

## **Friends of Sahale**

Colette Hoff

## The Village eView

January 18, 2017 Colette Hoff, Editor

## **Coming Up:**

Third Age, Friday. January 20 Women's March, Saturday, Jan 21 Pathwork – Sunday, January 22 Council – Monday, January 23 Women's and Men's Conversation Friday. Feb 24 to 26

The trees were happy this weekend that their people were paying attention to them and other aspects of the land. As I was preparing for this weekend, a book I ordered finally came, The Hidden Life of Trees by Peter Wohlleben. The premise is that the forest is a social network. He draws on groundbreaking scientific discoveries to describe how tree are like human families: tree parents live together with their children, communicate with them, support them as they grow, share nutrients with those who are sick or struggling, even warning each other of impending dangers. The following article is a blog about this work.

This week, you will read articles by Margenta, Kirsten and Mike and post cards from the weekend the Friends of Sahale gathered to review, vision, and dream. We agreed once again that Sahale is a special place. The trees surrounding us reflect their sense of community and their interconectedness is their gift to us.

You will also find out more about plans for the womzn March in Seattle!

On-Line News of the Goodenough Community System:
The American Association for the Furtherance of Community
Convocation: A Church and Ministry
Mandala Resources, Inc.
Sahale Learning Center
The EcoVillage at Sahale

## Forest Ranger Explains That Trees Have Social Networks and **Complex Relationships**

By Brianna Acuesta Posted on January 7, 2017

## Trees protect each other, sometimes even more than humans do.

Longtime forest ranger in Germany, Peter Wohlleben, has been studying the forest since he first decided to become a conservationist at 6 years old. He followed his passion for nature throughout college, where he studied forestry and went on to work as an Office Manager of a forestry office. Now he works at the forests in Eifel Gemeinde Hümmel and Wershofen. He recently published a book titled "The Hidden Life of Trees: What They Feel, How They Communicate — Discoveries From a Secret World" that made German forests popular again.



Gordon Welters Picture Credit:

In the book, he explains how trees have their own network, fondly called the "Wood Wide Web," that keep the trees in a forest interconnected and cause the trees to react to situations in inexplicable ways. Peter took Sally McGrane from the New York Times on a walk through his beloved forest and showed her a pair of beech trees. He said,

"These trees are friends. You see how the thick branches point away from each other?" That's so they don't block their buddy's light." He added, "Sometimes, pairs like this are so interconnected at the roots that when one tree dies, the other one dies, too."

Sounds a bit like how some humans operate as well, such as when elderly loved ones die within months or even days of each other because they can't stand to live without the other.

The terms used in Peter's book are largely anthropomorphic, meaning he regularly applies human terms and verbs to trees. This is something many biologists, who have known for years about the trees' behavior, take issue with because his choice of language may lead readers astray. For example, he says that the trees "talk" rather than "communicate," despite the fact that scientists say that they don't talk in the traditional way that humans would expect.

Nevertheless, Peter is determined to continue using this language for a very important reason:

"I use a very human language," he told McGrane. "Scientific language removes all the emotion, and people don't understand it anymore. When I say, 'Trees suckle their children,' everyone knows immediately what I mean."

Scientific journals and books on the subject often make the reader feel disconnected and can dissuade regular people from learning more about something they can't relate to. Instead, with Peter's book, they feel more



Credit: Gordon Welters

connected to nature and the forests than ever before. After reading that trees can count, learn and remember, nurse sick neighbors, and warn each other of danger by sending electrical signals across a the "Wood Wide Web," a fungal network, people are more intrigued than ever by the mysterious beings. Their behavior is wondrous to those who have never heard of their abilities, such as the fact that they keep the stumps of fallen companions alive for centuries by feeding them a sugar solution through their roots. Scientists still don't know why this is, but it adds to the curious nature of the trees and makes people empathize with them.

In an age where computers and phones are what people turn to for entertainment rather than outdoor fun, reading about trees provides the motivation to return to our roots, so to speak. Germany has a long history with enjoying the forest, and that trend is returning thanks to Peter's book, in which the English translation was published last September.

