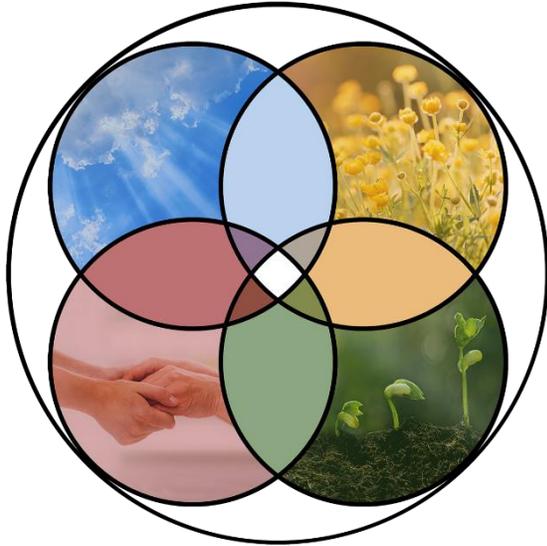


# The Village eView

May 24, 2017  
Colette Hoff, Editor



## Co-Creativity

### Coming Up:

**Memorial Day Play Work Party**

May 26 to 29

**Pathwork**, June 4

**Council**, June 5

**Men's weekend**, June 9 to 10

### Illustrations of Co-Creativity

Colette Hoff

The mandala above is the symbol of The Goodenough Community used over many years. It represents a process of moving from the **blue** or dream quadrant to the **red** or relationship quadrant then to the **green** or accomplishment quadrant and finally the **yellow** quadrant or quality assurance quadrant. It is a model for a group of people to work together in co-creation developed by John L. Hoff in the early years of the community. It is a model called The Game of Goodenough with many layers and many applications. This beautiful version of the mandala was recently designed by Draï Turner and it will be appearing on new materials that are being produced. More on the "Game of Goodenough" will be presented in the coming weeks.

This issue of the eView includes several voices and is a co-creation. Kirsten tells the story of creating materials with others and many elements that are necessary. Barbara gives two illustrations of co-creativity and Mike has several analogies in his Blog. An experience of apple pie brought Draï Turner to share her prose. The final version of the lab brochure, another co-creation, is attached to the eView message. Also included are quotes from the Co-Creator's

### ***On-Line News of the Goodenough Community System:***

**The American Association for the Furtherance of Community**

**Convocation: A Church and Ministry**

**Mandala Resources, Inc.**

**Sahale Learning Center**

**The EcoVillage at Sahale**



## Co-creating in daily life with my friends

Kirsten Rohde

In our community work there are flyers, letters, posters, website updates, and more that we create regularly. I'm one of the people who helps with this as are others on our Council and boards. I've struggled recently with the dilemma of creating well-crafted statements that can be utilized for new written pieces because the same words from us "same" people can get old. Enter: New Input! I'm enjoying our friend and now Sahale EcoVillage resident, Draï (Deanna Turner), in her capacity as a graphic designer. Along with Colette Hoff, Elizabeth Jarrett-Jefferson, Margenta Gray, Hollis Ryan, and others, we have been creating – co-creating – new, attractive and descriptive materials for outreach. Here are some illustrations of co-creating.

A co-creative process could look like taking something written, some photos, and a particular intention to create new material that goes on our website to let people know about the Human Relations Laboratory. I send this on to Draï who turns it into a beautiful webpage and flyer. Others of us look at it, make content suggestions or ideas about photos. In the process, we are talking about our community and our intention in communicating about the Lab. At a Council meeting we review and appreciate the result and make suggestions. Ultimately, we have a fresh new product.

*It is essential to determine with absolute clarity, shared understanding, and deep conviction the purpose of community. From that, all else must flow. It is what will bind the group together as worthy of pursuit.* ~ Dee Hock

In doing this, new ways of describing one event or our overall purpose come up. Here are some examples:

- During the process of creating the content for a Go Fund Me page, I asked Draï to find new words that would help others can see why our community is worth supporting. She created three phrases that I thought really caught it. And she built the Go Fund Me page! I'm really enthused about the way it communicates.
- Margenta presented to the Council some instruction on how to use photographs and the different ways that they can be saved for different purposes. This will help us all work with photos more professionally.
- I had created a two-page Sahale newsletter and asked Joan Valles to look at it. She suggested moving two paragraphs around to get more impact which I could immediately see was a great improvement.

