



The Village eView

October 19, 2017

Elizabeth Jarrett-Jefferson, Editor

Organizational Work Can Be Energizing! (and uplifting! --Editor)

By Marjenta Gray

I have been enjoying participating in Goodenough Community Council meetings lately. This is a recent phenomenon; not the Council meetings, but my attending and enjoying them. I have been in enough frustrating, bewildering community organizational meetings in the past that this is a surprising new experience.

Leadership in the community has changed, and I think I have grown up some. I don't get upset as easily as I used to, and the upsetting events at community meetings are not happening these days. In the past year or so, I have attended most Council meetings. I've felt appreciated for my questions, perspective, and just being there. Attending these meetings has helped me stay connected, which helps my sense of well-being. I've enjoyed learning about organization, and get to have a say in group decisions.

At the last Council meeting, Bruce Perler shared impassioned stories of his recent experiences attending the West Coast Intentional Communities conference in California. He was excited about a new form of governance called *sociocracy*. He also was very intimate in disclosing feelings that had been activated in him about some of the harder times in our long history of working to form a sustainable community. I, and the other Council members, listened to Bruce attentively, asking clarifying questions. Colette asked if others of us have "sludge" from the past that keeps us from being present with moving

Coming Up:

Community Visioning, Oct 20 to 22 @ Sahale

Third Age, November 3, 7:00 PM Women's

Gathering, November 4

Pathwork, November 5

Council, November 6

On-Line News of the Goodenough Community System

The American Association for the Furtherance of Community

Convocation: A Church and Ministry

Mandala Resources, Inc.

Sahale Learning Center

The EcoVillage at Sahale

forward on a new vision for the Goodenough Community. We talked about organizational dynamics from the past and our current perceptions and learnings from what had, at the time, been puzzling or disturbing. Colette owned what her modus operandi had been. It was a very intimate talk for what was intended to be planning for the upcoming Visioning weekend. And we did get to talking about a rough outline for the weekend. I so appreciate that it wasn't a strictly goal-oriented meeting. Those can be effective, but we are grounded in human development and relationships. Talking from the heart, while keeping practical objectives in mind, models what we teach. What could be a dry meeting is a deep experience of being related, working toward a goal. I was tired, and in a slightly negative state of mind when I came. The meeting energized me, and I felt excited about helping put on a weekend with the strong objective of bringing more people into the visioning and vision-actualizing of our community.

Council meetings and organizational weekends offer benefits beyond getting together to accomplish work. Like all other experiences in community, these are opportunities to connect with others and to practice relational skills. Throughout the years, I have worked to voice my comments and ideas to the group, and then I practiced listening and not speaking as much. I am still practicing keeping my voice at a lower pitch, keeping anxiety and emotion out of my voice. I have worked to stay present and offer my ideas, even when they are different from others' ideas, and to collaborate, rather than compete, or count myself out. I know I am not alone in working on incorporating more effective behaviors at organizational meetings. I remember John saying that taking leadership roles can accelerate growth, and I believe that is true. My roles on the Women's Leadership Team, as Creativity Facilitator and Small Group Co-Leader at Lab, and as a member of the Council, have required me to be my best and learn skills I wouldn't have to learn otherwise.

The Goodenough Community is emerging into a new phase. Guests, friends, and Work-Away staff have given Sahale staff and community members the feedback that we have "a gem" in our community and Sahale. There is potential to make the Goodenough Community into something even more grand, an organization that benefits many more people. And, to actualize an expanded vision, it will take more than a small circle of aging friends to make it happen.

If you have enjoyed Sahale, if you have grown from your involvement with the Goodenough Community, come to the Visioning Weekend, Oct. 20-22, at Sahale. Share your energy and ideas with us, and learn about yourself. Your contribution is needed! See more information [later](#) in this newsletter.



Transition: An Approach to Managing Change

John L. Hoff – written years ago but very applicable today & our weekend

Much has been written about transition. Perhaps William Bridges' book of the same name is the most practical for an individual person who is facing changes in their life. An entire field of human endeavor has been created within the business world as a response to management change: Organizational development is a method for planning changes within organizations. Since change is

happening all the time, William Bridges suggests that transition is like creating a parenthesis in which you define the changes that are going to be focused on.