Read More: <a href="http://www.trueactivist.com/forest-ranger-explains-that-trees-have-social-networks-and-complex-relationships">http://www.trueactivist.com/forest-ranger-explains-that-trees-have-social-networks-and-complex-relationships</a>

## Hi Everyone! It's time to cut!! A Prunning Experience

Here's the first two weekends for this year's Organized Response to Orchard Prep.

#### January 27,28,29:

Video/Training. Tools, maintenance, sharpening. Hands-on practice. Meet the new Work-Aways.

Please RSVP for any or all of the days.

## February 4,5

Saturday/Sunday sessions with Video/Training Please RSVP Consultation with the Aesthetics Team wanted.

BYOB. Be Your Own Bhagwan!!!! or Bring Your Own Beers.

The Art of Pruning Fruit Trees

Phil Buchmeier is facilitating the fun y'all. RSVP at buchmeiers1@gmail.com

## Friends of Sahale Weekend

by Marjenta Gray

Heaven on Earth. The Chinook meaning of the name, Sahale, may seem an exalted description of the Goodenough Community's retreat center. Yet, it seemed from the discussions at The Friends of Sahale Weekend, January 13-15, that the group has come very close to providing a culture at Sahale that is received by members and guests as just that, a "heaven on earth;" an alternative reality and a sanctuary from the angst of the outer modern world.

Like the mist-shrouded land of Avalon, Sahale is not the physical place on Tahuya River Road. It is not listed on maps, or online phone directories. The "heaven" of Sahale is the culture created by a group of friends who have spent years learning and developing themselves, honing their kinder, loving, more relationally-graceful selves and polishing off the rough edges of anger, competitiveness, and self-centeredness. The "mists" created among them are extended out to visitors, guests and each other in the form of welcoming, giving, accommodating, and sharing. It seems that the people who are meant to "see" Sahale are the ones who come to her, and they understand they are in a special place. The land of Sahale is the container for this human environment, and is a teacher of nature's rhythms and secrets. When the humans honor the land and all her beings, and collaborate with her, she yields great bounty.

Being in "Heaven on Earth" does not preclude continually upgrading this heavenly place. The weekend was a nice mix of working on higher aspirations, like reworking the Mission, Vision and Goals, and discussing the practical tasks that need to be done.

The weekend began on Friday evening, with Pam Jefferson presenting, complete with beautifully rendered drawings on her computer, a vision for a re-design of the main indoor meeting space, the Kloshe living room. Her idea was prompted by guests expressing desires for a larger meeting room. Pam's idea would expand the meeting area to the wall that now holds a sink and cupboards, relocating the kitchenette and a small living room to what is now called "the sun room."

Bruce Perler led stretching on Saturday morning, after which the group read a long list of accomplishments at Sahale in 2016. The reading was interrupted frequently by reminiscences of earlier times at Sahale, like when the Kloshe living room and kitchen were divided by a huge masonry fireplace, which was torn out by a group of men in September, 2001.

An impressive list of accomplishments were given to us in a packet of important information. Major maintenance and improvements were made, trees pruned, a huge harvest of apples and other fruits and vegetables were harvested and processed, new

groups and events were hosted, Workaway friends contributed, and Airbnb guests enjoyed the Sahale accommodations and culture.

On Saturday afternoon, three teams were formed, to brainstorm and plan actions in the areas of:

- **Building:** Prioritizing, assessing costs, and scheduling building and plumbing projects and repairs.
- Land Stewards: Discussing ongoing projects, which include food production, pruning, beekeeping, chicken raising, protecting vegetation from deer, and scheduling projects by the calendar.
- Aesthetics and Safety: Looking at aesthetics from the point of view of guests, what standards of cleaning, clearing of clutter, and measures to ensure safety, functionality and visual appeal would be needed.

A discussion of finances commenced later in the afternoon. Finances are improving, and the outlook is hopeful, with new guest groups who have already committed for future years, and the addition of Airbnb guests. There was some discussion of the legacy the aging members wanted to leave behind, not wanting to leave a financial burden. A number of people raised their hands when asked how many people have included the community in their wills, life insurance, or other bequeathals.

