



The Village View

September 2, 2021

Editors: Colette Hoff & Elizabeth Jarrett-Jefferson

A Labor of Love

Elizabeth Jarrett-Jefferson

Labor Day seems to be one of the least recognized and oft forgotten holidays until suddenly it arrives in late summer as the last three-day weekend of the season. To me, that is both unfortunate and sad.

The first Labor Day celebration was held on September 5, 1882, in New York City, where 10,000 people marched for labor rights in the heart of Manhattan---thousands of labor union members such as bricklayers, jewelers, typographers, dress and cloak makers and other tradespeople—all of whom took unpaid leave and marched with their locals. Calls for shorter workdays and better conditions came from worker strikes and rallies in the decades after the Civil War. During these times, the average American worked 12 hours a day, six days a week, including some children, in often crowded, unsanitary and poorly ventilated spaces. Supervision was harsh and punishments were plentiful, especially in the nation's factories, railroads, mills, and mines. The roots of Labor Day also grew out of violent clashing's between the police and labor during such events as the Haymaker Riot in 1886 in Chicago, where works demanded an eight-hour workday.

Coming Up—

- Sahale 20th Anniversary – Sept 3-6 @ Sahale
- Pathwork – Sunday, Sep 12, 7pm



Labor Day in Buffalo

On-Line News of the Goodenough Community System

American Association for the Furtherance of Community
Convocation: A Church and Ministry / Mandala Resources, Inc.
Sahale Learning Center / The EcoVillage at Sahale

The process of bettering the treatment of workers was slow but incremental over time, and not without the influence of early-on labor organizers who were anarchists, communists, and socialists (OMG!) who saw the potential of the collective to join together to create a more just society.

Today, Labor Day is a time of barbecues, weekend get-away's, and summer clearance sales, albeit Labor Day festivities are common all across the United States. Did you know there is a history of not wearing white after Labor Day? In the late 19th century, society ladies were engaged in a social kind of battle where white could only be worn by the old-money elitists to separate themselves out from the *nouveau riche*.



Sahale as a Labor of Love had its roots in the long-held desire of our community founders and leaders to be a land-based community. As Colette writes below, the vision became reality in later 2001; and not long after 9/11 we found ourselves on this land, which we later named *Sahale*, Chinook for *heaven*. Many, many community members and friends, near and far, have invested their heads, hearts, and hands in Sahale. Such a labor of love can only be possible through an offering of goodwill and a covenant of relationship.

We hope to see some of you this weekend!

Warmly,

Elizabeth

Celebration at Sahale September 3 to 6, 2021



Colette Hoff

Can it really be 20 years since the Goodenough Community acquired Sahale? September 14, 2001, was the first of three weekends that we claimed the land as our own. Creating a path to the Cedar Grove was one of the first tasks. Some women blazed a trail to the river without going through the Cedar Grove on our first weekend. I was so happy to get to know the couple who sold us Sahale: Sue and Cap Capriotti; we also helped the Capriottis move to their retirement center in Medford, Oregon.

Since 2001, Sahale has hosted thousands of visitors who find it a special place. Today as I write I can hear the voices of our current visitors who are valuing the sanctuary we have created. It is evident to our guests that Sahale holds sacred energy.

Come celebrate with the residents of Sahale and the leadership of the Goodenough Community over Labor Day weekend. We'll tell lots of stories, eat good food, and celebrate our accomplishment. As usual, please RSVP by letting Elizabeth know when you are coming, how many of you, and how long you plan to stay. Bringing snacks and beverages to share is encouraged.

elizabeth.ann.jarrett@gmail.com

Two Stories from Sahale's History, Reprinted from the August, 2002, Village View

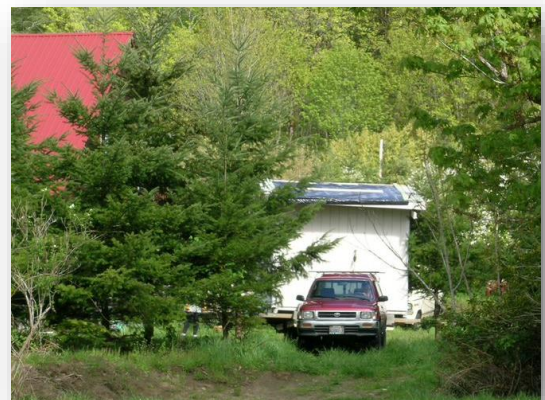
Learning about Tahuya's Watershed

Rebecca LiaBraaten

Like all of you, I am enchanted with the water at Tahuya: the springs, creeks, pond, river, wetlands, and all the life that goes on in and around them I've been reading about pond and stream and river life, and last week I was fortunate in attending an educational workshop on Stream Ecology at the NW Stream Center in Everett. I just loved the class, and came out of it feeling much more educated and more in love with our watershed at Tahuya. When I told the instructor where we had property, he said "Oh, you're so lucky. That's one of the most pristine wild stretches of river around!"

