

Work and play are words used to describe the same thing under differing conditions.

- Mark Twain

www.VeryBestQuotes.com

The Village eView

May 31, 2017

Colette Hoff, Editor

Coming Up:

Pathwork, June 4

Council, June 5

Men's weekend, June 9 to 11

Sahale Summer Camp, 6/25 to 7/1

Co-Creativity: The Play of Work

Play: ~ engage in activity for enjoyment and recreation rather than a serious or practical purpose

~a dramatic work for the stage or to be broadcast

Work: ~activity involving mental or physical effort done in order to achieve a purpose or result

~a specific task, duty, function, or assignment often being a part or phase of some larger activity

Willing hands and hearts; some people to cook meals; lots of tasks; the sound of children playing; the hum of power tools and the tap, tap of hammers; people in conversation working things out; lots of sun; supervisors for each major task area; smiles; paint flying onto the new shed; mounds of biomass from weeding; trees falling in the distance; river play; light coming through the cathedral (oh it's the Swamp with a plywood roof); a 50th birthday; a bon fire; learning new skills -- all are elements of the play of work. This Memorial Day weekend was a joyful experience with almost 60 people present from age 1 to 82!

On-Line News of the Goodenough Community System:

The American Association for the Furtherance of Community

Convocation: A Church and Ministry

Mandala Resources, Inc.

Sahale Learning Center

The EcoVillage at Sahale

Last week, Barbara Brucker wrote: According to Wikipedia, co-creation is “a management initiative, or form of economic strategy, that brings different parties together in order to jointly produce a mutually valued outcome”. Indeed, the outcome is more than the specific task, it includes the connection of the team working together. All over Sahale there were many illustrations of teams enjoying the experience they created. Andrew Hovendon did a wonderful job leading the “Swamp roof” project in such a way that it became a well-choreographed dance as inexperienced carpenters learned from the more experienced. Thank you Andrew!

The glow of the bon fire
in the faces of children



One year old Wiley provided many
smiles!





The deAnguera Blog: Memorial Day Weekend 2017



This Memorial Day Weekend was the greatest we have ever had. We had the greatest turn out as well as the most work done. 57 people showed up for the weekend. Over 18 trees were cut down and John Schindler dragged them over either to the wood chopping area or to the burn pile.

You should have seen our incredible energy present, especially with John and Gabriel jumping up and down on the old metal shed. They smashed it down flat and it was hauled away. Our new shed is very nearly ready.

A lot of work went on in our gardens under Irene Perler's direction. Tons of weeds were pulled. All this biomass growing by itself without any help from us. Pity we can't eat any of it. The weeds of course are much tougher than the tender shoots we carefully tend to eat.

Andrew Hovenden led the crew that hauled the 7 new trusses necessary to complete the Swamp's roof. A metal roof will be installed sometime in the next year. For now Pam Jarett-Jefferson and her friends pulled a large blue tarp over the roof as a temporary covering. The Swamp now has all the necessary furniture to be a social center.

Why do we set aside this particular weekend? It is a chance for all of us to have fun working hard together. This is how we build our friendship ties, a form of social capital. Our most important asset is our friendships. Sahale would have been impossible without them. This is an asset we can only have by sticking together. This wealth goes away if we don't stick together, if we don't believe in the dream Sahale represents for each of us.

What makes people poor and or homeless is not lack of money. Rather it is the lack of good social connections as John Schindler has pointed out to me.

In the past we have sometimes helped out good friends when they hit a hard space. If one is renting an apartment or house, the landlord can really jack up the rent or kick one out with very little notice. Not much security for a good home.

Security is disappearing more and more for a lot of us in all kinds of ways. Ultimately I believe the only good security is what friends create together. Any other kind of security has simply not been trustworthy.

Trustworthiness seems to diminish the further we get from our friends. Our politicians deceive us all the time. Why? They are primarily thinking of themselves, rather than the people electing them. When the wealth our society values is the kind that can be accumulated

then people will naturally think of how much they can get for themselves. How much is enough? Since money can never buy the security one finds with friends, people get stuck with the illusion of more is always better. Trust that is bought is never as trustworthy as that created by friends.



Lilly Hoff below showed me her fairy garden! The fairies of course used what we provided them because we can actually see these objects. Most important, they belong to Lilly.





