



The Village View

April 21, 2021

Kirsten Rohde, Guest Editor

Upcoming Events, on Zoom:

- Goodenough Community Annual Meeting, Saturday, April 24.
- Pathwork, Sunday, April 25.
- Community Women's Gathering, May 8

Enthusiasm!

Kirsten Rohde

"Enthusiasm" was a word a friend suggested for this week's eView. Funny, but I hardly describe myself as *enthusiastic*. However, maybe I could study the word to see what happens. So I looked it up.

Enthusiasm:

Cambridge dictionary:

feeling of energetic interest in a particular subject or activity and an eagerness to be involved in it
a subject or activity that interests you very much

Free Dictionary:

A source or cause of great excitement or interest.

absorbing or controlling possession of the mind by any interest or pursuit; lively interest

Then I typed in:

"what is a word for lack of enthusiasm?"

*Synonyms for lack of enthusiasm include **boredom, ennui, tedium, weariness, accidie, apathy, doldrums, dullness, flatness and languor.***

On-Line News of the Goodenough Community System

The American Association for the Furtherance of Community
Convocation: A Church and Ministry / Mandala Resources, Inc.
Sahale Learning Center / The EcoVillage at Sahale

That's depressing! So, no, if those are my choices I'll take enthusiasm. I can get enthusiastic about the Mason bees this spring. I have diligently cared for them for several years and increased their numbers. Five days after I put out the cocoons they are hatched, buzzing about everywhere and sealing their eggs into compartments in their houses. Wow they really appear (to a human) excited about the blooms everywhere!

Marley is sounding positively enthusiastic about a new Sahale project she has written about for this issue. I'm enthusiastically eager to see the article. (Enthusiasm is building in me.....)

In his article, Mike writes about the enthusiasm of children – it is infectious as we all experience when we are around children.

Daily life *can* sometimes seem dull, flat, tedious. Then I walk outside and listen to all the birds. Chickadees are singing duets with mates, swallows are swooping all over the meadow catching insects. I saw pair of birds fly overhead that I don't recognize and have to look up (or ask Norm Peck who is very enthusiastic about birds.)

I'm encouraged by the number of folks who have RSVP'd to come to our virtual Annual Meeting this Saturday – “energetic interest” being one of the definitions of enthusiasm. And there is a flurry of activity to prepare reports and get ready for the meeting.

Most of all I get it that enthusiasm can catch on and spread amongst a group of people.



*The care of the Earth
is our most ancient and most worthy,
and after all, our most pleasing responsibility.
To cherish what remains of it
and to foster its renewal is our only hope.*

*~Wendell Berry
(1934 to pres., American Poet)*



Two big events are happening this week that interest many of us very much. It may not be quite the same as enthusiasm however, it takes great and enduring commitment, another form of energy. It is becoming increasingly clear that two long-standing movements for change are coming together as one in many people's minds.

Fired police officer Derek Chauvin, who murdered George Floyd, has been found guilty on all three counts. As people all over this country feel the moment, we also recognize that this is but one win in the midst of many officially sanctioned crimes against people of color.

*"I can't believe what you say,
because I see what you do."
— James Baldwin*

And April 22 is Earth Day – the 51st year marking activism and recognition of the destruction of our living planet. "Earth Day is widely recognized as the largest secular observance in the world, marked by more than a billion people every year as a day of action to change human behavior and create global, national and local policy changes." (bing.com)

*"People can't breathe because there's a racist cop kneeling on their neck.
They can't breathe because there's a coal fired power plant down the street, or a gas fired power
plant. And it's always the same streets." Bill McKibben, climate activist and writer*

“As the salmon disappear, so do our tribal cultures and treaty rights. We are at a crossroads and we are running out of time.”

Billy Frank, Jr. 2031-2014, was a tireless advocate for Indian treaty rights and environmental stewardship

Goodenough Community Annual Meeting

By Kirsten Rohde and Elizabeth Jarrett-Jefferson

It's annual meeting time! On **Saturday, April 24**, our community will host its annual meeting, both a tradition and a requirement in our organizational charter. We will be meeting this year via Zoom. While we will sorely miss gathering in person, Zoom can enable other people to join us who would not be able to otherwise, and we have learned that we can have fine, intimate conversations via this platform. This will be true for April 24, a day of reviewing our year just passed, sharing highlights, and talking about the future. We have lots of good news to share; and we can look forward to getting updated with each other about the strange year we have just lived through...and what a year it has been!



Our plans thus far include having two- to three meeting times with good breaks in between. And perhaps we'll have time in the evening – if we wish. We know zoom sessions need to be time limited to keep our energy fresh and vital; and we also know that break out groups can work well to change things up and increase connection and intimacy. Those of us on the General Circle are planning intentionally to have light and humorous play times interspersed throughout our day. Have a one-person zoomable skit to offer? Are you able to play the harp in those serious, disconsolate times during our on-line discussions? Are you *the* one whose cat took over their Zoom ID? Bring your own talents and year of truth along to the meeting!