The focus of our transition is leadership because I am retiring after being the key leader in this community for about 35 years. I have encouraged a certain understanding of community and a cluster of programs around which community has been formed. It is natural for the organization to review what has been and how well it has worked as a first step in considering future changes. Here are the organizational aspects that I think must be focused upon in this transition:

1. The purpose of community in our lives.

This involves looking at both ancient (indigenous) forms of community and current needs for community in the general population. For instance, families are quite dependent on community, and therefore each school becomes a form of community. What are the needs for learning, for guidance, and for support?

2. The organizational model of community.

The model is developed to accomplish the purpose yet usually identifies several methods by which the purpose is furthered. For instance, the model that I have taught from European history has three levels:

The **foundational level** is a concern for human development from pre-birth to aging and death.

A **second level** of the model focuses on the relationships necessary to accomplish the task of human development in all ages and stages of life.

A **third level** has to do with designing a culture that civilizes and develops individuals through the whole journey of life. Culture usually clarifies the values and goals most operative in the community.

Another level of the model deals with the organization of life so that work gets done, an economy is created, and shared concerns can be addressed. This organized process also organizes each of the three levels. For instance, there are “focal persons” that resource human development, relational guidance, and cultural programs.



3. A shared understanding of leadership is vital. There is a leadership that is better referred to as “management.” There is also a leadership that is best thought of as consultation or

education. There is a leadership that is called “coordination.” There is a leadership that is described as “supervision.” There is also leadership that is described as primarily “inspirational” or “motivational.” **A community utilizes all these kinds of leadership and tries to use each kind of leadership in appropriate ways.**

Colette and I have offered leadership and trained others to lead in all of the ways just mentioned. It will be important to identify the kinds of leadership we need and the kinds of leadership we have present in our situation. We will be matching leaders with tasks and matching resources with needs.

4. The wise utilization of our seasoned leaders, which includes the Hoffs, is crucial because it is a characteristic of the organizational process to be respectful of history and precedent in planning futures. As we seek leadership and attempt to motivate new people to lead in our organizations we need to remember that leadership in this community is done for the purpose of one’s human development as well as being offered as a service to the good of all. **We are looking for people who want to learn from their leading and desire to be a part of a learning/training community that is coaching each other as leaders.**

Our Community’s Covenant

As a friend of the Goodenough Community,

I commit to being the best version of my self:

By entering fully into life’s experiences;

By giving myself fully to the process of transformation through the expression of love;

By trusting the good intentions of each one of us;

By relating to others with respect and acceptance;

By making and keeping agreements with great care;

By being constant through conflict;

By honoring leadership in others as a method to develop the leader in myself;

By taking responsibility for my unique and significant role in the world;

By acknowledging the inner and interconnectedness of all creation, thus being safe and at home in the universe.

So be it!

Dreams and Visions

Colette Hoff

This weekend, as our community gathers to consider where the community should go in the future, is an opportunity to share our dreams. We have a wonderful resource enriching many lives and want to be relevant into the future.

How can a community serve the needs of people in 2017 and into the future? What place does the Goodenough Community have in the international communitarian movement? How can we share what we have learned with other communities and individuals? What form of governance might serve us now? These are some of the questions that we will approach this weekend. We have been learning that the more specific intentions are, the greater the possibility they will manifest. The community covenant will also be highlighted to remind us of what we value and the virtues that support it.

Consider joining a group of committed people who care a great deal about the Goodenough Community. Please send your thoughts to any of our Council members: Kirsten Rohde, Bruce Perler, Hollis Ryan, Elizabeth Jarrett-Jefferson, Tom George, Marjorie Gray, Jim Tocher, Barbara Brucker and Colette Hoff. By the way, we hope to expand this group of committed leaders. Are you interested?

Our current organizational vision and mission statements follow an article about organizational vision statements and how essential they are for effective leadership.



