

The Village View

October 27, 2022

Pam & Elizabeth Jarrett-Jefferson, Editors

Coming Up—

- o General Circle, October 31, 7pm
- o Pathwork, November 6, 7pm

TIME OF THE HARVEST

Elizabeth Jarrett-Jefferson

With Marjenta Gray's reminding us in the prior *Village View* that the yearly time of taking stock is upon us, it is also appropriately time to reflect on the fruits of what we have been able to accomplish as a community this year, looking particularly at the care and feeding of our learning center, Sahale, where we have just concluded the guest high season.

With the care and feeding of Sahale comes care and feeding of ourselves as a community by friends who stepped up, in goodwill and generosity, to support the spring, summer, and fall guest season and operations at Sahale and thereby sustaining our community. Many of the guests that we hosted this year were previously contracted with last year by Colette; so this year involved executing those contracts, developing new relationships with them in light of new Sahale leadership; and enveloping these same guests with our unique form of relational customer service that we always have worked to perfect yet has become second nature.

Yeah, it was tight at times with the work/staff ratio. We were learning about and the numbers of things that Colette held close and took care of, from the intangible, relational realm; to the very tangible tasks. I personally learned a great deal and was gratified to know that I could plunge in and be effective at helping. I heard others express similar sentiments.

On-Line News of the Goodenough Community System www.goodenough.org

American Association for the Furtherance of Community Convocation: A Church and Ministry / Mandala Resources, Inc.
Sahale Learning Center / The EcoVillage at Sahale

"Help" is such a broad term in community life. There were those, like Joan Valles, who supported life at home so housemates and/spouses could journey to Sahale and help with direct guest support. There were those involved in hiring, training new high season staff, not to mention the new high season kitchen staff themselves, among them Niles Burton, who brought in chef Joseph Rusiski, from the Midwest to guest-chef for a week; and Cassie Zimmerlee from Eugene who was a very important member of the meal-service team. Drai Schindler was a valued team member of the potlatch team; and Sam Staatz and Mike DeAnguera were as well, and all Sahale residents. Coordinating the entire kitchen operation was Barbara Brucker.

Yes, food looms large for Sahale and its guests. The fare of Sahale has been legendary. We work hard to plan, discern, examine dietary and nutrition content, and balance meals and offerings, and shop.

And there are many behind the scenes things going on that are not so out front. There is all the support of kitchen support (set up, clean up, dish cleaning, preparing for the next day, composting and garbage patrol); there is housekeeping before, during, and after each event (bed making, laundry, folding laundry, cobweb patrol, vacuuming, window washing, bathroom cleaning and prepping; hot tub cleaning before and after each group; lower campus maintenance and preparation (facilities preparation,



port a potties set up, garbage and recycling, getting the weaver and tum tum house ready for guests; Firewood prep; mowing; weed eating; lawn furniture care and placement; putting up the teepee, preparing and cleaning the Swamp; preparing the log building restrooms for use.

Later this fall there was continuing work on our new workshop---a new cement floor; siding up; caulking.

There is communication with the guest contacts; contracting for the future; keeping lines open 24/7 for requests for help from guests; coordinating tasks and operations; immediate problem solving and service; monitoring supplies and costs; distribution of tip money.

At the end of our season there is the task of event tent take down, which involves removing the sides and top and wiping them down; folding; storing them for the winter; disassembling the tent girders and sides; removing the dance floor pieces and storing for the winter and preparing as necessary.

This is all in the vein of how much was accomplished with the help of so many of you. I thank each and every one of you for your hard work and your contributions of any kind, no matter

what size, shape, or weight. I have been so touched by what we were able to accomplish. Remember, too, that we held several memorial services and events for Colette even before our high season began in late spring.

More than anything, despite imperfections and growing edges, I feel the love and valuing of our connection

with each other and with Sahale.

