



# The Village View

June 30, 2021

Kirsten Rohde,  
Editor

## Coming Up--

- *Pathwork, July 11*
- *Human Relations Laboratory 2021, August 8 to 14 at Sahale*

## Civility

Marley Long at Sahale has been studying civility as part of her college education. She recommended the book, Choosing Civility: the Twenty-Five Rules of Considerate Conduct by P.M.Forni for those of us who wanted to read together. Dr. P.M. Forni, a professor at Johns Hopkins University, co-founded the Johns Hopkins Civility Project in 1997. An aggregation of academic and community outreach activities, the project aimed at assessing the significance of civility, manners and politeness in contemporary society. The project has been reconstituted as The Civility Initiative at Johns Hopkins, which Dr. Forni now directs. Here are a few excerpts from the book:

Dr. Forni lists four main points:

- Civility is complex
- Civility is good
- Whatever civility might be, it has to do with courtesy, politeness, and good manners.
- Civility belongs in the realm of ethics.

Civility may seem like a rather tame subject, however, thinking about some of the extreme attacks in social media that we hear about, practicing civility may be just what is needed. I can say that I don't participate in these violent outbursts of hatred, racism, sexism, and more, but I can admit to milder forms of being too critical to another person or worse, behind their back. "To criticize is a serious business and sometimes an awesome responsibility. Before you speak

## On-Line News of the Goodenough Community System

American Association for the Furtherance of Community  
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Sahale Learning Center / The EcoVillage at Sahale

make sure that your intention is to help with a problem and not to humiliate, manipulate, or exact revenge.” (Dr. Forni). In our community, we practice giving and receiving feedback and it is an art to engage in such exchanges. The goal is to care for each other and want them to shine in their life, not to put down or otherwise hurt a friend.

Dr. Forni advises the following:

“To make your criticism constructive and effective, identify an issue, rather than launching an attack on the person. Point to a specific incident. Say: ‘I think the way you defended our team’s work yesterday may not have been the most effective.’ Don’t say, ‘You’re just hopeless.’ ...Describe what you have observed....Show that you understand how the other person may feel.”

And on the side of receiving criticism Dr. Forni has this to say: “When we reject outright the criticism that comes our way we forgo a precious source of knowledge and wisdom. Ask yourself: Is this criticism valid? Should it happen to ring true to you, go ahead and simply agree with it. Don’t waste precious energy and time (both your critic’s and yours) denying the charges, painstakingly qualifying your agreement or questioning your critic’s motives. Just say a plain and honest “I believe you’re right” and start thinking about the changes you want to make.” Another suggestion: “This is certainly food for thought. Thank you for your honest opinion. I will need some time to think about it.”

This is just one aspect of the many topics covered in this book. In the introduction, the author writes, “For many years literature was my life. I spent most of my time reading, teaching, and writing on Italian fiction and poetry. One day, while lecturing on the Divine Comedy, I looked at my students and realized that I wanted them to be kind human beings more than I wanted them to know about Dante. I told them that if they knew everything about Dante and then they went out and treated an elderly lady on the bus unkindly, I’d feel that I had failed as a teacher.”

Thank you Marley for bringing this book into our lives! I’ve just started the book and it’s a great read. As the Human Relations Lab draws near, we can look forward to learning and practicing the many ways of being civil in our interactions.

*To be fully human we must be able to imagine others’ hurt and to relate it to the hurt we would experience if we were in their place.*

- P.M.Forni

# RE-ENTRY INTO THE ATMOSPHERE OF RELATIONSHIP



## RE-ENGAGING AFTER A LIGHT YEAR OF ISOLATION

*Collectively we have experienced an unusual event which gives us an opportunity to reimagine our lives.*

Humans are relational beings who thrive with interaction. As you emerge from enforced isolation, how is it going? Where have you been? Where are you now? Where do you want to go?

You're invited to the 52nd Human Relations Laboratory (Lab), a 7-day intergenerational experiential learning & training event that offers many ways to encourage your learning. At Lab you can:

- 👁️ Connect deeply with others who are also growing themselves
- 👁️ Enjoy creative expression of all kinds
- 👁️ Live in the natural world, explore freedom and energy, and live in the present
- 👁️ Stretch into personal empowerment
- 👁️ Learn how your own inner dividedness contributes to the current polarization of our world and how healing leads to understanding.

A design team of experienced facilitators will lead you in large and small groups and in individual processes designed to cultivate warmth, intimacy, insight, and learning.

