

# Village eView

July 10, 2019

Colette Hoff, Editor



## COMING UP

Pathwork Circle, July 14

General Circle, July 15

Human Relations Lab, August 4-10

## Caring and Connection

"If you want to make the world better, give yourself permission to be bold, learn to be audacious." This quote by Tom Peterson, from the June 26 issue of the eView, was present to me throughout our week at camp. What an audacious idea to put on a Summer Camp for children and pre-teens! Yet, that is just what happened. On June 27, 22 children and counselors gathered at Sahale with Irene Perler, Camp Director; Carla Geraci, Arts and Crafts and Camp Mom; Colette Hoff, lead for morning circle and camp cook with mega support from Sahale residents and friends. Special thanks go to Pedge for the work she did in preparation for camp! Resident Marley became a counselor for a clan and offered a lot to the campers.

With the theme of *caring and connecting*, Irene and Colette helped campers focus on themselves and their inner life first, then moved to relationship between campers, followed by their clan relationship. Caring for the earth and learning about the spirit of animals was also featured. We especially valued an exercise led by Carla of green sculpture and the children loved it. You will see pictures from camp in this issue and Mike's blog is about camp.

Kirsten writes an article about the value of the Third Age Cultural program. She has turned a decade and is learning about the change!

### ***On-Line News of the Goodenough Community System***

The American Association for the Furtherance of Community

Convocation: A Church and Ministry

Mandala Resources, Inc.

Sahale Learning Center

The EcoVillage at Sahale

Included in this issue is news from Sahale including Tahuya Day with pictures!

Beginning June 29, Sahale was blessed with some familiar visitors while camp was going on: our friend, Boyd, and work away friends: Tyler, Matthew, Ashley, and Grace dropped in to visit.

Matthew, who was at Sahale last year in the spring for 6 weeks at the same time Tyler was here, has been looking forward to coming to Sahale for 10 days from Maui where he is working on a farm to table farm (<https://www.hawaiimagazine.com/content/oo-farm-true-farm-table-experience-upcountry-maui>). As Tyler and Matthes were leaving, Matthew let me know he fell in love with the land at Sahale and couldn't wait to have fires around the Potlatch outdoor fire area. He also wanted to connect with all who are here. Tyler, who lives in Flagstaff, AZ, misses the green Pacific NW, wants to stay in touch and continue to contribute to our community and get more involved in the future. Tyler worked at the local Brewery while he was living at Sahale and enjoyed two communities. Ashley who also visited for 7 days, lives in Flagstaff with Tyler, having met him at Sahale.

As these friends arrived, camp dishes were waiting and they pitched in. Several other projects were accomplished at Sahale including an extension to a path that goes out beyond the tree house that several have worked on over the years including John S and Jim T. More pictures!

## **Tahuya Day Celebration & Parade Saturday, July 6**

For years we have talked of being in the Tahuya Day parade! I didn't expect it to be so much fun. After drumming one night, Matthew suggested we drum on the truck and Pam made our sign – Sahale Ecovillage! Parade watchers clapped and enjoyed our good energy.



Jim drove with Joan as co-pilot. In the truck drumming was Josh, Tyler, Mike, Marjenta, Barbara, Colette, and Matthew. Marley with batons and Ashley with a hula hoop led the way.





Marley and Ashley leading our way



Would you like to join the parade next year?

Also at Tahuya Day, Marley and Wiley get pony rides!



## The Third Age, A Program of the Goodenough Community

Kirsten Rohde

“It’s one thing to have a philosophy, it’s another to be a warm human being.” Spoken by someone at a Third Age gathering.

A group of people, aged 60 and above, gathers every couple of months for a good potluck meal and conversation. We call our group the Third Age and always enjoy our time together. Someone once commented that there are things we can talk about easily because we are all in this third age of our lives. We have talked about what brings meaning and enjoyment to our lives at this age, changes we want to make, experiences with loss and dying, the politics of aging, sharing stories from our lives and many other topics. Sometimes we have a focused topic, reading or video and usually we spend time checking in and expressing our caring for each other. We discuss terminology – are we elders, old, older, seniors???



Recently I turned 70 and enjoyed very much a lovely dinner with friends of all ages. I felt well celebrated and appreciate so much everyone’s good wishes and companionship. I like the tradition in our community to celebrate decade birthdays for each person and turning 70 feels particularly significant. Of course as my 89 year old uncle recently said, “Looking back, turning 70 feels like it was no big deal!” Speaking of my uncle, I just returned from a trip to Maine where my sister and her family live. Our uncle and cousin came up from Florida to visit and so we had people aged 11 to 89 there! My uncle is the same warm-hearted, kind person I remember from when we were children and he and my aunt came up to our family home frequently to help our parents when they had three very young children to care for. We shared stories from earlier times in our family. It was a good intergenerational time.

Speaking of intergenerational times, the Human Relations Laboratory, coming up August 4-10 at Sahale is always a great intergenerational experience. I like that there will be other people my age and older there. Lab is an opportunity to have many types of conversations and I find as I age, the way I participate in conversation shifts. We also often enjoy having intentional conversations across generations as a learning experience. So don’t think you are too old to come to Lab!

