

ATTEND

The Village View

February 16, 2022

Colette Hoff, Editor

Coming Up:

Pathwork, Sunday, Feb 27, 7 pm

Third Age, Friday Feb 26

Men's weekend at Sahale, March 12 to 14

To Attend Provides Direction

Colette Hoff

We began the new year in the eView with the word *tend* meaning to serve from the heart. And we reviewed a model taught to us by John Hoff titled The Phases of Our Core Social Process. Kirsten went on to write about the word *contention* and this week the word *attend* is the focus and is the second phase of the process.

The first definition of attend is to be present, which speaks to being mindful of flows of energy among leaders, generating options to experiment with and attending to the direction something is going. Attending is especially important right now as our General Circle (GC) is attending to crafting a new vision that will lead the community into the future. The General Circle will again be meeting for an extended time in March to continue the work of identifying elements of what the community could attend to. Each daughter circle: the Economy Circle; the Sahale Circle, The Lifeways Circle and the Communications Circle will ask these questions: Where do resources go? How can resources be used most effectively for the largest gain? What is necessary for circles to fulfill their aims? As we continue to use Sociocracy as method for organizing, these and other questions will be aspects of what the GC will be attending to, as leaders of the community, over the next few months.

Likewise, the team of people who prepare the Human Relations Laboratory are meeting over zoom to continue evaluating the 2021 Lab to maximize learnings and prepare the way for the 2022 Lab. Again, what should be attended to in order to move forward? Are there ways the Lab should change in order to increase its' relevancy for new generations coming along?

On-Line News of the Goodenough Community System

www.goodenough.org

American Association for the Furtherance of Community
Convocation: A Church and Ministry / Mandala Resources, Inc.
Sahale Learning Center / The EcoVillage at Sahale

I am so appreciative of our new eView Team of editors who are so creative in their writing and presentation. As someone who was editor every week, I feel especially supported. My journey continues with many aspects of my health to attend to. Most recently we (my medical team and I) have been attending to my stomach and the right combination of food and drugs to manage symptoms. I will learn in the next few weeks whether the drug, Keytruda, is working. Thank you again for your thoughts and prayers during this time.

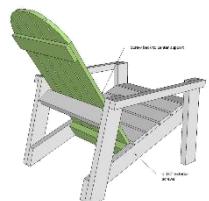
Do you have some ideas about what the community could attend to? The eView will be happy to receive your thoughts!



Men's Gathering and Service Weekend at Sahale

The Goodenough Community Men's Culture will be getting together at the Sahale Ecovillage and Learning Center the weekend of March 12-13, 2022, to work together at Sahale and gather as a Men's Circle.

Working with Wood and Each Other seems to be an emerging theme, from possibly building new deck chairs, caring for wood art and structures, pruning and more. We'll be including good socializing time, Happy Hours and Men's Circles.



The structured time will begin Friday evening for those able to arrive on Friday and end mid-afternoon Sunday. Please let Norm and Tod know when you will be arriving, and of any dietary considerations. All attendees must be vaccinated and have had their boosters.

Norm: shkwavrydr@aol.com, 509-607-1124

Tod: todransdell@yahoo.com, 206-409-9793



I worried a lot.

*Will the garden grow, will the rivers
flow in the right direction, will the earth turn
as it was taught, and if not how shall
I correct it?*

*Was I right, was I wrong, will I be forgiven,
can I do better?*

Will I ever be able to sing, even the sparrows

*can do it and I am, well,
hopeless.*

*Is my eyesight fading or am I just imagining it,
am I going to get rheumatism,
lockjaw, dementia?*

*Finally, I saw that worrying had come to nothing.
And gave it up. And took my old body
and went out into the morning,
and sang.*

~Mary Oliver
(1935 to 2019 American Poet)



Now we (members and friends of the Goodenough Community) are taking a stand for love and equality over all the expressions of racism and injustice and inequality against Black people. We, as mostly white, will educate ourselves and learn to make a difference. We will continue to speak out about the racial injustice in our country.

What Is Nonviolent Direct Action? Here Are MLK's 6 Principles

Opinion by Nya Grantham

In 1963, Dr. Martin Luther King Jr. was imprisoned in the Birmingham, Alabama, city jail on charges associated with "parading, demonstrating, boycotting, trespassing, and picketing." During the eight days he spent behind bars, alongside fellow civil rights leaders Ralph David Abernathy and Fred Shuttlesworth, King wrote the famous "Letter From the Birmingham Jail," also known as "The Negro Is Your Brother." The letter voiced his criticism of fellow clergymen not taking a strong enough stand against the unjust laws and practices set in place by the white supremacist power structure in the South. As King put it, "Justice too long delayed is justice denied."

