



# The Village View

March 23, 2022  
Colette Hoff, Editor

**Coming Up:**  
*Women's Culture, Sat. March 26*  
*Pathwork, Sunday, March 27, 7 PM*

## The Mystery of An Illness

Colette Hoff

**A**ccording to my oncologist, I am entering a time of mystery with my illness. The time when he can no longer give answers, he can only let us know that there is no prediction as to how long my life will be now that we have run out of treatment options. We now know that the drug I was counting on is not working.

Mystery is the only way I can wrap my head around such news. The concept of mystery will help me navigate this slippery terrain. My belief in mystery is an important aspect of my spirituality. Allowing for mystery means I don't need all the answers to various questions and have learned to embrace not knowing. I have also learned over the years that "WHY" questions should be left up to the Divine as unanswerable and I find it useless to ponder why this cancer happened to me.

Mystery schools were popular methods to teach esoteric meanings to some of life's questions initially in ancient Egypt. Students who wished to explore their inner selves begin the journey to discover who they are. Each person retains this information deep within their soul where they hold the key and the answers. The essence of the school is the inner temple created within the heart, mind, and soul which then connects to the higher self on the spiritual planes. Now I'm learning that an extended illness serves as a mystery school.

Mystery reminds me to be grateful and open-hearted for each moment that presents itself. I have appreciated the visitors I have had, and my basket of cards is overflowing. Thank you again for your love and support.

**On-Line News of the Goodenough Community System**  
**[www.goodenough.org](http://www.goodenough.org)**  
American Association for the Furtherance of Community  
Convocation: A Church and Ministry / Mandala Resources, Inc.  
Sahale Learning Center / The EcoVillage at Sahale

## ***From Colette – Continued***

The best representation of Mystery comes from the Paul Winter Consort who produced the Missa Gaia:

*Winter sees our connection with nature as fundamental to our spiritual development. ... He has always been concerned with the timeless value of music, whether it be the multi-octave vocalizing of the humpback whale or the mesmerizing sound of the didgeridoo. At the core of these sounds, Winter seeks a link to the oneness of creation which can lead us back into harmony with Gaia.*

*– Rory Spowers, Resurgence*

## **O Mystery by Paul Winter -**

*It lives in the sea or a tree as it grows.  
You can hear it, if you listen, to the wind as it blows.  
It's there in a river as it flows into the sea.  
It's the sound in the soul of a man becoming free  
And it lives in the laughter of children at play  
And in the blazing sun that gives light to the day.  
It moves the planets and all the stars that shine.  
It's been the mover of mountains, since the beginning of time.*

*Oh Mystery you are alive; I feel you all around.  
You are the fire in my heart; you are the holy sound,  
You are all of life; it is to you that I sing.  
Grant that I may feel you, always in everything.*

*And it lives in the waves as they crash upon the beach.  
I have seen it in the gods that we have tried to reach.  
I feel it in the light and I know it means so much.  
I know it in your smile, my love, when our hearts do touch.  
But when I listen deep inside, I feel best of all,  
Like a moon that's glowing white and I listen to your call  
And I know you will guide me, I feel like the tide  
Rushing through the ocean, of heart open wide.  
Oh Mystery you are alive, I feel you all around.  
You are the fire in my heart; you are the holy sound.  
You are all of life; it is to you that I sing.  
Grant that I may feel you, always in everything.*

*O Mystery*



## Save the Date!

**Sunday, May 1, the Goodenough Community plans to celebrate membership in the Goodenough Community.** Our co-founder, Colette Hoff, will reflect on the meaning of membership in a community that was founded more than 40 years ago, and we will be able to rejoice in the relationships and connections that the Goodenough Community has fostered. You will hear more about time and other details in upcoming editions of our Village View.



## Women's Zoom Gathering this Saturday, March 26, from 10:00 a.m. to 1:00 p.m.

By Hollis Ryan

I would enjoy seeing **all** your faces on my computer monitor on Saturday. Please send your RSVP to Hollis Ryan – [hollisr@comcast.net](mailto:hollisr@comcast.net). Your response gives us an idea of how many women to expect. However, if you do not respond, Zoom in, anyway!