*An elder is someone who has reached a certain age — it varies from one person to another — where experience and learning have given him or her the capacity to advise and lead.... You can be an ordinary person and still assume the role of elder. But you have to have lived with courage, reflected on your life, and found a path to knowledge.* -Thomas Moore,  
Benefits of Being an Elder

The Third Age will next meet in the fall. For more information contact Kirsten Rohde  
[krohde14@outlook.com](mailto:krohde14@outlook.com)



## The Human Relations Laboratory



Your task is not to seek for love, but merely to seek and find all the barriers within yourself that you have built against it. Rumi

At this Lab, you will learn how to deal with the three A's: Arrogance, Anxiety, and Anger which are common barriers to relationship.

Lab is a place of spaciousness where anything can happen. It is a week of experiential learning that encourages your development toward being a more mature, integrated person. You can also expect a taste of heaven in a heavenly setting!

The Human Relations Laboratory is getting close . . .

### Register now!

Our on-line registration process is now working well. Go to [www.goodenough.org](http://www.goodenough.org) On the front page, scroll down to the Lab information and push register! We are asking **all** who plan to attend the Lab to complete the registration form. Please use the appropriate button to pay the full amount or at least a deposit. Consider inviting a friend or work colleague!





## Pathwork, July 14

*Colette Hoff*

Our Pathwork Circle will meet again on **Sunday, July 14th, at 7:00 p.m.** We will be gathering at the home of Barbara, Joan and Jim in Tukwila. The address is 3535 S. 126 Street, Tukwila, 98168. Barbara's cell phone is 206 412-9417.

Pathwork is an excellent context for instituting new spiritual practices, provides support for maintaining current practice, and gives many with a feeling connection so necessary for a good life. Preparing our inner life for the Human Relations Laboratory will be a theme next Sunday.



### The deAnguera Blog: Summer Camp Life



Summer Camp for me is one of the foundations for socialization of children. Since I was once a child and am still very much a child it is a foundation for me as well. Why? Because we all learn the basics of how to put up a dwelling (tent), how best to help each other. As an 'adult' this is still something I need a refresher on. It seems to be something I am working all my life.

How shall I interact with the others of any age? This is still a challenge for me at the age of 63. This is actually the first time I have ever thought about my own socialization. I am working with my own foundations because I choose (not want) to be a better person.

I loved the way Draí Schindler conducted our drumming orchestra. That really was a winning picture of her in the right-hand photo. The whole skill of a photographer lies in

knowing the right moment to take a picture, but I found this treasure only later as I sorted through my photos for this article.

There is an old African proverb that says it takes a village to raise a child. I never knew that village while growing up. Now I wish I had.

How wonderful it would have been to have my Uncle Eddie nearby when I was young. He would have been there in any tribal village I am sure. He was a wiz on cars and great with kids like me. I guess that was because I didn't perceive him as an authority figure unlike my parents. For me it was important to have adults in my life who were not parenting me. They were like playmates and I loved that very much. I wonder what I could have learned from him on auto mechanics.

My folks were doing the best they could, and I am sure the other authority adults were as well. I think when adults worry so much over how us kids are doing that it takes away the magic of good friendship.

My parents were so busy helping my dad make a living as a commercial banker that they had very little time for me as a friend. Even my mother seemed to be overwhelmed by housework.

We spent all day separated from each other and the pressures I felt in school must have been similar to what my father felt on the job. Friendship takes time to grow even with family members. Probably the best opportunity for this kind of growth has been with other Goodenough Community members.

This year I briefly made a connection with two Summer Campers: Madeline and Arjun.

I connected with Madeline via her excellent anime superhero art and had her draw me a picture. I wonder what she could teach other kids.

Arjun is 17, a camp counselor and planning to major in mechanical engineering in college. He knows something about automotive engines already. What could I share with him about car engines?

Once again I am reminded of the Sanitary Bachelor, I knew on Vashon Island, a Section 8 discharge from the Army in World War Two. He was about my dad's age and a really good friend of mine. I suppose that's because we were both willing to climb out of our predefined roles of child vs adult.



What can you find along a parade route?

How about a blackberry like the one Marley Long is holding?



## Sahale Summer Camp Pictures



Irene and Carla, Thanks for caring!  
Below is a dinner circle and a  
campfire with s'mores!





The pictures below are an exercise of green sculpting led by Carla.





## Exploring Sahale



This stump is almost 15 feet in diameter





And some of the bounty from the huglekulture



Lots of peas!





At the “OUR” Ecovillage – in British Columbia

September 13 - 15

Friday 2:00pm - Sunday 5:00pm

This conference is an intentional experience of

community. Whether you live in an intentional community / ecovillage / co-housing and are interested in joining or starting one, are a networker or organizer, or are new to intentional communities, this conference will have something for you. Come learn about the intentional communities of western North America, gain skills and understanding for living in and developing intentional communities, and find mutual support and camaraderie with others involved with intentional community. Come celebrate the diverse types of community that exist, expand the potential of increased inclusiveness, and explore Intentional Communities and Ecovillages and Co-Housing as a model for impacting wider social change. The Goodenough Community is a sponsor for this event!



