



# April 12, 2024

Hollis Guill Ryan & Elizabeth Jarrett-Jefferson, Editors

## **Coming Up:**

Photo: Tom George

Pathwork, Sunday, April 21, 7PM Sahale Nature Systems Weekend – April 20 & 21 Goodenough Summer Gathering – July 7-12, 2024

# The Goodenough Community Summer Gathering Consent: The Heart of Relationships and Communities

July 7-12, 2024 – Sahale Learning Center

I thought I said 'no', but he did it anyway.

I said, 'that's fine', but then I felt terrible. It wasn't what I really wanted to do.

I agreed to participate, but it turned out different than I expected, and I didn't know how to get out of it.

f you've found yourself in situations like these, you're not alone. Many of us learned early to go along with what seemed like "the thing to do": whatever our parents, our peers or the doctor asked of us. Few of us learned to check in with ourselves, to determine if what we were agreeing to was in full alignment with our personal values or true desires. Worse, some of us may have known what we wanted, but the request was coming from someone too powerful to turn down. If this has happened to you, you've likely experienced the confusion, frustration, or out-and-out pain that can result from lack of authentic consent.

Healthy consent skills are at the heart of thriving relationships and communities. To feel safe in relationships, we need to be able to let others know how much access to our presence, our thoughts, and our bodies is OK with us. And we need to be able to trust that once we've expressed ourselves, others will respect our choice and behave accordingly.

To be trustworthy in relationships, we have to be able to skillfully obtain consent. What is OK with me may not be at all OK with someone else: I won't know for sure until I have obtained information about where the other person's boundaries are. Skillfully and respectfully eliciting this information is an art that deepens both trust and intimate connection.

Join us this July as we do what the Goodenough Community does best: dive deeply into the essence of what creates harmonious relationships. This summer we are thrilled to be guided in an experiential exploration of consent by Dr. Betty Martin, author of *The Art of Receiving and Giving: The Wheel of Consent*. Come learn this most tender of relationship skills with the support and encouragement of loving community at our Summer Gathering:

# Consent: The Heart of Relationships and Communities July 7-12th Sahale Learning Center, Tahuya WA <u>Register here</u>

You'll also enjoy the beloved features of our prior summer events, including yoga, meditation, singing, small group learning and playing, all on the beautiful grounds of the Sahale Learning Center. Refresh yourself and your relationships.

## <u>Join us!</u>

## A Memorable Community March Retreat

#### By Tom George

Thanks to all who were able to attend a memorable community retreat on the weekend of March 15 – 17, 2024, at Sahale. Delicious food, spring sunshine, cozy accommodations, and eager work groups all contributed to a very fine and productive weekend!

Twenty-two Goodenough folks walked, drove, gathered, circled, ate, met, and—

- Celebrated Pam's birthday
- o Learned about the exciting possibilities of Conservancy
- Established a Conservancy Circle
- Agreed upon Goodenough Vision and Mission statements
- Reviewed the community's financial status
- Reviewed and affirmed a safe-enough-to-try Code of Conduct
- Pledged \$10,000 in advance of the well fundraising campaign's official start
- Affirmed the Business and Development Circle's as leader of the well fundraising campaign.
- Re-empowered the new Communications Circle
- Guided/provided feedback for the Membership Circle's efforts
- Healing and Reconciliation process, designed to support those involved in breaches of the community Code of Conduct
- Briefly explored a proposed Drug and Alcohol policy
- Enjoyed lunch and spent time with long-time community members Hal and Hollis, who joined on Saturday

We are making plans for an exciting July Goodenough Community Summer Gathering. Come out and enjoy the land, the river, the Swamp, the new workshop, and new and old friends.

I am only one,

But I still am one.

I cannot do everything,

But still I can do something;

And because I cannot do everything,

I will not refuse to do the something that I can do.

Edward Everett Hale, Author

## Mindful Mike's Blog Getting to Know You: The Life of Jim Tocher



Jim Tocher wanted to fix things as a little boy. He was born in 1935 during the Great Depression. His father's father was a blacksmith, and his mother's father was a civil engineer. That is why he decided to become an engineer at the age of 10. Dos Palos, California, was his hometown, a farming community near Fresno. His father was a high school teacher who taught future farmers how to fix things. Jim still has his grandfather's transit (surveying instrument).

So, Jim decided early in his life to be an engineer. This led to his studying engineering at the University of California, Berkeley. The next day after graduation he married Iris.

Jim's father inherited money from a Scottish aunt, but he could not take it out of Britian. So, his dad financed a year in London where Jim got a master's degree at the University of London. Then he obtained his PhD at UC Berkeley in Computers/Structural Engineering. The idea of using computers in structural engineering was new at the time. Along came a post-doctoral fellowship in Norway in 1962. His son Tom was five months old at the time.

## In his 40+ years in the Goodenough Community, Jim has held almost every conceivable role. In addition to becoming a well-loved elder, he has served as:

Treasurer of Convocation Member of the Finance Committee for the Goodenough Community Titular head of Human Relations Laboratory at Doe Bay in 1985 Owner of the Community Center for several years

#### Jim says:

My most enjoyable role has been being responsible for the overall maintenance of Sahale for almost 20 years (and renting big machines and using them).

The role that taught me the most was being the first Center of the Goodenough Community Council from 1983 to 1985.

The role I've held the longest is Maintenance Guy.

And the most challenging role I've held was being the head of the Men's Culture

Boeing offered Jim a job in 1964, and they paid for his move to Seattle. He bought a home in Bellevue one year later.

Jim met John and Colette Hoff for counseling in 1980 and went to his first Human Relations Laboratory in 1981. (Editor's note: Jim has been an active community participant ever since.)