Co-creating is about seeking input, working together to create the best product and openness to each other's ideas and input. It also is an occasion for good discussion about what our community is about and how words and images can help communicate this. We've discovered that sometimes it can get complex, for example one person suggests a change and another re-writes it back in. Some people like these photos and some like those. I think the best process is that ultimately one person has to feel empowered to make the final decisions. That person weighs the variety of creative ideas that come from the team and then works to incorporate some of each person's input.



## Thoughts about Co-creation

Barbara Brucker

According to Wikipedia, co-creation is “a management initiative, or form of economic strategy, that brings different parties together in order to jointly produce a mutually valued outcome”.

When I think about co-creation in the context of community, and in the context of our upcoming Human Relations Lab, I can agree that a mutually valued outcome is a key to satisfying co-creation. I believe, however, that co-creation goes way beyond strategy or initiative. When I think about co-creation, I think about trusting my co-creators. I think about letting go of pre-conceived ideas, and of judgment. In a co-creative process, I want to be present, open to possibility, allowing the free flow of ideas.

For me, the concept of creativity is inclusive of most life activities. Yes, art and various forms of expression are often the first things that come to mind (music, dance, poetry & writing, etc. I contend that any time that two or more people work together to solve a problem or create an experience for themselves and/or others co-creativity is possible. I am reminded of Jim, Josh, Mike and others working together to figure out how to install a new sewer line from Kloshe to the septic tank. One person could have gone in and said, “This is how it will be”. That would have produced a solution, perhaps a good one, but stifled the creativity of all but one individual. When they approached the problem jointly, they came up with a solution everyone felt good about implementing. The work still had to be done, and coordination was needed; however, they worked together to produce a mutually valued outcome and gained personal satisfaction in the work.

I also find myself thinking about an experience I had in a recent lab leadership training weekend. I was one of the participants who was asked to co-facilitate a small group in front of the rest of the trainees. To me, this was a co-creative process. First, I had to let go and trust. In the process, two facilitators worked together, trusting each other, letting go of pre-conceived notions, and being present to the individuals in the group. It was exciting and dynamic. It

required being in the moment, opening to inspiration, and being willing to consult as co-facilitators rather than pretending we could do it alone.

I have offered two examples of co-creativity. There are many more, and, these two are sufficient to make the points about what is important about co-creativity. Co-creation requires being open to the moment and suspending judgment (of myself and others). It requires aligning with my center and letting go to trust my inner wisdom. Additionally, I must trust that my co-creators are doing the same, and I to be willing to contribute my ideas and ask questions, no fear. When this happens, hearts touch, boundaries recede and co-creativity emerges. Best of all, although it can require hard work, it's fun and very satisfying.

*Your life's journey has an outer purpose and an inner purpose. The outer purpose is to arrive at your goal or destination, to accomplish what you set out to do, to achieve this of that, which, of course implies future. The outer purpose belongs to the horizontal dimension of space and time; the inner purpose concerns a deepening of your Being in the vertical dimension of the timeless Now.*

Eckhart Tolle



### Memorial Day Weekend



As the weekend work party is being anticipated, we're in the planning phase, task assignments will be made based on interest and ability, many projects will be accomplished and evaluation of the weekend will be taken seriously. We're hoping to have a bon fire and even a 50<sup>th</sup> birthday celebration. We're pleased that so many are planning to come!

**PLEASE BRING:** gardening tools if you are a gardener, your favorite hammer, painting clothes, water bottle, and snacks and beverages.

Over the years, I have been encouraged to direct people to specific items that are useful. I took this picture in **Target** where the metal framed chairs as lower in price than other places. We would be most appreciative if you picked one up and brought it with you!

**Please remember to let me (Colette) know when you arriving and leaving and how many in your party.**





Now is the time to make plans for our 16<sup>th</sup> annual work/Play party,

## **Memorial Day Weekend at Sahale Learning Center**

**May 26 to 29, 2017**

### **The Mission**

The **mission** of Sahale Learning Center is to provide sanctuary, relationship, and learning experiences for the people; and, sustainability for the land which lives up to the meaning of its Chinook name,

**Sahale-- Heaven on Earth!**

### **The Vision**

As an intentional demonstration of The American Association for the Furtherance of Community, Sahale Learning Center, a growing ecoVillage within a community dedicated to personal development, provides 68 acres and heartfelt service for retreats, workshops, family gatherings, educational and special events.

