



Village eView

September 26, 2018

Colette Hoff, Editor

Origin: Late Middle English: from late Latin potential is, from potentia 'power', from potent- 'being able.' The noun dates from the early 19th century.

Definition: Latent qualities or abilities that may be developed and lead to future success or usefulness.

COMING UP

Pathwork Exploration Series with

Tom Gaylord, October 8, 7- 9:30

Goodenough Community Council, Oct. 8, 6:30

Men's Cultural Gathering, October 26 to 28

Women's Cultural Gathering, October 26, 10 -2

Every day I am astonished by how little I know, and discouraged,
obedient as I am to the demand to know more — always more.
But then there is the slow seep of light from the day,
and I look to the west where the hills are darkening,
setting their shoulders to the night, and the sky peppered with pillows
of mist, their bellies burnt by the furnace of the sun.
And it is then that I notice the invitation didn't say, Come
armed with knowledge and a loud voice.
It only said, Come.

~Andrew Colliver

(1953 to pres., Australian Psychiatric Social Worker, Poet)

Potential with Site Planning

Colette Hoff

The poem above sent by Bill Kohlmeier speaks to human potential, a fundamental value of the Goodenough Community. This Fall, our focus will be on the potential of Sahale Learning Center.

On-Line News of the Goodenough Community System

The American Association for the Furtherance of Community

Convocation: A Church and Ministry

Mandala Resources, Inc.

Sahale Learning Center

The EcoVillage at Sahale

John Hoff loved the movie Field of Dreams (1989) with Kevin Costner about a man who built a baseball field. “Build it and they will come” was a guiding quote from the movie. John saw Sahale as a “field of dreams” and the *potential* of land and people. Many have come and valued all Sahale provides. A recent air bnb guest had the following to say about her experience at Sahale and captures John’s vision:

Very lovely place to escape the bustle of city life. We saw spawning salmon! We shared a mug of fresh cider. We finished a difficult puzzle and watched VHS tapes in a storm of nostalgia. The hot tub is so deep you can stand up in it. The forest is so deep you can easily get lost – but it is not so large that you can’t easily find your way out again.

I feel like I had taken a time machine to a different era. Sahale is quite a peaceful place. If you’re looking to escape technology and the city and have a great time with friends, you can’t go wrong with a stretch here!

We are being led by Tom Gaylord to further our site planning process. We have been at it since September 14, 2001 and now its time to make some new decisions for the future with many considerations and based on years of observations. Tom provides an opportunity to join in a unique blending of spiritual and community contemplation and planning for the future.

The practices of Meditation, Compassionate Exchange, and Body Speech and Mind are some of the methods we will use. The exploration begins with self, resonates with others, and reveals an unfixed and dynamic tapestry of community interconnectedness.

Tom Gaylord is the former Center Director of the Seattle Shambhala Meditation Center and is a student of Contemplative Psychology in the Seattle Karuna Training Program.

This program will meet at the **Shambala Center (3107 E Harrison Street Seattle, WA 98112)** in the Madison Valley area of Seattle. Sunday evenings, 7:00 to 9:30 pm. All are welcome.

Dates and topics include:

October 7 will begin the site planning process which will continue **October 21, November 4** and the weekend of **November 16 to 18** at Sahale.

For more information: Colette Hoff at hoff@goodenough.org



The following articles written by Irene Perler, titled Permaculture Zones and Site Planning 101 offer some information about how to think about the land and how it will be used in the future. Pam Jarrett-Jefferson has developed a concept for one area at Sahale and it will again be included.



Permaculture Zones

Illustration by [Cecilia Macaulay](#)

Edited by Irene Perler

Zone planning in permaculture design means placing elements according to how often we need to visit them. Areas that need to be visited every day (e.g. the glasshouse, chicken pen, herb garden) are located nearby, while places visited less frequently (grazing area, orchard, woodlot) are located further away.