**WHERE** Sahale Learning Center, nestled on 68 tranquil acres on the Tahuya River near Belfair, Washington.

**TUITION** \$750. The Lab fee includes food service, camping or indoor accommodations, and learning materials. Special rates are available for groups of three or more, seniors, students, families, and interns. Please consider an additional tax-deductible donation to the scholarship fund. If you wish to discuss tuition, please contact Registrar Elizabeth Jarrett-Jefferson. [elizabeth.ann.jarrett@gmail.com](mailto:elizabeth.ann.jarrett@gmail.com)

**TO REGISTER & PAY ONLINE [CLICK HERE](#)**

Or visit [www.goodenough.org/lab](http://www.goodenough.org/lab)



This week we are having Family Camp: several families have come out to enjoy Sahale, have good conversation, play, swim in the river, have a game of softball, and more. Everyone worked together to put up the tepee.





Now we (members and friends of the Goodenough Community) are taking a stand for love and equality over all the expressions of racism and injustice and inequality against People of Color. We, as mostly white, will educate ourselves and learn to make a difference. We will continue to speak out about racial injustice.

*From the Washington Post:*

## **My Grandparents Were Stolen from their Families as Children. We Must Learn about this History**

**by Deb Haaland**

*Deb Haaland, the U.S. interior secretary, is the first Native American to serve as a Cabinet secretary.*

As I read stories about an [unmarked grave in Canada](#) where the remains of 215 Indigenous children were found last month, I was sick to my stomach. But the deaths of Indigenous children at the hands of government were not limited to that side of the border. Many Americans may be alarmed to learn that the United States also has a history of taking Native children from their families in an effort to eradicate our culture and erase us as a people. It is a history that we must learn from if our country is to heal from this tragic era.

I am a product of these horrific assimilation policies. My maternal grandparents were stolen from their families when they were only 8 years old and were forced to live away from their parents, culture and communities until they were 13. Many children like them never made it back home.

Over nearly 100 years, tens of thousands of Indigenous children were taken from their communities and forced into [scores of boarding schools](#) run by religious institutions and the U.S. government. Some studies suggest that by 1926, nearly [83 percent](#) of Native American school-age children were in the system. Many children were doused with DDT upon arrival, and as their coerced re-education got underway, they endured physical abuse for speaking their tribal languages or practicing traditions that didn't fit into what the government believed was the American ideal.

My great-grandfather was taken to [Carlisle Indian School](#) in Pennsylvania. Its founder coined the phrase “kill the Indian, and save the man,” which genuinely reflects the influences that framed these policies at the time.

My family’s story is not unlike that of many other Native American families in this country. We have a generation of lost or injured children who are now the lost or injured aunts, uncles, parents and grandparents of those who live today. I once spent time with my grandmother recording our history for a writing assignment in college. It was the first time I heard her speak candidly about how hard it was — about how a priest gathered the children from the village and put them on a train, and how she missed her family. She spoke of the loneliness she endured. We wept together. It was an exercise in healing for her and a profound lesson for me about the resilience of our people, and even more about how important it is to reclaim what those schools tried to take from our people.

[READ ENTIRE ARTICLE AT WASHINGTON POST](#)

[Opinion | Deb Haaland: My grandparents were stolen from their families as children. We must learn about this history. - The Washington Post](#)



Mindful Mike’s Blog: COVID Escape  
Mike deAnguera

This weekend I did something historic. I joined my brother Paul and his wife Pat on a trip to Port Townsend. A really great way to escape the heat wave. Nice cold breeze blowing around the sand spit at Fort Worden. All three of us went in separate directions.

Naturally I went to the beach and the light house. Paul went to the Fort Worden bunkers taking pictures of the elevators used to load shells for the big guns. Pat wandered along the beach spending time by the Strait of Juan de Fuca.



The Light house reminds me of the guiding light of Christ in a world of darkness and confusion. Now that's a loaded term. But Christ simply means Messiah. For me the Messiah is an "Awakened One" just like the Buddha. That is where I find God. A serene affirmative place. I almost got the sun directly overhead. Of course the roofs of the other buildings were covered in seagull guano. Imagine a lighthouse covered in guano! I liked the image. You see? Whatever I might think as a Divine Light God covers with guano. Is God having fun here? Yes, I believe so. Guano represents my character role. The reason people fast, especially during a vision quest is to get the character role out of the way to allow the Creator to speak through all creation to me personally. The Van Gogh in me loves the guano and rust marks for that makes the light house more real.

We did not stay overnight and I spent the next two days at Paul and Pat's house in West Seattle. This is the first time I spent a weekend with them in two years. Any public space we went to we had to wear our masks. That included every store and restaurant in Port Townsend.

Now I am back in record setting heat. Yesterday it was 107 degrees at Sahale, a real record setter. Global warming to be sure. We are all boiling frogs. Fortunately I can hide out in my air conditioned tiny house. Yesterday was the first day I used the air conditioner since I bought the house over a year ago.

