The Village View

September 28, 2022 Kirsten Rohde, Editor

Remembering and Memorializing

Coming Up—

- o **General Circle,** October 3rd, 7pm
- o **Pathwork,** October 9, 7pm

We have two days of remembrance coming up. Tomorrow, September 30th, is Orange Shirt Day, a day of remembrance for the Native children who were taken from their homes and placed in "Indian Schools" where they were mistreated and punished for speaking their native language, wearing their own clothing, and much more. One little girl arrived with an orange shirt she had just received in her home. She was forced to take it off and replace it with a school uniform.

The other is "Indigenous People's Day" on October 10th. My Outlook calendar says this second date is something else but my Union of Concerned Scientists calendar says it is Indigenous People's Day. (So does Maine, Joe Biden and many other states.)

You can read more about the meaning of these two days on pages 7-9.

But first is a wonderful remembrance of our friend Virginia Stout by her stepson Eric Sieverling. Born January 5, 1932, she died on June 4th, 2020. Virginia touched many lives which is evident by what people said about her at the memorial was held in Seattle this September 17th. We remember Virginia very fondly. She was a great friend to many in our community. She came to many labs and women's event especially, and even shortly before she died she came to our community's True Holidays Event in December – I think she even joined in contra dancing!

On-Line News of the Goodenough Community System www.goodenough.org

American Association for the Furtherance of Community Convocation: A Church and Ministry / Mandala Resources, Inc. Sahale Learning Center / The EcoVillage at Sahale

Eric Sieverling's remarks at the Memorial for Virginia Stout

Folklore and fairy tales are full of the archetype of the cruel and wicked stepmother, but in my case it could not have been more completely opposite. Virginia was kind and generous, and from the time I met her when I was eight years old, she quickly welcomed me into her home and into her heart. I was blessed to know her for 46 years in person, and she will be with me in spirit and in my heart forever.



During those early years, my sister and I spent many if not most weekends with our father Bill, which soon came to mean spending many of them with Virginia and Peter as well. Later, when I was in high school, she invited me to come live in her home, which I gratefully accepted, and it became my home base until after I graduated from college.

I have many happy memories of that time period: swimming at her favorite spot and playing Scrabble, playing softball or throwing a nerf football, and holiday dinners with Bill's mother Frances, her long-time friend Dewey, and Bill's cousin Bob and his wife Helen.

When I was in 4th grade I started playing the trumpet, and Virginia took me to see the great French trumpeter Maurice Andre perform with the Seattle Symphony. I soon realized that music was not one of my talents, but it was a kind gesture on her part that meant a lot to me.

Another time when I was about that age, we were hiking at Snoqualmie Falls and we came upon a dead mole. Virginia immediately offered to take it back to her lab and put it in a jar of formaldehyde for me, and that is exactly what she did. I don't remember whatever became of it, but a mole in a jar of formaldehyde was very cool for a boy of about 10, and that was something that I daresay a lot of stepmothers would not have been willing to do.

Virginia loved to give advice, which was occasionally annoying but almost always valuable. As a 17 year old, I didn't always appreciate being told "that's the way the world works", but now that I am older than she was when she said it, I can see where she was coming from.

One of the values that she along with my father instilled in me was the importance of giving something back. She gave her time and energy, from volunteering at a senior care center in the 1970s, to decades later serving on the board of directors of the Seabeck Conference Center, where she had met my father, and I think she was especially proud of her work mentoring younger women in the sciences. She used to say that donating to charitable and non-profit groups working to make the world a better place was not merely kindness, but justice that was needed to help right past wrongs. I have tried to follow her example, however modestly, and have found that being able to support a variety of groups and causes is indeed richly rewarding.

One of the things that really stands out about Virginia is the way she truly blossomed in her later years. Many of you are probably familiar with the quote, attributed to different authors, that says "If I had my life to live over, I would start barefoot earlier in the spring and stay that way later in the fall. I would go to more dances. I would ride more merry-go-rounds. I would pick more daisies." That, and Jenny Joseph's poem "When I am an old woman I shall wear purple" capture Viriginia's spirit in her later years.

She had a very youthful old age, and she did indeed maintain her enthusiasm for dances (especially Scandinavian ones), and for, metaphorically at least, going barefoot, and merry-gorounds, and daisies, and wearing purple. A few years ago, a friend of mine summed it up nicely by saying after meeting Virginia that "I had no idea that 75 could look like that!"