In Bill Mollison's book 'Introduction to Permaculture', zone zero is defined as being the centre of activity in a design. This may be the house, or in the case of a large scale design may be a village centre.

However some permaculturists have used the term 'zone zero' to describe the human element in permaculture design, claiming that the most important part of a design, the people, often receive little attention during the design process.

So how do we define zone zero in permaculture design?

Four experienced designers gave their opinion...

- **Zone 0:** the centre of human activity, for example, the house.
- **Zone 1:** close to the house, is the most controlled and intensively-used area containing the garden, work-shops, greenhouse, small animals, wood-pile, compost, etc.
- **Zone 2:** has typically larger shrubs, small fruit and mixed orchard, windbreaks, poultry, ponds, terraces, etc.
- **Zone 3:** contains unpruned and unmulched orchard, larger pastures or ranges for meat animals or flocks, and main crops.
- **Zone 4:** is semi-managed and semi-wild used for gathering, hardy foods, unpruned trees, and wildlife and forest management.
- **Zone 5:** is unmanaged wilderness – where we observe and learn; it is our essential place for meditation, where we are visitors, not managers.

David Holmgren...

David developed the concept of permaculture with Bill Mollison in Tasmania in the mid-1970s. He lives and works as a designer and consultant in Central Victoria, Australia.

I consider the human dimension in Permaculture very important. I have often said to clients they are the greatest asset and the greatest liability of their land. They are more important than any of the physical characteristics of the land in terms of its sustainable use and development. But I am wary of the Permaculture concept becoming a ‘theory of everything’.

Perhaps ‘zone zero’ as encompassing human aspects such as psychology, philosophy, ethics, religion, family, love and conflict is an example of that tendency to take a very simple physical model and try to jam a lot of incredibly complex things into it.

I don’t really use the concept of zone zero much but I take it to mean the house. It provides the framework for the house design.

In my work I will do a lot of design in relation to earthworks and how the house sits on the site, the access in and out, the position of the greenhouse and so on. It’s really the province of architectural design, household management, food processing, eating, sleeping and so on. All the activities within that zone are more human-centred than the other zones.

But the zone refers to the house itself, not people, because the concept of zoning is a spatial concept. Zoning relates to physical design. People themselves are not actually confined in a physical sense. So it is quite a limited concept rather than it being an ‘over-arching idea’ that can encompass what permaculture design is all about. It is just one way of looking at things.

If you get to a point where you are actually seeing the zones as distinct systems that can be dealt with separately then the whole concept has become counter-productive. There is only one system and the boundaries are only there in a conceptual sense, though they may more or less coincide in a lot instances with things like fence lines and building walls, and so on.

I have been quite critical of the zoning concept over the years because it is a ‘single node development model’.

On complex properties such as village developments there are many activity centres, or nodes. Each one of these could have a series of zones around them.

The big issue in design is the interrelationship between those centres and the network that develops, and the links between things such as access and water supply. What I call a ‘network approach’ to design needs to be developed more in Permaculture



Site Planning 101

Irene Perler

There are many versions of site plans, so to get down to basics and help us all join in a shared understanding of what site plans are for and how they are used in land development conversations. I can feel how important it is to have a visual template for us to come together around, for our dreaming conversations and literally a place to “ground” our ideas on the map! My goal is to provide the tools that facilitate creativity and good conversation as we dream the future of Sahale together.

The site plan will include maps and written statement documenting the many developments made in the last 17 years and will show areas being considered for future dreams! Recent conversations of friends of Sahale include visions for more housing and an intern dormitory with kitchen up on “West Hill”. There are many other dreams I’ve heard spoken recently: pull-in areas for tiny houses, tenting platforms, expanded outdoor kitchen, wood burning cobb oven, a smoke house, woodworking and metal shop, a ceramics studio, an outdoor music venue, a root cellar, an improved composting area with concrete back wall, a high-hoop house for outdoor all season growing, and more conventional row crop growing area, possible small livestock area for goats, more chickens, rabbits and ducks. There are more ideas out there and I’d like to hear from you as I gather other ideas together, please dream and I’d love to hear your ideas.