We hope you will join us. There is plenty of good news to share and some important decisions to be made. This meeting is all about us---each of us individually and of our collective-- your input and thoughts are what make our Goodenough world go round. Be sure to let Elizabeth Jarrett-Jefferson know if you intend to be with us so that you can get the Zoom call information: elizabeth.ann.jarrett@gmail.com. We hope to see you then.



HAPPY EARTH DAY!

Imagine A Bee Enthusiastically Following Sun Rays

Welcome to the garden corner! This spring the Natural System Circle is hosting Plantapalooza! The intention behind this call to action:

- 1 Food security
- 2 Seed sovereignty
- 3 Developing a healthy relationship with food

QUESTIONS

I hope to answer within and among community:

- 1 Where does our food come from?
- 2 How long does it take to grow one vegetable?
- 3 What is the size of homegrown fruits and vegetables?
- 4 What do homegrown fruits, and vegetables taste like?
- 5 Why is having a direct relationship to food important?

I would **love** to talk with anyone who is finding that their enthusiasm is growing.



visions of the future of your new baby plants!

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Veggies

VEGGIE BABIES	INVENTORY
Heirloom Broccoli (2 pack)	25
Bok Choy (2 pack)	10

FRUITS

FRUIT BABIES	INVENTORY
Banana Pepper	38
Mixed Cherry Tomato	36
Heirloom Tomato	30
Viva Italian Sauce Tomato	8

FLOWERS

FLOWER BABIES	INVENTORY
Tall Marigold (4 pack)	25
Calendula	22
Cosmo (2 pack)	4
Zinnia (2 pack)	2



Mindful Mike's Blog: Enthusiasm

Mike deAnguera

This word originally meant 'possessed by God. Its origin is Greek. Now we think of it as intense enjoyment.

Sometimes I can get so into a task that time just slips away. I used to feel this way as a computer programmer. I actually had to take a clock to remind me to take my breaks and lunch otherwise I would work through them.



Now spring is fully here with gloriously blue sky and flowers popping up every where. Naturally the grass is growing. Notice one of our apple trees is in full bloom. Hopefully we will get lots of apples. Bees get to work! So yesterday and today I mowed the upper lawn with both the electric mower and Jane Deere tractor. As you can see Mindy gave some assistance with the cord. It felt good to be mowing the grass again though it is hard work in hot weather.

One of my routines is reminding myself of why I am here in the first place and expressing my thanks for Sahale. It is not something I normally do in a lifetime. But for me a lifetime without Sahale would have been unthinkable.

I am also thankful for the many people coming to live with us. There was a time when I was totally alone with Jim Tocher coming out for several nights weekly. Now we have people such as Josh DeMers, Marley Long, Presley Harrington, John and Draí Schindler, Bruce and Irene Perler, Pam and Elizabeth Jarrett Jefferson, Colette Hoff, and Kirsten Rohde.

I am typing this article outside Pine/Spruce. The only sounds now are buzzing bees, chirping birds, and the nearby creek. I am astonished at all the surrounding greenery. It's good to live in the country rather than the noisy city where I don't know anybody.

We just had a Sahale Circle meeting. One of the big projects we will get going is the Log Building Library. Since I am a library hang out person this really got my attention. I love lots of books to peruse through. The slides Draí Shindler showed were great.

It seems every year we add something. Last year I got my tiny house. Now it is the library and shop building.

The true meaning of enthusiasm is being possessed by something. That's what it takes to make the Sahale dream happen.

Our future lies with our young people like Wiley and Juniper Aylward as well as Sophie and Lilly Hoff. So it's good we have them visiting us from time to time. Wiley is now 5 years old and

has had a chance to tell me about the velociraptor on his t-shirt. It is from the Jurassic Park series of movies.

I think they will be cooking some of our meals one day since Wiley was making pretend food on the picnic table. Play is a very good foundation for lots of good ideas. It is where creative dreams come true.



Programs

On Saturday, May 8, in lieu of our annual women's weekend, we'll share a Zoom-Day together. It will be an extended program with a long lunch break. Closer to the day we'll send out the times. Meanwhile, please mark your calendar and set aside the day for a joyous and replenishing time with women. A zoom link will be sent the week of May 1.

Third Age

Our next Third Age gathering is set for Friday, **May 21 at 7:00**, and we hope you'll be able to attend. How is your "Third Act" going? What's been happening in your life that you'd like to share? Our meeting will begin on Zoom at 7 p.m. and the Zoom link will be sent on Friday. Looking forward to seeing you. Warm regards, Kirsten and Joan

Save the date!

This summer's Human Relations Laboratory will be held
August 8 to 14, 2021.

We are praying for an in-person Lab.

