

Dream

A dream is a visionary creation of the imagination

Hold fast to dreams, for if dreams die, life is a broken-Winged bird that cannot fly. ~Langston Hughes

The future belongs to those who believe in the beauty of their dreams. ~Eleanor Roosevelt

My dreams can open hidden doors leading to healing and wholeness. ~Caren Goldman

The Village eView

May 27, 2015

Colette Hoff, Editor

On-Line News of the Goodenough Community System

- The American Association for the Furtherance of Community
- Convocation: A Church and Ministry
- o Mandala Resources, Inc.
- Sahale Learning Center
- The EcoVillage at Sahale

Upcoming Events

Relationship Group – Tuesdays – 7:30pm Pathwork, May 31 Tent June 5 & 6 Women's gathering, June 6 Sahale Summer Camp, June 22

Dreams come true...Dreams to come

Irene Perler

Memorial Day Plork (play+work) is one example of dreams come true. Last year our dear friend Elias "Yako" Serras found his way with several friends to Memorial Day and now a year later many of these young friends at Sahale are enjoying the work we all do to make our dreams for Sahale come true. I would have to say that we live in a state of dreaming and imagining; we often explore how to add permaculture ideas into our gardens and how to add beauty and sanctuary for our guests and friends who visit. This last year we have enjoyed many of those dreams to come to fruition: hugelkulture, fencing to protect from deer, streamside plantings, partnering with the Salmon Enhancement group to restore salmon runs, growing more food and flowers, putting in stairs and many other enhancements to our place in the country. Its fun and easy to dream, but we really believe in one another and support exploration and possibilities. This support is what makes dreams come into reality.

On Memorial Day weekend, we manifested many of the tasks we dreamt of for getting preparing Sahale ready for the summer. I know that when a group holds a dream or intention to get something done together, great things can happen. There was a tree thinning process,

for example, that started with understanding the guidelines for healthy forest management and was followed by the creative process of thinking through which trees should come down. It takes the ability to dream into the future and imagine what will happen when you take down a tree to make these decisions. Several people spoke to their concerns and several points of view were considered before a tree received a red ribbon, identifying it as one to remove. I appreciate the work that went into that and also the process of slowly taking a few trees at a time to adjust as needed. Sometimes when we dream we can't know how something will actually look after we do it, so I like this gradual approach. I love how the friends who came to help at Memorial Day made good things happen together. The work was enjoyable and satisfying and the after hours music and games really have a dream like quality. A big thank you to everyone who helped dreams come true at Sahale last weekend!

This year is our 10th Sahale Summer Camp. It was a dream of mine, when I first came to this land to invite kids to enjoy the amazing beauty and diverse ecosystem of Sahale, slow down their lives and enjoy making friends. I had a lot of nature exploration as a youth and it comforted me and I know that deprived of this connection, children grow up estranged from



the natural world. It's even called "Nature Deficit Disorder" now. Clearly, it's a good idea to connect with nature at a young age. John and Colette joined me in their wisdom to make the camp experience a way of supporting families, a place to learn social skills and a time for learning about Self and relationships. We decided that we would "imagine" a village atmosphere much like a coastal native fishing camp. We used our dreaming to picture a way to "entrance" everyone at camp. We use the

dream as a method for creating an experience everyone can buy into for a week. I love how the power of a good dream like this can help friends come together in common purpose. I love dreaming...I don't need to make my dreams come true in order to enjoy a good dream. I do, however enjoy helping dreams manifest. I truly believe that this is a good approach to dreaming. Dreaming is a creative inner process that keeps the imagination alive. I am glad for that ability and I encourage everyone to expand their idea about what dreaming is. Planting a garden, coordinating a nice dinner; these are dreams come true. Dreaming can also improve my mood. When I am blue, if I remember that my thoughts can be changed into something more interesting, beautiful, appreciative or meaningful, I can start to feel better. There is power in this dreaming and imagining.

In the future, some of us are dreaming of happy chickens laying nutritious eggs, goats that enjoy eating in the meadow and provide milk, sheep to provide wool and maybe a token cow or llama. They all provide needed manure! Some dreams take awhile to think through and prepare. Maybe one day soon

News from Memorial Day Weefend @ Sakale:

A Chance to Work, Play and Connect with Friends

By Elizabeth Jarrett-Jefferson

love this community. The creativity behind it and actively at work is a labor of love and caring for others, and these days I continue to feel incredibly blessed for the opportunity to have lived most of my adult life here.