I want to expand on a “bullet point” that we invariably refer to in the women’s program. That is, in the culture of the women of the Goodenough Community, *we learn by applying four archetypes to our womanly development: Maiden, Mother, Guardian, and Crone.* We understand that each woman has all four of these archetypes within her, some more strongly than others at different stages of her life. If a woman’s development were to follow a straight line, she would first experience herself as a Maiden, then as a Mother, then Guardian, and finally Crone. Our developmental lives are more interesting than that, however, and we develop in our own ways. A young woman might move quickly into Mother without completing her “work” as Maiden while a woman of middle years might experience a Maidenly second adolescence before moving into the next phase of her development.

We study and apply these archetypes because they contain the developmental tasks of a woman’s psychological, emotional, and spiritual life. Briefly, a Maiden’s task is to discover who she is, on her own, connected with – yet separate from – others. A Mother, as you might expect, has the task of creation, whether the creation is a biological child or a project she nurtures to fruition. Because women live much longer than the original three archetypes recognized (Maiden, Mother, Crone), a woman now grows into a third stage of life (Guardian) in which, having released her creation to its own life, a woman may expand her passions beyond her immediate “family.” And,

finally, a woman begins to know she is becoming Crone. Her attention turns increasingly to her own legacy, the meaning of the life she has lived, and her impending death.

I invite you to join us in experiencing this form of self-discovery, and hope you find it as rewarding as I do.

Finally, please mark your calendars *right now* for the **Women’s Weekend at Sahale, April 29, 30, and May 1 and send your RSVP to [Elizabeth](#)**. Your leadership team is profoundly grateful to be able once again to invite you to an in-person experience in the wondrous setting of the community’s Sahale Learning Center. You will receive more detailed information later. Meanwhile, please plan on being part of a warm and nurturing connection with the other women present. You will be encouraged to participate in ritual, music, artistic expression, play, and work –work that may be physical, work that can be deep and personal, work that reaches perhaps into your womanly soul.

With love,  
Hollis

*On behalf of the Women’s Leadership Circle: Colette Hoff (Key Faculty), Rosemary Buchmeier, Marjenta Gray, Elizabeth Jarrett, Hollis Guill Ryan, Aliko Serras, Joan Valles*



*Now we (members and friends of the Goodenough Community) are taking a stand for love and equality over all the expressions of racism and injustice and inequality against Black people and all People of Color. We, as mostly white, will educate ourselves and learn to make a difference. We will continue to speak out about the racial injustice in our country.*

## 16 Black Women Who Shaped History

By Madeline Merinuk

One of the best ways to get inspired is to examine the stories of courage and strength of others. As part of **Together We Rise**, a 31-day package highlighting amazing [Black people](#), experiences, allies, and communities that shape America and make it what it is today, we've compiled a list of Black women who have made historic impacts in our nation and the world as a whole.

The history-making Black women included in this group defied odds, broke boundaries and left special marks of excellence in their communities, paving the way for other Black women to do the same.

### **Elizabeth Freeman (unknown-1829)**

Freeman, also known as Mum Bett, was a nurse and midwife who successfully sued Massachusetts for her freedom in 1781, becoming the first African-American enslaved woman to win a freedom suit in the state. Her suit helped lead to the permanent abolition of slavery in Massachusetts altogether.

### **Ona Judge (1773-1848)**



Ona Judge, known by the Washingtons as Oney, was a mixed woman born into an enslaved family on Mt. Vernon and brought to Philadelphia to serve at the President’s House. On May 21, 1796, a 22-year-old Ona successfully escaped her enslavement to President George Washington while he and Mrs. Washington ate dinner. She fled to New Hampshire.

### **Audre Lorde (1934-1992)**

Audre Lorde made incredible contributions to feminist [literature](#). In her writings, she highlights her experience being a Black lesbian woman and confronts issues of racism, homophobia, classism and misogyny, giving voice to other [Black female](#) writers and activists.

### **Wangari Maathai (1940-2011)**

Kenyan environmental and political activist Wangari Maathai. (Photo by Wendy Stone/Corbis via Getty Images)Wendy Stone / Getty Images



Wangari Maathai was the first Black African woman to receive a Nobel Peace Prize for her efforts in environmental conservation. In the 1970s, she founded the Green Belt Movement, an [environmental](#) non-governmental organization focused on environmental conservation and women’s rights. She was also an elected member of Parliament and served as assistant minister for Environment and Natural Resources between 2003 and 2005.