A Sahale weekend would not be complete without a Saturday Happy Hour with delicious and fattening hors d'ouvres and a variety of drinkables. And, of course the meals were all healthy and appetizing!

On Sunday, the group revisited the Vision statement for Sahale, brainstorming words and phrases that represent the essence of the vision. The Vision statement will be reworked with this input, to possibly be presented at the Annual Weekend.

We are sitting

The three groups reconvened, focusing on the vision and goals for each group's specific focus. Guiding principles and goals were listed, and later shared with the large group. The teams seem to have gelled into groups that are enthusiastically geared for accomplishment. Any of these teams are open to being joined.

The weekend ended with lots of appreciations, and it seemed, a shared sense of having started something vital and exciting. The work that began at the Friends of Sahale weekend will continue and be expanded on at the Annual Weekend in March. Why don't you come immerse yourself in the "heaven on earth" that is Sahale, and join the fun and exciting work?

we are sitting
on our blessed Mother Earth
from which we get
our strength and determination,
love and humility,
all the beautiful attributes
that we've been given.
So turn to one another;
love one another;
respect one another;
respect Mother Earth;
respect the watersbecause that's life itself!

~Phil Lane, Sr. (1915-2004, Yankton Sioux Elder



#### **Post Cards from Sahale**

Here I am at Sahale, attending the Friends of Sahale weekend. Wish you were here!
Since you are not here, I'd like to tell you something

Since you are not here, I'd like to tell you something that a few friends and I are doing, and ask for you to write back to me. OK?

Barbara Brucker, Elizabeth Jarrett-Jefferson,

Marjenta Gray, and I have been asked to form an "Aesthetics Committee" for Sahale. This is not just about making Sahale pretty (it already *is* pretty!) It is about making it even more welcoming for our guests. It is about making every room and every space functional for the people – staff, residents, and guests – who use it. We are concerned about safety, and about making sure that people with physical limitations of any sort can use and enjoy Sahale. And, yes, we want to make sure that Sahale's spaces are charming. And this is why I wish you were here! I know you have visited Sahale and have even worked at Sahale. So, tell me:

- (1) What do you most find appealing, most enjoyable about Sahale? We want to be sure to maintain and enhance Sahale's current charm.
- (2) What would improve your experience at Sahale? We want to make little tweaks and are willing to make major improvements. But how can we do this, if we don't know what you want?

Please write soon! Love, Hollis hollisr@comcast.net

We're walking the trail from the upper campus to the Log Building, all 20 something of us attending. There's a palpable buzz of happiness to be outside and walking the land together. I'm standing near the base of the stairs waving folks on like some sort of traffic conductor. I'm thinking of the sweet people who staff the Oregon Country Faire and imaging my friends feeling the hospitality and mild humor. As if they don't

Faire and imaging my friends feeling the hospitality and mild humor ... as if they don't know now to find the Log Building. Colette waits inside, there to show off the amazing accomplishment of the recent cleaning. No really, its amazing. Several folks comment that they've never seen the old fireplace. We agree that it wouldn't be a good idea to start it up but oh, such a temptation.

I'm so appreciative for all who came and those who would have, but were unable. I can feel Sahale's future and business strategies and culture a bit better known and definitely more invested in. Still seems to be true, Sahale is Heaven on Earth and these folks are invested in helping her stay that way for a long time to come.

See you out there! Bruce

#### Friends of Sahale Weekend

Kirsten Rohde

I appreciate that we have learned to enjoy gathering for focused conversation – in this case about Sahale – past, present and future. One of our goals was to appreciate each other and we took a look at the art of "Appreciative Inquiry" defined as: The heart of Appreciative Inquiry is that we engage a process of finding what is good in each option, and identify those parts of our process that are really working.

We used excerpts from two resources: <u>The Thin Book of Appreciative Inquiry</u> by Sue Hammond and <u>Strategic Planning for Nonprofit Organizations</u> by Michael Allison and Jude Kaye.

