



# The Village eView

August 31, 2016

Kirsten Rohde, Guest Editor

## Legacy

Coming Up:

Labor Day Weekend at Sahale! Sep 3-4-5

Pathwork – Sunday, September 11

Council – Monday, September 12

Third Age – Friday, September 23

Women's Saturday – September 24

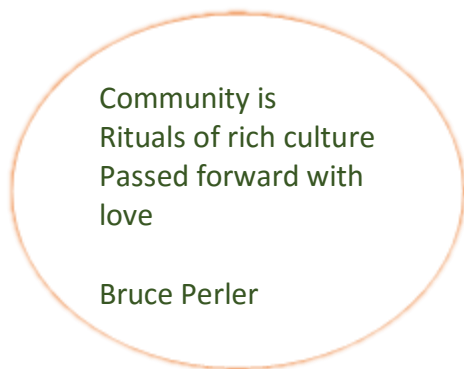
*We have decided to continue with the topic of legacy for a while in our newsletter. We had a good assortment of articles last week about legacy, Lab and Sahale. Your thoughts on this topic are also welcome for next week's eView.*

In 2013 our community engaged in a process we called Project Renaissance. The purpose was to plan for a 3-year time of transition: we recognized that we needed to plan for leadership succession, incorporate new people and new ideas into our community culture, record our story and the values that we hold dear for a healthy community, transition out of the home in Seattle, and develop plans for our future. This past spring was the conclusion of the three years. Colette Hoff has assumed a central role of coordinating and directing, Lab this year was planned and orchestrated by a team of five people, and our community is becoming ever more multi-generational with increased involvement of people in their 20's, 30's and 40's. All of this is about passing on a legacy of 40 plus years of a vision and manifestation of intentional community first dreamed by John Hoff, soon joined by Colette. So legacy comes up as a good concept for us explore during this fall.

*A tradition is kept alive only by something being added to it.  
Henry James*

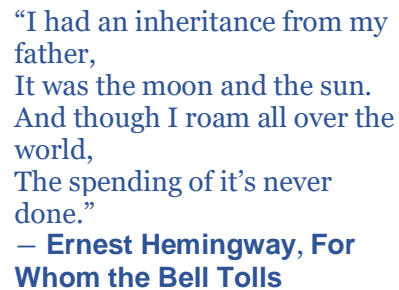
***On-Line News of the Goodenough Community System:***  
**The American Association for the Furtherance of Community**  
**Convocation: A Church and Ministry**  
**Mandala Resource, Inc.**  
**Sahale Learning Center**  
**The EcoVillage at Sahale**

Another example of legacy is the orchard trees passed on to us by Sue Schiller, who in the latter half of the 20<sup>th</sup> century planted apples, plums, grapes, and pears on the land we now call Sahale. Some of the apples are heirloom varieties and all of these trees and grape arbors have grown, now producing a great quantity of fruit for our enjoyment. This Labor Day weekend we will be harvesting and processing fruit, pressing, dehydrating, preserving, and eating all this delicious, organic fruit! This year's harvest is earlier due to weather and healthier due to the care we have devoted in the last few years. Also we think Irene's honeybees, new to us this past spring, have done their pollinating magic, contributing to even more fruit. **So...join us for a weekend of enjoyment, reconnecting for those of us who were at Lab, harvesting, and more. Relaxation and evenings in the Swamp are included of course. You are welcome anytime from Friday through Monday. Let Colette know of your plans: [hoff@goodenough.org](mailto:hoff@goodenough.org).**



Community is  
Rituals of rich culture  
Passed forward with  
love

Bruce Perler

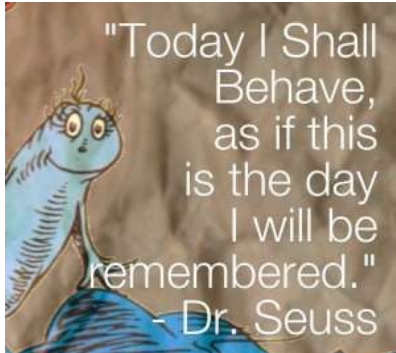


“I had an inheritance from my  
father,  
It was the moon and the sun.  
And though I roam all over the  
world,  
The spending of it's never  
done.”  
– Ernest Hemingway, *For  
Whom the Bell Tolls*