***The supreme accomplishment is to blur the line between work and play.***

-Arnold J. Toynbee, historian (14 Apr 1889-1975)

Well-organized work parties will have plenty to do for all abilities and we will seek a balance between work and play.

There will be wholesome meals, outdoor play, hot tubing, and relaxation.

The only charge will be a donation for food.

Let Colette know your plans: When you are coming, how many in your party, when you are planning to leave, and any food issues.      [hoff@goodenough.org](mailto:hoff@goodenough.org)



*Love alone is capable of uniting human beings in such a way as to complete and fulfill them, for it alone takes them and joins them what is deepest in themselves. ~Teilhard de Chardin*



### The deAnguera Blog: Co-Creation



Are the above two pictures examples of co-creation? No, both the pyramids of Giza and the towers of Manhattan were built by people under orders from some elite. The concept of co-creation may sound ordinary until you realize most of us have been acting under orders for the last 10,000 years of civilization.

The Human Relations Laboratory is about co-creation. Co-creation is about creating something **together**. Before we can create anything together we must come together. This is something we learn how to do at Lab.

Co-creation requires good listening skills. Unfortunately this is something I developed rather late in life at the HRL. Mostly I have been in situations where I was just given orders but where two way communication rarely occurs if at all. In order for me to be a good listener I have to be trained in it by people who really care about me. They actually have a stake in my success as a person.

Preachers preach at me in how I need to be saved. Socialists teach me about Marx, Engels, and Lenin. But does anybody care about what I think? I am getting the impression that the answer is no. I am convinced civilization has been about following orders from the very beginning. Do those who order us around have our best interests in mind? They want us to believe so. We vote for them and then see our best interests betrayed again and again. That can be very depressing. What's the alternative? Most of us can't see one so we dutifully vote for the anointed candidates.

I can study Marx's Das Capital until I know socialist doctrine down to the smallest detail. That's why Das Capital is over 12 volumes long.

The Bible is one single book but the commentary can take up a whole library. Fortunately we live in a time where a whole library can be put onto a CD. I have such a library but unfortunately my newest operating system won't run it. Thanks, guys!

Listening is a skill, an art. Neither the religious people nor the politicians know how to practice it. Election time is rather late. A lot of work needs to be done before hand and it seems that the only people with the resources for it are the rich with their money and media. They can whip us up using symbols known to get our interest. We have been taught about these values since childhood. But who listened to us? Who drew us out?

Nobody took the time to draw me out until my first Lab. Each of us is trained in drawing each other out and in truly listening to each other's stories.

Without listening to each other and drawing each other out there can be no co-creation. Only following orders and being taken advantage of by slick politicians and advertisers. I become somebody else's idea of a good person. There is no room for me.



How about this apple pie? Is it an example of co-creation? It's made with love and very much appreciated by all of us. Thanks Draï.



## **The Wonders of Pie**

Draï Turner

For decades, generations of mothers have hand-shaped Mama Love through the Hearth Dance of pie baking. They reached for their flour sack... the first pronouncement that something special was about to occur. The voices of their mothers, grandmothers and great grandmothers whispered in their head helping call forth the list of ingredients from bins, cupboards and iceboxes. With rolling pin in hand they set forth to lay their lovin' into pie.

Remember those fitful nights where sleep escaped you? In your cozy robe and slippers you tiptoed into the kitchen and stealthily cracked open the fridge. There in a halo of glory sat "the pie" a friend beckoning, offering to join you. With a cup of tea and a generous sliver of pie, you sat on the porch swing, watching the moon walk across the sky. You crawled back into bed with renewed sense of peace, perspective and restfulness. Ahhh... the wonders of pie.

Remember your little kid legs speeding you like lightening across the garden porch in a game of tag with your cousins? Uncle John was in the drive setting up the fireworks. You were out of your mind with excitement. The screen door banged shut and there stood your mom, a dab of

flour on her cheek, apron strings untied. In her oven-mitted hands she held one of her famous fresh-out-of-the-oven pies. As light fades to night, she cut you the first steamy piece and offered you a tankard of chilly milk. In moments, you found yourself laying on your back in the grass, under an explosive and sparkling sky, pie crumbs on your fingers and you were filled with pure and perfect happiness. Ahhh... the wonders of pie.