Here are a few quotes from these resources:

If we carry parts of the past forward, they should be what is best about the past. The tangible result of the inquiry process is a series of statements that describe where the organization wants to be based on high moments of where they have been.

People have more confidence and comfort to journey to the future (the unknown) when they carry forward parts of the past (the known).

Strategic planning is concerned with the long-term course that the ship is steering, not with the waves.

The language we use creates our reality.

To the appreciative eye, organizations are expressions of beauty and spirit.

With this way of being in our minds we looked at aspects of Sahale including land stewardship, facilities and building improvements, aesthetics and safety, and finances. I find it interesting to figure out how to stretch my mind to have a vision of what Sahale could be like in 10 or 20 years. How do we set our goals and actions for the present in a way that those in the future will look back and say, "wow we're really glad they did *that* back in those days." From the strategic planning book, "strategic plans are more like roadmaps to a new land that were drawn up before the journey has been made. No one has been to where we want to go; it is in the future."

I felt a lot of enjoyment and good engagement of each other throughout the weekend, both laughing and serious together.

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## The deAnguera Blog: Friends of Sahale Weekend 2017





We gathered last weekend and discussed hopes, dreams, plans, accomplishments as well as our financial status. What were we really doing?

We are engaged in a conjuring process. We are conjuring a new reality. We are a point of creation. That's because we see friendship as an organic growing network. It is the most important part of our work. Most people can only dream of a different reality. Or maybe they have no dreams at all. They live only according to their fears.

In our quest to create Sahale out of our Community work we have confronted risks. But any life worth living is going to be risky. Even to be born is a risk. But we must be born, take the journey down the birth canal. Otherwise we die.

I took a risk coming out to Sahale. Now after 8  $\frac{1}{2}$  years I have no regrets. I am embarked on a journey with the rest of the Goodenough Community trusting that it will work.

Think of it. We have property. Over 68 acres along the Tahuya River. Buildings. A house of cement blocks, Kloshe. Can you think of anything more solid than that? We are not wishing. We are not discussing. We are creating. Sahale is before us in all her magnificence. We have decided. It was finalized just two days after 9/11.

In the above photos you can see our group touring the property. One of the places we visited was the Log Building where much reorganizing was done. It is so good to have everything in its place.

Brave souls like us are seeds being planted to grow into something wonderful. Perhaps we are like mushrooms linking up with each other. Not a moment too soon for the old world is crumbling right before our eyes. We are birthing the new.

With mushrooms the links are below ground so we only get to see the mushroom fans above ground. Though they may appear isolated, they are not.

Likewise we are not isolated though we may feel alone. That is illusion. The reality is we are already part of a vast network spanning the globe. Thousands, possibly millions of folks like us.

Our collective dream forms my apartment. I am surrounded by it. This is home. My true home. Heaven. Now. Not in the afterlife.

As I ponder the election results it is well to remember that pinecones need fire to sprout into seedlings which grow into trees tall and strong. I believe we may have found our fire. Now we shall plant and grow. Right in the middle of the fire. Nothing can stop us.



A sunny time? At least one of us, Zach was in shirtsleeves. The rest of the time was winter cold.

## Are you ready to March?!?

We have some details to share with you about the march – and if you want a little background, please scroll down to the email that we sent earlier in January, below.

#### Overview

The Goodenough Community is offering a place to gather with



friends before leaving for the march. Ours is not a tightly organized program; instead, it is a chance to spend a few minutes with friends and ground ourselves together in preparation for this momentous walk.

We invite you to join us at 9:30 a.m. on Saturday, January 21, at the Goodenough Community Center: 3610 SW Barton Street, Seattle, WA 98106

Plan to come in for a cup of coffee. We'll form a quiet circle of intention, and quietly leave for the bus and carpools at 10:15 a.m.

## **Details**

There are many options for joining the march once leaving Barton Street. Think about what is most important to you about participating in the march. For example, is it important to you to be at Judkins Park as the march begins? Are you determined to march the entire route (which is about 3.6 miles, from Judkins Park to Seattle Center)? Do you want to join in the middle, walk for a while, and leave? What is important, and what are your energy and time constraints?