This week...some orientation from Wikipedia...next few weeks some concepts from Permaculture and GEN-the Global Ecovillage Network as well as Christopher Alexander’s Pattern Language.

Site plan

The following excerpts are taken from Wikipedia, the free encyclopedia:





Example of a Site plan.

A **site plan** is an [architectural plan](#), [landscape architecture](#) document, and a detailed [engineering drawing](#) of proposed improvements to a given **lot**. A site plan usually shows a building footprint, travel ways, parking, drainage facilities, sanitary sewer lines, water lines, trails, lighting, and landscaping and garden elements.^[1]

Such a [plan](#) of a site is a "graphic [representation](#) of the arrangement of buildings, parking, drives, landscaping and any other structure that is part of a [development project](#)".^[2]

A site plan is a "set of [construction drawings](#) that a builder or contractor uses to make improvements to a property. Counties can use the site plan to verify that development codes are being met and as a historical resource. Site plans are often prepared by a design consultant who must be either a licensed engineer, architect, landscape architect or land surveyor".^[3]

Site plan building blocks

A site plan is a top view, [bird's eye view](#) of a property that is drawn to scale. A site plan can show: [Site Plans, Elevations and Floor Plans](#) Plan Instructions (Site Plans, Elevations and Floor Plans)

- Property lines
- Outline of existing and proposed buildings and structures
- Distance between buildings
- Distance between buildings and property lines (setbacks)
- Parking lots, indicating parking spaces
- Driveways
- Surrounding streets

- Landscaped areas
- Easements
- Ground sign location
- Utilities

[Site planning](#) in landscape architecture and architecture refers to the organizational stage of the landscape design process. It involves the organization of land use zoning, access, circulation, privacy, security, shelter, land drainage, and other factors. This is done by arranging the compositional elements of landform, planting, water, buildings and paving and building. Site planning generally begins by assessing a potential site for development through site analysis. Information about slope, soils, hydrology, vegetation, parcel ownership, orientation, etc. are assessed and mapped. By determining areas that are poor for development (such as floodplain or steep slopes) and better for development, the planner or architect can assess optimal location and design a structure that works within this space.

Site planning generally begins by assessing a potential site for development through [site analysis](#). Information about slope, soils, hydrology, vegetation, parcel ownership, orientation, etc. are assessed and mapped. By determining areas that are poor for development (such as floodplain or steep slopes) and better for development, the planner or architect can assess optimal location and design a structure that works within this space. Within site analysis you also need to take into consideration the structure of [zoning](#) throughout a city.^[1] These are regulations that have been structured to separate the land of what can be used as residential and industrial. This allows a city to not be over powered by one type of land distinction.