This weekend was an opportunity to give back some of what I continue to receive. It was about getting Sahale ready for the late spring and summer seasons, tending her gardens, living spaces, the land, buildings & infrastructure.....and tending those doing the tending. There were crews weeding and mowing, felling trees, creating new pathways near the Ancient Cedars to the river, brush busting; there were groups cleaning and organizing living spaces and recreational spaces; there were crews maintaining the electrical and water systems; there was

F YOU WANT TO MAKE

YOUR DREAMS COME

TRUE, THE FIRST

THING YOU HAVE TO

DO IS WAKE UP.

a crew raising the roof (and walls) on the Swamp, our outdoor pub and entertainment space; there were crews preparing delicious meals and happy hour offerings with warmth and panache.

There was also the crew who tended to the organization of the weekend and how it could feed—literally and figuratively--those who were tending to the other chores at hand and who might enjoy doing specific activities. Their tending had to do with relationship.

In and among these activities were the steady presence of our founders, John and Colette, and the leadership council, who all work together to hold the space that we call community, a centering

presence for our lives. Hopefully, you will read additional words in this edition of our eView that fill out our weekend. Community has many faces, but its presence remains constant. I wouldn't miss these times for the world.



Elizabeth



Dream

Colette Hoff

The above two articles from Elizabeth and Irene and the following article by Mike demonstrate the value of dreams and what it takes to manifest the activity of our imagination. Sahale is definitely a visible reality that has come through many people over the 14 years we have been on the property.

Barbara Brucker is also a manifestation of a dream. Mainly she is very much alive and healthy. Her statement of gratitude for the celebration on May 17 is another illustration of the power of communitarian prayer.

This eView contains many dreams:

- > John Hoff's 80th birthday celebration
- > A day of women gathering (June 6) because we didn't feel finished on our weekend
- > The image of a group of people working together to raise our tent
- Summer camp
- And, most importantly, we share a dream of an energetic, well-attended, musically-rich, deeply connected Human Relations Laboratory, August 9 to 15. Consider joining us this year.



The deAnguera Blog: Community Dreams





Memorial Day Weekend was our chance to work and play hard together. Don't you wish work could be this much fun? Work with friends is always fun especially when it is in a supportive environment. This enables us to work off each other's energy.

The photo on the left shows us relaxing after a hard day's work. Would you believe some of us took time out to relax while in the midst of our tasks? Sacrilegious! The working world likes to monitor how efficiently we do our tasks. The computer inside a cash register measured how long I took on each transaction while a Safeway cashier.

You should have seen the weeds we pulled out. We really cleaned out the garden areas around Kloshe as you can see in the right- hand photo. Here Irene Perler is supervising some of the work. I believe one of our kids, Tanner Geraci, worked on this area earlier.

Why do we work so hard out here at Sahale? Sahale represents our community dreams at their highest. Dreams are important to us. Sahale could not survive without our dreams to energize her. You will notice I am giving Sahale a personality by referring to 'her' instead of 'it'.

For me dreams are what make my life worth living. They give me something to move to. Dreams are images conjured up by my mind. They don't exist in reality. They come to me in the evening while I am asleep. Technically they occur during REM (rapid eye movement) when my consciousness is shut down.

Other times I dream while I am awake. These are day dreams. They are my wishes. Dreams help supply the answer to the question: what are we doing together?

Sahale supplies a setting for our dreams together. We used to do Labs at places like Seabeck. I remember the last Lab there where we were kept waiting for a while until they let us in. Then we had to leave before we even finished our closing ritual. Now here at Sahale we can do what we want. We are an ecovillage where several Permaculture Courses and Convergences were held.

Later we found ourselves wishing for interns. Now we have several living with us. Yako and Anthony are sharing our story with the world. What could be better?

Livestock? Well this year we decided to try out a bee colony. So far it is working pretty nicely. I wanted to take close up photos of the bees and Anthony was able to show me close up photos. You could see all the details such as wings, legs, even faces!

Friday, Yako and Anthony are going to show a a ten minute video of Sahale to their college class at Evergreen. What's next?