She was in such amazing health for so long that it seemed like time was never going to catch up with her. I continue to be impressed that she went skiing until she was at least 80, that in her mid 80s she traveled to Bhutan (which seems adventurous at any age), and that less than four years ago she was in



Guatemala teaching English, shortly before her 87th birthday. But of course time did eventually catch up with her, as it must for us all. And so it is that I



now find myself confronted with the paradox that I miss her greatly, yet she is always in my heart when I but take the time to notice.

Author James P. Carse wrote that while his father has been dead for many years, it is not the silence of his father's death but the noise of his own life that limits his ability to stay connected. In this frenetic modern age, the noise can be loud indeed, and there are a million distractions. To only slightly misquote the Eagles, we have all become, it seems, just prisoners of our own devices.

I find that there is a dance of remembering, and all too easily being distracted into forgetting, and then remembering anew, to be mindful to cherish the richness of earlier times and of loved ones I have lost, not merely as memories but as the very fabric of my life, that shaped me then and that continue to shape me now to the extent that I allow it.

Today, we are here to mourn Virginia, but more importantly to celebrate her, and to bear witness to a



life well lived. And so it is with both sorrow and joy that I profess my gratitude, and declare that my life and many others are immeasurably richer for having known her. In the words of Rumi, "goodbyes are only for those who love with their eyes, because for those who love with heart and soul there is no such thing as separation".

Erich, Eric, Samantha, Virginia

Eric sends this link to a recording of Virginia's Memorial Service available:

https://nam12.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.uuchurch.org%2Fmemorial-service-live-

 $\frac{stream\%2F\&data=05\%7C01\%7C\%7C4661f885a4e340fd6a7f08daa02f2b0f\%7C84df9e7fe9f640afb435aaaaa}{aaaaaaa\%7C1\%7C0\%7C637998422249233023\%7CUnknown\%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTil6lk1haWwiLCJXVCI6Mn0\%3D\%7C3000\%7C\%7C%7C&sdata=Te%2FXbiMkSdZliSAzgDSDeEKphdA2iTUF3OA%2F2es4yG4%3D&reserved=0.$

It's not real obvious, but in the upper left corner of the photo of the candle there is a down arrow. Click on that and select the item near the top of the list with a time of 1:16.



2022 Tent Down

he Goodenough Community Men's Culture is sponsoring the take-down and storage of the large white event tent the weekend of October 21-23, 2022. With many bookings through the summer and early autumn, the tent is an important feature for many guests, as well as our own Community. Norm will convene a Men's Circle Gatherings Friday and Saturday evenings after supper. Please contact Norm Peck (shkwavrydr@aol.com) and Elizabeth Jarret-Jefferson (elizabeth.ann.jarrett@gmail.com) with your plans to attend, arrival and departure times. Weather can vary widely; sturdy shoes or boots, gloves and raingear are strongly suggested. Drill-drivers, T-25

Torx bits and ½" combination or ratchet wrenches are also helpful. It is especially helpful to have a good crew on Friday to get a start on dance floor preparation for storage and beginning the tent wall cleaning and folding.

Anyone identifying as He-Him or other pronoun preferences with a significant masculine component are welcome to join the Men's Circle. All are welcome to join us in taking down, cleaning, folding and storing the tent fabric panels, disassembly and storage of the tent frame and dance floor panels, where many hands make lighter work.



It Is a longstanding quip that it takes a village to raise a child, and it certainly takes a community to raise and take down an event tent. The 40' x 60' event tent and 40' x 40' dance floor are critical infrastructure at Sahale for community events, weddings and retreats supported by the Goodenough Community. On October 21-23 you are invited to join as part of the crew gathered to take down the event tent for 2021. A suggested donation for each day at Sahale is to cover food and upkeep is \$35 per day

The Men's Program - Our Men's Circle is an expression of brotherhood and practice, with wisdom gathered from our own lives, other men's work, advocates, and the founders of this circle. The Goodenough Men's Culture will be sponsoring and leading an inclusive gathering on October 21, 22 and 23, 2022 for the annual Take-Down of the "Big White Tent" at Sahale.

Contact: Norm Peck



Mindful Mike's Blog: Being Real
Mike deAnguera

The first part of my life was about putting on a show. The correct way to do everything including planning for retirement. That all went out the window when I moved to Sahale.

I like being real. That feels a lot better than putting on a show. Being real

involves working with wet concrete as it comes out the back of the cement truck. Drai and John Schindler were there along with Josh DeMers and Marley Long. I also slogged around with the wet concrete, something I have never done before in my life. Messing with wet concrete simply was not part of Middle Class Heaven.