### **Ruby Bridges (1954-present)**

**Ruby Bridges** is framed by the hands of children of Donwood Park School in Scarborough. Rene Johnston / Getty Images

**Ruby Bridges** is an American activist who helped the civil rights movement in Louisiana. She was the first child to desegregate William Frantz Elementary School, an all-white school in Louisiana which she was selected to attend based on her displayed intelligence at just six years old. She also was later painted by Norman Rockwell and is now celebrated as a courageous Black woman who continued to fight for equal rights throughout her life.

### **Tarana Burke (1973-present)**

Tarana Burke speaks at a screening of "Surviving R. Kelly Part II: The Reckoning." Eugene Gologursky / Getty Images

Tarana Burke is best known for her efforts in starting the #MeToo movement in 2006 as a means for victims of sexual violence to share their experiences. As a victim herself at a very young age when growing up in a housing project in the Bronx, she has spent her life empowering women to share their stories and fight against sexual assault with the slogan "empowerment through empathy."



### **Laverne Cox (1972-present)**

**Laverne Cox**, actress and LGBT advocate, is praised for her role on Netflix's "Orange Is the New Black" as Sophia Burset. She also was the first transgender woman to be nominated for a Primetime Emmy Award in any acting category, and in June 2014, became the first transgender woman to appear on the cover of TIME magazine.

Other women listed include:

Other women included in the article::

- Kamala Harris
- Michele Obama
- Aretha Franklin
- Nina Simone
- Maya Angelou
- Rosa Parks
- Harriet Tubman



## Mindful Mike's Blog: Mystery

Mike deAnguera

What is mystery? That which cannot be explained scientifically. Science can only explain the physical world: all the things making it up including our bodies. But it can't tell us who we are. What is the living force appearing as us, animals, trees, maybe even the planet?

What is it that looks out through my eyes? That animates the human being known as Mike? Why it's me of course. Who else could it be? But who am I? I am the Divine playing the character role of

Mike. This is why I look out of Mike's eyes but not anybody else's eyes.

Does that mean I am God? In a sense yes but I have to play this character role 100%. I know for a fact I can think some very ungodly things. As God I can play Mike perfectly because God is unable to create anything other than perfection.

Like J. J. and Tyler's baby River I took on a body. My mother carried me for 10 months. Then I was born September 23, 1955. Was I really born on that date? As a Divine Being I have no beginning. Nor do I have an ending.

Why would I take a body? Because I decided to join the rest of you in making a story. An action packed story where I confront an adversary who became present in my 2<sup>nd</sup> grade teacher as well as the bullies who tormented me in school.



I had no friends in school. School felt too threatening to me. My friends were kids who lived across the street from me. Nancy, Katharine, and Scotty befriended me. Before homework came along we were always playing together.

Here are some of the friends I now have. They are Joan Valles and Pam Jarrett-Jefferson. We were celebrating Pam's 62<sup>nd</sup> birthday.

Birthdays are good family events. I wonder what my life would have been like without anyone to share my birthday with? Probably not very pleasant. I feel sad for all those who have no one to share birthdays with.

Celebrating birthdays are one of the ways we acknowledge the importance of our Goodenough family members.

We also celebrated Marly Long's graduation from Olympic College with her Associate in Arts degree. She will be leaving us on April 1<sup>st</sup> to attend Western Washington University with a major in music.

Families share joys as well as sorrows.

The Village View is how we stay in touch with each other. Many more people read our View on the outside.

I believe I was meant to come out here to Sahale. I have lived out here for over 14 years which is the longest I have worked anywhere. My life was meant to be a transition from one way of life to another.

Dimitry Orlov, a well known writer and speaker on the subject of the collapse of the Soviet Union says that the U.S. is about to collapse as well. This is something all empires eventually experience. They simply use up their resource base which includes the human resources. He suggests that we all need to prepare for it by creating small communities where we are close friends with each other. The Goodenough Community has gone a long ways toward achieving small community creation.

Of course no community is complete without a set of Lego bricks. Angelo left us with his Legos. I wonder what would happen if Vladimir Putin and Volodymyr Zelensky were to play with Legos? Sometimes I think adults are just overgrown kids with very expensive toys.