## **Pathwork, A New Season Begins**

### **Sunday, September 11**

On Sunday evenings for many years, John and Colette Hoff have invited individuals interested in personal growth and sharing their spiritual journeys to join in a process of “pathwork.” These evenings provide good opportunities for individual exploration in relationship to others. It is a process in which we coach and share insights with each other. This fall our focus will be on what is happening in our lives in relation to the themes of sanity, maturity, proactivity and creativity. This is a good way to continue personal work begun at Lab, for example.



Pathwork is sponsored by Convocation: a Church and Ministry, which promotes an interfaith exploration of the journey of life. Individuals share practices that have worked for them and we often spend some time in meditation together.

**Colette Hoff** provides guiding leadership to the evenings and is joined by John in helping each person deepen their understandings. Email Colette at [hoff@goodenough.org](mailto:hoff@goodenough.org) if you're coming. Pathwork meets at the Community Center at 3610 SW Barton

Street, typically every other Sunday evening, starting September 11<sup>th</sup>.

*I think the whole world is dying to hear someone say, 'I love you.' I think that if I can leave the legacy of love and passion in the world, then I think I've done my job in a world that's getting colder and colder by the day.*

*Lionel Richie*

### A Legacy of Peace

I was reading out in the Weavery at Sahale when this city pigeon walked in. Sounds like the start of a joke, but no joke, it just strolled right in through the door. I've since learned it is also called a rock dove or "feral pigeon". So if it's feral what's it doing indoors? I shooed it out but then The Cat started stalking it. Oh no! I actually like pigeons. They appear so mild mannered and seem to be looking at you inquisitively with their eyes.

So what does all this have to do with a legacy of peace? Well I started thinking about how rats and mice are really the only thing I'm willing to murder (and rats are the only ones I don't feel bad about it.) Everything else I'll rescue – spiders, bugs, snakes, bedraggled plants, and of course all the cats that have showed up over the years at Sahale looking for a home. Back to pigeons, I wanted to rescue this bird but then what? And That Cat, somehow named "Peaches," is a voracious killer. Shortly after he showed up, I found a dead rat with its head torn off. Nonetheless, when I hear that *human* nature is to be violent and at war, I don't buy it. Part of our legacy as a community which I hope we will pass on into the future, is a belief in the goodness of people and in our ability to be peaceful.

I am in a lifelong practice to eliminate anger from within me (rescuing myself this time). It escalated a few years ago when I realized that my anger expressed outward was too painful of an experience to bear; I really wanted to be done with it. I'd like to be peaceful, because when I'm upset inside and am not feeling kind inside or out, then the expression of this can result in unkindness towards others. I want to be a peaceful person and to live in peaceful ways.

When 9/11 happened I was at work shortly afterwards at a meeting of scientists and other professionals working in the mental health field. A psychologist started something he was saying related to 9/11 with, "Obviously we're all angry about this..." I sat there and realized, no I'm not angry about 9/11. I'm feeling the tragedy and the turmoil, but I just feel sad for all the players, truthfully for the attackers also. I felt sort of alone in the room with all these mental health professionals. Was anger really the primary feeling they were having?

In community, we learn that our human longing is to be kind and peaceful. I do experience this more in our community than out in the rest of the world. Recently with Twitter, Instagram, whatever, people are feeling free to express the most hateful, unkind things to each other. I'm a news junkie and I'm simply amazed at the amount of anger and tit-for-tat that is everywhere in this current political season. Our community is offering an oasis where we are learning to be more kind. We intend to resolve instances of less peaceful behavior as soon as possible. This has been my experience when I've gotten lost in an angry moment; there's a lot of forgiveness. We're helping each other and I appreciate the support I've received. Our community is not alone; I'm glad we are joining a river of people all over this world who are choosing to participate in these truly tough times with an intention to learn to be kind and helpful to each other.