The march begins at Judkins Park, 2150 South Norman Street, Seattle 98144 – and will progress along 4<sup>th</sup> Avenue to the Seattle Center, 400 Broad Street, Seattle 98109. You can join the march anywhere along the route, and there are also designated barrier-free access points where you can easily and safely enter or leave the procession.

The program starts at Judkins Park at 10:30 a.m., and the march itself begins there at 11:00 a.m.

## Bus and Carpool Information from Barton Street

- The #21 bus leaves at 10:24 from 35<sup>th</sup> Avenue SW & Barton. The fare is \$2.50, and it reaches downtown Seattle about 30 minutes later.
- A very few people will have cars and will offer rides to Judkins Park, leaving Barton Street at 10:15 a.m.
- If you are not coming to the Community Center on Barton Street, consider parking in the U District or south of Seattle and taking the light rail to downtown.
- For other trip planning options, visit the March's FAQ page: <a href="https://womxnsmarchseattle.wordpress.com/getting-here/#parking">https://womxnsmarchseattle.wordpress.com/getting-here/#parking</a>
- Because marchers will be joining and leaving the march along the route, we are not trying to organize a return trip to Barton Street. You can find bus information on the Metro website. Look for the #21 and the Rapid Ride C Line schedules.

## **Contact Phone Numbers**

During the march, several people have agreed to listen for their phones. If you are trying to connect with a group of friends, or have other questions during the march, you may call:

Colette Hoff 206 755 8404

Bruce Perler 206 419 8361

Elizabeth Jarrett 206 313 9803

Marjorie Gray 206 300 1315

## Reminders

- Be sure to check the weather report and dress accordingly! So far, it sounds like waterproof clothing will be a good idea.
- Bring water and snacks.
- Do not bring a backpack, because of public safety concerns.
- If you want additional inspiration, please read the attached "eView Article" of friends' statements about why they are marching.

## After the march?

Some people are interested in getting together after the march, and a plan might be dreamed up. Watch for a forthcoming announcement about where to meet up afterward. If you are interested in doing something with friends after the march, let me know (hollisr@comcast.net). The more people expressing interest, the more likely something will materialize!

## Resources

The information in this message is intended only to help you join us at the Community Center and prompt you to think about how you want to participate in the march. For more information, please look at the march website, which is being updated daily.

https://womxnsmarchseattle.wordpress.com/

Their FAQ page is updated daily and has an abundance of details:

https://womxnsmarchseattle.wordpress.com/fags/

Check out their Facebook page and see which of your friends are going:

https://www.facebook.com/events/905054526294975/

Here is the Metro link for planning your return trip to 3610 Barton Street SW:

## http://tripplanner.kingcounty.gov/hiwire

With good wishes for a meaningful experience,

Hollis----(Ms.) Hollis Guill Ryan

206 399 3219 (cell phone)

## Joining the March

While these articles were put in last week, they are statements of our activism and are to be respected !(Editor, See you at the March!)

For myself, I'm marching in this demonstration, and will in others, on general principles more than for a specific purpose. The current change in president and administration represents a monumental step backwards and I'm deeply concerned that we, Americans, would elect a man of such clearly low moral character. I believe that in our reactive anger, fueled by dishonesty and misleading information mascarading as truth, we've made a grave error that will cost us dearly in our progress towards a more just and benevolent government. I'm choosing to believe we are being tested as a citizenry, tested to see if we will stand up for what is right and good rather than continue to be distracted and apathetic.

Trump is not my president. He is the antithesis of an honorable man. I cannot sit back and allow my own integrity around the human equality, citizenship freedoms and responsibilities, and ethical governance issues to be misunderstood through my inaction. I must be active on behalf of my own values. I must march with others seeking to be known and heard for our own lives' principles. We cannot sit back and allow this degradation of our country to go forward, unchecked. Warmly, Bruce

What do you stand for? What will you march for?