There was a time when I dreamed of the life I live now. That life is now real. I have to pinch myself to take it seriously. It exists now! For once in my life I was willing to follow my dreams instead of somebody else's.



Our kids have always loved Sahale. Here Lilliana and Reider are playing a game.





John Lawrence Hoff

It's your **80**th **Birthday!**We're going to celebrate on **Sunday**, **July 5**,

Sahale Learning Center
Games and Play at 3:00
Dinner at 5:00 p.m.
RSVP

You are welcome to celebrate the 4th at Sahale. Come anytime beginning Thursday July 2. The Tahuya Day Parade begins at 1:00 Saturday, July 4.

Email hoff@goodenough.org with your plans.

Themes for Village EViews

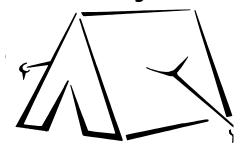
We have been putting out this on-line newsletter for many years. We have agreement among us that it could be improved by having more stories and personal information from our lives. We are encouraging you to help us by suggesting words that might serve as useful anchors in your life, something to help you ponder and reflect on your own thoughts. For instance, we will appreciate your ideas, dreams, brief messages and concerns you want us to know about. The Village eView has a purpose to encourage communication among us and to make sure that ideas and concerns get talked about in our everyday lives. As a community we continue to learn that the path to a better community involves communicating more. Consider taking a pause and write out words you would like more clarity about. This summer we are going to be talking about words that are key in describing our community and its purpose in our lives. We welcome your contributions. Thanks for helping!

Future Themes:

June 3, Journey June 10, Perspective June 17, Voice June 24, Seeing



It's that time again!



June 5 to 6, 2015

We will again gather to work together to put up our tent. Please let me know if you can make it.

THE BIG TENT ERECTION IS COMING SOON Jim Tocher

In fact, we are putting up the big white tent on <u>Friday and Saturday</u>, <u>June 5 and 6</u>. You probably know the drill. Friday morning we start about 10 AM moving tent poles and plywood flooring and hauling out those monstrously heavy bags with the roof sheets in them. Then we go on to erecting the aluminum frame and follow that by pulling the roof sheets over the frame. Then comes the big lift and stabilizing the whole thing. And on it goes.

The process has typically taken 6 hours on Friday and about that same amount on Saturday. Those of you who can show up on Friday morning are essential to getting us off to a good start. We welcome anyone who can show up on Saturday for another day of work.

If you are new to the process, you should know that we take lots of breaks and nobody has to work harder than they themselves feel comfortable. We have lots of chairs for us old folks. This is not a contest, but a really fun, well organized event. You will be amazed by our smoothness and team skills.

This year we have *hired* Norm Peck to lead the experience. He is coming all the way from Ellensburg to provide his leadership skill for the project. He can be reached at shkwavrydr@gmail.com.

Please respond to either Norm (or Jim Tocher at jamestocher@earthlink.net) as to whether or not you can join us (and when you are coming). Norm and I are dreadfully poor at reading your minds, so be a little birdie and whisper in our ears about your plans.



Gratitude for the Celebration of Gratitude: A Dream Come True

Barbara Brucker

WOW! The only thing to say is that I am deeply grateful for a party that was all I could have dreamed and more. Most especially I am appreciative of the work done by



the Women's Team (Colette, Hollis, Joan, Elizabeth, Marjorie, and Rosemary) to organize and put on the event. I am also very appreciative of Amie, who made the fabulous chocolate cakes that I requested. Thank you!

In terms of my dream, Hollis heard and encouraged the first shy version – one that came to me during my last hospitalization. Sometime later I was paired with Colette in Pathwork. I knew I must say the dream out again in order to keep it real and alive outside of me. Colette joined enthusiastically and drew me out. She asked practical questions and helped define the elements of the dream. I knew I wanted to celebrate everyone who has supported me in any way during the past year, and beyond that I hadn't gotten very specific. Once the elements were defined, it became possible for my dream to be manifested. In this case, it was manifest through the efforts of many friends who took the dream and ran with it, adding their own creativity as they went along. By sharing the dream and asking for help it became even more wonderful than I could imagine.