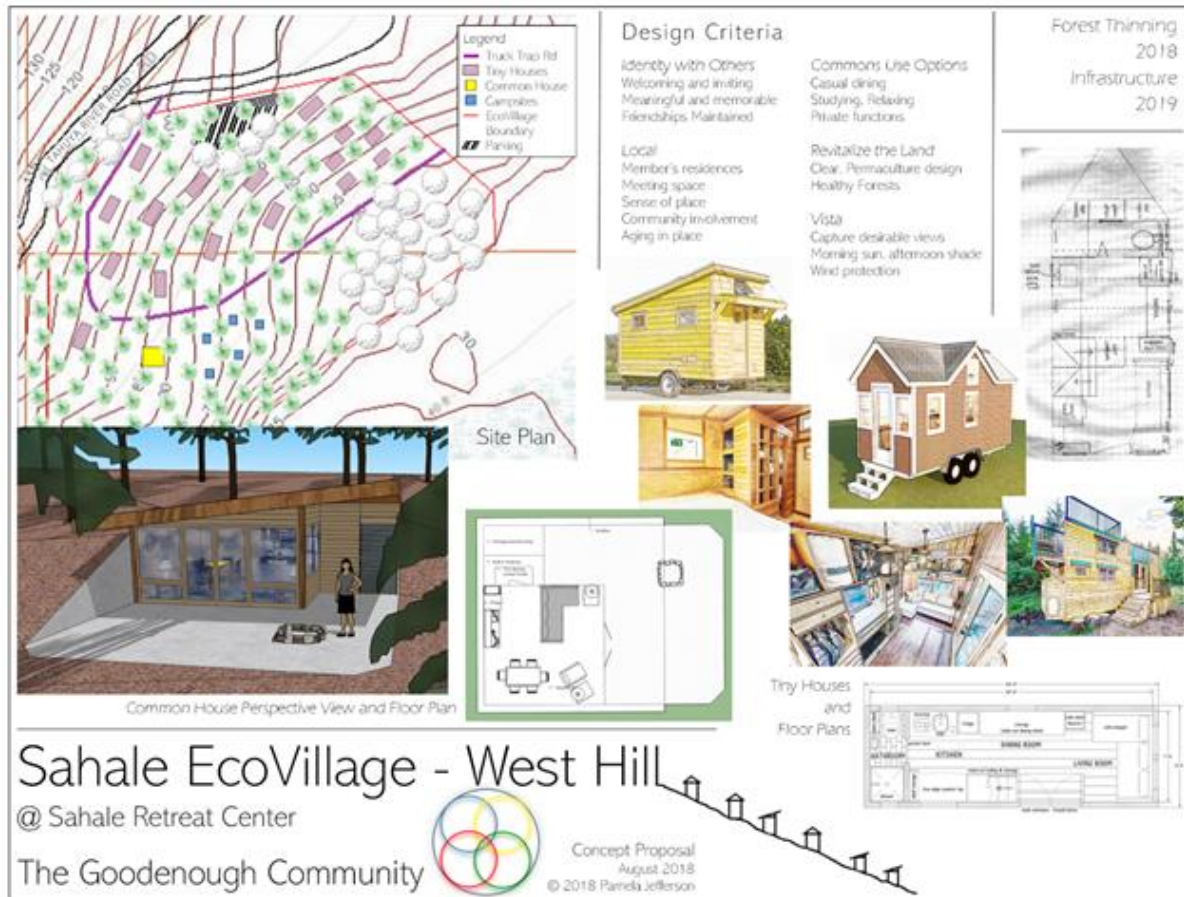
Within the it plan there also is details about where everything currently is, not only buildings but water, sewer and power lines.^[1] These are necessities that need to be kept safe and taken into consideration when developing a new development project. Within creating new development plans there are regulations that all buildings have to follow that are created by the city. These are regulations to help keep new development projects going out of control and keeping our city contained and not expanding at alarming rates that we cannot control.

“Potential is not an endpoint but a capacity to grow and learn.”
Eileen Kennedy-Moore

EcoVillage Concept Proposal Poster

Pam Jefferson

In an effort to represent our community at the West Coast Communities Conference this coming weekend, I offered a concept proposal poster of the Sahale EcoVillage at West Hill. The council approved the poster be displayed at the conference. Two weeks ago, at the council meeting, Bruce mentioned that we don't have enough to show for our EcoVillage at Sahale. I decided to create this poster to fill that gap a bit. Please remember this is purely an idea from my mind. Nothing has been decided or set in motion. I enjoyed the creativity of it and I hope you enjoy the imaginary trip when you look at the image below or the poster the next time you're at Sahale.