Some of what I learned:

- We can learn a lot about the health of a stream by the insect life in it. We've been enjoying observing the insects in the Tahuya River all summer, particularly the strange guys in the cigar-case homes that attach themselves to rocks and logs. Those, I learned are caddisflies, which hatch all summer and are great fish and animal food, and only live in very healthy streams. We have TONS of 'em. By the way, all those underwater stream critters are called "benthic matric invertebrates", for us who love big words for little things. I learned to identify lots of other bugs and stuff, too: dragonfly nymphs, damselflies, stoneflies, alderflies, water striders.....
- I learned about the life cycle of the salmon in our river, and their spawning seasons and hatch cycles. We have a lot of small fry in the river right now: I thought they were



Jim moving the Meadow Cabin c. 2001

chum., but those leave the river right after spawning. Chinook, trout and others stay in the river longer.

- I learned about the amazing benefits of wetlands: they are water treatment plants, habitat for more wildlife than any other ecosystem, are air-conditioning for the surrounding area, produce more protein than could be produced on any same-size plot of farmland. We have several kinds of wetlands at Tahuya: marsh, scrub and shrub, and forested wetland.
- We learned a lot about riparian zones and how to care for a river. One thing I appreciated about the class was the message that a good riparian zone plan takes into consideration all of us who use and enjoy the river - humans, bears, salmon, deer, birds, invertebrates, amphibians - all the classes of living things. We can enjoy Tahuya *and* be good stewards of it.
- Oh, and I learned a lot of good, hefty acronyms. So, watch out! I may try out some of them on you just to see if I can impress you with what I now know! (Here's a favorite: CPOM's are "coarse particulate organic matter": leaves and twigs to those less-educated among us. Oh, and LWD's are "large woody debris": yeah, you guessed it: stumps and logs)

This one-day workshop really increased my appreciation for our wonderful land and my dedication to caring well for it. I really encourage anyone else who has a chance to learn more about an aspect of our land to do so, and to share that information with us all.

The more we get to know to care well for Tahuya, the stronger our relationship with her will become.



Former front entry to Kloshe. Notice Sam the Dog!

Tale of a Treehouse

Bruce Perler

Over this past weekend at Tahuya, I got into hot water with my friend John (Hoff) in a fine place to relax and be real: the hot tub. Near the end of our soak, after talking about everything but. . . I wanted to share my discomfort with the way the tree house project had unfolded and my own missed chances to be relational with him about it. My real feeling and openness to learn was all he needed to offer a way through. John and I discussed the parts of the story we each knew and found a recognizable pattern. It became clear, once again, that when a project has a dream without designated and authorized leadership, it has little chance of becoming real in a good way, and instead withers in a mix of negative and positive energy leaving us disheartened and confused.



Treehouse c. 2002

The next morning, still feeling that it was time to return the scaffolding and let it go for now, we visited the chosen tree. We'd brought along a chainsaw to verify the integrity of the wood (some folks had expressed concern). We couldn't 'work up' much concern after seeing the clear hard cedar below the surface of the weathered, exposed trunk. Something happened then: the dream came alive in each of us again. Within an hour we reviewed the design ideas and made a list of the tools we'd need to gather to get this project *off-the-ground*. I found an easy negotiation, a give and take, a wanting to follow and a sense of my own value in our conversation. Hard work, good conversation, sore muscles, the smell of cedar and helping hands from below have left us with beams in place and next steps are under way. We have the beginnings of a tree house!

I want this story to speak to us all. It is speaking to me.