The goal isn't  
to live forever,  
the goal is to  
**create  
something  
that will.**

*Dove/Pigeon's gifts include – bringer of peace and love, understanding of gentleness, spirit messenger, communication between the two worlds, maternity, femininity, prophecy.*

*The Dove represents peace of the deepest kind. It soothes and quiets our worried and troubled thoughts, and enables us to find renewal in the silence of mind. In these moments of stillness we are able to appreciate the simple things in life.*

- Ina Woolcott

Tree teaching  
about legacy.





## The deAnguera Blog: The Legacy of Organization



What determines the kind of person I am and how I relate to others? I am part of “society” which actually consists of the world thanks to jet travel and the Internet. Society is the ultimate social organization. We all belong to it by virtue of birth. It consists of nation states, provinces, cities and neighborhoods.

In the city there are all sorts of organizations we can belong to like employers such as the Boeing Company which pay us the wages we live on and voluntary groups such as churches. All have played a part in raising me up and creating the relationships I have with others. My life is largely a legacy of organization.

In church I am expected to share certain beliefs about myself and my relationship with the Divine. Some churches go even further and tell me that the Divine is a separate entity from me and is male. How do I know the Divine is male? It says so in the Bible which I accept if I am a Christian.

Many of us grew up Christian even if we did not actively attend church. That was certainly true in my case. I was made to attend Sunday school in my younger years. I suppose that’s where I got my initial religious foundation.

Why do I still attend church? Church feels good. I have known everybody there for over 17 years. It is very familiar. We have a service followed by a coffee hour and everybody goes home. Sunday is the only day we meet and as individuals we have never taken the time to know each other really well. What could we share together?

As you can see we now have a new building. A lot of sweat equity has gone into it. One of our 3 apartments is now occupied.

What does it take to make new friends? I have been told that it is about just talking to people. That’s a great way to make acquaintances. Friendship in my experience takes something else. Voluntary organizations are supposed to make that easy because we all share the same ideals. Or do we?

In this culture most of us live as isolated families and individuals. We are all expected to get jobs, get married, and raise families. It is only very recently that we have allowed gay couples to get married. Why get married at all? This is something that is almost unquestioned in our culture. In fact those who didn’t want to get married were thought to



be strange. The cultural pressure to get married is extremely strong. As I discovered once I was past college age all opportunities to meet dates disappeared.

For many long years I let the culture determine my values and it left me a very isolated person because I didn't quite fit. The Goodenough Community has given me a place where I could form healthy friendships with people and be real. It gave me the gift of knowing Kathleen Notley, the best friend I ever had. We could talk about anything under the sun. That is a legacy of the Community.



A signed helmet for one of the construction workers of our church building. Our way of expressing thanks.

## **Legacy – A postcard from Sahale Ecovillage herself**

Irene Perler

*Legacy is my middle name. Sahale Legacy Ecovillage... I want to thank all the people who come visit and enjoy my beauty and who share in the ideals of creating a sanctuary for life; and for the work done on my behalf.*



*I watch from my treetops as generations before and yet to come keep planting and tending to the trees – cedars, firs, maples, alders, walnuts, hemlocks, hazelnuts, apples, plums, cherry, pear and fig. While some are cut down and the forests are thinned, you use the wood for your fires, for building and for mulching and composting. You are stewarding the use of these resources well. Thank you for considering the wise use of anything you harvest and thank for taking the time to remember what you are doing when you cut something down.*

*I also watch from the ground and I see how you work with the land to develop food for yourselves. I appreciate your attention to balance and hope you continue to discern how*

*much water use is adequate in the gardens and notice what food grow best here. I appreciate that you think about these issues and seek balance. The fish and the wildlife and the other creatures benefit and also share these resources with you. It is good to evaluate and watch what impacts come from the work on the land. So far, there is enough for the beautiful trees and gardens.*



*I see you with the children; how you each help them grow up and that you want them to learn about all the life that lives here. I see how they enjoy learning about the worms, snakes, lizards and frogs, the pill bugs and beetles, the*