Why Leaders Must Have Vision

Debbie Zmorenski

Great leaders have vision. There are very few natural visionary leaders in the corporate world. I have been lucky to have worked with two during my 34-year career with Walt Disney World. The good news is that this is a skill that can be learned. It is probably the most powerful tool in a leader's toolbox. So what is a vision? How does it work, and how is it different from a vision statement? Let's begin by defining a vision statement and a vision. A vision statement is a statement of words describing where and what an organization **wants to be in the future**. It



usually remains unchanged for many years. There is nothing wrong with vision statements. They have their place in the organizational structure. However, vision statements do not necessarily translate into action. Without action, an organization has a nicely framed statement on the wall but no forward motion.

In contrast, vision can be defined as a picture in the leader's imagination that motivates people to action when communicated compellingly, passionately and clearly.

To be a visionary, a leader need have nothing more than a clear vision of the future. The difficult task is communicating that vision with clarity and passion in order to motivate and inspire people to take action. A visionary leader who clearly and passionately communicates his or her vision can motivate employees to act with passion and purpose, thereby ensuring that everyone is working toward a common goal. The end result is that everyone contributes to the organization's forward momentum.



"In order to take the organization to the highest possible level, leaders must engage their people with a compelling and tangible vision," said Warren Bennis, professor of business administration at the University of Southern California's Marshall School of Business. What follows is a practice exercise that you can use to develop and hone your visionary communication skills:

Step 1: Think of one challenge within your department, division or organization.

Step 2: Imagine the big picture. Visualize the incredible future success that you will realize from the new and improved situation, as well as the benefits to the organization and to the employees. This is your chance to be a true visionary. No dream is too big or too fantastic. This is the "pie in the sky" result you are seeing.

Step 3: Determine how you will communicate your vision. What words and phrases will you use? In what environment will you choose to communicate your vision – in a staff meeting, one on one, with supervisors and managers? How will you communicate the benefits to the staff and to the organization? Write down your ideas on paper.

Step 4: Practice communicating what you have written. Make sure it sounds sincere. Practice out loud to yourself and to others. If you don't believe it, no one else will believe it either.

If you use this exercise frequently, you will find that expressing your vision in a compelling and clear manner will soon feel very natural. When you are ready to communicate your vision to your employees, give them only the vision of success. Great leaders use vision as a tool to inspire and motivate, not to dictate. Do not give your employees the steps for achieving the vision, but let them determine the methods and tactics for achieving the goal. Great leaders know how to give the gift of vision and then step away.

About the Author

Debbie Zmorenski

Deborah K. Zmorenski, MBA, is the co-owner and senior partner of Leader's Strategic Advantage Inc., an Orlando, Fla.-based consulting firm.

<http://www.reliableplant.com/Read/29109/leaders-have-vision>

The Goodenough Community System



Vision *(the ideals we work toward)*

We are people collaborating in spirit-inspired living and lifelong learning focused on self, relationship, and organization. We choose a learning community as a transformative path to open our hearts and add our energies to a world that will be more just and peacefully interconnected.

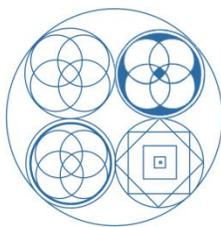
Mission *(the work we do)*

We support the healing and development of people in the context of a learning community, by offering education and training, cultural programs, and skills for building healthy relationships. We help individuals, couples and families impart meaning to their lives, recognize their essential nature, and contribute to the greater good.

Community activities at our Seattle Community Center and at the Sahale Learning Center, a 70-acre ecovillage and educational center, are designed to achieve the following:

- To awaken as many persons as possible to a greater awareness and enjoyment of what it means to be fully alive as a courageously conscious, compassionate, and creative human being;
- To inform people through healing and training processes;
- To provide opportunities to join in supportive, creative circles of friendship in which people can provide for themselves a culture rich in purpose and productivity.

We additionally intend that the byproducts of our spiritual and material efforts such as educational and cultural offerings, publications, professional services, and invitation to all to learn about wisdom, creativity, and joyful community will help contribute to the sustainability of our community.



The American Association for the Furtherance of Community

Our **vision** is of communities offering contexts for peaceful living, lifelong learning, collaborative stewardship of the planet, and care for future generations.

Statement of Mission:

Our mission is to demonstrate that community contributes the primary context for personal and social evolution by offering educational experiences, leadership development and valuing of relationship. Our living example is The Goodenough Community, growing good people throughout a lifetime.