Below are those I wish to thank personally; I hope I haven't missed anyone: Drai Schindler, Irene Perler, Pam Jarrett-Jefferson, Bruce Perler, John Schindler, Mike DeAnguera, Sam Staatz, Brittany Whiting, Cassie Zimmerlee, Niles Burton, Barbara Brucker, Joan Valles, Norm Peck, Andrew Hovenden, Russ Pogemiller, Jim Tocher, Marjenta Gray, Deborah Cornett, Kirsten Rohde, Aliki Serras, Joshua DeMers, Douglas DeMers, Marley Long, Hal Smith, Hollis Ryan, Claudia Fitch. Tod Ransdell, Tom George, Kristi Keller, Julie Wolf, Russ Puscarcik, Phil Buchmeier, Rose Buchmeier, Tracy Lay, Heron & friend David, Sharon Grant Ghan, Steve Ghan, Jodine Hatfield, Leslie Norman, & Julius. Then there were Peaches, Luna, Cody, & Cooper who lent comic relief.

It truly takes a village. I am ever grateful to be part of this village.

With gratitude – Elizabeth



Men's Event Tent Crew - More Next Edition

ARCC VISITS US AGAIN!

Pam Jarrett-Jefferson

n previous *Village Views* we have highlighted a variety of our Sahale-guest experiences, including those involving students from ARCC ("America Cross Country"), an international organization headquartered in Bend, Oregon, that sponsors programs for students interested in putting a year between their high school and college experiences ("gap year"). As part of their sevenmonth curriculum, Sahale offers a one-week experience in permaculture.

What a pleasure it was to have these young people come and be with us again this year.

Our fall ARCC group was



ably led by student teachers Hannah and Jasmine. Students Alex, Ann, Jack, JJ, Julia, Katrina, Mimi, Sam, Sophie, Spencer, Teagan, and Willow were great fun to work with, all the while helping us accomplish many tasks here at Sahale.

If you will, visualize these highlights as they are happening: Kirsten, leading the students on a walk around the property, sharing the history of this land, its peoples, and how Goodenough cares for the land using permaculture principles. Watching the spawning salmon at the river. Kirsten sharing the story of the Dawn Redwoods that were about to be planted in honor of John and Colette Hoff. Planting two elderberry trees gifted from the Svaha Spirit Lodge community in memory of John and Colette. Drai crafting a ritual for these plantings and involving the students. Drai and Pamela Rosa (see picture below), mulching and caging the baby redwoods planted last year by the ARCC students, who helped in giving names to each of these trees and becoming heart connected to them.

The ARCC students were instrumental in fruit picking (apples, pears, grapes, berries) and processing, moving heavy things, wood splitting & stacking, wood chipping, tree mulching, caging trees, and surveying with Sam Staatz the lower swale and meadow.

For fun, students hiked near the Theler Wetlands, participated in a drum circle led by Drai, and watched the movie *Princess Bride* in the Swamp!

These students and leaders had wonderful attitudes, were eager and willing to help, and stayed with it until the job was done. My highest compliment to them comes from my observation that they were a cohesive group---following and leading, gently correcting each other, and were generous in offering appreciation and encouragement to one another.

Elizabeth was their contact person and hosted throughout their stay. She made sure that they knew we would welcome them back anytime for a visit whether it's a drive-by when traveling, or for a

week, month, or an entire summer if they wanted to. Many said they would!

We may never know the extent to which we impacted these young people; and I know we did. Personally, I am very clear of their impact on me. I enjoyed working with them, engaging them in conversation, and watching them interact with us and each other. I believe our time with them was mutually beneficial in many ways, both seen and unseen. I still miss them and wish them well in their lives. And, of course, I hope they come and see us again. Here's a link to ARCC website:

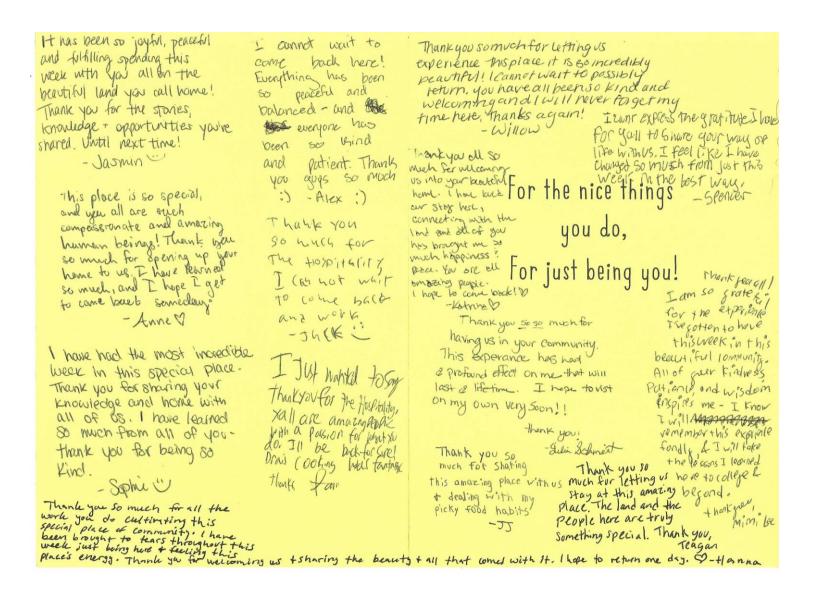
Gap Semester & Gap Year Programs | ARCC Gap (adventurescrosscountry.com)







From the ARCC Students:



Save These Dates - Please Note Changes

Here is some important community event information for your fall and winter planning. Please make notes for your calendar. You will also find many of our regular programmatic event dates (Men's, Women's, Third Age, Pathwork) listed in our *Village View*, which can be found here.

True Holidays 2022

We will not be hosting our usual True Holidays event this year, which is traditionally held the first Saturday in December. Instead, our Community will be hosting a Holiday Open House at the home of Tom George on **Saturday**, **December 17**. Times, location, and other details to follow.

Thanksgiving, Christmas, and New Year's

The community will not be hosting formal gatherings for these holidays this year. Drai Schindler has offered to be head chef for Thanksgiving dinner at Sahale for residents and others who would like to join. Please let <u>Elizabeth</u> know if you'd like to join the Sahale residents for Thanksgiving dinner.

While we are not hosting formally at Sahale over the holidays, let Elizabeth know of your interest in spending time at Sahale over any of these time periods.

Solstice Bus Trip to Leavenworth – This has been canceled for this year.

Elizabeth Jarrett-Jefferson, for the Goodenough Community Lifeways Circle--Barbara Brucker, Rosemary Buchmeier, Marjenta Gray, Elizabeth Jarrett-Jefferson, Pam Jarrett-Jefferson, Hollis Guill Ryan, Joan Valles

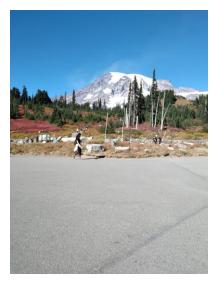




Mike deAnguera

From Birth until Death we are all on a journey throughout the mystery of Life. That journey becomes a pilgrimage when I wake up and consider the sacred nature of it. This is what gives meaning not only to my life but also to my relationships to everyone around me.

Two weeks ago I did a trip up to Mt. Rainier with my brother Paul and his wife Pat. We began our hike at Paradise Lodge. The trail we were on was paved but very steep. We all got great exercise.



I go on a hike not to have an easy time but to experience everything on a hike including sore feet and muscles. If I was just brought up here without the opportunity for a hike, the experience would have been empty like watching a video. No deep memories would have been carved. Nothing to really share with each other.

Being aware of what a hike really is about-that's what gives it the power to be etched into my life as an experience.

Community building is likewise hard work. It involves waking up to my true nature and I can only do that when I make mistakes and get feedback on how I am doing. It is very humbling yet necessary for me to be wise. For if I am listening only to my own ego that makes it impossible to listen to the Divine. The Divine is present in everybody around me. I am already perfect and worthy just as I am for I contain the essence of Divinity. It is the spark of

Life animating my body and playing Mike.

Last week a group of community men met to take down the big white tent we hold many events in. Members included Jim Tocher, Norm Peck, Tom George, Russ Pogemiller, Russ Puskarcik, Doug DeMers, and Phil Buchmeier. Norm Peck gave the leadership we all needed and Tod Ransdell cooked all our meals. Pam Jarret-Jefferson also pitched in giving us older guys the energy we needed.

The take down took three days. This seems to be the hardest one for me, helping me to realize I am getting older. This causes me to reflect on the whole journey of Life.