One of the huge gifts to me is that once I shared the dream, there was no backing out. It would have been like me to have the dream and never act on it. To get shy, or self-deprecating, decide it wasn't that important, and hide the dream away. But, I knew it was important and I knew I had to get it outside of me or it would slip away. In the run-up to the party I occasionally had second thoughts and misgivings. It seemed pretty bold. I took a deep breath and reminded myself to trust the process... AND my friends. I'm glad I did. It has been an important lesson in the value of sharing a dream and then receiving the help that is offered.



participated in helping my dream come true.

The joy of receiving the party and the fellowship of all who were able to attend lingers warmly in my heart. Being the kinesthetic sort, I envision wrapping myself in the blanket of love and warmth that flowed in the room on Sunday, May 17. I truly felt then energy going both ways, and I have heard from many how much they enjoyed the party. I was celebrating you and you were celebrating me. Thank you to everyone who

Lifelong Learning Begins Early!

Were you able to attend the women's weekend early in May, at Sahale? If so, you will know that at the end of the weekend, women called for another gathering, reluctant to go all summer without being together and continuing to learn together.

So, on June 6 while the Big Tent is being set up, the women will gather at Sahale from 10:00 a.m. until 5:00 p.m., and I hope you can be with us.

I invite you to join me in a group of women who are intent on continuing to learn the lessons of their lives.

Please come!

Please come ... whether you attended the weekend in May, or not.

Please come ... whether you have attended Goodenough Community women's events before, or not.

Please come ... whether you are staying for the whole weekend, or just part of it.

In meditation, in friendly discussion, and in free time, we will examine our own development, noticing where we are whole and where we are stuck. Using the resource of the day-long community of women, we will choose ways to get un-stuck and move ahead in our life-long learning.

As is usual at our women's gatherings, we will provide lunch, and we invite you to stay for dinner. And, as usual, there is no charge. We will gratefully receive donations.

It would be helpful to know whether you are planning to attend, so please send me a note to let me know. But, don't stay away just because you didn't send an RSVP!

I hope to see you at Sahale on June 6! Warmly, Hollis

In this universe,
all activities, events,
and entities are related.
Everything in the universe has value
and instructs us in some aspect of life.
Everything is alive
and is making choices
that determine the future,

so the world is constantly creating itself.
With the wisdom and time for reflection
that old age provides,
we may discover unsuspected relationships.

~Víne Deloría, Jr. (1933-2005, Standing Rock Sioux Elder)

May 31 Pathwork: A Circle of Trust

Colette Hoff

Our next Pathwork gathering will be Sunday May 31and we will continue to use the theme of Authenticity.

See eView from April 22, 2015 for readings.

Pathwork is a commitment to encouraging people to their fullest development. This means encouraging:

- 1. **Maturity** an awareness of one's age and the responsibilities to act accordingly or even a little better, being aware of developmental tasks of all ages and being responsible to them including a conscience on fulfilling one's own intentions.
- 2. **Sanity** or being proactively responsible for your mental and emotional life. Sanity also has to do with the choice to be in relationship and to care for other people's experiences.
- 3. **Awakeness** as Self to the energetic quality of life in a body.
- 4. **Intellectual** preparation or an approach to learning about your own intelligence and how to make the most of your mental capabilities.
- 5. **Compassion** (learning to feel) and a sense of **service** to others.

The Pathwork Circle meets on Sunday evenings at 7:00 at our new Community Center at 3610 SW Barton St. in West Seattle. You are welcome to join!

Pathwork Schedule:
June 7 Pathwork (last for summer)

Human Relations Laboratory

August 9 to 15, 2015

A Path from Stuckness to Freedom

Seven rich days of experiential learning and social creativity within a community environment

Sahale Learning Center

Kitsap Peninsula Register soon at www.goodenough.org (Space is limited) 360-275-3957

Useful for your marriage, a resource for your family and a kick in the pants for your personal development.



Inviting People to the Lab

We have learned over the years that people who attend this Lab have been personally invited by a member or old friend of this community. We ask you to give some thought to people you know who could use the lab as an encouragement to personal growth and as a social opportunity to meet some new people who are taking their development seriously. There is more information about Lab on our web site, www.goodenough.org There will be an **Open House about the Lab at our Community Center on Monday, July 20.** This is a good opportunity to introduce friends to the Laboratory model.