The Association's mission focuses on participating in and serving relationships within the communitarian movement. It has encouraged the creation of the Goodenough Community, and Convocation (a sister

organization with its own 501(c)3 status.) The Association envisions more collaboration among communities of all kinds: intentional communities; co-housing, cooperatives; communal living groups; as well as neighborhoods; and learning contexts for social change and more.

The Association provides to its members, friends and the public, community activities and gatherings of all types at two campuses: The Seattle Community Center and Sahale Learning Center. The Association sponsors the development of the Sahale EcoVillage.

Mission of Sahale Learning Center

The mission of Sahale Learning Center is to provide sanctuary, relationship, and learning experiences for the people; and, sustainability for the land, which lives up to our Chinook name, Sahale---Heaven on Earth!

The Vision of Sahale Learning Center

Sahale Learning Center is a demonstration of the values of the American Association for the Furtherance of Community; human development, right relationship with people and the land, and permaculture. Friends and staff of Sahale extend these values as they interact with each other and offer accommodating service to individuals and groups who come to Sahale for retreats, workshops, and special events. Sahale is self-sustaining through these events and donations from supporters.

The Vision of the EcoVillage at Sahale as a Demonstration of Communitarian Values

Sahale is becoming an ecovillage to house residents and a demonstration site of permacultural practices including “human permaculture.” We intend to demonstrate how good people can collaborate in a comprehensive and sustainable “village life.” Sahale Ecovillage embodies sustainable ways of living in three areas of life: social/communal, cultural/spiritual, and ecological. It demonstrates a depth of relationship in these areas that exemplifies communitarian community.

Convocation: A Church and Ministry

Convocation is a church committed to interfaith literacy as critical to the evolving global village. We encourage and support the development of each individual and draw on the core of teachings from the world’s faith traditions, often referred to as the Perennial Wisdom, as well as from modern transpersonal and psychological wisdom.



We believe that relationship is the basic context in which to develop and support a full spiritual life. Thus, we offer ourselves as a community of practice. Because we have found that mental health is

foundational to spiritual development, we provide education, programs, training, and counseling for individuals and people in relationships seeking to improve themselves and how they relate.

The Mission of Convocation is to:

1. Provide a spiritual home and community context for its members and friends
2. Encourage the development of each person to his or her highest capacity through worship, education, training, pastoral counseling and spiritual direction (directed practice).
3. Provide sanctuary for the work of human development and inward transformation
4. Support communities involved in the work of human development.
5. Develop in individuals an appreciation and respect for the world's faith traditions including their central tenets and practices.

Mandala Resources, Incorporated

Statement of Mission:

Mandala Resources, Incorporated (MRI), formed in 1987, helps create a world where individual and group dreams can be realized. We endeavor to invite the whole community into an economic game that has great potential for social change on several levels.

Mandala Resources provides the business and financial management of the Goodenough Community System's economy, including owning equipment and training in its uses. MRI introduces business wisdom to a human services economy and culture. Mandala Resources encourages creativity and effectiveness throughout the community in the areas of finance, business, and commerce. MRI provides training and education about community economics and stewardship. MRI is a "think tank" and a place for experimentation in developing innovative ways for individuals to make right livelihood and to explore working together in a variety of businesses.

It is also through Mandala Resources that we intend to demonstrate brotherhood and sisterhood in our community and express our compassion for each other as we deal with the problems and potentialities of our practical human lives. **It is an arena where we seek to be our "brother's keeper."** Resources are located here for helping individuals assess and improve their financial situation.

Through fundraising activities, we demonstrate the value of community and communitarian relationships in addressing the pressing concerns of our times. In return our work is valued and responded to with contributions of time, ideas, finances, and friendship.





The deAnguera Blog: Vision

Albert Einstein once said anything he did was 1% inspiration and 99% perspiration. But one needs the 1% otherwise the other 99% won't be there.

Our vision is about what we can do with relationship. I feel that the more connected we are to each other the more powerful we are as a group.

In the below photo you can see John Schindler and Liu hard at work making bread. Our efforts at making food are enjoyed by all of us. You can see that in the looks of satisfaction on the part of both Draï Schindler and Bruce Perler. We eat well here at Sahale.