He took early retirement in 1991 from Boeing and spent the next ten years remodeling and repairing houses, learning a lot of handyman skills. These included plumbing, electrical wiring, and carpentry.

Jim put his handyman skills to work at Sahale for the next 23 years. Projects included water systems and the hot tub. You would be surprised at what Jim has done at Sahale. He was involved in the design of the Swamp roof and installation of a power line from the Log Building to the Swamp. What's more, he helped lay down the dance floor in the white tent. Oh, yes, and let's not forget he regraded the big pond with a Caterpillar tractor. As if that were not enough, Jim rerouted the water pipe from Brighdie's Well to the Sahale upper campus. He also worked on the Circle Drive parking lot west of Kloshe.

I have worked with Jim on most of his projects. He is like a father figure to me. He taught me how to use a lot of different tools.

# A Well for Sahale

As Mindful Mike wrote, Jim has long taken care of Sahale's "flushing and flowing" systems. He knows not only the technology but also the history of Sahale's water supply. - Editor

## By Jim Tocher

A long time ago (about 1945), at a place we now call Sahale, Frank and Sue Schiller bought 80 acres of land in the Tahuya River area. It was raw land and they homesteaded it. One of the first things they did was discover a spring near Jiggs Creek uphill from the Tahuya River Road. They tapped into that spring and ran water in a pipe down the hill, under the road, and over to their newly constructed cabin which we call



Homestead Cabin. That gave them drinking water and bathing water – and that water source still serves Sahale today. Around 1965, they build the house (which we now call

Kloshe, the main house) and other buildings and routed the spring water to our upper campus. Ever since we purchased the property in 2001, Mike DeAnguera and I (along with several helpers) have kept the old system operational.

Now is the time to join the 21<sup>st</sup> Century. We need a real well on our property which will insure water reliability. The Goodenough Community has engaged Davis Drilling of Belfair (a long-time and well-regarded well driller) to drill us a well. The chosen location for the well is east of the building we call Klawhi and Truck Trap Road (down the hill) and about 200 feet from Mike's tiny house, in an area we call the Fir Forest. The well drillers hope to find a good water source without having to go deeper than 100 feet.

We need to obtain permits from the Washington State Department of Ecology and from Mason County to get onto Davis's schedule. We could, if all goes well, have a successful well dug by the end of May, 2024. Cross your fingers!

We are grateful to those supporters who have provided the initial seed money for the drilling of the new well. If you would like to join us in this upgrade of the infrastructure of our beloved Sahale, you can donate via our website <u>here</u>.

## **Women's Gatherings: Announcing 2024 Dates**

by Laura Sweany

he leadership circle of the Goodenough Community's women's group is happy to announce these gathering dates and heartily invites all women interested in their womanly growth. Currently, these meetings are intended to be on Zoom, and we encourage your participation wherever you happen to be.

Although each gathering's theme builds on earlier themes, each gathering is discrete. You are invited to shape each gathering's theme to your own needs as you join in personal reflection and as you share with other women.

A Zoom link will be sent to women on our distribution list shortly before the meeting. If you want to ensure that your email address is on the Goodenough Community women's distribution list, please write to Elizabeth Jarrett (<u>elizabeth.ann.jarrett@gmail.com</u>).

Please join us: Saturdays – April 27, June 15, and September 21

# Are you itching to get out of the city and enjoy some time at Sahale?

We invite you to join us for April's ALDERMANIA 4/19-21, and/or the Memorial Day Weekend for putting up the tent!

Annual White Tent-Raising Process – May 23 - 25

Memorial Day Weekend – May 25 – 27

# And Speaking of Sahale and Tent Raising ...

his year the set up of the white Sahale Event Tent will coincide with the annual Memorial Day weekend work and play gathering at Sahale, **May 25-27.** The Men's Culture will of course, be leading that effort and will play a major role.

Can you join us for the tent event earlier? We would appreciate your help on May 23-25 (Thursday, Friday and Saturday). Norm Peck will send additional details soon. Meanwhile, please put these dates on your calendar and let <u>Norm</u> know whether you plan to attend and the dates you are available. Thank you!





# **Programs and Events of the Goodenough Community**



Throughout the year we offer programs and events that help you participate in your own development, learn about relating well with others, and help you discover your potential for having a good time in life and with others. As we work through this period of transition, we have limited or changed our offerings, but check this page for the

latest information. Information about future programs and events also will be found on our website <u>www.goodenough.org</u> and in future *Village Views*.



**The Goodenough Community's Governing Body, the General Circle** Currently meets on alternate Monday evenings, 7 PM on Zoom. For additional information, contact Elizabeth Jarrett-Jefferson



**The Women's Program** is a long-established and ever-growing way for women to enjoy each other's company, learn about themselves as women, and even perhaps to experience the Divine Feminine. *Please contact Laura Sweany* 



**The Men's Program -** Our Men's Circle is an expression of brotherhood and practice, with wisdom gathered from our own lives, other men's work, advocates, and the founders of this circle. A men's service weekend at Sahale is coming up – At Sahale, May 23 – 25 (tent raising). For information, contact <u>Norm Peck</u>



## Pathwork, A Program of Convocation: A Church and Ministry

Pathwork offers a warm, safe place in which to share from your heart as you pursue your path of personal growth. Participants cultivate relationship with self and others as a sacred practice and can receive support for the development and nourishment of their own spiritual practice. All who feel drawn to this work are welcome to join. Meetings are held via Zoom on alternate Sundays: 7 to 9 PM. Contact **Kirsten Rohde** for more information.