This week we have Family Camp for families with young people we have grown to know and love. Fewer activities were planned because it was just too hot. I did the minimum of watering and dishes because of the heat.

Port Townsend is what Seattle was in the 1880s. Since bluffs surround Puget Sound the downtown was built on fill with wooden piers jutting out. The residential area is above the bluff with quite a view. I believe Seattle was the same. But Seattle's bluff was blown up and washed away so downtown could climb above it. That's why the streets are so steep. You can still see remnants of the bluff underneath the Pike Street Market. The Victorian houses are almost all gone in Seattle, replaced by the hospitals on First Hill.

The population of Port Townsend is around 9,700, about the same as Shelton. Retirees and tourists are now among the main sources of income.

As you can see a huge amount of money was invested in downtown Port Townsend during the 19<sup>th</sup> century. It was to be the chief port on the West Coast. A depression in the 1890s finished that dream.

Also the Northern Pacific Railroad decided not to build a rail link to the city. I had no idea railroads were that important to a city's development.



## Programs and Events of the Goodenough Community

*Because of our unpredictable times, dates and descriptions shown represent our plans for now.*

**Community is about adapting to change, and that has been the case with the pandemic as we have adapted many of our ways to connecting, many of which are via Zoom.**

Throughout the year our intention is to offer programs that help you participate in your own development, learn about relating well with others, and help you discover your potential to have a good time in life and with others.

Information about programs and upcoming events can be found on our website:

[www.goodenough.org](http://www.goodenough.org)



**The Goodenough Community's governing body, the General Circle, meets monthly, 7:00 PM, via Zoom.**

For additional information, contact [Elizabeth Jarrett-Jefferson](#)



**The Women's Program** is a long-established and ever-growing way for women to enjoy each other's company, learn about themselves as women, and even perhaps to experience the Divine Feminine. For more information, contact [Hollis Ryan](#).



**The Third Age** - Those age 60 and older have been gathering monthly, Friday evenings, 7:00 PM. With the pandemic, meetings are virtual. Contact [Kirsten Rohde](#) for more information

**The Men's Program** - Our Men's Circle is an expression of brotherhood and practice with wisdom, gathered from our own lives, other men's work, advocates, and the founders of this circle.





**Pathwork, a Program of Convocation: A Church and Ministry** – Pathwork offers you a spiritual home in which to rest and to share your heart and mind as you move through these unpredictable times. We come together under the leadership of Pastor Colette Hoff and find support and encouragement as we clarify our personal goals and develop the practices we choose for a spirit-filled life, gaining wisdom from the world's faith & wisdom traditions. All are welcome to join. Meetings are held via Zoom on alternate Sundays from 7pm to 9pm. Contact Colette: [hoff@goodenough.org](mailto:hoff@goodenough.org) for Zoom information. *\*Note the next Pathwork will be July 11.*



**True Holidays Celebration, Saturday, December 4, 2021**

We are planning our 2021 event! Hold this date on your calendar. We traditionally hold this event on Mercer Island. Stay tuned for details.



**Human Relations Laboratory, August 8 to 14, 2021**

This intense and joyous week-long event is a communal experience of personal growth and relational development within a rich culture with art, music dance, song, drama and more. This summer we will celebrate 52 years! Contact: Colette Hoff, [hoff@goodenough.org](mailto:hoff@goodenough.org)



**Work and Play Parties throughout the Year.** Traditionally, the Goodenough Community sponsors work parties over Memorial Day weekend as well as other times to express gratitude for the presence of our beloved retreat center, Sahale, and to experience the satisfaction of playing and working together. Please email [hoff@goodenough.org](mailto:hoff@goodenough.org) with questions during these times of the Pandemic.



**Quest: A Counseling and Healing Center**

Our belief is that mental and emotional health is a prerequisite for spiritual wellbeing, collaboration, and the expression of compassion. Quest's counseling and education programs, open to all interested individuals, focus on empowering individuals, couples, and family groups to be happier and more effective in relationships. *Call Colette (206-755 8404) if you find you need to talk out your feelings regarding the pandemic crisis.*

*Maybe most of us find life precious because the thought that sooner or later it ends is never far from us. We are like visitors to a Renaissance chapel looking at remarkable painted canvases on the walls as the lighting timer we activated ticks away. We enjoy the interval of sweet light allotted to us before the darkness envelops us again. Just as darkness makes light precious, frailty and mortality increase the value of our time under the sun. If we agree that life is important, then thinking as we go through it is the basic tribute we owe it. It also happens to be the golden way to the good life—the kind of life in which happiness blooms.*

-P.M.Forni,

<https://krieger2.jhu.edu/civility/thethinkinglife.html>

*A shining example of new civility is the remarkably serious commitment to the cause of the environment on the part of an extraordinary number of people from all walks of life.*

*P.M.Forni*