We studied the Perennial Wisdom present in all our spiritual traditions. The most powerful truth in the Perennial Wisdom is that there is only one of us. Only one of us? We seem so different from each other. Is it true there is only one of us? If that were true we should be making sure we all have what we need.

For me life is about working through a hierarchy of illusions. What I thought was true for our society has turned out to be false. The personal consequences for me of acting on false information have been far reaching. I gave up control over my life.

Our culture makes a great deal about working one's way up from the bottom. I am reminded of Horatio Alger's "Ragged Dick," a story of one man working his way up from poverty to riches. The rugged individual making it to the top against all odds. That's not my preferred vision. I'd rather have the vision of the community helping all its people succeed together.



As I sit here in my nice warm room on this rainy night I think of all the folks out there trying to make it by themselves. Especially those living in tents tucked around Seattle's freeways. Never in all my life have I felt as secure

as with my community.

My work gets appreciated all the time. Prior to coming here to Sahale that had never happened. I actually feel appreciated as a person. You can't imagine the difference that makes in my life.

We can shoot the breeze with each other and often do around the fire at the fire pit next to Potlatch. We love being together. Even the Work-aways. We miss them and their contribution when they leave. As a community we are capable of attracting others. Thank you Work-aways for sharing your lives and energy with us. Thank you to whoever put together the Work away site without which none of these people would have come to us.

When we appreciate people we draw out their gifts. I think of Lui's painting right on the side of the Potlatch greenhouse. Like our other gifts such as the Swamp and my birthday swing. We are family. Thank you, Divine for including me in this family.

For me our ultimate vision is a whole network of communities like ours spread across the planet. Nobody gets left out. We take care of each other and the Earth.



*Sometimes our vision
can be expressed
spontaneously like this
artwork from Liu.*

You're Invited..please RSVP where requested:



Celebrating Colette Hoff's 70th Birthday

Friday, November 10, 5 to 10:00 PM

Community Center – 3610 SW Barton Street, Seattle

PLEASE RSVP!

elizabeth.ann.jarrett@gmail.com

[We will be celebrating Sahale resident John Schindler's Birthday on Nov 11 @ Sahale – We'd love to have you join in. [RSVP Colette or Kirsten.](#)]

Thanksgiving at Sahale

You are invited to join us at Sahale for Thanksgiving this year. Friends and family are welcome. We will provide turkey and stuffing. Bring your favorite Thanksgiving dish! Dinner will be at about 4 pm. Sahale is a cozy place to be in November and you are welcome to stay over as well. For our planning, **please be sure to RSVP to Kirsten Rohde:** krohde14@outlook.com.



True Holidays Celebration – December 2

We invite you to The Goodenough Community's **True Holidays celebration** this year on **Saturday, December 2**, from 6 to 11 PM, at the Mercer Island Congregational Church. Please save the date – and watch the eView and your email for more information to come. The True Holidays party is a fun and family-friendly community event that has become an annual tradition for many, including those beyond the Goodenough Community. For more information, contact Kirsten Rohde, krohde14@outlook.com



During the evening, we will have the chance to reflect on the kind of holiday season we'd like to have as well as being able to spend time with friends, co-workers, and families (all in one place!) There are planned activities for children, plus food, libations, and a fun silent auction. **This year we are again happy to feature contra dancing!**

Winter Solstice Bus Trip – Saturday, Dec 16



With your friends and family, enjoy this day-long journey that embraces the longest night of the year. We will board a chartered bus and travel over Snoqualmie and Blewett Passes to the beautiful Bavarian Christmas village of Leavenworth and to Eagle Creek Ranch, just outside of Leavenworth, where a horse-drawn sleigh ride awaits us, followed by a buffet dinner. [Please register with Elizabeth now](#). Additional information coming soon.



Christmas Day Open House at Sahale

Join us at Sahale on **Christmas day** in the afternoon and welcome others to join. Happy hour is at 5pm with dinner to follow. We will provide food and drink and invite anyone coming to bring a dessert or a side dish. **Please RSVP at hoff@goodenough.org**. You are welcome to spend the night.