## Why I March: Listen to the Voices!

Hollis Guill Ryan

Earlier today, Bruce Perler and I invited [invitation on previous page] the women, girls, boys, and men of the Goodenough Community, and their friends, to join us in the "Women's March" on January 21, 2017. There are marches in many cities nationwide, including Seattle and other Washington cities, coinciding with and supporting the march planned for Washington, D. C.

In the words of the Seattle march's mission statement, this march is intended "to provide the resources necessary for people to connect with one another, become <u>accomplices</u>\*, and work towards equity and social justice in this country." The organizers invite "people of all

gender identities, ethnicities, ages, abilities, religions, and sexual orientations to come participate in this amazing event.

Even though our invitation was issued less than 24 hours ago, the response has been immense! We have heard from women and men, ranging in age from early 30s to middle 80s, including people who cannot march but wish they could. Their reasons for marching are varied, yet have common themes. All are impassioned and inspirational.

#### Listen to the voices!

"I cannot march but I am knitting a Pussy Hat to donate because I am so distressed about Donald Trump and his many outrageous comments. Among them were the ones he said as he was getting off a bus and made references to grabbing women in the crotch. I have a knitting buddy who will be marching here in Seattle the day after the inauguration along with several women from our knitting group. I would love to go to the march but I just can't any more and this is what I can do. He is such a disgrace to this country, especially after the stellar time with the Obamas. Couldn't be a greater contrast."

Susan Smith

"I march because I can and want to do my part in not taking what we have for granted."

Elizabeth Jarrett

"I love the idea of doing this march with you all. I love the healthiness of your invitation to share our feelings and intentions ahead of time. Seems more sound than just being 'pissed off' women. I want to be a woman with a voice of reason, even though yes I am pissed off.

"Why will I march?...

- I want other Americans and the rest of the world to know that I am NOT his kind of American.
- I want the rest of the world to know that I don't agree with what is transpiring in our government.
- I want to be a number, inside of what I hope is a large volume of women, standing up saying NO.
- I want to stand up FOR diversity, the collective, the beauty of the melting pot that IS America.
- I am a citizen of the United States and I am proud of this.
- As a citizen I want to publicly say I DO NOT share values with Mr. Trump.
- I won't tolerate the degradation of women, the cutting off of Mexico, the putting Muslims on a list, the reduction of women's rights, the denigration of GLBT rights.

- I MUST stand because I won't tolerate an American Terrorist President and it is my duty to stand.
- I have a zero bullying policy. I DO NOT support this bully and how Drumph incites others to bully.
- I must march because I feel the last 8 years launched us on a track I believe in, where we are all brothers and sisters, where there is room and respect for everyone...and I hold to a higher vision of peace, progress, and growth than the 1845 version of 'values' and 'ideals' that Drumph vomits so reactively out of his mouth."

  Drai Turner

"I am marching because it is important to me to be counted among those who oppose the potential destruction of our democracy and society. Nationally forces are gathering to destroy peace, equal rights for all people, and a clean and nurturing environment. I want to stand in visible support of human rights and the environment.

"This is also a march in support of. There has been a lot of negativity and expression of being against. I hope this march will also express support for justice, peace and democracy, and not just dwell on what we think may happen.

"I hope there is a large turnout of men and women to demonstrate the concern and love we have for our country."

Deborah Cornett

"I want to march to be in communion with the voice inside every one of us, the voice crying in the wilderness that is the wildness of our lives today. I want to join with others wanting to be heard and preparing ourselves for what is to come, what we can be, and what we can change."

Hal Smith

"Up until the present, I have always had great pride in my American citizenship, wearing red/white/blue often in my wardrobe and accessories. I cannot bear those colors now; they have lost all sense of goodness, inclusion, optimism, and opportunity. The shame of this administration is a weight that is being borne by too many of us and it is breaking us."

Shannon Thomas

"I would march if I could because I'm deeply concerned about the future of my country and what this means for our values and our people. I'd march in support of the younger generations I see coming up who want to do good. And I'd march in support of human rights."