This Summer's Human Relations Laboratory John L. Hoff

Our community is preparing for the Human Relations Laboratory which will be held from **August 9 to 15, 2015.** We have been gathering for a human relations laboratory for 46 years. We call it a human relations laboratory because we focus for the week on improving our relationships. However, our primary focus is to encourage the human development of each person. While we are highlighting human development, we utilize our relationships as a way of supporting personal growth as well as calling each of us to our own growth and



health. Most people that visit with us decide to come back a for the Lab week and they all seem in agreement that the lab is part of what has made our experiment in community valuable.

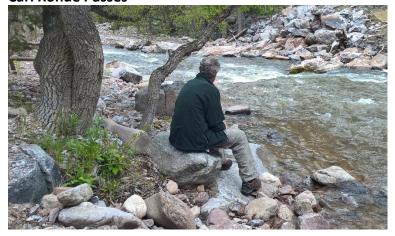
By the time the Lab week begins, we will have reviewed the problems that need to be addressed and we will have re-visited the goals and purposes to be a learning community. Our emphasis this summer will be to see ourselves as life-long learners and we are pausing again to reflect on our intentions to develop ourselves. The Lab is a collection of people who are there both to develop ourselves as individuals and to help each other improve our relationships and efforts toward life-long learning.

The title of this Lab is: **The Path from Stuckness to Freedom** in which we are both reviewing the problems we are having in our own personal development and we are learning how to help each other be released from what holds us down or keeps us stuck, and the lab program allows us the opportunity to help each other be freer to become unstuck and more committed to developing our personal sense of freedom. If it is true for yourself or someone you know—this lab, HRL 2015--will be an unusual opportunity to talk about what is holding you back and to ask for help in choosing freedom and growth. The people who have become staff for this event are intellectual studying how to emphasize freedom and transcendence while at the same time encouraging each other to do the same. This will be a resource for couples and families and friendships of all kinds. Our on-going conversations indicate that we are motivated to make this a rich celebration of experiential learning.

Dyanne and Chris Harshman will be with us this summer with all their musical talents and accomplishments. They are helping with the design of the Lab, along with son Gabe who is enabling us develop a rich culture of music and dance and full of surprises.

News from Members and Friends

Carl Rohde Passes



My brother, Carl, died last
Thursday, May 21. It's hard to
believe that he is really gone. I'm so
glad that I was able to be with him
these last couple weeks and with
Katie and Carl's longtime partner,
Kathy. Many friends stopped by
Carl's home in the last few days and
we were able to share stories about
Carl both while he was still with us
and then afterwards. There was a
lot of support present for Carl and

for us. We have learned so much more about our brother, his devotion to designing wonderful homes for many, his creativity with photos and sketching, his love of fly fishing and his friends' love of him. This has both been a hard couple weeks and something I wouldn't have missed for anything. Katie and I are on our way to the Oregon coast now for a few days of peace and rest.

Thank you to all who have stayed in touch with me and offered support long distance during this time.

You can read Carl's obituary and see some photos at www.howemortuary.com and see his home designs at: www.rohdedesigninc.com Kirsten

Kirsten and Katie, Our hearts are with you in your loss. A card and a beautiful Japanese Maple await your arrival home, Kirsten.

More from Claudia Fitch in Berlin – spending her final days in her residency there.. "The S-Bahn – one of my favorites"

Birthdays & Anniversaries

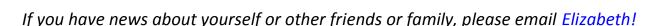
- Phil Buchmeier May 29. Happy birthday Phil!
- David Hoff June 2. Happy birthday, David!
- Paul Rudnick June 3- Happy birthday, Paul!



Upcoming Graduates! - Stay Tuned for details

(You will find cards for contributions for each graduate at the Community Center. If you would like to send a contribution, mail to Graduates c/o Colette Hoff Box 312 Tahuya, WA 98588

- Gillen Martin From Arcata High School (California)
- Chris Benner-Kenagy- From Central Washington University (CWU)
- Kathleen Buchmeier from CWU
- Brynn Zebold from Bellingham High School







Upcoming Events

15th ANNUAL

Farmy & Humain Relations Congress Communication & Co-Creation with Nature Spirits, Devas and the Faery Realms

JUNE 26-28, 2015 Skalitude Retreat, Twisp, WA.

antude Ketreat, Twisp, WA

http://www.fairycongress.com/

"Greening Our Neighborhoods With Permaculture."
Permaculture Convergence, the weekend of August 28, 29 and 30.