March  
2022

## NICA's Spring Gathering 2022 Will Be In-Person!!!

Join us at Vashon Cohousing, May 7th - 9:30 to 4 pm.  
Save the date and watch for registration info & details

*Featuring Yana Ludwig on Cooperative Culture*



***Please join us for Community Networking, Updates on Existing and Forming Communities, Online Companionship, Tips on Building Resilience, and Promoting Intentional Communities as a Public Good.***

## We just launched a new project "Cooperative-Housing Launchpad"



**Cooperative-Housing Launchpad provides a starting point for those interested in creating cooperative single-home households with other like-minded people. Additionally, we have resources for established households to keep growing. We are still developing this project so stay tuned as it evolves. For now please check out the beta version of the [newly launched website](#).**

**If you have a vacancy to list please create a listing. Also, if you know anybody that is interesting in forming their own shared house based on cooperative culture this is a great resource to redirect them to.**





# Programs and Events of the Goodenough Community

## Winter and Spring Dates

*Community is about adapting to change, and that has been the case with the pandemic as we have adapted many of our ways to connect, most of which are held on Zoom.*

Throughout the year we intend to offer programs that help you participate in your own development, learn about relating well with others, and help you discover your potential for having a good time in life and with others. Information about programs and upcoming events can be found on our website: [www.goodenough.org](http://www.goodenough.org)

### Human Relations Laboratory, August 7 – 13, 2022 – Mark your calendars now



This intense and joyous week-long event is a communal experience of personal growth and relational development within a rich culture with art, music, dance, song, drama, and more. In 2022 we will celebrate 53 years! Contact: Colette Hoff or Elizabeth Jarrett-Jefferson, [hoff@goodenough.org](mailto:hoff@goodenough.org), [elizabeth.ann.jarrett@gmail.com](mailto:elizabeth.ann.jarrett@gmail.com)

### The Goodenough Community's governing body, the General Circle, meets monthly on Monday evenings, 7:00 PM



#### Winter and Spring Dates

- April 25
- May 23
- June 20

For additional information, contact [Elizabeth Jarrett-Jefferson](mailto:Elizabeth Jarrett-Jefferson)

**The Women's Program** is a long-established and ever- growing way for women to enjoy each other's company, learn about themselves as women, and even perhaps to experience the Divine Feminine.

*Saturdays, 10AM to 1:00 PM via Zoom:*

#### Winter and Spring Dates:

- March 26
- April 29 – May 1 - *Annual Weekend for Women*

For more information, contact [Hollis Ryan](mailto:Hollis Ryan).



**The Third Age** - Those age 60 and older have been gathering monthly, Friday evenings, 7PM. Contact [Kirsten Rohde](mailto:Kirsten Rohde) for more information

#### Spring 2022 dates:

- May 13 (this is a change)





**The Men's Program** - Our Men's Circle is an expression of brotherhood and practice, with wisdom gathered from our own lives, other men's work, advocates, and the founders of this circle. *Sahale Event Set Up – coming in early June.*  
For information, contact [Norm Peck](#)



**Pathwork, A Program of Convocation: A Church and Ministry** – Pathwork offers a spiritual home in which to rest and to share your heart and mind as you move through these unpredictable times. Participants come together under the leadership of Pastor Colette Hoff and find support and encouragement, gaining wisdom from the world's faith and wisdom traditions. All are welcome to join. Meetings are held via Zoom on alternate Sundays: 7pm to 9pm. Contact Colette Hoff: [hoff@goodenough.org](mailto:hoff@goodenough.org) for Zoom information.

**Winter and Spring Dates:**

- March 27
- April 10 and 24
- May 8 and 22
- June 5 and 19

**Work and Play Parties throughout the Year.** Traditionally, the Goodenough Community sponsors work parties over Memorial Day weekend as well as other times to express gratitude for the presence of our beloved retreat center, Sahale, and to experience the satisfaction of playing and working together. Please email [hoff@goodenough.org](mailto:hoff@goodenough.org) with questions.



**Quest: A Counseling and Healing Center**

Our belief is that mental and emotional health is a prerequisite for spiritual well-being, collaboration, and the expression of compassion. Quest's counseling and education programs, open to all interested individuals, focus on empowering individuals, couples, and family groups to be happier and more effective in relationships. Call Colette Hoff (206-755 8404).