Nearly 60 years after King wrote those words, justice has still not arrived. Black Americans are still waiting for our constitutional rights to be upheld. In 2021 alone, 19 states passed 34 laws restricting voter access.

The best way to learn from history is to see how our past struggles and triumphs continue to inform our present — and to use that knowledge as a call to action. Perspectives From the Birmingham Jail is a three-part series connecting the words and experiences that King drew from to write the letter with the experiences of today's student organizers at historically Black colleges and universities (HBCUs). King's letter was written amid a crisis of democracy and racial inequity. We

find ourselves in a similar situation today, and the responsibility is on us to fix it. An unjust law is an unjust law, whether in 1963 or 2022.

This project was created in partnership with the American Civil Liberties Union's Georgia affiliate. If you want to sign up as a poll worker in Georgia for the upcoming election, please use this link.

Martin Luther King Jr. once said, "The ultimate measure of a person is not where one stands in moments of comfort and convenience, but where one stands in times of challenge."

The reverend will forever be remembered for his heroic actions during the Civil Rights Movement, a legacy that helped inspire organizations such as Black Lives Matter and Color of Change. King's "Letter From the Birmingham Jail" can be viewed as the distillation of his principles: a captivating, eloquent response to those members of the clergy who questioned his motives for engaging in nonviolent protest, and a call for a collective fight for change.



By emphasizing virtues such as understanding, love, peace, and learning, King laid out an inspiring vision for sustained collective action as the moral and necessary path toward achieving justice. King's six principles for nonviolent direct action are: "Nonviolence is a way of life for courageous people; nonviolence seeks to win friendships and understanding; nonviolence seeks to defeat injustice or evil, not people; nonviolence holds that unearned, voluntary suffering for a just cause can educate and transform people and societies; nonviolence chooses love instead of hate; and nonviolence believes that the universe is on the side of justice."

From the time enslaved people were first brought to the United States in the 1600s, through the end of the Jim Crow era in the 1960s, African Americans were beaten, lynched, abused, disenfranchised, and deprived of other basic rights. A host of laws, including literacy tests and poll taxes, were passed to keep Black people from voting; today, voter suppression laws still disproportionately harm Black voters.

As King said in his powerful 1957 speech "Give Us the Ballot," "The denial of this sacred right is a tragic betrayal of the highest mandates of our democratic tradition. And so our most urgent request to the president of the United States and every member of Congress is to give us the right to vote." In 2022, African Americans are still calling on the president and Congress to grant us that request — at this urgent hour when our voting rights are again under grave threat.

As the chaos of our current moment makes plain, history is not linear. Yes, the courageous, sustained protests of King, John Lewis, Fannie Lou Hamer, and so many other civil rights leaders helped push President Lyndon B. Johnson to sign the Voting Rights Act in 1965. Yes, Jim Crow laws were rolled back and desegregation policies were enforced through the 1970s and 1980s. The movement's nonviolent tactics — like marches, sit-ins, and protests — were heavily broadcast by the media and popularized, helping shape other social justice movements around the world. But racism didn't end. Disenfranchisement didn't disappear. In the past few years, state

legislatures have turned back the clock, passing laws that prevent teachers from accurately teaching this history to students and making it more difficult for people to vote.

As a member of Civic Influencers at Claflin University, I experience some of the same challenges that King faced in trying to keep my peers socially and politically engaged, and trying to maintain my own energy for these fights. When I get disheartened, I look to King's example. He could have given up many times. His house was bombed, he and his family faced threats of violence, and he was imprisoned for his work and beliefs. Ultimately, King lost his life fighting for equal rights — a sacrifice no human being should have to make. He gave the African American community a voice to speak the truth of the pain, loss, and suffering it had faced for decades. This Black History Month, I'm grateful that King's resilience, bravery, and impeccable leadership always inspires me to keep going.

Reprinted from Teen Vogue

[What Is Nonviolent Direct Action? Here Are MLK's 6 Principles \(msn.com\)](https://www.msn.com)



Mindful Mike's Blog: Attending Mike deAnguera



We are attending or are present to working out our community vision. Any vision dreamed will need to be discussed, planned, and attended to. Otherwise it will not manifest.

How often I have fantasized about things without the means to make them real for me. Through trial and error I have discovered I need to be working with a group to manifest my dreams. In order for that to be true my dreams need to reflect their dreams.