The Value of Play I: The Definition of Play Gives Insights

Freedom to quit is an essential aspect of play's definition.

Peter Gray Ph.D. Freedom to Learn Posted Nov 19, 2008

Play in our species serves many valuable purposes. It is a means by which children develop their physical, intellectual, emotional, social, and moral capacities. It is a means of creating and preserving friendships. It also provides a state of mind that, in adults as well as children, is uniquely suited for high-level reasoning, insightful problem solving, and all sorts of creative endeavors. This essay is the first in a series I plan to post on *The Value of Play*. The subject of this first installment is the definition of play. Clues to play's value lie in the definition.

Most of this essay is about the defining characteristics of play, but before listing them there are three general points that I think are worth keeping in mind. The first point is that the characteristics of play all have to do with motivation and mental attitude, not with the overt form of the behavior. Two people might be throwing a ball, or pounding nails, or typing words on a computer, and one might be playing while the other is not. To tell which one is playing and which one is not, you have to infer from their expressions and the details of their actions something about why they are doing what they are doing and their attitude toward it.

The second point, toward definition, is that play is not necessarily all-or-none. Play can blend with other motives and attitudes, in proportions ranging anywhere from 0% up to 100% percent play. Pure play occurs more often in children than in adults. In adults, play is commonly blended with other motives, having to do with adult responsibilities. That is why, in everyday conversation, we tend to talk about children "playing" and about adults bringing a "playful attitude" or "playful spirit" to their activities. We intuitively think of playfulness as a matter of degree. Of course we don't have meters for measuring these things, but I would estimate that my behavior in writing this blog is about 80% play.

The third point is that play is not neatly defined in terms of some single identifying characteristic. Rather, it is defined in terms of a confluence of several characteristics. People before me who have studied and written about play have, among them,

described quite a few such characteristics; but they can all be boiled down, I think, to the following five: (1) Play is self-chosen and self-directed;

(2) Play is activity in which means are more valued than ends;

(3) Play has structure, or rules, which are not dictated by physical necessity but emanate from the minds of the players;

(4) Play is imaginative, non-literal, mentally removed in some way from “real” or “serious” life; and

(5) Play involves an active, alert, but non-stressed frame of mind.

The more fully an activity entails all of these characteristics, the more inclined most people are to refer to that activity as play. By “most people” I don’t just mean most scholars who study play. Even young children are most likely to use the word play for activities that most fully contain these five characteristics. These characteristics seem to capture our intuitive sense of what play is. Notice that all of the characteristics have to do with the motivation or attitude that the person brings to the activity. Let me elaborate on these characteristics, one by one, and expand a bit on each by pointing out some of its implications for thinking about the purposes of play.

The complete article can be found at:

<https://www.psychologytoday.com/blog/freedom-learn/200811/the-value-play-i-the-definition-play-gives-insights>



Thank You! Thank You! Thank You!

Evelyn Cilley

It was so great to see each of you last weekend. It's amazing how many people care so much about Sahale. It's a beautiful thing! Here is a note I wrote two months ago, on the ferry ride back from our going away party.

I'm sitting on the ferry after the going-away party, and about halfway through reading your notes in the book I start crying- I don't know whose entry pushed me over the edge because it was each one of you, putting in your thoughts and feelings added up to something more

moving than i could hold in! At this moment I'm really feeling all of your caring, love and hope for the future- mine and Sahale's. Thank you for all of the support, guidance and growth you've offered me in the last couple years- I look forward to more!



Goodenough Men's Retreat and Tent Up

Bruce Perler

Our Spring Retreat and Tent Up weekend is nearing. For the guys who can, we'll be raising our 40'x60' seasonal event tent beginning on Friday morning, June 9, 10:00 AM under Jim's supervision. The tent raising project will complete around noon on Saturday. Many hands make light work in this fun and interesting seasonal project.

For those who cannot join for the tent raising, please do join in for a hearty meal on Friday For those who cannot join for the tent raising, please do join in for a hearty meal on Friday evening and the beginning of our men's retreat.

White Tent Raising - Friday, June 9 morning - Saturday lunchtime

Men's Retreat - Friday, June 9 evening through Sunday afternoon

What to bring

Being on the tent crew means having along work gloves and sturdy shoes. The weather will be, so have your layers along.



