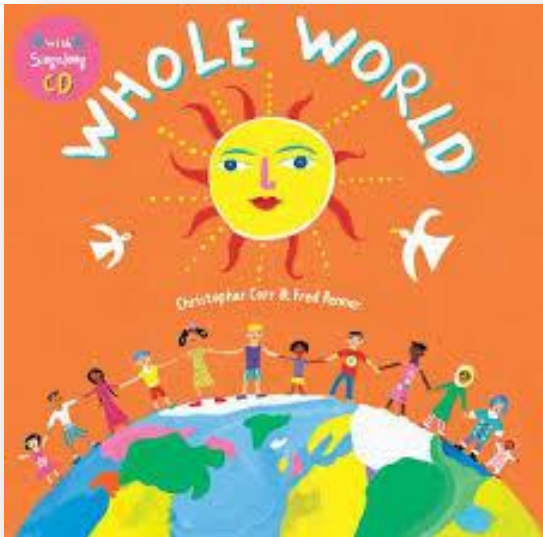


November 4, 2015

Elizabeth Jarrett-Jefferson, Editor



## *The Village eView*

### *On-Line News of the Goodenough Community System:*

The American Association for the  
Furtherance of Community  
Convocation: A Church and Ministry  
Mandala Resources, Inc.  
Sahale Learning Center  
The EcoVillage at Sahale

## Whole

*All of; entire: used to emphasize a large extent  
or number*

### Upcoming

**Celebrating Community Weekend** – Nov 6-7-8

**Celebrating 80 Years with Jim Tocher** – Nov 15

**True Holidays Celebration** – Sat, December 5

**Solstice Bus Trip** – Sat, December 19

## Our Environment is an Integrated Whole

*by Ganoba*

**We have a very special relationship with our environment.** The sooner we realize it, the better it is for all of us.

Life as we know it came into being because of the environment. Having given birth to it, it has nurtured and supported it and provided the playground for its evolution. It continues to do so in spite of the ravages caused to it by the modern man.

The environment in our living experience appears in five principle forms, namely the earth, water, air, space and energy. These five individually and in conjunction with the others take on millions of forms. For example, earth appears as dust, sand, boulders, hills and mountains; water appears as vapour, moisture, rain, streams, brooks, rivers, ponds, lakes, oceans, snow, glaciers etc.; energy appears as heat, light, sound, electricity, magnetism and so forth. Air is a subtle element and hence we can only experience it in its various forms and moods. Space is very subtle and so we sense it when it is missing or crowded out. Together they create this wonderful universe. Similarly life has taken on zillions of forms; the amphibians, the reptiles, the worms, the bacteria, the birds and beasts, the trees, the creepers, the bushes the algae and so forth.

Because of our reductionist ways of thinking and perception, we do not see that our environment is an integrated whole. We also do not see the oneness of life. We have cut it up into meaningless and lifeless shreds. We have also missed the wonderful relationship between life and the environment. Many people, particularly the indigenous ones, see the environment as the mother, playmate, lover or companion. They respect and love it, at times even worship it. Modern man sees it as a wild beast to be tamed, domesticated, mastered and then enslaved.

The environment, taken as a whole, is our primary resource for living, play and evolution. When we break it up it loses life and meaning. That is what has happened with money. It is not part of the natural environment. It is a creation of man. Progressively it has become more virtual and artificial. Money does not fulfill any of our needs, either of sustenance or evolution. But we have come to believe this myth. We are living with many other myths. A most pernicious one is the existence of the individual independent of the environment.

Let us identify all these modern day myths and drop them. Then we can live truly as human beings playing our rightful role in the natural scheme of things.



## John is becoming whole

Colette Hoff



**John Hoff is recovering well** with his friend Olaf at his side in the hospital. Olaf, a character from the Disney movie *Frozen*, loves summer as does John. Olaf also brings smiles to visitors.

John will be released from the hospital tomorrow (Thursday, November 5) and will be going home to Sahale for rest and rehabilitation. John will enjoy seeing all who attend the *Celebration of Community* this coming weekend (see article in this eView).

John and I are so appreciative for all of the support and prayers we have received through this ordeal. Visitors have also been most appreciated. We also value the good care of all the staff at Swedish Cherry Hill. Each encounter has been very positive and adds to healing.



