Collectively we have experienced an unusual event which gives us an opportunity to reimagine our lives.

Humans are relational beings who thrive with interaction. As you emerge from enforced isolation, how is it going? Where have you been? Where are you now? Where do you want to go?

You’re invited to the 52nd Human Relations Laboratory (Lab), a 7-day intergenerational experiential learning & training event that offers many ways to encourage your learning. At Lab you can:

- Connect deeply with others who are also growing themselves
- Enjoy creative expression of all kinds
- Live in the natural world, explore freedom and energy, and live in the present
- Stretch into personal empowerment
- Learn how your own inner dividedness contributes to the current polarization of our world and how healing leads to understanding.

A design team of experienced facilitators will lead you in large and small groups and in individual processes designed to cultivate warmth, intimacy, insight, and learning.

WHERE  Sahale Learning Center, nestled on 68 tranquil acres on the Tahuya River near Belfair, Washington.

TUITION  $750. The Lab fee includes food service, camping or indoor accommodations, and learning materials. Special rates are available for groups of three or more, seniors, students, families, and interns. Please consider an additional tax-deductible donation to the scholarship fund. If you wish to discuss tuition, please contact Registrar Elizabeth Jarrett-Jefferson.
elizabeth.ann.jarrett@gmail.com

TO REGISTER & PAY ONLINE CLICK HERE
Or visit www.goodenough.org/lab
WHAT IS A HUMAN RELATIONS LABORATORY?

A lab is a safe place to experiment with living from your true nature or conscience. A lab is also a process that encourages you to become the best version of yourself.

The Lab emphasizes experiential learning, a lively and engaging method of self-development that uses “in-the-now” experiences as a laboratory for self-study and for gaining personal insight. Experiential learning is both practical (skills-building) and exciting (the liveliness of authentic intimacy).

Each Human Relations Laboratory creates its own unique world of circumstances and shared understandings that has been likened to a native or tribal experience or a non-ordinary reality.

LAB OFFERS:
- A life-changing week in an atmosphere of joy and discovery
- A multi-generational experience with personal and social creativity
- Experienced leaders to design and guide the Lab and its processes, and to offer guidance and support to individuals and relationships

A TYPICAL DAY MIGHT INCLUDE:
- Meditation and yoga
- Learning in the whole group and participation in a small group
- Free time for personal relaxation and reflection
- Expressing your creative self & play time in the natural world

LEADERSHIP

Colette Hoff, M.Ed., Administrative Consultant
During her 45-year association with the Human Relations Laboratory, Colette has frequently served as Administrative Director. Colette is an adult educator specializing in working with relationships and personal empowerment.

Pam Jefferson and Tom George, Lab Facilitators
Tom & Pam bring not only their exceptional facilitation skills but also their fun and engaging friendship for the benefit of the Lab.

Augmenting and supporting Colette, Pam, and Tom’s leadership is a cadre of well-trained and experienced small-group leaders, plus seasoned artists, musicians, and other expressors.

WHERE

Just 20 minutes from Belfair, Washington, the 68-acre Sahale Learning Center is an easy drive from Seattle, Tacoma, Portland, and the Olympic Peninsula. The land holds within its valley a sacred grove of cedars more than 300 years old. The cathedral-like stillness within this ring of cedars harmonizes with the rush of the Tahuya River, just a few steps away. Held close by hills and forest on one side, an open valley meadow sweeps toward forested hills beyond the river. Abundant wildlife makes its home in the forests, river, and meadow.

SPONSOR

The Goodenough Community is a demonstration of how living in community can both transform individual lives and bring about social change. To learn more, please visit www.goodenough.org