*spiders and the wasps and bats and birds, the deer, the salmon and creatures of all kinds. The native people who came before you called on all the creatures and gave them names like: winged ones, creepy crawlers, fishes, the four leggeds and the two leggeds. They give thanks over and over, every morning and every evening, thanking the sun and the moon and stars as they rise each day. These natives live their daily lives in gratitude and awareness of the cycle of life and of the importance of living as if our actions influence the next 7 generations. I'm glad you all think of these things, too.*

*“We don't inherit the earth from our ancestors, we borrow it from our children.”*

*I particularly watch how you take care of one another and the friends who visit me and walk this land. You are teaching one another what respect is and how to live more respectfully of each individual life and of the collective life of your tribe, these are challenging times for humans to feel connected and part of a tribe. You invite other groups of people who are learning how to tap into their healing and heartfelt life source. I honor your work at this.*

*You ask people to treat one another with respect for human kind and also for all the living beings on this land. This is the only way that I will exist into the future and live up to my middle name – Legacy. I am the gift you inherited when you came here and I am glad that you are taking seriously what it is that you will leave behind.*

*Please keep taking care of me and learning and teaching others especially those younger who come next. Please do what you do with thought and care and an eye for the future. Also, care about your neighbors and the region and the world at large. You have a song about me – “Sahale’s Gift”. I like this healing song. I also like that you have altars and*

**L**  
**LEGACY**

sacred places where people can be with their still small voices and learn to listen to spirit which connects us all. Listen deeply and listen some more, make decisions carefully and slowly as they pertain to my "Legacy".

Thanks for listening.

## Community News

By Elizabeth Jarrett-Jefferson



### Congratulations to Aaron & Melissa (Gossett) Woldeit & Family

...On the birth of their newest member of the family, Deric Ato Woldeit, born Tuesday, August 30, 2016 at 6:40am, 8lbs 9oz, 21" long. Welcome, Deric!



Deric Ato Woldeit



Joining Melissa, Baron,  
Carissa & Aaron

"Are we being  
good ancestors?"  
— Jonas Salk



## Birthdays and Anniversaries

- Happy birthday, **Cally Fulton**, September 1.
- Happy birthday, **Katie Sullivan** – September 3
- Happy birthday, **Keith Jarrett** – September 5
- Happy birthday, **Susan Todd** – September 5
- Happy Anniversary #7, **Eric and Samantha Sieverling** – September 5
- Happy birthday, **Elizabeth Jarrett-Jefferson** – September 6

Our wishes for a speedy recovery to **Ryan Zebold**, who suffered a mild heart attack on Monday. Ryan tells us he's resting at home and learning how to take it easy. Please send well wishes to Ryan at [rezebold@yahoo.com](mailto:rezebold@yahoo.com)



## **The 9th Northwest Permaculture Convergence.**

October 7-9 at Fort Flagler, Marrowstone Island, WA.

Michael Pilarski

I am the overall coordinator this year and we are whipping up a top-notch, exciting event. There will be an illustrious line-up of speakers, presenters, artisans, organizations and businesses. We will have an outstanding Permaculture Fruit & Nut Show, a Northwest Permaculture Pioneers reunion, an International Development and Permaculture Track, lots of artisans at the Skillshare Village and dozens of booths in the Exposition/Trade Show/Vending. <http://northwestpermaculture.org/>

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*"I want to make my mark on the world—and  
have it disappear in ten seconds."*

## Cultural Programs & Events in 2016

*Women's Saturday – September 24 @ Barton Street.*

*Third Age – Friday, September 23 @ Barton Street*

*Watch for new dates for the other cultural programs coming soon!*

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### **Quest: A Counseling and Healing Center**

Our belief is that mental and emotional health is a prerequisite for spiritual well-being, collaboration, and the expression of compassion. Quest's counseling and education programs, open to all interested individuals, focus on empowering individuals, couples, and family groups to be happier and be more effective in relationships.

**Call John or Colette (206-755 8404) or Colette and John at Sahale – 360 275-3957. In Seattle, John and Colette meet with clients at the community center, 3610 SW Barton Street, Seattle 98106, as well as at Sahale.**



“The choices we make about  
the lives we live determine  
the kinds of legacies we  
leave.”

— Tavis Smiley, *The Other Wes  
Moore: One Name, Two Fates*