The Potential of Sociocracy

Kirsten Rohde

A number of us have participated in the Sociocracy workshop offered last spring at Sahale by Dianna Leafa Christian. Sociocracy has the *potential* to help us learn new ways to organize and govern ourselves in the Goodenough Community. On the Council we have created a map of circles guiding how we will enter into a sociocracy method of functional circles that each have responsibility for certain areas with the community. We have had two rounds of practicing the new way of decision making by consent. This includes rounds of speaking and listening that allow every voice to be heard in turn and each concern addressed before we determine that we all agree on a proposal. In fact the first round of practice was to make the decision to move forward with studying and practicing Sociocracy for 18 -24 months, and then decide if we want to adopt it for the long term. So we are using this *potential* for change and growth to aid our community in transition to a sustainable future. We will realize our potential when we feel good about the direction we are heading as an organization and when we also hear from others that they see positive change.





True Holidays Event 2018 – December 1, 2018 - Save the Date

Elizabeth Jarrett-Jefferson with Kirsten Rohde

We are happy to announce that our annual True Holidays Celebration--a tradition of more than 30 years in our beloved Goodenough Community--will be held again this year on **Saturday, December 1** at the Mercer Island Congregational Church on Mercer Island. This event has always been about bringing together family, friends, other communities & colleagues in an atmosphere ranging from frivolity and feasting to one of marking the holidays in a sacred way, honoring many faith traditions. Importantly, the celebration also provides an opportunity for you to be reflect and therefore be intentional about planning for the holidays, giving pause to remember what you value over the holidays; we'll lend a practical hand to help you make an actual plan. We'll have our Silent Auction again this year and feature exclusively handcrafted items and experiences (since we've learned over time that these are the most valued and bid-on items). Sherry Nevin and her musical contradancing colleagues, also a favorite tradition, will again be with us.

So, for now, prepare to engage in a "Christmas Truce" where friends, fun, feasting, and tradition are the news of the day! More information will follow soon. Thanks for reading!

- **Elizabeth**



Men's Fall Gathering October 26 to 28

We're nearing our fall retreat weekend time and will again be combining our retreat with our annual Event Tent deconstruction project.

For the guys who can, we'll be downing the tent beginning on Friday morning, October 26, 10:00 AM. We'll need a crew of at least 8 for this project so, look for my calling to confirm a team. The tent lowering project will complete by lunchtime on Saturday. For those who cannot join for the tent lowering, please do join in for a hearty meal on Friday evening and the beginning of our men's gathering.

Men's Retreat - Friday, October 26 evening through Sunday afternoon, October 28

Event Tent Down - Friday, October 26, 10 AM - Saturday lunchtime

For now, please mark your calendars, RSVP, and share this with men friends of yours you'd like there. Ff you're able and interested, let me know of your desire to participate in the tent down.

In brotherhood, Bruce



The deAnguera Blog: Potential



What is our potential? How would one see potential in our community? Well a good indication is to observe the work we do. Notice Colette Hoff smiling as she gets ready to process grapes into delicious grape juice. Did I sample the juice? Yes. It was tasty. Good work done with a smile always indicates potential for more.

On the right Aili'i, a Work away pours cider into a filtered pitcher I am holding. As you can see we are both concentrating on doing it right.

We are demonstrating great teamwork. Our Work aways fit right in and they love it! Some return to us again and again.

Karl Marx talked about how workers become alienated from their work. Even the equipment they work on is used to control them. I can verify that with my own work experiences. By contrast our work actually brings us all together. I guess the secret lies in how we treat each other. Nobody is exploiting anybody else for profit. People actually take their weekend time to come work with us.

We definitely have a lot of potential. Thanks to our Human Relations Labs and Sahale we are attracting more people to us. I can remember a time when I was mostly living alone out here. Now we nearly always have Work aways present with us.

Gatherings like the West Coast Communities Conference is introducing our Sahale experience to more people outside our community. It feels good to be working with so many visionaries.

The greatest power for change lies with folks like us. We may not seem like very much but we are like the swell moving through the ocean. The swell is barely detectable until it meets resistance as it nears shore. The resistance slows it down but it builds into a huge tidal wave as it is slowed. The tidal wave can wipe out everything before it.