From the Goodenough Community Men's Culture

Norm Peck

The GEC Men's Culture Fall Weekend will be held at the Sahale Learning Center October 22-24. The weekend is later than usual to host the NW Permaculture Convergence the previous weekend. Bruce Perler and Tom George will be leading the take-down of the white Event Tent and convene Men's Circles during the weekend. It is especially helpful to have experienced hands during the day Friday, October 22, with the formal weekend starting Friday evening after

dinner. ARCC students will be available to help with the take-down, and will need guidance from more experienced men.

Please let Tom thomasageorge@live.com (206-310-2240) of the dates and times you could be available, and anything you'd like to bring to the Men's Circle.

I will not be able to attend, as the memorial service and celebration of life for my father, who died in June of last year, is being held on that weekend in Kansas.



Mindful Mike's Blog: Pre-Labor Day Weekend

Michael de Anguera

Labor Day weekend approaches. A chance for our gang to get together again. A lot has happened since Lab and August has flown by really fast. I have devoted so much energy to supporting other groups it will feel good to get a recharge. Work needs to be done around

Sahale.

Lab needs to be done throughout the year. One week is simply not enough time. The basics get laid but then like our new wood shop a whole lot of work still needs to happen. Our social capital is the same. It feels quite daunting.

Our small group from Lab wants to convene again. For me this will be the first time this has happened. Before we have relied on Pathwork to extend the work of Lab. Maybe our relational life is growing deeper?

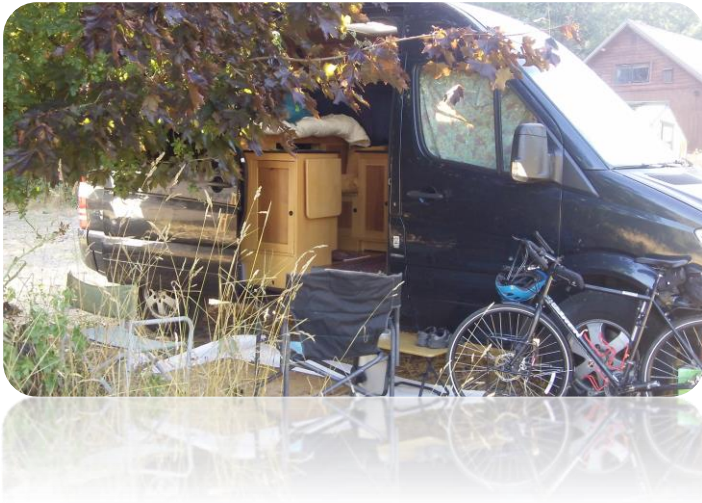
Our society is challenged as never before. Our military industrial complex continues to wage war around the world while our news media tells what it wants us to hear. It is all driven by fear.

I didn't really learn to trust others until I encountered the Goodenough Community. Now I know I have a firm foundation within myself as well as with my friends. We are willing to go the extra mile with each other. That can often make for a difficult journey.

I need to be willing to be led even though I do not know the journey. I know what the destination is though. The destination is the journey. For me that journey has required me to make major changes in my life such as moving out of my condo and away from what I knew before. Now that journey has required me to move into a tiny house.

Many long years ago I was on a jet heading out from San Francisco to Hawaii. After taking off the jet coasted down over the ocean front then turned its rudder slightly and the reassuring lights below disappeared as the jet flew into the uncertainty of night. Somewhere in the darkness lay Hawaii.

Maybe the changes required to build a world based on love rather than fear is within reach. Maybe the changes are slight. Those slight changes in how I think and feel will make all the difference for me.



Ahhh.....the pictures I got. The one on the left is of Kate Martin's van. She came all the way up from Blue Lake, California, to be with us for the coming weekend. Wow! Everything is included. She is currently camped out by Tum Tum. On the right is the Nimitz tile I produced some years ago. It is second from the tile on the left in front of Pam and Elizabeth Jarrett-Jefferson's green house. An acknowledgment of the tremendous dream power of this ship in my life.

Wow! My life has certainly changed a lot since my Nimitz days. Do I regret being on that ship? No. I don't like what the US military is doing now but I don't ever regret being on that ship. It gave me a chance to connect with military folks that otherwise would have been impossible.

Know who else will be present for Labor Day Weekend? Sam Hovenden's dog, Kora. What did she have to say? Big bright eyes and a desire to wash my face.





NW Permaculture Convergence 2021: Sahale Shindig! October 15-17, 2021

2021 is a year for tending the soil and Nurturing Community! Mark your calendar for the Sahale Shindig Oct 15-17 in Washington.