I don't necessarily need to wake up. In fact maybe waking up without community support might actually be harmful. It can be depressing. Like The Matrix. I need to have good company to do my waking up.



What did the Buddha have? A faithful companion joined him when he sneaked out of the closely guarded palace where he lived. He wanted desperately to know why was there old age, sickness, and death. It took great courage for him to find the answer. To find the Buddha within.

Buddhism can explain the journey to life in a way that makes sense to me. I need to be nourished by good traditional roots of what it means to be a human being. My major disagreement here is I don't feel like I fell into this lifetime by mistake. I have a reason to be here. And forgetting my Divine origins is a major part. Then I get to play the game of remembering once again until I leave this place. The truth is the Buddha is contained in all of us. It is my natural state. It is currently obscured by my ego, my character role.

Finding a mate was a major goal of mine. It is what my life's story is woven around. Why didn't I find a mate right away? Maybe I need to find some way to deal with the way society processed me. There are no aides to becoming awake. In fact the truth is obscured by our religions. They can only serve as a means to an end. They are not an end in themselves.



Here you can see the tent in the process of being disassembled. At my age I can't conceive of what it would take to disassemble the whole thing. I simply can no longer do it. But I can work from one break to the next. And I can work one day and not worry about the next day. For me that is the best way to approach Life.



Programs and Events of the Goodenough Community

Community is about adapting to change, and that has been the case with Covid 19, the pandemic, as we adapted many of our ways to connect, most of which have been held on Zoom. This has enabled people from outside our area to participate in community events. Now we are adapting to change following the death of our co-founder Colette and our need to learn from the past and look toward the future of our community.

Throughout the year we offer programs and events that help you participate in your own development, learn about relating well with others, and help you discover your potential for having a good time in life and with others. As we work through this period of transition, we have limited or changed our offerings, but check this page for the latest information. Information about future programs and events also will be found on our website: www.goodenough.org and in future Village Views.



Human Relations Laboratory, August 2023 This event was cancelled in 2022. Please look forward to Human Relations Laboratory 2023

This intense and joyous week-long event is a communal experience of personal growth and relational development within a rich culture with art, music, dance, song, drama, and more.

Contact: Elizabeth Jarrett-Jefferson



The Goodenough Community's governing body, the General Circle

Currently meets weekly on Monday evenings, 7 PM on Zoom. Next meeting **Oct. 31.** For additional information, contact Elizabeth Jarrett- Jefferson



The Women's Program is a long-established and ever-growing way for women to enjoy each other's company, learn about themselves as women, and even perhaps to experience the Divine Feminine. The Women's Program will meet from 10 AM to 1 PM on Saturday, January 28, 2023, via Zoom. For information, contact Hollis Ryan



The Third Age - Those aged 60 and older have customarily been gathering every other month, Friday evenings, at 7 PM by Zoom. We are proposing a gathering of Third Agers on Friday, **Nov. 11.** That's Jim Tocher's birthday and the day after our dear Colette's birthday. Contact Kirsten Rohde for more information.

The Men's Program - Our Men's Circle is an expression of brotherhood and practice, with wisdom gathered from our own lives, other men's work, advocates, and the founders of this circle. Contact: Norm Peck



Pathwork, A Program of Convocation: A Church and Ministry.

Pathwork offers a spiritual home in which to rest and to share your heart and mind as you move through these unpredictable times. Participants come together and find support and encouragement, gaining wisdom from the world's faith and wisdom traditions. All are welcome to join.

Meetings are held via Zoom on alternate Sundays: 7 to 9

PM. Next meeting: **November 6**. Contact: <u>Brucker Brucker</u> for Zoom information.



New: Founders Day Celebration This new event is designed to celebrate our shared community life and to honor our founders, John and Colette Hoff. The first Founders Day celebration is scheduled for the weekend of April 22, 2023, at Sahale.



Work and Play Parties Throughout the Year. Traditionally, the Goodenough Community sponsors work and play parties over Memorial Day and Labor Day weekends as well as other times to express gratitude for the presence of our beloved retreat center, Sahale, and to experience the satisfaction of playing and working together.