This year at **Sahale we will host a fun gift exchange** full of surprises that everyone can join in, regardless of age or economic means. If you are planning to come to join us for Christmas at Sahale, please bring one creative gift that is wrapped but doesn't need any tags. Just a wrapped gift. We will have a game for exchanging these gifts. There is no need to spend anything; you are encouraged to make something as a gift! If you do purchase a gift, please limit spending to under \$15. Guaranteed to be fun and you'll learn more about your friends and what kinds of things they are drawn to when the game play begins!



Co-Creating Our Community into the Future, October 20 to 22—a reminder

The Goodenough Community, founded in 1981, has proved its effectiveness and longevity as an organization. **We are inviting you to join the Community Council on October 20 to 22 at Sahale Learning Center** with the intention to sharpen our focus toward the future and renew organizational goals and objectives. The Community Council feels this weekend is important to precede the **Friends of Sahale weekend January 12 to 14**. Sahale, sponsored by the Goodenough Community, is one aspect of the work of the whole community.

This year at Lab, we learned how much more effective it is to work in teams rather than alone. No one person can decide community goals, but together we can generate the creative energies needed. This weekend is open to anyone interested and being a member of Council is not necessary. Please RSVP by emailing elizabeth.ann.jarrett@gmail.com By the way, Pathwork will not meet on October 22 due to this weekend.

Save the date!

**Third Annual
Friends of
Sahale weekend
January 12-14,
2018**



Kirsten Rohde

In 2016, the Council of the Goodenough Community decided that all that happens at Sahale, including visioning and planning, would best be reviewed by the group of people most connected to Sahale – residents, volunteers, frequent visitors, and other community members. We termed this group, “Friends of Sahale” and had our first weekend at Sahale in January of 2016. A second weekend followed in January of 2017. We will be holding our third weekend this coming January and all are invited who have an interest in the life and future of Sahale.

These weekends are a time for appreciation and celebration, brainstorming and dreaming. We learn together about strategic planning, the art of discussion and decision, and the value of appreciating what

we have accomplished. At the first weekend we reviewed the activities of the past year, roles, goals, projects and accomplishments. We looked at finances and had our first of many conversations about the future of the aging white tent. We reviewed aspects of Sahale including the retreat business, the forming Home Owners Association, and the EcoVillage residents and projects. The need for structural improvements and funding these was a major topic of discussion and a list of possible upgrades was created to be forwarded to the community annual meeting in March.

In 2017 we worked on goals and objectives for Sahale, thinking many years into the future. The Capital Campaign fundraising for Sahale improvements and the status of several of the projects was reviewed. Three ongoing teams are working on:

- Aesthetic, including safety, accessibility,
- Land Stewardship;
- Infrastructure and building projects.

The financial report was very positive for Sahale with an emphasis on the ongoing need to **expand** the number of people who are making monthly contributions to support a major Sahale expense: the mortgage.

Please consider coming to this year's Friends of Sahale weekend. This weekend is an invaluable opportunity to share reflections, ideas, creativity and dreams; help with planning and visioning, work in groups to strategize ways to accomplish goals, enjoy each other's company, and share many appreciations.

Pathwork

Joan Valles

Pathwork, a program of Convocation: A Church and Ministry, meets from 7 to 9:30 p.m. on alternate Sundays as an interfaith circle of practice under the leadership of Colette Hoff.

This autumn the Pathwork circle is going to continue working with Lab, partially drawing upon the work of Rick Hanson and his book, *Buddha's Brain*. **Anyone who is interested in continuing work begun at Lab or anyone wishing to explore the idea of using your brain to change your mind and move beyond habitual patterns is invited to join.** You need not have attended Lab to participate. For those who attended it's an opportunity to enhance the experience; for those who did not, it's an opportunity to learn about this transformative work.

The next Pathwork circle gathering is on September 24, with subsequent dates Nov. 5 and 19, and Dec. 3 and 17 in the Community Center in West Seattle. Check the eView for confirmation of these dates or possible changes. For additional information, contact Colette (hoff@goodenough.org).

Third Age

Those of us age 60 and older have been gathering every other month, Friday evenings, in Seattle. The next meeting will be **November 3**. Contact Kirsten Rohde for more information: krohde14@outlook.com



Happy birthday to all!