As you can see from the photos I took we are attending to our community vision because we are all happy including Max Fain and Colette Hoff. These are the first photos I have taken with my new Smart phone which I just got last week. Notice the picture quality is much better. We are happy

because we are attending to each other. We are attending to each other because we have community.

To attend to a vision requires good tools. People have pointed out that I needed to upgrade to a Smartphone. My old flip phone couldn't receive a signal except out by the Kloshe hot tub. That made calling anyone a challenge since the voice connection was often garbled. I can use my new phone at my house and the voice comes in loud and clear.

It took over two hours at the Verizon Store to get my phone properly configured. The customer service rep was very helpful.

This is the place where I want to spend my older years. A retirement home therefore would not interest me in the slightest. No shared vision. Just a bunch of people warehoused. As a society we need to have a better way to take care of our older folks.

How about a network of communities like ours all across the globe replacing the present nation-state system with its cities and towns? Is that the future? More and more people are joining and forming intentional communities. In fact we are part of the Global Ecovillage Network. Some of us have visited member communities such as Findhorn in Scotland and Twin Oaks in Virginia. The East and West Coast Communities Conferences show we are having an impact. Even mainstream publications are writing about us.

The world as I have known it is falling apart due to many things. Of course people have been predicting the imminent demise of civilization for thousands of years. Not just the Christians but the Native American tribes such as the Hopi. This is because civilization doesn't value community, especially small intimate communities which give life meaning. Otherwise I feel like livestock to be processed, consumed and finally discarded.

Josh DeMers and Marley Long have mulched this tree along with many others. We have such a dedicated crew. They are the future of communities like ours.



Some Offerings from our friend, Julie Wolf:

'Listen to Nature: Living in Harmony with the Earth'

Foreword by Jane Goodall

A Spiritual Approach to the Environmental Crisis

and What Each of Us Can Do

<https://www.heart-light.com/shop/new-listen-to-nature>

Selected Writings and Talks by Sri Chinmoy

With Foreword by Jane Goodall

"[Sri Chinmoy] stresses the need for a deep spiritual connection with the natural world of which we are a part and on which we depend...Let us heed the words of this spiritual teacher before it is too late."

Jane Goodall, renowned primatologist, in her Foreword to *Listen to Nature*

- Sri Chinmoy offers his deep insights on the root causes of the environmental crisis and what each of us can do, in responding to questions from UN officials, professors and journalists spanning decades.
- Each chapter features simple but powerful poetry illustrating our right relationship with Nature.
- Includes a number of meditation techniques for focusing on the sky, the sea and other images from Nature, to help us find peace in a turbulent world.
- Counteracting the dire news and despair we face each day concerning the global climate and environment, *Listen to Nature* offers an empowering message of hope, oneness and compassion.
- A beautifully designed hard-cover volume in a unique, compact size – makes an excellent gift! Just published by Golden Shore in Europe, with distribution by Heart-Light in North America.

Urging that "each individual has a special role to play in the protection of our small planet," Sri Chinmoy feels that "it is the illumination of the individual mind and spirit that will precede the awakening of a new collective awareness" and a "greater respect and love for our planet Earth." But action is also crucial: "Every self-giving effort of every human being is needed to change the fate of this world." In an epilogue on the power of hope, he shares his vision that, despite these dark times, in the not-too-distant future "a new light will dawn, and it will clear all the thick clouds that have gathered for years."

WHAT OTHERS ARE SAYING

"Recently William Shatner, Captain Kirk of *Star Trek*, travelled physically beyond the edge of outer space. He came back in tears, glowing in the aftermath of a transformative experience, having viewed the beauty, oneness and fragility of our shared Earth-Home. Not all of us can have the same experience Shatner had, but we can touch that precious realm of expanded awareness of

universal Nature in Sri Chinmoy's collected writings in *Listen to Nature*. This is a book to treasure in our own library and most urgently to share with others."

Thomas Pliske, PhD, Emeritus Faculty, Dept. of Earth and Environment, Florida International University, Miami

The Goodenough Community has no connection to Sri Chinmoy.

Also from Julie:

FREE & ONLINE: February 16th - 20th, 2022

THE EMBODIED SOCIAL JUSTICE SUMMIT

Exploring and Empowering a Sustainable Global Transformation

This is also about relational healing (as well as social justice).

Start today - a 5 day summit

<https://www.embodiedsocialjusticesummit.com/schedule>



"I want to be a Member of the Goodenough Community! What do I do?"

By now, you have read and heard that after four decades or so, the Goodenough Community has become a membership organization! People like you, who have been enjoying the gifts of the community, are choosing to become Members so that they can contribute to the continuing success of the Community.

It is easy to join.