Open Space Format campout. Bring yourself and ingredients to contribute to shared meals, music, art, skill-shares and discussions. Want to help shape the event? Let us know on the [NW Permaculture 2021 Sahale Shindig](#)

Questionnaire.

Our schedule will be filled out with our collective offerings the first night of the event. Let's have a good time!

We are planning for a digital home-base, paired with live on-the-ground projects at our host site. We will follow our traditional schedule of Thursday night to Sunday night, live-streaming opening and closing circles, keynotes and all workshops, with the option to join in person regionally.

Want to help plan it?

Join us on Zoom 7pm Thursdays (sometimes Tuesdays - check green box on our website) to help us explore and discuss what you and our community wants to speak and learn about! For the Zoom link and next meeting date visit: <https://www.northwestpermaculture.org/>

This is a wonderful opportunity to meet some of our local permaculturists and to learn about a variety of aspects of permaculture. Let Colette Hoff know of your interest. (hoff@goodenough.org)



Roads to Receptivity.

How to be receptive and why it's good for us:

Featured as part of the curriculum from the 2021 Human Relations Laboratory

"Through openness and receptivity on the part of human consciousness, spirit is allow to infuse our lives, to give them meaning and direction." – Marianne Williamson

What is Receptivity and why is it good for us? Receptivity is a state of mind and consciousness. When we are receptive we are open, aware, awake and actively receiving what life has to offer us. We are in flow, we are in balance. We are both open and focused, surrendered and engaged.

Without receptivity, we often feel stuck and frustrated or even hopeless, anxious or overwhelmed. We tend to align ourselves with lack – the idea that there isn't enough, there isn't a way, not enough time, not enough money, not enough of whatever it is you think you need. "No" seems to be a very familiar word in both inner and outer dialogue and it's easy to get caught up in trying to force things in order to feel "ok."



Creation of Sahale Terraces

Being receptive moves us out of this closed state of rigid, tunnel vision and into a state of openness, possibility and allowing. Connecting with receptivity allows us to receive what we (really) need without forcing or controlling an outcome or situation. It gives us the opportunity to experience reality on a deeper level, to shift perspective and to see the bigger picture. Being receptive affords us a break from the struggle of pushing to make something happen and offers the chance to gain some positive energy and insight. When we are in receptivity, we align ourselves with abundance rather than lack. Receptivity helps to restore balance – it isn't just being open, it is also being focused and aware in the moment.

When we are receptive with others we are not only receiving (information, emotions, connection, love) we are also giving by allowing the other the opportunity to give. Being receptive in an exchange means that we recognize one another and acknowledge one-another, we connect. This improves our communication and deepens our relationships.

Try these 9 roads to receptivity and see what they have to offer you:

#1 – Be still and listen. First step to receptivity – silence all of that noise! The noise of thoughts, to-do lists, worries, plans. How can anything come in if your mind is full to overflowing? How can you hear if you are talking? How can you understand if you are not listening? Be still. Listen actively. Really commit to this moment and seek within it. Let go of distractions of future and past. What do you hear?

#2 – Let go of expectations. Expectations often get in the way of what's happening here and now because we're so focused on an end goal. Although it's nice to have dreams and desires, it's important to let go of the reins every now and then and see what surprises lie in store. If we're dead set on a certain outcome, we are narrowing our window of opportunity. When we let go of the struggle for an end result, we create a receptive space for creativity and possibility

#3 – Recognize abundance. In order to be receptive, we must recognize that there is something to receive. The more we are aware of abundance and align with it, the more there is for us to receive. When we are focused on lack, our possibilities seem limited. As a result, we tend to squander and hold on. When we focus on abundance, we recognize the unlimited potential of the future and we allow for that abundance to come to us. Being grateful further amplifies your awareness of the abundance available to you.

#4 – Notice your “NO”s. If you find yourself saying “no” an awful lot, whether it's to others or your own ideas, consider “Maybe”. Anytime you find yourself automatically saying “no” take an extra moment to notice this and reconsider. Sometimes, we get into the habit of shutting down possibilities before we've fully considered them. What would happen if you took more time to consider a suggestion or idea? The answer doesn't always need to be “yes”, but if you've gotten into the habit of locking the door before asking who's there, take a minute to look through the peep hole and you might just want to open the door.