- Jodine Hatfield – October 19**
- Molly O'Connor – October 21**
- Kate Martin – October 22**
- Leslie Norman – October 22**
- Cadel Roane Jarrett – 7 on October 23**

Calendar of Programs and Events, 2017 - 2018

What makes community meaningful and fun?. The richness of life in community comes in many ways – getting together informally over a meal ... celebrating a significant birthday with long-time and newfound friends ... working together in a creative endeavor ... collaborating in a work party ... thinking deeply with others about what it means to be fully alive and connected with ourselves, each other, and Spirit ... and more.

In the Goodenough Community, we recognize such ways to connect as expressions of living life fully and in communities of all kinds. Throughout the year we offer programs that help you participate in your own development, learn about relating well with others, and discover your potential to have a good time in life and with others.

We welcome your interest and your participation, and hope that you will join us at any – or many! – of this year's events. More information about programs and upcoming events can be found on our website: www.goodenough.org



The Third Age: Those of us age 60 and older have been gathering every other month, Friday evenings in Seattle. The next meeting will be November 3. Contact Kirsten Rohde for more information: krohde14@outlook.com

The women's program is a long-established and ever-growing way for women to enjoy each other's company, learn about themselves as women, and even perhaps to experience the Divine Feminine. Contact Hollis Guill Ryan for more information and directions to our West Seattle community home: hollisr@comcast.net. Fall dates: **Saturday 10 – 2 in West Seattle: October 7 and November 4.**



The men's program is an expression of the best wisdom men have gathered from their life together—about what is a good man and how he could best express that in his own life. The fall gathering at Sahale will be combined with the white tent take down and continue into the rest of the **weekend as a men's gathering. October 6-8** at Sahale. Contact Bruce Perler for more information: bruce_perler@hotmail.com



Pathwork, a program of Convocation: A Church and Ministry. On alternate Sunday evenings an interfaith circle of practice meets between 7:00 and 9:30 p.m. under the leadership of Colette Hoff. This is a time to learn together about our personal development, to talk out our chosen practices for the development of a spirit filled life, and to learn the skills of joining with others in service.

In the spring of this year, we studied the religion of Islam in our desire to understand this major world religion that is in the news so much. Our intention in studying Islam has been to help counter the negativity sometimes expressed towards Muslims by gaining understanding of their faith.

Our next gathering is November 5 @ the Community Center. **NOTE:** We will not be meeting on October 22 due to the community Visioning weekend.

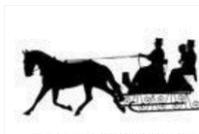
Contact Colette Hoff for more information: hoff@goodenough.org



True Holidays Celebration, Saturday, December 2, 2017

Be part of this fun-filled family-oriented evening, and prepare yourself for the winter season (whatever faith tradition you follow) that fills your heart.

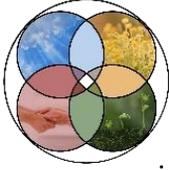
Contact: Kirsten Rohde, krohde14@outlook.com



Winter Solstice Bus Trip, Saturday December 16, 2017

Board a bus, play in the snow, shop in Leavenworth, have a horse-drawn sleigh ride and enjoy an abundant dinner.

Contact: Colette Hoff hoff@goodenough.org



Annual Community Weekend at Sahale: March 2018. This weekend is foundational to all programs and events within the community. Come and be curious! Please contact Kirsten Rohde krohde14@outlook.com for more information.

The Goodenough Community Council meets alternate Monday evenings in Seattle to discuss the day-to-day activities of the community and engage in planning, evaluation, and more. Contact Colette Hoff if you are interested: hoff@goodenough.org
Council meetings are September 25; October 9; November 6.



Quest: A Counseling and Healing Center

Our belief is that mental and emotional health is a prerequisite for spiritual well-being, collaboration, and the expression of compassion. Quest's counseling and education programs, open to all interested individuals, focus on empowering individuals, couples, and family

groups to be happier and more effective in relationships.

Call Colette (206-755 8404) or at Sahale – 360 275-3957. In Seattle, Colette meets with clients at the community center, 3610 SW Barton Street, Seattle 98106, as well as at Sahale.