Joan Valles

It's hard for me to condense into a few sentences why I will march. The briefest version is that in my concern for the future of our nation and our society, I have to take a stand for my values, and for the freedom of each person to state their own values. I am also taking a stand *against* fear-

mongering, expressions of hatred, and deliberate divisiveness. My stance encompasses far more than women's rights, although the fight for women's rights is the basis of my social consciousness. I stand up and march *for* treating all people with dignity, compassion, and respect." Hollis Guill Ryan

Personally, for me, marching is important because:

- 1. As a woman, I'm extremely concerned about Trump/Pence's Pro-Life stance, and worry that their actions could affect decisions I should be able to make regarding my body.
- 2. As a woman who has faced sexual violation, Trump's recorded comments re: grabbing a woman's vagina disgust me to my core and I feel that women need to stand together as a whole to make it clear that this is unacceptable behavior from a President.
- 3. I want my stepsons to genuinely understand that Donald Trump is NOT a role model. That men who bully, insult, overcompensate, demean and degrade anyone who disagrees with them should not be allowed into a Presidential role, solely because of their wealth and status.
- 4. I want to march to support the fact that women are capable of accomplishing great things like becoming the first female President!
- 5. And most importantly, nothing will change unless we stand together as a whole to say that this is not acceptable, that we demand to be heard and that we will not stop fighting until we see change.

Brittany Pettit

"I cannot be in the Seattle march, but I sooooo wanted to join the march with my Goodenough friends because I know we would create a solid team in creating a powerful and safe experience as a group. I personally feel I've been called to action to protect and create the world that I want our children to grow up in.

"There's no going back --- I will never take progress for granted again and I will not sit back and let others do all the work. The world changed on November 8."

Leslie Norman

\*Q: The mission says one of the goals of the Womxn's March on Seattle is for marchers to "become accomplices." Don't you mean "become allies"?

A: Many marginalized people who are doing the work of fighting for civil rights and against oppression prefer "accomplices" to "allies." Allies can align themselves ideologically with a fight or movement without actually taking any action to support that movement. Their support is in name and appearance only. Conversely, accomplices are defined by action – by giving time, money, skills, or materials to the movements they support. In keeping with the mission of the march, it is not enough for marchers to *look* supportive and take the actions we

think are best. *We must* **be** *supportive, taking the actions requested by the people we are supporting.* 

## Be sure to register

#### From the March web site:

## Q: Why is "Womxn" spelled with an X?

A: Seattle has adopted the name "Womxn's March on Seattle" to promote intersectionality in our movement. Intersectionality acknowledges that different forms of discrimination intersect, overlap, and reinforce each other, and takes into account the impact of discrimination based not only on gender but also race, sexual orientation, gender identity, nationality, faith, class, disability, and other backgrounds.

## Q: I've heard the March is going to be silent – what's about?

The Womxn's March on Seattle will be a silent march, modeled after the successful silent Civil Rights marches that paved the way for this movement. Marchers will rely on numbers and powerful signage to speak more loudly than individuals ever could.



that A:

have large any A bit beyond perception's reach I sometimes believe I see that life is two locked boxes each containing the other's key. ~Piet Hein, poet and scientist, 1905 -1996

# Save the date A Weekend for Men and Women . . .

February 24 to 26, 2017

## Men and Women Together: A New Relationship

Join a deepening intergenerational conversation about:

- Maleness and femaleness
- Power and love and energy
- Past and future
- Cultural influences
- > Tradition and transformation
- Healing and understanding
- > A vision of integration of maleness and femaleness

We think the Fantastic Mr. Fox may have something for this weekend. The team planning this weekend will appreciate your input. What are your questions, issues, resources? Send suggestions to Bruce Perler: bruce perler@hotmail.com

## **Birthdays and Anniversaries**

## ☐ Happy birthday – Joan Valles – January 25! We love you!

Congratulations to Keegan Harshman on the birth of his new son, Jazper Silus, and our love to Grandparents Dyanne and Chris and to Uncle Gabe.



## **Quest:** A Counseling and Healing Center

Our belief is that mental and emotional health is a prerequisite for spiritual well-being, collaboration, and the expression of compassion. Quest's counseling and education programs, open to all interested individuals, focus on

empowering individuals, couples, and family groups to be happier and be more effective in relationships.