Editor’s note: This event is open to anyone interested and is being held at Sahale!



3 and 5 pm on Wednesday Aug 28th, to 2 pm on Sunday Sept 1st.

**\$150 Deposit will hold your spot!**

**Get a \$40 discount by paying before July 7th!**

### **Full Festival Pricing/Lodging Options**

\$595 Full Festival in Indoor Private Room- 4 nights, 1 person, includes food, bedding (check for availability)

*Note: Goodenough Community friends and members will not have to pay room and board. Contact Colette at [hoff@goodenough.org](mailto:hoff@goodenough.org)*

Go to [www.cascadiatantrafest.com/](http://www.cascadiatantrafest.com/)



### **Spatialist for Hire**

*Pam Jefferson*

**Do you need help** with organizing a room for more efficient storage and use of the space? Do you need help sorting and organizing your stuff? I can do all of it for you or just give you some ideas for you to work with. My hourly rate is \$25.00. You can reach me at **206 372 9801**.

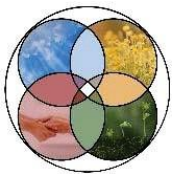


## Programs and Events of the Goodenough Community

**What makes community meaningful and fun?** The richness of life in community comes in many ways – getting together informally over a meal ... celebrating a significant birthday with long- time and newfound friends ... working together in a creative endeavor ... collaborating in a work party ... thinking deeply with others about what it means to be fully alive and connected with ourselves, each other, and Spirit ... and more.

In the Goodenough Community, we recognize such ways to connect as expressions of living life fully and in communities of all kinds. Throughout the year we offer programs that help you participate in your own development, learn about relating well with others, and discover your potential to have a good time in life and with others.

We welcome your interest and your participation, and hope that you will join us at any – or many! – of this year's events. More information about programs and upcoming events can be found on our website: [www.goodenough.org](http://www.goodenough.org)



The **General Circle** meets Mondays at 6:30 for light dinners & business at hand. The next meeting will be July 15 at the home of Tom George (8708 182<sup>nd</sup> Place SW Edmonds, WA 98026).

**The Women's Program** is a long-established and ever-growing way for women to enjoy each other's company, learn about themselves as women, and even perhaps to experience the Divine Feminine. For more information, contact Hollis Guill Ryan, [hollisr@comcast.net](mailto:hollisr@comcast.net)



**The Third Age** - Those age 60 and older have been gathering every other month, Friday evenings in Seattle. Stay tuned for the next meeting date! Contact Kirsten Rohde for more information: [krohde14@outlook.com](mailto:krohde14@outlook.com)

### **The Men's Program**

Our **Men's Circle** is an expression of brotherhood and practice with wisdom, gathered from own lives, other men's work advocates and the founders of this circle.

For more information, contact: [bruce\\_perler@hotmail.com](mailto:bruce_perler@hotmail.com)







**Pathwork, a Program of Convocation: A Church and Ministry** On alternate Sunday evenings an interfaith circle of practice meets between 7:00 and 9:30 PM under the leadership of Colette Hoff. This is a time to learn together about our personal development, to talk out our chosen practices for the development of a spirit filled life, and to learn the skills of joining with others in service. **Gatherings are in Seattle, the next one is July 14.** Contact Colette Hoff for more information: [hoff@goodenough.org](mailto:hoff@goodenough.org)

### Summer Camp for Youth

**Announcing new dates for Summer Camp 2019: Wednesday June 27 to Tuesday July 3, 2019.** Summer Camp is a wonderful opportunity for children 9 to 12 to have a full camp experience in a beautiful setting with loving leadership.

Contact: Irene Perler, [Irene\\_Perler@hotmail.com](mailto:Irene_Perler@hotmail.com)



### Human Relations Laboratory, August 4 to 10, 2019

This intense and joyous week-long event is a communal experience of personal growth and relational development within a rich culture with art, music dance, song, drama and more. This summer we will celebrate 50 years! Contact: Colette Hoff,

[hoff@goodenough.org](mailto:hoff@goodenough.org)

### True Holidays Celebration, Saturday, December 7, 2019

Be part of this fun-filled family-oriented evening and prepare yourself for the winter season (whatever faith tradition you follow) that fills your heart. Contact Elizabeth for more information.



### Work and Play Parties throughout the Year

Traditionally, the Goodenough Community sponsors work parties over **Memorial Day weekend** as well as other times throughout the year, to express gratitude for the presence of our beloved retreat center, Sahale, and to experience the satisfaction of playing and working together. Please email [hoff@goodenough.org](mailto:hoff@goodenough.org) with information about what may be coming up. It is a great time to bring friends to share Sahale!



### Quest: A Counseling and Healing Center

Our belief is that mental and emotional health is a prerequisite for spiritual well-being, collaboration, and the expression of compassion. Quest's counseling and education programs, open to all interested individuals, focus on empowering individuals, couples, and family groups to be happier and more effective in relationships. Call Colette (206-755 8404) to make arrangements.

## More Camp Pictures