This year's Convergence will be in the River Road Neighborhood, 3 miles northwest of downtown Eugene, Oregon.

Cultural Programs & Events in 2015

For the Goodenough Community, cultural life is an arena for creative expression.

All programs and events are open to the public. We welcome your interest and participation.

Over thousands of years human communities have organized not only their work life but also their relational and cultural life. The Goodenough Community organizes its cultural life around encouraging human development—through our programs for men, women, committed couples, families and around age groupings. Cultural programs usually encourage maturity, responsibility, and the development of valued relationships. Some of our programs bring everyone together with a seasonal emphasis. Following, are program offerings for the next period on our calendar.

Programs & Events in 2015

Third Age Gatherings Women's Culture

The Conscious Couples Network Human Relations laboratory

Family Enrichment Network Sahale Summer Camp

The Men's Culture Relational Weekend, page

Third Age Gathering

Joan Valles

The Third Age group is for older adults, approximately age 60 and older, who are interested in exploring the issues of living well while aging and supporting each other in this "third stage" of life.



Sept 18, October 23, and November 20 are the remaining 2015 dates.

Third Agers meet at the home of Phil, Joan, Barbara, and Jim in West Seattle. Gatherings start at 6 PM with potluck supper. An RSVP is always helpful – either by phoning us at 206-763-2258 or by emailing me at joanvalles70@yahoo.com

Announcing:

Women's Culture, Upcoming Gathering: Saturday, June, 6, 2015

Hollis Ryan



At the end of the women's weekend, a suggestion was made to regather and continue some of the work that was begun over the weekend.

So while some friends are putting up a large white tent, the women will be meeting together as well as helping with meals. We will gather beginning at 10:00 Saturday until 5:30 p.m. You are welcome to negotiate for a spot to spend the night.

Attendance in the most recent weekend is not required. Come join us! **RSVP** Elizabeth Jarrett-Jefferson

Men's Program

Theme: Friendship among Men

The men of the Goodenough Community had a great weekend this spring, Please let <u>Bruce Perler</u> know of your interest. In the future



Sahale Summer Camp for 9 to 12 Year Olds

June 22 to 28, 2015

http://www.goodenough.org/camp.htm





Sahale Summer Camp is entering its 10th season! We invite youth aged 9 to 12 to join us for 6 nights and 7 days of fun living in nature at Sahale Learning Center.

We enjoy a program rich in experiences just right for this age zone. Youth enjoy traditional camping experiences with our tent village set up around a giant campfire pit for evening programs complete with stories, singing, s'mores and friends under a canopy of stars.

We teach skills of outdoor living and provide experiences which help you get to know yourself and have confidence making friends. We also impart a gentle sense of responsibility for caring for each other and the land. We do this through natural activities of taking care of camp and being part of small clans that spend time together each day getting to know each other and working together.

A training program for 13- to 17-year-olds is also included and is an excellent opportunity for leadership training. For more information, see The Junior Staff Training Program. Please contact Irene Perler for more information - 206.419.3477 or irene_perler@hotmail.com.

Human Relations Laboratory

August 9-15, 2015

A Path from Stuckness to Freedom

Sahale Learning Center

On the Kitsap Peninsula near Belfair Register soon (Space is limited) www.goodenough.org (360) 275-3957



The Goodenough Community – An event designed to encourage human development

• This event can inspire your own desire to be a better person.



- Whether you are focused on personal mastery or trying to improve you relationships, you will find this learning/training event will facilitate your growth.
- The Lab context provides opportunities to practice interpersonal skills and experience community formation.
- Former attendees have referred to the Lab as transformative and rejuvenating.

We offer the opportunity for social creativity in play, drama, dance, music, song and conversation. Each day will include time to explore the magical land of Sahale.

To register: www.goodenough.org or call (360) 275-3957 to discuss your interest.

Quest: A Counseling and Healing Center

Our belief is that mental and emotional health is a prerequisite for spiritual well-being, collaboration, and the expression of compassion. Quest's counseling and education programs, open to all interested individuals, focus on empowering individuals, couples, and family groups to be happier and be more effective in relationships



. Call John (206 963-4738), Colette (206-755 8404).

Currently, John and Colette are now visiting with clients at the new community center , 3610 SW Barton Street, Seattle 98106 as well as Sahale.