John and Amie

## ***And speaking of the whole...***

### **Celebrating Community – November 6-7-8 at Sahale --You're invited!**

*Kirsten Rohde, Bruce Perler, Elizabeth Jarrett-Jefferson, John & Colette Hoff*

**The Goodenough Community is in an exciting time in its story.** There is an increased interest in us, more people are living at and visiting Sahale, we have involvement from a range of ages, we have an established community home in Seattle, and we are engaged in a variety of outreach to others. This time is full of opportunity, new beginnings, changing leadership, authentic challenge and rewarding experiences. Over the past several years we, the Council of the Goodenough Community System, have sponsored and hosted a number of gatherings designed to invigorate our friends, members and leaders towards our future as a community, a network of relationship, and participants in the global communities movement. It's truly a time of creative possibilities, preservation of our beloved culture, and openness to this time of transition.

We're inviting you to a weekend for your whole being with experiential activities, engaging conversations, creative dreaming time, appreciative inquiry / evaluation, energized learning and the rare opportunity to be actively involved in this important passage in our community's story.

Those of you who were at the Human Relations Lab this past summer will enjoy a chance to reconnect and revisit your learnings from Lab. All of us will enjoy choosing new ways to look at community life while we also determine what of our community culture and wisdom is important to pass on to new generations of community-minded folks.

**So mark the date for celebrating community – this coming weekend - November 6-8 at Sahale.** We will start at 8pm on Friday, with dinner available before and conclude at 3pm on Sunday. Bring instruments, snacks to share, and your creative energy.

Please let Elizabeth Jarrett-Jefferson know of your plans to attend:

[elizabeth.ann.jarrett@gmail.com](mailto:elizabeth.ann.jarrett@gmail.com)

For more information about the weekend you can also contact:

Colette Hoff ([hoff@goodenough.org](mailto:hoff@goodenough.org) 206 744-8404)

Kirsten Rohde ([krohde14@outlook.com](mailto:krohde14@outlook.com) 206 719-5364)

Bruce Perler ([bruce\\_perler@hotmail.com](mailto:bruce_perler@hotmail.com) 206 419-8361)



# Wholeness

From the *Co-Intelligence Institute*

**I**n normal usage, the word "whole" means simply complete, entire, undivided, not ill or injured. Holistic science and philosophy and the study of systems have added new dimensions to our understandings of wholeness, understandings which are still developing.

In co-intelligence work, "wholeness" refers to the inclusive, ever-evolving coherence of life and its various parts and of the relationship dynamics between those parts. This coherence underlies familiar concepts like health, integrity, wholesomeness, holiness, and other holistic concepts. Wholeness, itself, has many dimensions and dynamics which we are exploring in co-intelligence work.

That said, the fact is that wholeness is both central and not precisely defined. It is something to "get the feel of." When we talk about "wholeness" on this site, we are often embracing many overlapping phenomena, among them these:

## *the* **Whole Story**

- Attending to the whole means attending to "the big picture" instead of engaging in narrow-minded glorification of limited information.
- In a common definition of co-intelligence -- "Accessing the wisdom of the whole on behalf of the whole" -- the whole can include the whole group, community, or nation; all the parts of a system or all the adversaries in a conflict, in generative conversation with each other; and/or the larger wholeness or Spirit of Life as a source of wisdom.



- Wholeness includes long term perspectives and realities. Although immediate problems, realities and outcomes may be important, they are not the whole story,
  - Taking wholeness seriously means looking beyond narrow self-interest to "the common good" -- and even pursuing self-interest through pursuit of the common good.
- Concern for wholeness requires moving beyond shallow appearances and symptoms. It requires moving into fuller meanings, deeper causes, greater complexity, subtlety and ambiguity.
- The wholeness of things of course includes their parts. But when we're considering living beings and living systems we must also address their overall health, responsiveness, development, special gifts, etc. -- their unique aliveness -- and also their context and history. We must especially transcend our focus on their utility to us.

- Wholeness almost always involves the healthy mutuality (synergy) of relationships, a dimension of life that can be neglected by an exclusive focus on the entities involved in those relationships. Whole-system dynamics and structures are often the dynamics and structures of relationships that characterize the whole.
- To attempt to understand the whole means to humbly recognize the fact that "there's always more to it; to appreciate the limits and evolution of knowledge and certainty.
- Wholeness often refers to the unity of spirit -- and commonality of story -- that underlie the details of life. Unity and commonality are often overlooked when we focus too much on differences and separateness (although these, too, are part of wholeness!).

"Wholeness" is the concept that best embraces "new paradigm" efforts to create a more just, sustainable and wise society.