We were given pie as comfort for scraped knees, lost loves and salutations for the homerun hit with bases loaded.

We were given pie as sustenance for our best friends going away party, for the "bad day blues" and at Aunt Gertie's wake, where we ate together, shared memories and stories together, grieved, cried and healed together.

We were given pie after pie after pie in celebration for Joe's return from overseas, for Granny's 80th birthday, for Leah's Bat Mitzvah, for Robert's engagement, for winning first prize at the art fair and for the birth of blessed baby Lilly.

We were given pie of compassion when Sam asked someone else to the Homecoming dance, when our dog was temporarily lost, when our big sister left home for college.

There is something special about the power of pie. It can soften the tension of a family argument, it evokes laughter and washes us with companionship, it heals us- almost as if pie has a divinity of it's very own. Pie is a mother's magical, mysterious, masterpiece that sings a song of longing to our taste buds while somehow filling us with the simplicity of things that matter, the nostalgia of yesteryear, family, hearth and home.



The pie Draï made was such an apple pie experience



*When people come together out of genuine Self interest, willing to share their strengths and to create a shared vision, magic happens, synchronicities abound and doors open. Life naturally evolves out of the chaotic and disorderly, to a higher level of consciousness. ~ James Redfield*

If you know you are planning to come to Lab, please register soon. On-line registration is easy OR you can contact Elizabeth.

When you are inspired by some great purpose, some extraordinary project, all your thoughts break their bonds; your mind transcends limitations; your consciousness expands in every direction; and you find yourself in a great new and wonderful world. Dormant forces, facilities and talents become alive and you discover yourself to be a greater person by far than you ever dreamed yourself to be. ~Patanjali





*... the real leadership that matters is actually the leadership of groups. The day of the "individual" hero-leader is past. . . We don't need better heroes now, we need groups of people who can lead—groups of people who can walk ahead. ~Peter Senge*

### **Goodenough Men's Retreat and Tent Up**

Bruce Perler

Our Spring Retreat and Tent Up weekend is nearing. For the guys who can, we'll be raising our 40'x60' seasonal event tent beginning on Friday morning, June 9, 10:00 AM under Jim's supervision. The tent raising project will complete around noon on Saturday. Many hands make light work in this fun and interesting seasonal project.

For those who cannot join for the tent raising, please do join in for a hearty meal on Friday For those who cannot join for the tent raising, please do join in for a hearty meal on Friday evening and the beginning of our men's retreat.

**White Tent Raising** - Friday, June 9 morning - Saturday lunchtime

**Men's Retreat** - Friday, June 9 evening through Sunday afternoon

#### **What to bring**

Being on the tent crew means having along work gloves and sturdy shoes. The weather will be, so have your layers along.



For the retreat, have along comfortable clothes, a token for our men's alter, and snacks and beverages to share.

#### **Preparing your self**

A value and practice of our men's gatherings is to actively offer and receive support with one another, as brothers. You can prepare yourself by meditating on a pair of brief stories you'd share; one about something that's challenging you in your life now, and another about something you feel satisfaction or reward around. We'll share these and look for themes to deepen or conversation.



### **Non-profit support**

We'll be hosted at Sahale through the goodwill of our 5013c, not-for-profit, The American Association for the Furtherance of Community. Please consider a donation to help us in our ongoing service and for the expenses of this weekend. We suggest \$75 per person.

My personal hope is always that each man comes away having had insight, felt deeply for another's story and appreciation for the value of a circle of brothers.

### **An opportunity to become a member of our community**

Kirsten Rohde

We are offering a simple membership plan at the rate of \$5/month, or \$50 for the year if paid up-front. Our desire now is to be inclusive, understanding that we will together begin to define some rights and responsibilities of membership. While we generally use a form of consensus for decision-making, having membership formalizes decision-making for community issues. Our Community Covenant continues to guide us.

Belonging: membership of a group or organization offers

- a sense of belonging,
- a desire to help with decisions and plans,
- joining together,
- valuing our community and its work,
- buying in means you tend less to take things for granted,
- the feeling of home,
- heart commitment.