For the retreat, have along comfortable clothes, a token for our men's alter, and snacks and beverages to share.

Preparing your self

A value and practice of our men's gatherings is to actively offer and receive support with one another, as brothers. You can prepare yourself by meditating on a pair of brief stories you'd share; one about something that's challenging you in your life now, and another about something you feel satisfaction or reward around. We'll share these and look for themes to deepen or conversation.

Non-profit support

We'll be hosted at Sahale through the goodwill of our 5013c, not-for-profit, The American Association for the Furtherance of Community. Please consider a donation to help us in our ongoing service and for the expenses of this weekend. We suggest \$75 per person.

My personal hope is always that each man comes away having had insight, felt deeply for another's story and appreciation for the value of a circle of brothers.



Sahale Summer Camp

June 25-July 1, 2017

Celebrating 12 years of

Fun and friendship!



Sahale Summer Camp is a weeklong overnight camping experience designed to help your child have fun learning about him/herself as a friend.

We make learning about relationship fun and natural. Our program builds skills that promote self-esteem, collaboration and social creativity for the future health of your child and society:

- Self responsibility and self care
- Enjoyment of work and play
- Self-reflection, self awareness
- Self expression and active listening
- Empathy and practical care of others
- Respect for elders and peers
- Collaboration and cooperation

Your child will leave with a greater sense of confidence and of belonging to the world.

Our work with youth makes use of Sahale's remote and beautiful river valley where we breathe fresh air, swim clean waters of a gentle river and explore meadows and forested hills.

Sahale is home to diverse flora and fauna awaiting discovery. Each day our camp life is filled with exploring natural wonders.

We build our tent village circled by trees and near the large fire circle where we gather each evening for stories, singing and skits, stargazing and more. Each day repeats a gentle rhythm and includes comforting routines.

Daytime activities include:

Morning Circle	Meals and Snacks
Archery	Nature activities
Cooking & Gardening	Supervised river play
Quiet time after lunch, Journaling & drawing	Crafts: clay, weaving, rattles, beads and more.
Drama	Music and Story
Free time	Group games

On our last full day, we celebrate with a big feast and a special campfire program as we prepare to join our families the next day.



What is a Human Relations Laboratory?

This summer event is our 48th annual human relations laboratory--a setting in which you can focus on your personal development and work on improving your relationships with spouse, family, and the friends you bring or meet here for the first time.

Each human relations laboratory creates a unique world of circumstances and shared understandings in which to learn. Some who attend liken it to experiencing a "non-ordinary reality" similar to a native or tribal experience. Experiential learning is both practical (skills building) and exciting (the liveliness of authentic intimacy). A "lab" is a safe *place* to experiment with living from your true nature or conscience. A lab is a *process* that encourages you to become the best version of your self. relationships and the importance of a good

attitude. The experiments and experiences we build collectively will lead us to a place no one of us could reach alone, a week of feeling more and more at home and empowered.

Its rare these days that people have the chance to experience a community with decades of history and a highly developed culture. People tell us that sharing this laboratory week is a very special way to test one's own interest in community life.

Our Human Relations Laboratory uses experiential learning that is a lively and engaging method of self development. You can expect:

- To experiment with joining other people searching for deeper, finer ways of living
- To have opportunities for artistic expression including sculpture and visual art, singing, dancing, writing, and celebration of your creativity
- Daily dialogue that combines ancient wisdom with the behavioral sciences

The **purpose of the Goodenough Community** is to demonstrate how living in community can both transform individual lives and bring about social change. We welcome you to join us in a week that has been transforming lives for over forty years.

I see lots of people who don't know how to create for themselves happy, fulfilling environments in which to live and work. Hence, when a person first discovers the nourishment and support of intentional relationships, in community, they become critical of their other existing relationships. And because of this, our community works hard preparing people to export and demonstrate what we value here—wisdom, love, forgiveness, and laughter—back into their families, friendships, and work life.

~John Lawrence Hoff



“Like a grove of trees we stand, swaying in the wind. Our roots intertwined... Supporting one another.” –Kristina Turner, Song



An opportunity to become a member of our community

Kirsten Rohde

We are offering a simple membership plan at the rate of \$5/month, or \$50 for the year if paid up-front. Our desire now is to be inclusive, understanding that we will together begin to define some rights and responsibilities of membership. While we generally use a form of consensus for decision-making, having membership formalizes decision-making for community issues. Our Community Covenant continues to guide us.