#5 – Allow for possibility. Get yourself into a headspace of great imagining. Open your mind to creative thoughts and ideas. Be willing to see things differently and allow for infinite possibilities. If you aren't considering the possibility of new and different



possibilities then you're shutting the door to them. Be curious! The possibilities are endless. Dwelling in possibility makes you even more receptive to additional possibilities! (that's a lot of possibility!)

#6 – Be mindful. Pay attention! Be fully present in this moment. Let go of any distractions of past or future. Concentrate only on the here and now. What is here? What does this moment have to offer? Being mindful of the world around you and the space within you will instantly make you more receptive.

#7 – Be open. Open your mind. Open your heart. Check in with yourself. Is there anywhere that you feel closed off – physically, mentally, or emotionally? Consciously open those places. Openness is essential for receptivity. Receiving is not the same thing as taking. Receptivity is passive. We must open our hands to be given a gift, we must open our minds to be given wisdom and we must open our hearts to be given love. Open yourself up and allow yourself to be receptive.

#8 – Expand. Expansion is a shift in perspective. Sometimes we have trouble seeing and remembering how unique we are, how vast the universe is, how incredible life is. When this happens, we tend to shrink. We feel smaller, less powerful, less connected to others, sometimes even cut off from the world or blocked from emotions like joy, inspiration and glee. We forget our awesomeness. Expand your awareness to include more than



Sahale Pond area c. 2002

just what you see now. Connect with your energy, your emotions, that which you don't see with your eyes and the spaces between. Envision yourself as more than your physical body, expand your consciousness beyond the limits of your physical form. Recognize your interconnectedness with all things, with all beings on the planet. Pull out of your immediate thoughts to see the bigger picture, the greater, deeper truth of your soul. See as far as you can and as all-encompassing as you can possibly imagine. From this place of expansion, you are even more aware, even more connected and fully receptive to it all.

#9 – Connect. Receptivity is a form of connection. When we're receptive to the world around us, we are connected to it. We're dialed in. We're living here and now, in this moment, in flow and ease. When we connect deeply with others and truly see them, we are more receptive to them and are more likely to recognize

what they have to offer without judging it. When we connect with our Authentic Selves, we are more receptive to our own inner wisdom. We are guided by our internal intelligence, the one that makes the choices that are best for us, not based on reactions or fear. When we connect with our greater purpose, we receive the gifts of expanded awareness, joy, freedom, courage, inspiration, passion, balance and alignment. Do what you can to really connect – with yourself, with others, with the world around you, with love. Plug in and receive the charge.



Now we (members and friends of the Goodenough Community) are taking a stand for love and equality over all the expressions of racism and injustice and inequality against People of Color. We, as mostly white, will educate ourselves and learn to make a difference. We will continue to speak out about racial injustice.

Black Men Executed In 1951 Rape Granted Posthumous Pardons

Denise Lavoie

08/31/2021 10:53 am ET

The HuffPost

[Black Men Executed In 1951 Rape Granted Posthumous Pardons | HuffPost](#)

Editor's Note: *The story this article tells gives me hope! --Colette Hoff*

RICHMOND, Va. (AP) — Virginia Gov. Ralph Northam granted posthumous pardons Tuesday to seven Black men who were executed in 1951 for the rape of a white woman, in a case that attracted pleas for mercy from around the world and in recent years has been denounced as an example of racial disparity in the use of the death penalty.

The “Martinsville Seven,” as the men became known, were all convicted of raping 32-year-old Ruby Stroud Floyd, a white woman who had gone to a predominantly black neighborhood in Martinsville, Virginia, on Jan. 8, 1949, to collect money for clothes she had sold.

Four of the men were executed in Virginia’s electric chair on Feb. 2, 1951. Three days later, the remaining three were also electrocuted. At the time, rape was a capital offense.

In December, advocates and descendants of the men asked Northam to issue posthumous pardons. Their petition does not argue that the men were innocent, but says their trials were unfair and the punishment was extreme and unjust.

“The Martinsville Seven were not given adequate due process ‘simply for being black,’ they were sentenced to death for a crime that a white person would not have been executed for ‘simply for being black,’ and they were killed, by the Commonwealth, ‘simply for being black,’ ” the advocates wrote in their letter to Northam.