There are a lot of us out there even though we represent a small portion of the population. We are the active ones and it is the active ones that cause change by drawing the rest of the culture towards us. Even the powers that be will have to take notice.

Most folks just go along with whatever is happening. Climate change? Land despoliation? Worker exploitation here and abroad? Somebody else will take care of it. Don't bother me with all these problems. I've got enough trouble just keeping up on my bills!

But maybe you can inspire me with something like Sahale. Maybe I can find some new friends to share the journey with. Is it possible that a good life with friends is what it is all about? That's what will change me. Now I can see how to resolve the issues of our day. All I need is good friends. I might find new interests!



Guess who else is a September Birthday besides me? Why Bruce Perler of course! We are honoring relations that can change the world.



Calendar for the Goodenough Community, Fall 2018

Pathwork dates include October 7 and 21; and November 4
November 16 to 18 will be a weekend program at Sahale.

The **Community Council** will be meeting, **Mondays at 6:30** for a light dinner. The next meeting will be at the home of Tom George (8708 182nd Place SW Edmonds, WA 98026.

Thank you Tom for welcoming the Council to your home!

Additional dates include: October 8, 22; November 5

The **Third Age** group will meet on **October 19** (This is a change) at the home of Joan, Barbara, and Jim. December 14 is the next proposed date.

The **Women's Culture** will gather on **October 27, from 10:00 to 2:00** at the home of Elizabeth and Pam Jarrett-Jefferson on Mercer Island.

The **Men's Culture** will gather on the weekend of October *26 to 28*.

True Holidays Celebration, Saturday, December 1, 2018

Christmas Day dinner at Sahale is becoming tradition. Make your plans.

New Year's Eve at Sahale will be a Monday night. Plan to come for the weekend!

The **Friends of Sahale** 4th Annual weekend will be **January 18 to 20**.

Sahale Summer Camp will be **June 23 to June 29, 2019**.

The **Human Relations Laboratory** will be **August 4 to 10, 2019**.



Spatialist for Hire

Pam Jefferson

Do you need help with organizing a room for more efficient storage and use of the space? Do you need help sorting and organizing your stuff? I can do all of it for you or just give you some ideas for you to work with. My hourly rate is \$25.00. You can reach me at **206 372 9801**.



Watchcare

Recently our dear friend, Janet Walker called to say she is having some difficulties with the cancer she has had. The good news is that she finally made it to Johns Hopkins Cancer Center in Baltimore. We held Janet in our Pathwork Circle and allowed Tom Gaylord to lead in a lovely Buddhist process of holding someone who is ill.

Please send Janet your love and prayers and an email to: jlwalk1956@yahoo.com

Cards can be sent to Janet Walker 44 White Church Court Germantown, MD 20874

We love you, Janet

Editor's Note: Last week, a team of people were highlighted who worked on the Potlatch team for the West Coast Communities Conference, several names were not included: Sahale residents, Kirsten Rohde, Drai Schindler, and Irene Perler. Each of these women stepped in to help in our food service. Thank you each!



2018 Permaculture Convergence

[Register](#)

The **11th Annual Northwest Permaculture Convergence** is coming up soon: **September 28-30** at the beautiful **Camp Singing Wind in Toledo, WA**. We have been busy organizing things for the most interactive event of our region, and it will be full of all the aspects – loads of amazing workshops, wonderful food, great networking opportunities, a vibrant Marketplace, powerful keynote speakers – plus several additional features we've only tasted in the past: a Saturday night Contra Dance, a thoroughly rustic location, a robust Kid's Program, [Friday morning pre-event tours](#), and more. This year, we are even offering a NEW delight: a real-time installation of a swales-on-contour project within the Convergence site itself!

Read more about everything below!