Belonging: membership of a group or organization offers

- a sense of belonging,
- a desire to help with decisions and plans,
- joining together,
- valuing our community and its work,
- buying in means you tend less to take things for granted,
- the feeling of home,
- heart commitment.

If you would like to join us in membership, please contact Elizabeth Jarrett-Jefferson, elizabeth.ann.jarrett@gmail.com

Birthdays

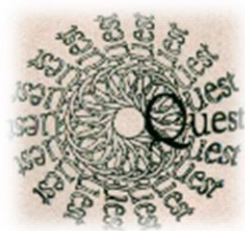
 **Happy birthday, Phil Buchmeier – May 30, 2017**

 **Happy birthday, Paul Rudnick – June 3, 2017 Congratulations on 50!**

 **Happy birthday, David Hoff – June 2, 2017**

 **Happy birthday, Sarah Benner-Kenagy – June 4, 2017**

 **Happy Birthday, Brandy Bradford – June 5, 2017**



Quest: A Counseling and Healing Center

Our belief is that mental and emotional health is a prerequisite for spiritual well-being, collaboration, and the expression of compassion. Quest's counseling and education programs, open to all interested individuals, focus on empowering individuals, couples, and family groups to be happier and be more effective in relationships.

Call John or Colette (206-755 8404) or Colette and John at Sahale – 360 275-3957. In Seattle, John and Colette meet with clients at the community center, 3610 SW Barton Street, Seattle 98106, as well as at Sahale.

Cultural Programs in the Goodenough Community are created for visitors and they are developed as opportunities for our members and friends to practice our lifeways and apply them to contemporary issues and problems in our lives. For instance, the men's program must be an expression of the best wisdom men have gathered from their life together—about what is a good man and how he could best express that in his own life. Similarly, women must return to the essentials of being a good woman in this day and age.

Calendar of Programs and Events, 2017

What makes community meaningful and fun?

The richness of life in community comes in many ways – getting together informally over a meal ... celebrating a significant birthday with long-time and newfound friends ... working together in a creative endeavor ... collaborating in a work party ... thinking deeply with others about what it means to be fully alive and connected with ourselves, each other, and Spirit ...

In the Goodenough Community, we recognize such ways to connect as expressions of **community culture**. Throughout the year, we offer **cultural programs** so that you can engage with the community, participate in your own development, and have a good time.

We **welcome your interest** and your participation, and hope that you will join us at any – or many! – of this year's events.



A weekend for men is being planned for **June 9 to 11**. Focal Person: Bruce Perler, bruce_perler@hotmail.com

Work Parties throughout the Year

Traditionally, the Goodenough Community sponsors work parties over Memorial Day weekend (**May 26 to 29, 2017**), as well as other times throughout the year, to express gratitude for the

presence of our beloved retreat center, Sahale, and to experience the satisfaction of playing and working together.

Focal Person: Colette Hoff, hoff@goodenough.org

Summer Camp for Youth, June 25 to July 1

A wonderful opportunity for children 9 to 12 to have a full camp experience in a beautiful setting with loving leadership.

Focal Person: Irene Perler, Irene_Perler@hotmail.com



Human Relations Laboratory, August 6 to 12, 2017



This intense and joyous week-long event is a communal experience of personal growth, and has been presented annually and is now in its 48th year!

Focal Person: Colette Hoff, hoff@goodenough.org

True Holidays Celebration, Saturday, December 2, 2017



Be part of this fun-filled family-oriented evening, and prepare yourself for a holiday season (whatever faith tradition you follow) that fills your heart.

Focal Person: Kirsten Rohde, krohde14@outlook.com

Winter Solstice Bus Trip, Saturday December 16, 2017

Board a bus, play in the snow, shop in Leavenworth, have a horse-drawn sleigh ride and enjoy an abundant dinner. Focal Person: Colette Hoff

New Year's Eve at Sahale, 2017 – 2018

Sunday will be New Year's Eve and Monday will be New Year's Day next year.

Annual Organizational Meetings **March 2018** This weekend is foundational to all programs and events within the community. Come and be curious! Please contact Kirsten Rohde 206 719-5364 for more information.