

for more information: [hoff@goodenough.org](mailto:hoff@goodenough.org)



### **The Goodenough Community Council now the General**

**Circle** meets alternate Monday evenings in Seattle to discuss the day-to-day activities of the community and engage in planning, evaluation, and more. Contact Colette Hoff if you are interested: [hoff@goodenough.org](mailto:hoff@goodenough.org)

### **True Holidays Celebration, Saturday, December 1, 2018**

Be part of this fun-filled family-oriented evening, and prepare yourself for the winter season (whatever faith tradition you follow) that fills your heart. Contact Elizabeth for more information.



### **Work and Play Parties throughout the Year**

Traditionally, the Goodenough Community sponsors work parties over Memorial Day weekend as well as other times throughout the year, to express gratitude for the presence of our beloved retreat center, Sahale, and to experience the satisfaction of playing and working together. Please email [hoff@goodenough.org](mailto:hoff@goodenough.org) with information about what may be coming up. It is a great time to bring friends to share Sahale!

### **Quest: A Counseling and Healing Center**

Our belief is that mental and emotional health is a prerequisite for spiritual well-being, collaboration, and the expression of compassion. Quest's counseling and education programs, open to all interested individuals, focus on empowering individuals, couples, and family groups to be happier and more effective in relationships. Call Colette (206-755 8404) for an appointment.