11th Annual
Northwest
Permaculture
Convergence
September 28-30, 2018
Camp Singing Wind, Toledo, WA

Keynote:
Dr. Elaine Ingham, Soil Foodweb Inc.
Former Chief Scientist at the Rodale Institute
& Author of The Compost Tea Handbook

*Comin' Dancin' with
Joe Michaels & The Electrodes*

WORKSHOPS | DEMOS | SKILL SHARES | CAMPING
*Allies & Assets: working for mainstream change | Regenerative Agriculture
Tools & Tech: solar, wind, water & more | Resilient Lifestyles & Economics:
ecovillages & co-ops | Green Culture: placemaking, companion movements*

Prices include workshops, demos & all meals.
Adults (18+) \$130 | Teens (13-17) \$75
Children (6-12) \$50 | (5 & under) Free
Worktrade available
Lodging \$10 additional per adult

tickets: northwestpermaculture.org

Calendar of Programs and Events

What makes community meaningful and fun? The richness of life in community comes in many ways – getting together informally over a meal ... celebrating a significant birthday with long- time and newfound friends ... working together in a creative endeavor ... collaborating in a work party ... thinking deeply with others about what it means to be fully alive and connected with ourselves, each other, and Spirit ... and more.

In the Goodenough Community, we recognize such ways to connect as expressions of living life fully and in communities of all kinds. Throughout the year we offer programs that help you participate in your own development, learn about relating well with others, and discover your potential to have a good time in life and with others.

We welcome your interest and your participation, and hope that you will join us at any – or many! – of this year’s events. More information about programs and upcoming events can be found on our website: www.goodenough.org

The Third Age - Those of us age 60 and older have been gathering every other month, Friday evenings in Seattle. **Future meetings:** October 26, December 14. Contact Kirsten Rohde for more information: krohde14@outlook.com



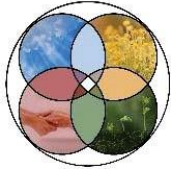
The Women’s Program is a long-established and ever-growing way for women to enjoy each other’s company, learn about themselves as women, and even perhaps to experience the Divine Feminine. Gatherings this fall include Saturday October 27. Contact Elizabeth for more information and directions to our meeting place:

The Men’s Program is an expression of the best wisdom men have gathered from their life together—about what is a good man and how he could best express that in his own life. The Fall Men’s gathering will be **October 26 to 28**. Contact Bruce Perler for more information: bruce_perler@hotmail.com



Pathwork, a Program of Convocation: A Church and Ministry.

On alternate Sunday evenings an interfaith circle of practice meets between 7:00 and 9:30 PM under the leadership of Colette Hoff. This is a time to learn together about our personal development, to talk out our chosen practices for the development of a spirit filled life, and to learn the skills of joining with others in service. **Gatherings are in Seattle.** See the article in this eView about the fall program; October 7, 21, November 4 and November 16-18 weekend. *See article previously in this eView.* Contact Colette Hoff for more information: hoff@goodenough.org



The Goodenough Community Council meets alternate Monday evenings in Seattle to discuss the day-to-day activities of the community and engage in planning, evaluation, and more. Contact Colette Hoff if you are interested: hoff@goodenough.org



True Holidays Celebration, Saturday, December 1, 2018

Be part of this fun-filled family-oriented evening, and prepare yourself for the winter season (whatever faith tradition you follow) that fills your heart. Contact Elizabeth for more information.

Work and Play Parties throughout the Year

Traditionally, the Goodenough Community sponsors work parties over Memorial Day weekend as well as other times throughout the year, to express gratitude for the presence of our beloved retreat center, Sahale, and to experience the satisfaction of playing and working together. Please email hoff@goodenough.org with information about what may be coming up. It is a great time to bring friends to share Sahale!



Quest: A Counseling and Healing Center

Our belief is that mental and emotional health is a prerequisite for spiritual well-being, collaboration, and the expression of compassion. Quest's counseling and education programs, open to all interested individuals, focus on empowering individuals, couples, and family groups to be happier and more effective in relationships. Call Colette (206-755 8404) for an appointment.