Let Elizabeth know of your interest.





Now we (members and friends of the Goodenough Community) are taking a stand for love and equality over all the expressions of racism and injustice and inequality against Black people. We, as mostly white, will educate ourselves and learn to make a difference. We will continue to speak out about the racial injustice in our country.

THIS WEEK SOME POETRY AND QUOTES ABOUT RACIAL INJUSTICE AND CLIMATE ACTION.

"Please try to remember that what they believe, as well as what they do and cause you to endure does not testify to your inferiority but to their inhumanity"

— James Baldwin, The Fire Next Time

*"Do you know how to make a peaceful road
Through human memory?
And what of angry ghosts of history?"*

Joy Harjo, U.S. Poet Laureate, performer and writer of the Muscogee (Creek) Nation

"... home is an idea rather than a place. It's where you feel safe. Where you're among people who are kind to you – they're not after you; they don't have to like you – but they'll not hurt you. And if you're in trouble they'll help you... It's community – that's another word for what I've described."

—Toni Morrison

"We've built a new Earth. It's not as nice as the old one; it's the greatest mistake humans have ever made, one that we will pay for literally forever."

— Bill McKibben

"The most important thing you can do as an individual is be a little bit less of an individual and join together with others in the movements that we've built to allow for rapid change."

- Bill McKibben

"One cannot, at once, claim to be superhuman and then plead mortal error. I propose to take our countrymen's claims of American exceptionalism seriously, which is to say I propose subjecting our country to an exceptional moral standard." – Ta-Nehisi Coates

“Diversity creates harmony, and harmony creates beauty, balance, bounty, and peace in nature and society, in agriculture and culture, in science and in politics.” – Vandana Shiva, Indian scholar, environmental activist, food sovereignty advocate, and anti-globalization author

Updated through June 2021

Programs and Events of the Goodenough Community

*Because of our unpredictable times,
dates and descriptions shown represent our plans for now.*

Community is about adapting to change, and that has been the case with the pandemic as we have adapted many of our ways to connecting, many of which are via Zoom.

Throughout the year our intention is to offer programs that help you participate in your own development, learn about relating well with others, and help you discover your potential to have a good time in life and with others.

Information about programs and upcoming events can be found on our website:

www.goodenough.org



The Goodenough Community's governing body, the General Circle, meets twice monthly, 7:00 PM, via Zoom. Below are dates for our spring meetings:

- April 26
- May 10, 24
- June 14

For additional information, contact [Elizabeth Jarrett-Jefferson](#)



The Women's Program is a long-established and ever-growing way for women to enjoy each other's company, learn about themselves as women, and even perhaps to experience the Divine Feminine.

May annual gathering – May 8, extended day event. Times TBD. For more information, contact [Hollis Ryan](#).



The Third Age - Those age 60 and older have been gathering monthly, Friday evenings. 7:00 PM. With the pandemic, meetings are virtual. Contact [Kirsten Rohde](#) for more information.

- April 16, 2021 & May 21

The Men's Program - Our Men's Circle is an expression of brotherhood and practice with wisdom, gathered from own lives, other men's work advocates and the founders of this circle. A weekend is planned from June 4 & 5, 2021.



Pathwork, a Program of Convocation: A Church and Ministry – Pathwork offers you a spiritual home in which to rest and to share your heart and mind as you move through these unpredictable times. We come together under the leadership of Pastor Colette Hoff and find support and encouragement as we clarify our personal goals and develop the practices we choose for a spirit filled life, gaining wisdom from the world's faith & wisdom traditions. All are welcome to join. Meetings are held via Zoom on alternate Sundays from 7pm to 9pm. Contact Colette: hoff@goodenough.org for Zoom information.

- April 25
- May 9 and 23
- June 13



True Holidays Celebration, Saturday, December 4, 2021

We are planning our 2021 event! Hold this date on your calendar. We traditionally hold this event on Mercer Island. Stay tuned for details.



Human Relations Laboratory, August 8 to 14, 2021

This intense and joyous week-long event is a communal experience of personal growth and relational development within a rich culture with art, music dance, song, drama and more. This summer we will celebrate 52 years! Contact: Colette Hoff, hoff@goodenough.org

Work and Play Parties throughout the Year. Traditionally, the Goodenough Community sponsors work parties over Memorial Day weekend as well as other times to express gratitude for the presence of our beloved retreat center, Sahale, and to experience the satisfaction of playing and working together. Please email hoff@goodenough.org with questions during these times of the Pandemic.



Quest: A Counseling and Healing Center



Our belief is that mental and emotional health is a prerequisite for spiritual wellbeing, collaboration, and the expression of compassion. Quest's counseling and education programs, open to all interested individuals, focus on empowering individuals, couples, and family groups to be happier and more effective in relationships. *Call Colette (206-755 8404) if you find you need to talk out your feelings regarding the pandemic crisis.*

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