Seven decades after the executions, Northam met with their descendants in a state office building, where he told them he would grant the pardons. A public announcement was scheduled after the meeting.

The seven men, most in their late teens or early 20s, were: Francis DeSales Grayson, Frank Hairston Jr.; Howard Lee Hairston; James Luther Hairston; Joe Henry Hampton; Booker Millner; and John Clabon Taylor.

In March, Northam, a Democrat, signed legislation passed by the Democrat-controlled legislature abolishing the state’s death penalty. It was a dramatic shift for Virginia, a state that had the second-highest number of executions in the U.S. The case of the Martinsville Seven was cited during the legislative debate as an example of the disproportionate use of the death penalty against people of color.



Removal of the Kloshe fireplace 2001



**August
2021**

**There will be NO Fall NICA Gathering
NICA's Spring Gathering 2022
Will Be In-Person!!!
We will announce a date and place
as our as plans develop.**



**We look forward to our
Collective Re-emergence**

Please join us for Community Networking, Updates on Existing and Forming Communities, Online Companionship, Tips on Building Resilience, and Promoting Intentional Communities as a Public Good.

Programs and Events of the Goodenough Community

Updated for the Fall, 2021

Community is about adapting to change, and that has been the case with the pandemic as we have adapted many of our ways to connecting, many of which are via Zoom.

Throughout the year our intention is to offer programs that help you participate in your own development, learn about relating well with others, and help you discover your potential to have a good time in life and with others.

Information about programs and upcoming events can be found on our website:

www.goodenough.org



Human Relations Laboratory, August 7 – 13, 2022 – Mark your calendars now

This intense and joyous week-long event is a communal experience of personal growth and relational development within a rich culture with art, music dance, song, drama and more. Next summer we will celebrate 53 years! Contact:

Colette Hoff or Elizabeth Jarrett-Jefferson, hoff@goodenough.org,
elizabeth.ann.jarrett@gmail.com



The Goodenough Community's governing body, the General Circle, meets monthly, 7:00 PM, via Zoom:

- *September 20, 2021*
- *October 18*
- *November 15*

For additional information, contact [Elizabeth Jarrett-Jefferson](mailto:Elizabeth.Jarrett-Jefferson@goodenough.org)



The Women's Program is a long-established and ever- growing way for women to enjoy each other's company, learn about themselves as women, and even perhaps to experience the Divine Feminine.

- *September 25, 2021, Saturday, 10AM via Zoom*
- *October 23, Saturday*

For more information, contact [Hollis Ryan](mailto:Hollis.Ryan@goodenough.org).



The Third Age - Those age 60 and older have been gathering monthly, Friday evenings. 7:00 PM. With the pandemic, meetings are virtual.

Fall dates: October 8, December 10.

Contact [Kirsten Rohde](mailto:Kirsten.Rohde@goodenough.org) for more information

The Men's Program - Our Men's Circle is an expression of brotherhood and practice with wisdom, gathered from our own lives, other men's work, advocates, and the founders of this circle.

For information, contact Norm Peck, shkwavrydr@aol.com



Pathwork, a Program of Convocation: A Church and Ministry – Pathwork offers you a spiritual home in which to rest and to share your heart and mind as you move through these unpredictable times. Participants come together under the leadership of Pastor Colette Hoff and find support and encouragement, gaining wisdom from the world's faith & wisdom traditions. All are welcome to join. Meetings are held via Zoom on alternate Sundays from 7pm to 9pm. Contact Colette: hoff@goodenough.org for Zoom information.

- *September 12 and 26*
- *October 10 and 24*
- *November 7*



True Holidays Celebration - Saturday, December 4, 2021

We are planning our 2021 event! Hold this date on your calendar. We traditionally hold this event on Mercer Island. Stay tuned for details.



Work and Play Parties throughout the Year. Traditionally, the Goodenough Community sponsors work parties over Memorial Day weekend as well as other times to express gratitude for the presence of our beloved retreat center, Sahale, and to experience the satisfaction of playing and working together. Please email hoff@goodenough.org with questions.



Quest: A Counseling and Healing Center

Our belief is that mental and emotional health is a prerequisite for spiritual wellbeing, collaboration, and the expression of compassion. Quest's counseling and education programs, open to all interested individuals, focus on empowering individuals, couples, and family groups to be happier and more effective in relationships. *Call Colette (206-755 8404).*