It was nice to finally get a concrete floor in our wood shop. I think of all the work Jim Tocher and I did to get rebar ready for the concrete to be poured.

Being real means being willing to get wet and dirty. I got educated at college so I could avoid that kind of work.

Then once I found that career I would get married. Well, until Kathleen Notley came along as my best friend I didn't understand women at all. Didn't have a clue. I just knew I didn't want to lead the kind of life my parents led although I tried real hard to be just like

them. I didn't want to entertain bank customers at the Rainier Club like my dad. Computers was the place for me. Well, the Divine had other plans.

The Divine felt I should be part of a community. We bought Sahale right after 9/11. This is the way for people to go as our world falls apart. We can be stronger and more resilient together.

Kirsten Rohde once had a very real cat named Bumpy. Bumpy is no longer around so now she has a very unreal stuffed cat. Cute. Wonder what Peaches will think. I hate to see him tear apart this Bumpy. Would he know this was not a real cat? Maybe one more thing he can sharpen his nasty claws on.

I am not a stuffed person. I am a real person with real desires. I am a real Mike. But for the longest time I was not a real Mike. I can't be real unless I am awake. When I try to copy the successes of the others I give away my power.

I learned about Sacred Intimacy at ISTA when they were here. It was a place where I could say what I really wanted in life, something I could have done nowhere else. They seem to be a good group of folks which sure beats online dating.



I just recently read the story of Gene Roddenberry, the creator of Star Trek. He certainly had a tough time selling his ideas to Hollywood. Was it the best use of his creative talents? Probably. I wonder how many good story ideas get rejected and are never seen again? But of course science fiction was

something you watched either in the theater or on television. My most powerful creative moments were when I was real and decided not to be politically correct as a writer. When ever I tried to write to please others I usually flopped. Trying to figure out what others wanted was a nearly impossible task for me.

This guy's attention was easy to get. All I had to do was eat in front of him. Now I had Cody's undivided attention. He can have the most intense stare.



ORANGE SHIRT DAY

On September 30, Orange Shirt Day promotes awareness about the Indian residential school system still impacting Native American communities in the United States and Canada. Known as National Day for Truth and Reconciliation, the day honors the children forced into Indian boarding schools. In addition, the day also remembers those who never returned home.

Indian residential schools, once called American Indian boarding schools, were established in the early 19th century. The schools were developed as an assimilation model to teach Indian children Euro-American ways. Residential schools stripped Native American children of their culture, including their language, customs, music, and traditions.

Operated by Christian missionaries, the government forcibly removed Native American children from their homes and families. Because these institutions practiced corporal punishment, children who rebelled would often suffer brutal treatment. Unfortunately, recent investigations have revealed instances of sexual assault and mental abuse, all because they were Indian.

In 1879, Civil War veteran Lt. Col. Richard Henry Pratt built Carlisle Indian Industrial School in Pennsylvania. Eventually, 29 states would operate 367 schools in the United States. In 1978, the United

States passed the Indian Child Welfare Act. The act gives Native American parents the legal right to deny placement of their children in schools off the reservations. However, some schools would continue to operate well into the 1970s, with the last school officially closing in the 1990s.

Some Native American children never returned home, while others were never heard from again. Most of their stories remain untold. Recent excavations unearthed remains of children on school properties in both Canada and the United States. Many of these graves have little or no record identifying the children and their tragic fates never reported until now. The process of returning the remains to their families illuminates an in-humane part of American history.

HOW TO OBSERVE #OrangeShirtDay

Wear an orange shirt to show your support for those in the Native American community. Support those who did not escape the enduring impact of the trauma. Communities across the United States and Canada commemorate Orange Shirt Day by hosting memorials, candlelight vigils, and walks. Speakers offer a historical perspective to raise awareness.

Other ways to participate include:

- Listen to the stories told by the survivors and their families.
- Attend an event in your community.
- Organize an Orange Shirt event at your work, school, or community.
- Watch a documentary or movie. For example:
 - o We Were Children, directed by Tim Wolochatiuk.
 - o *Our Spirits Don't Speak English: Indian Boarding School,* directed by Chip Richie, Dan Agent, Gayle Ross, and Carl Tipre.
 - o *Indian Horse*, directed by Stephen S. Campanelli, adapted from the book by Wichard Wagamese.
- Read about the Indian boarding schools. We recommend:
 - o Kill the Indian, Save the Man: The Genocidal Impact of American Indian Residential Schools, by Ward Churchill
 - o <u>Tomorrow My Sister Said, Tomorrow Never Came: Bercier, Metha Parisien:</u> 9781479784424: Amazon.com: Books by Metha Parisien Bercier
 - o Stringing Rosaries by Denise K. Lajimodiere

Join the conversation and show your support using #OrangeShirtDay on social media.