### If we took [wholeness](#) seriously...

We'd include more of what was involved -- and more of *who* was involved -- in any situation we were dealing with. We'd try to consider anything that might be relevant, and we'd make sure all stakeholders were involved. Ideally, we'd include anything and anyone related to the situation -- as much as we could tolerate. Of course we all have our limits, but we'd continually stretch our ability to embrace more and more reality -- more and more viewpoints and approaches and diversity and nuance and complexity. We'd want to get a sense of the whole picture -- or as close to it as we could get. [The experiment in Canada](#) -- in which a dozen extremely diverse citizens thrashed out a powerful consensus vision for their country -- is a good example of this.



**We'd recognize** there was more to whatever we were dealing with than we could articulate and analyze. We'd sense into it, looking for hints of the bigger story, the underlying feelings, the growing edges of the situation, the mystery. We'd make sure our intelligence involved more than our own logic and individual smarts -- that it involved things like emotion and intuition and each other -- so we could embrace life more deeply. At its best, science is like this -- collegial, passionate, humble, intuitive, awed and curious, as well as rational.

We'd realize there is much more to us -- as whole individuals and groups -- than any particular label, role or aspect of who we are. Everyone is bigger than their name or function or our estimation of them, and therefore worthy of respect -- even when we don't *like* them. This is true of *everything*, as well. It requires constant vigilance, in my own life, to not slide into judgments and stereotypes so I can really see the unique person or thing before me. Practitioners of [permaculture](#) (a system of "permanent agriculture") try to design productive



ecosystems in which each element -- each animal and plant, each piece of land or water -- performs multiple functions which utilize its unique qualities.

Our feeling and thinking would be broad and deep -- about the long term, about system dynamics, about the oneness of humanity and nature. And we would, whenever possible, move beyond "either/or logic" and "win/lose conflicts" to explore the larger picture painted by "both/and logic" and "win/win possibilities." This long-term, integrative, healing impulse is exemplified in the Native American search for solutions that benefit the seventh generation after them.

We'd explore the role of circumstances, environment, culture and other contexts as factors influencing outcomes. We'd recognize that taking things out of context is one of the best ways to miss the whole point. We see this in our criminal justice system, in which the community takes little or no responsibility for the misdeeds of its members, removing them to isolated cells instead of healing the damaged community with reparations and mutual efforts to help the damage never happen again (as is done in many tribal communities).

We would ground our ideals in wholeness. For example, since the words health, healing, wholesomeness, integrity and holiness (sacredness) all refer to wholeness, we would give these values high priority in our personal, economic and community life. The work of people like Gandhi and Rudolph Steiner embody this effort to nurture wholeness at and among every level of life. They provided paths to develop whole people who could sustain healthy communities together, with a sense of sacredness, in harmony with nature.

### **Thanksgiving at Sahale – You're invited - November 26, 2015**

This year our community Thanksgiving will be at Sahale. We invite you to join us for a good country feast. We will prepare a turkey with stuffing, gravy, potatoes and perhaps a couple other favorite side dishes. We're asking guests to think "potluck" and to bring a dish you'd love to eat and to share with others. Or come earlier in the day and prepare a dish at Sahale. Let us know so we can coordinate cooking together. Vegetables, side dishes, desserts are all welcome. **Dinner is planned for 4pm.**



You are also welcome to stay over for the night or longer into the weekend. This will be a relaxing weekend that we will create together. Bring a craft project, musical instruments, snacks and beverages to share. Please let Kirsten know of your plans ([krohde14@outlook.com](mailto:krohde14@outlook.com)).



## The de Anguera Blog: Whole



**T**o be whole is to be a fully integrated being. I experience life as a whole rather than as unrelated bits. When I experience life in unrelated bits, I am fragmented. Psychologically this is not healthy. Parts of my life would be taken up by work, church, and other things that have nothing to do with each other.

Community is the antidote to the fragmentation of my life. In my case it gave me a whole way of life working and having fun with my friends. A whole way of life. Notice the use of the word “whole”. The implication is that my previous life was not whole. I lived in a complex where I had no relationship with anybody there. We were all into our own job lives

My complex, the Tiburon is in the left hand photo. None of us living in this place had anything to do with each other. The photo on the right shows the Sahale bee hive. All the bees were working together to help the hive survive. The bees obviously had a lot to do with each other. Which do you suppose is displaying a more advanced state of being: the bees on the right or the humans on the left?

Now it amazes me that condominiums and apartment buildings are built by developers. People buy and rent, then move into these developments thinking how good this is. They have nothing to do with each other. I can no longer conceive of living in such a place let alone imagine whole cities being built this way.