The first step is to take some time to contemplate what joining the Goodenough Community means to you. What attracts you to the Community, and how have you participated? What have you learned and what do you want to learn? Think also about how you want to be involved in the Community in the future.

Once you have considered the value of joining the Goodenough Community, it is time to apply for membership. All who join the Community start at Service Level 1, Water. This Service Level asks you for a commitment of service through your time, energy, and financial support, with the suggested financial contribution being \$15 a month (\$180 a year). Some Members feel able to contribute more than the suggested amount, and their generosity is gratefully received.

How can you apply for membership? Go to the Membership page of the Goodenough website (<https://www.goodenough.org/membership>), click on "New Members Option 2," and print the form. Soon we will have "New Members Option 1" smoothed out so that you can complete your application online. Meanwhile, complete the printed form and return it to our Membership Focal, Rosemary Buchmeier (buchmeiers1@gmail.com). Rosemary will call you so the two of you can talk about your interest in the Community and your intentions for your involvement. She will work

with you to find an appropriate form of service for you. You may also negotiate your financial contribution during this conversation.

If you are choosing to remain a Heart Friend and want to formalize your contribution to the future of the Community, you may talk with Rosemary. Or, you may click on the Donate page of the website (<https://www.goodenough.org/donate>), choose which organization you would like to contribute to, and set up a continuing monthly pledge at an amount that feels right to you.

Whether you choose to join the Water Service Level or become a contributing Heart Friend, you are a part of the team that is working together to assure that the community we love has a sustainable future.

Welcome to the Goodenough Community



Programs and Events of the Goodenough Community

Winter and Spring Dates

Community is about adapting to change, and that has been the case with the pandemic as we have adapted many of our ways to connect, most of which are held on Zoom.

Throughout the year we intend to offer programs that help you participate in your own development, learn about relating well with others, and help you discover your potential for having a good time in life and with others. Information about programs and upcoming events can be found on our website:www.goodenough.org



Human Relations Laboratory, August 7 – 13, 2022 – Mark your calendars now

This intense and joyous week-long event is a communal experience of personal growth and relational development within a rich culture with art, music, dance, song, drama, and more. In 2022 we will celebrate 53 years! Contact: Colette Hoff or Elizabeth Jarrett-Jefferson, hoff@goodenough.org, elizabeth.ann.jarrett@gmail.com



The Goodenough Community's governing body, the General Circle, meets monthly on Monday evenings, 7:00 PM

Winter and Spring Dates

- February 21
- March 18-19

- April 25
- May 23
- June 20

For additional information, contact [Elizabeth Jarrett-Jefferson](#)



The Women's Program is a long-established and ever-growing way for women to enjoy each other's company, learn about themselves as women, and even perhaps to experience the Divine Feminine.

Saturdays, 10AM to 1:00 PM via Zoom:

Winter and Spring Dates:

- March 26
- April 29 – May 1 - *Annual Weekend for Women*

For more information, contact [Hollis Ryan](#).



The Third Age - Those age 60 and older have been gathering monthly, Friday evenings, 7PM. Contact [Kirsten Rohde](#) for more information

Winter and Spring 2022 dates:

- February 25
- April 15



The Men's Program - Our Men's Circle is an expression of brotherhood and practice, with wisdom gathered from our own lives, other men's work, advocates, and the founders of this circle. *See article this week on the Men's Cultural Weekend at Sahale, March 12-13.*

For information, contact [Norm Peck](#)



Pathwork, a Program of Convocation: A Church and Ministry – Pathwork offers a spiritual home in which to rest and to share your heart and mind as you move through these unpredictable times. Participants come together under the leadership of Pastor Colette Hoff and find support and encouragement, gaining wisdom from the world's faith and wisdom traditions. All are welcome to join. Meetings are held via Zoom on alternate Sundays: 7pm to 9pm. Contact Colette Hoff: hoff@goodenough.org for Zoom information.

Winter and Spring Dates:

- February 27
- March 13 and 20
- April 10 and 24
- May 8 and 22
- June 5 and 19



Work and Play Parties throughout the Year. Traditionally, the Goodenough Community sponsors work parties over Memorial Day weekend as well as other times to express gratitude for the presence of our beloved retreat center, Sahale, and to experience the satisfaction of playing and working together. Please email hoff@goodenough.org with questions.

Quest: A Counseling and Healing Center

Our belief is that mental and emotional health is a prerequisite for spiritual well-being, collaboration, and the expression of compassion. Quest's counseling and education programs, open to all interested individuals, focus on empowering individuals, couples, and family groups to be happier and more effective in relationships. Call Colette Hoff (206-755 8404).