If you would like to join us in membership, please contact Elizabeth Jarrett-Jefferson, [elizabeth.ann.jarrett@gmail.com](mailto:elizabeth.ann.jarrett@gmail.com)

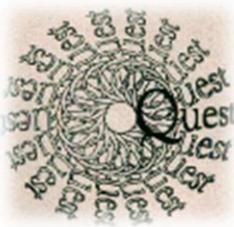
## Birthdays & Anniversaries

- ✚ Happy birthday, Phil Buchmeier – May 30, 2017
- ✚ Happy anniversary, Hollis Ryan and Hal Smith -- May 28
- ✚ Happy anniversary, Lee Benner and Richard Kenagy -- May 28

*"The best ideas may not come while you're at your desk. Try taking a walk."*



*"Thanks for the suggestion, but if I wanted new ideas, I would have thought of them already."*



## Quest: A Counseling and Healing Center

Our belief is that mental and emotional health is a prerequisite for spiritual well-being, collaboration, and the expression of compassion. Quest's counseling and education programs, open to all interested individuals, focus on empowering individuals, couples, and family groups to be happier and be more effective in relationships.

**Call John or Colette (206-755 8404) or Colette and John at Sahale – 360 275-3957. In Seattle,** John and Colette meet with clients at the community center, 3610 SW Barton Street, Seattle 98106, as well as at Sahale.

**Cultural Programs in the Goodenough Community are created for visitors and they are developed as opportunities for our members and friends to practice our lifeways and apply them to contemporary issues and problems in our lives.** For instance, the men's program must be an expression of the best wisdom men have gathered from their life together—about what is a good man and how he could best express that in his own life. Similarly, women must return to the essentials of being a good woman in this day and age.

### Calendar of Programs and Events, 2017

What makes community meaningful and fun?

The richness of life in community comes in many ways – getting together informally over a meal ... celebrating a significant birthday with long-time and newfound friends ... working together in a creative endeavor ... collaborating in a work party ... thinking deeply with others about what it means to be fully alive and connected with ourselves, each other, and Spirit ...

In the Goodenough Community, we recognize such ways to connect as expressions of **community culture**. Throughout the year, we offer **cultural programs** so that you can engage with the community, participate in your own development, and have a good time.

We **welcome your interest** and your participation, and hope that you will join us at any – or many! – of this year's events.



A weekend for men is being planned for **June 9 to 11**. Focal Person: Bruce Perler, [bruce\\_perler@hotmail.com](mailto:bruce_perler@hotmail.com)

### Work Parties throughout the Year

Traditionally, the Goodenough Community sponsors work parties over Memorial Day weekend (**May 26 to 29, 2017**), as well as other times throughout the year, to express gratitude for the

presence of our beloved retreat center, Sahale, and to experience the satisfaction of playing and working together.

Focal Person: Colette Hoff, [hoff@goodenough.org](mailto:hoff@goodenough.org)

### **Summer Camp for Youth, June 25 to July 1**

A wonderful opportunity for children 9 to 12 to have a full camp experience in a beautiful setting with loving leadership.

Focal Person: Irene Perler, [Irene\\_Perler@hotmail.com](mailto:Irene_Perler@hotmail.com)



### **Human Relations Laboratory, August 6 to 12, 2017**



This intense and joyous week-long event is a communal experience of personal growth, and has been presented annually and is now in its 48<sup>th</sup> year!

Focal Person: Colette Hoff, [hoff@goodenough.org](mailto:hoff@goodenough.org)

### **True Holidays Celebration, Saturday, December 2, 2017**



Be part of this fun-filled family-oriented evening, and prepare yourself for a holiday season (whatever faith tradition you follow) that fills your heart.

Focal Person: Kirsten Rohde, [krohde14@outlook.com](mailto:krohde14@outlook.com)

### **Winter Solstice Bus Trip, Saturday December 16, 2017**

Board a bus, play in the snow, shop in Leavenworth, have a horse-drawn sleigh ride and enjoy an abundant dinner. Focal Person: Colette Hoff

### **New Year's Eve at Sahale, 2017 – 2018**

Sunday will be New Year's Eve and Monday will be New Year's Day next year.

**Annual Organizational Meetings**                      **March 2018 This weekend is foundational to all programs and events within the community. Come and be curious!** Please contact Kirsten Rohde 206 719-5364 for more information.