Call John or Colette (206-755 8404) or Colette and John at Sahale – 360 275-3957. In Seattle, John and Colette meet with clients at the community center, 3610 SW Barton Street, Seattle 98106, as well as at Sahale.

Cultural Programs in the Goodenough Community are created for visitors and they are developed as opportunities for our members and friends to practice our lifeways and apply them to contemporary issues and problems in our lives. For instance, the men's program must be an expression of the best wisdom men have gathered from their life

together—about what is a good man and how he could best express that in his own life. Similarly, women must return to the essentials of being a good woman in this day and age.

## Calendar of Programs and Events, 2017

What makes community meaningful and fun?

The richness of life in community comes in many ways – getting together informally over a meal ... celebrating a significant birthday with long-time and newfound friends ... working together in a creative endeavor ... collaborating in a work party ... thinking deeply with others about what it means to be fully alive and connected with ourselves, each other, and Spirit ...

In the Goodenough Community, we recognize such ways to connect as expressions of *community culture*. Throughout the year, we offer *cultural programs* so that you can engage with the community, participate in your own development, and have a good time. We **welcome your interest** and your participation, and hope that you will join us at any – or many! – of this year's events.

# A Weekend for Men and Women ... February 24 to 26, 2017 Men and Women Together: A New Relationship

Annual Membership Meetings March 10 to 12



Men's Culture will be joining the women's culture for creative conversation February 24 to 26, 2017. A weekend for men is being planned for the spring. Focal Person: Bruce Perler, bruce\_perler@hotmail.com

#### Women's Culture

Next Saturday gatherings are January 21 and April 8, 10 am -2 pm, at the community center in West Seattle

#### Women's Weekend, May 5-7, 2017 at Sahale

Women of the Goodenough Community have been gathering intentionally and regularly since 1983 to discover in themselves and each other the essence of womanhood at any age and the presence of the Divine Feminine.

Focal Person: Hollis Guill Ryan, hollisr@comcast.net

#### **Third-Age Gatherings**



Next gatherings will be Friday evenings, January 20; March 31 and May 12 at the community center in West Seattle. Focal Person: Kirsten Rohde, krohde14@outlook.com

**Annual Goodenough Community Memberships Meeting: March 10 to 12 at Sahale**. It's a good time to support the organization that surrounds all our activities. We will share accomplishments in the prior year and join in visioning the future.

Anyone is welcome to attend. Please contact Kirsten Rohde 206 719-5364 for more information. And RVSP to??.

## **Work Parties throughout the Year**

Traditionally, the Goodenough Community sponsors work parties over Memorial Day weekend (**May 26 to 29, 2017**), as well as other times throughout the year, to express gratitude for the presence of our beloved retreat center, Sahale, and to experience the satisfaction of playing and working together.

Focal Person: Colette Hoff, hoff@goodenough.org

## Summer Camp for Youth, June 25 to July 1

A wonderful opportunity for children 9 to 12 to have a full camp experience in a beautiful setting with loving leadership. Focal Person: Irene Perler, Irene Perler@hotmail.com



## Human Relations Laboratory, August 6 to 12, 2017

This intense and joyous week-long event is a communal experience of personal growth, and has been presented annually and is now in its 48<sup>th</sup> year!

Focal Person: Colette Hoff, hoff@goodenough.org

## True Holidays Celebration, Saturday, December 2, 2017



Be part of this fun-filled family-oriented evening, and prepare yourself for a holiday season (whatever faith tradition you follow) that fills your heart.

Focal Person: Kirsten Rohde, <u>krohde14@outlook.com</u>

## Winter Solstice Bus Trip, Saturday December 16, 2017

Board a bus, play in the snow, shop in Leavenworth, have a horse-drawn sleigh ride and enjoy an abundant dinner

Focal Person: Colette Hoff

## New Year's Eve at Sahale, 2017 – 2018

Sunday will be New Year's Eve and Monday will be New Year's Day next year.



## The Third Annual Friends of Sahale Weekend, January 13 to 15, 2018