ORANGE SHIRT DAY HISTORY

Canadian Phyllis Jack Webstad created and inspired Orange Shirt Day in 2013. She is also the author of several books, including *Phyllis's Orange Shirt*.

The observance spread into the United States, where events take place in communities across the country. In 2021, Canada proclaimed September 30 as National Day for Truth and Reconciliation to recognize the survivors and those who died at the residential schools.

What is the history of Indigenous Peoples Day?

In the late 1970s, conversations began about replacing Columbus Day with a new celebration called "Indigenous Peoples Day." Native American groups conducted regular protests across the U.S. during this period, and the International Conference on Discrimination Against Indigenous Populations in the Americas started to discuss this proposal in more depth in 1977 at the UN conference in Geneva. This was a groundbreaking moment, as it was the first United Nations and international affairs event with Indigenous delegates participating.

In 1992, Indigenous Peoples Day was established in California to run alongside the 500th anniversary of the arrival of Columbus in America on October 12, 1492, recognizing the brutal genocide and colonization that occurred under his instruction.

Following this event, many other cities and states adopted the holiday.

In October 2021, the 46th U.S. President, Joe Biden, signed a presidential proclamation that declared October 11th a national holiday. Biden became the first U.S. president to officially recognize Indigenous Peoples Day.

Programs and Events of the Goodenough Community

Community is about adapting to change, and that has been the case with Covid 19, the pandemic, as we adapted many of our ways to connect, most of which have been held on Zoom. This has enabled people from outside our area to participate in community events. Now we are adapting to change following the death of our co-founder Colette and our need to learn from the past and look toward the future of our community.

Throughout the year we offer programs and events that help you participate in your own development, learn about relating well with others, and help you discover your potential for having a good time in life and with others. Right now we are still involved in the summer season hosting guests at Sahale. Our offerings are limited. Information about future programs and events will be found on our website: www.goodenough.org and in future Village Views.



Human Relations Laboratory, August 2023
This event was cancelled in 2022. Please look forward to Human Relations



Laboratory 2023

This intense and joyous week-long event is a communal experience of personal growth and relational development within a rich culture with art, music, dance, song, drama, and more. Contact: Elizabeth Jarrett-Jefferson or Kirsten Rohde



The Goodenough Community's governing body, the General Circle

Currently meets weekly on Monday evenings, 7 PM on Zoom. Next meeting Sept. 19.

For additional information, contact <u>Elizabeth Jarrett-Jefferson</u>



The Women's Program is a long-established and ever- growing way for women to enjoy each other's company, learn about themselves as women, and even perhaps to experience the Divine Feminine. Stay tuned for upcoming dates.

For information, contact Hollis Ryan.



The Third Age - Those age 60 and older have been gathering every other month, Friday evenings, 7 PM by Zoom. Stay tuned for upcoming dates. Contact **Kirsten Rohde** for more information.

The Men's Program - Our Men's Circle is an expression of brotherhood and practice, with wisdom gathered from our own lives, other men's work, advocates, and the founders of this circle. The Goodenough Men's Culture will be sponsoring and leading an inclusive gathering on October 21, 22 and 23, 2022, for the annual Take-Down of the "Big White Tent" at Sahale.

Contact: Norm Peck



Pathwork, A Program of Convocation: A Church and Ministry.

Pathwork offers a spiritual home in which to rest and to share your heart and mind as you move through these unpredictable times. Participants come together and find support and encouragement, gaining wisdom from the world's faith and wisdom traditions. All are welcome to join.

Meetings are held via Zoom on alternate Sundays: 7 to 9 PM. Next meeting: September 25. Contact: <u>Brucker Brucker</u> for Zoom information.



New: Founders Day Celebration This new event is designed to celebrate our shared community life and to honor our founders, John and Colette Hoff. The first Founders Day celebration is scheduled for the weekend of April 22, 2023, at Sahale.



Work and Play Parties Throughout the Year. Traditionally, the Goodenough Community sponsors work and play parties over Memorial Day and Labor Day weekends as well as other times to express gratitude for the presence of our beloved retreat center, Sahale, and to experience the satisfaction of playing and working together.