Crime thrives where there is no community. When people are autonomous unrelated beings they are weak as a social unit. So crime finds its way in. In a world where is no sharing, no security for some criminal seems a logical way to be. Some people become predators while others become prey, having no inner strength of their own or friends they can turn to. Fear becomes a major driving factor. Politicians and others manipulate us through our fears.

Predators can also be found in nice clean offices. They take advantage of us when we take out a loan or mortgage to buy property. Remember the subprime crisis in 2008?

People without a sense of community become prey. In the wild when predators chase after prey, they first separate the victim from the herd. Then the prey becomes much easier to catch.

Being whole is knowing your community has a common destiny together. Does that mean we have to be exactly like the bee hive? No because humans are not bees and obviously



*Wholeness is Irene Perler holding a dahlia while Neddie looks on. You should see the number of tubers attached to this dahlia.*

operate on a more complex level. But are we exhibiting more advanced consciousness in what we do? I would suggest the answer is no. We just let others determine what we value. For me this meant living in a state resembling my dreams where I never questioned the setting no matter how strange it might have been.

When I lived at the Tiburon, I never wrote any articles.

Who would read them besides me?

## True Holidays Celebration – 28 years and going strong!

**Saturday, December 5, 6 to 11 pm**

**By Kirsten Rohde**



Twenty eight years ago members of the Goodenough Community created an evening to prepare our minds and hearts for the season's opportunity to better befriend family, friends and others whom we encounter in daily life. Each year the **True Holidays Celebration** has helped people prepare for the winter holiday season honored by many faith traditions. We offer a chance to practically improve our lives during the mid-winter season, a season that can be beautiful, charming to the child within, and open to friendship and caring. Unfortunately we can also get caught up in a great bustle of activity, overextending, and competing commitments. Our True Holiday event is designed to give each of us a chance to just be present to ourselves, our connections with others, and our intention to savor each moment as it comes. During the evening, we pause for a time of reflection when we can notice what we personally need and value in this season, and honor what we have to share with family, friends, colleagues, and the community of people all around us.

I invite you to join us on December 5<sup>th</sup> and to invite family and friends to join you. It is both a fun and thoughtful evening. The team of us that create this event talked about wanting to give back to the broader community in this season. Therefore we have agreed that, while some activities during the evening do help raise funds to support our community, we will donate a portion of the proceeds to Northwest Harvest.

During the evening, we will have the chance to reflect on the kind of holiday season we'd like to have as well as being able to spend time with friends, co-workers, and families (all in one place!) There are planned activities for children, plus food, libations, and a fun silent auction.

**This year again we are happy to be led in contra dancing by Sherri Nevins and her musician friends!**





## *Winter Solstice Bus Trip - Saturday, December 19.*

**A Registration form is attached to the eView email**

**With your friends and family,** enjoy this day-long journey that embraces the longest night of the year. We will board a chartered bus and travel over Snoqualmie and Blewett Passes to the beautiful Bavarian Christmas village of Leavenworth. Then we'll head to Eagle Creek Ranch, just outside of Leavenworth, where a horse-drawn sleigh ride awaits us, followed by a buffet dinner.

[Please register with Elizabeth now](#) (last year we sold out).



**From grandchildren to grandparents,** this day-long adventure has proven itself for over 20 years. There is, first of all, a cozy bus ride to Leavenworth and back. On the bus, there is time for eating, getting acquainted, and singing—it's the holiday season! In addition we usually stop for snow play in the mountains where the snow is deep. Our time in Leavenworth is long enough for some shopping and experiencing Christmas sights and sounds. We finally arrive at Eagle Creek Ranch where we board horse-drawn sleighs for a ride through the forest followed by a feast brought with us. Through the years, many people have said it is one of the most delightful of days. Colette Hoff will be our guide this year.

This experience was created years ago by a group of adults who wanted to put all of the pleasures of the holiday season into one day. Come join us and you will find that many of us return year after year because we wouldn't want to miss it.

Our cost includes transportation, sleigh ride, and a hearty dinner:

**\$90 – Adults (18 and older)**

**\$75 - Children (13 to 18)**

**\$55 - Children (3 to 12)**

**Children under 2 free**

[Please register with Elizabeth now](#) (last year we sold out). A registration form is attached to the eView message.



## *New Year's Eve Weekend **at Sahale***

*Kirsten Rohde*

**This year New Year's Eve is on Thursday night.** We plan to continue our tradition of good conversation, winter walks, hot tubbing, making meals together, and celebrating the change of year. Dinner will be served at 7:30 p.m. on New Year's Eve. Of course, we will have our 9th annual Train Dominoes Tournament. Time will also be given for some personal and shared reflection and for joyful celebration.

This year, there is the opportunity for relaxing at Sahale the weekend afterward, and there is the opportunity for creative expression....Art, poetry, trying out a recipe, music, reading, conversation. Hot tubbing and enjoying Sahale, of course. You are welcome to come for the weekend– please let Kirsten Rohde know of your plans ([krohde14@outlook.com](mailto:krohde14@outlook.com))

## Community News

---

Elizabeth Jarrett-Jefferson

### Birthdays and Anniversaries

- Happy birthday, **Colette Hoff** – Nov 10
- Happy (actual) 80<sup>th</sup> birthday, **Jim Tocher** – Nov 11
- Happy birthday, **JR Fulton** – Nov 14



*Please join us!*

***Celebrating 80 Years with Jim Tocher***

***Sunday, November 15, 4 to 7pm***

***Community Center – 3610 SW Barton, Seattle***

***Appetizers and Desserts***

***Bring your favorite “Jim story”***

***RSVP to Elizabeth -[elizabeth.ann.jarrett@gmail.com](mailto:elizabeth.ann.jarrett@gmail.com)***

### Themes for Upcoming eViews

We welcome your contributions to the next series of *eViews*! Send your contributions to the Editor of the Week !

- 🎃 November 12 – *Health* (Kirsten, Editor)
- 🎃 November 18 – *Hearth* (Elizabeth, Editor)

## Cultural Programs & Events in 2015

---

*For the Goodenough Community, cultural life is an arena for creative expression.*

*All programs and events are open to the public. We welcome your interest and participation.*

*Over thousands of years human communities*

*“Community is a word that captures the fullness and wholeness of humans together.”*

■ Colette Hoff

*have organized not only their work life but also their relational and cultural life. The Goodenough Community organizes its cultural life around encouraging human development—through our programs for men, women, committed couples, families and around age groupings. Cultural programs usually encourage maturity, responsibility, and the development of valued relationships. Some of our programs bring everyone together with a seasonal emphasis. Following, are program offerings for the next period on our calendar.*

#### **Programs & Events:**

Third Age Gatherings	Women's Culture
The Conscious Couples Network	Human Relations laboratory
Family Enrichment Network	Sahale Summer Camp
The Men's Culture	True Holidays Celebration



#### **Creativity Weekends:**

☐ **November 13-15**

Please contact *Kirsten Rohde* for more information or to RSVP about any of these weekends.

[krohde14@outlook.com](mailto:krohde14@outlook.com) / 206-719-5364

## **Women's Culture**



*Hollis Guill Ryan*

**In September we began a new** year in the women's culture, a year of exploring our journeys as women on "The Path of Freedom." As is our custom when we gather as women, we will take time for inward reflection, we will share stories, we will give nurture and receive comfort. We will sing and stretch and share lunch. Our gatherings are informal and welcoming. Over the programmatic year, each gathering builds on the preceding ones yet each is discrete. We encourage you to attend as many as you can, but it is not necessary to attend them all. We invite all women who enjoy the company of women to join us as we learn, practice, and grow in our journey.

**Fall dates include: Saturday, October 24; and November 21.** Come join us!

Save the date

## True Holidays Celebration

**Saturday, December 5, 2015**

This event has more than 25 years of history and is held early in the holiday season in order to deepen and enrich the winter holidays for people of all faith traditions. This interfaith celebration will

again be at the **Mercer Island Congregational Church** and begins at **6:00pm**

*Kirsten Rohde will be our host and guide*



## Mark your calendars for Lab 2016!

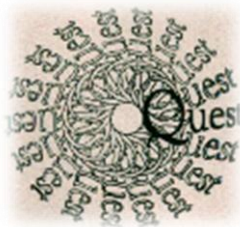
### The Human Relations Laboratory

**August 7 to 13, 2016**

**Sahale Learning Center**

*On the Kitsap Peninsula near Belfair*

[www.goodenough.org](http://www.goodenough.org) (360) 275-3957



### Quest: A Counseling and Healing Center

Our belief is that mental and emotional health is a prerequisite for spiritual well-being, collaboration, and the expression of compassion. Quest's counseling and education programs, open to all interested individuals, focus on empowering individuals, couples, and family groups to be happier and be more effective in relationships.

**Call John (206 963-4738), Colette (206-755 8404) or Colette and John at Sahale – 360 275-3957.** Currently, John and Colette are now visiting with clients at the new community center, 3610 SW Barton Street, Seattle 98106, as well as at Sahale.

