



## Village eView

September 11, 2019

Colette Hoff, Editor

### September is National Preparedness Month

By Tod Ransdell

#### Are You Ready?

**Make a Plan ...**(<https://www.ready.gov/make-a-plan>)

**Step 1:** Put together a plan by discussing these 4 questions with your family, friends, or household to start your emergency plan.

1. How will I receive emergency alerts and warnings?
2. What is my shelter plan?
3. What is my evacuation route?
4. What is my family/household communication plan?

**Step 2:** Consider specific needs in your household.

As you prepare your plan tailor your plans and supplies to your specific daily living needs and responsibilities.

**Step 3:** Fill out a Family/Personal Emergency Plan

**Step 4:** Practice your plan with your family/household or friends/neighbors

#### **Make an Emergency Preparedness Kit ...**

The Washington State Emergency Management Division with assistance from the Emergency Management Assistance Group, representing the various regions, cities and counties of the

#### ***On-Line News of the Goodenough Community System***

The American Association for the Furtherance of Community

Convocation: A Church and Ministry

Mandala Resources, Inc.

Sahale Learning Center

The EcoVillage at Sahale

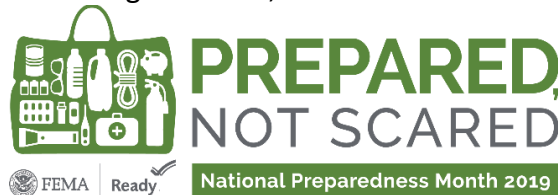
entire state, voted to change the disaster preparedness timeline previously at 3 days to **14 days or more**.

The national “3 days/3 ways” campaign is not adequate nor realistic for **any area** of Washington State. Natural disaster impacts from severe storm, earthquake, flooding, landslide, wildfire, tsunami and volcano create dynamics which far exceed the need for 3 days disaster preparedness for virtually every person living in Washington State.

On a yearly basis, severe storms have left communities without power for 7-14 days, on average. If all you have is your old 3-Day “Go Pack” or “Bug-out Bag” it is time to start to develop a **3-week plan**, at a minimum. If you plan on sheltering in place in your home, it is a good idea to plan for a 3-month period of emergency provisioning.

### Get involved ...

There are many different ways to get involved in community disaster preparedness and response both within your own neighborhood, around the state and beyond.



References: <https://www.ready.gov/september>,  
<https://www.goodenough.org/emergency-preparedness-initiative>  
<https://www.fema.gov/media-library/assets/documents/7877>

The following is a brief excerpt of the extensive plans available on the web site of the Goodenough Community under the resource section compiled by Tod Ransdell.

## Emergency Preparedness Initiative EPI

GOOD TO KNOW – RESOURCE CENTER

<https://www.goodenough.org/emergency-preparedness-initiative>

The Emergency Preparedness Initiative is an educational program and motivational campaign encouraging you, your family, and the community at large to prepare for emergencies and disasters.

EPI is sponsored by Convocation and facilitated by the Men’s Culture of the Goodenough Community.

Goodenough member Tod Ransdell has gathered a wide variety of support reference materials from sources accessed on the Public Domain of the World Wide Web, to assist you

in creating an emergency plan, such as provided in the American Red Cross Disaster Plan Calendar.

Editor's note (Colette): I received a call from someone who is participating in the West Coast Communities conference in British Columbia this weekend. This man, who worked with emergency preparation for the state of California, let me know that the material on emergency preparation compiled by Tod was the best he had seen among any community!



## Calendar for 2019 -2020

*Please let Hollis Ryan know of any conflicts.*

**Pathwork, a Program of Convocation: A Church and Ministry** On alternate Sunday evenings an interfaith circle of practice meets between 7:00 and 9:30 PM under the leadership of Colette Hoff. Proposed schedule is September 22; October 6, 20; November 3, 17; December 1, 15.

Convocation is proposing to sponsor a meditation retreat at Sahale on the weekend of **November 15-17**, led by Colette Hoff and the Lifeways Circle.

### Save the Date!

**The Lifeways Circle is confirming a Meditation Retreat, November 15 to 17, 2019 at Sahale Learning Center**

### Quiet your mind, open your heart!

Guided meditations, sensory experiences, movement, time in the natural world will be featured in this weekend. Joining with others with intention will enhance our experience of mindfull-ness. More next week!

The **General Circle** meets Mondays at 6:30 for light dinners & business at the home of Tom George. The suggested schedule is as follows: September 23; October 7, 21; November 4, 18; December 2, 16.

**The Women's Program** is a long-established and ever-growing way for women to enjoy each other's company, learn about themselves as women, and even perhaps to experience the Divine Feminine. We meet Saturday mornings from 10:00 TO 2:00 with lunch included. The next gathering will be September 28 at Hollis' home. On November 2 we will gather at 10:00 and meet until 2:00 followed by a baby shower for Hollis and Hal's daughter Brittany. In 2020, our first gathering will be January 25 at Hollis' home.



### **The Men's Program**

Our **Men's Circle** is an expression of brotherhood and practice with wisdom, gathered from own lives, other men's work advocates and the founders of this circle. The weekend of September 27-29 is proposed for the Men's Weekend/Tent Take-down.

**The Third Age** - Those age 60 and older have been gathering every other month, Friday evenings in Seattle. The next meeting will be November 8. Contact Kirsten Rohde for more information: [krohde14@outlook.com](mailto:krohde14@outlook.com)

### **Thanksgiving**

Thanksgiving at Sahale will be held Thursday November 28.

### **True Holidays Celebration**

Our annual True Holidays Celebration will be December 7. Mark your calendar!



**Week 1: Sept 1-7**  
Save Early for Disaster Costs

**Week 2: Sept 8-14**  
Make a Plan to Prepare for Disasters

**Week 3: Sept 15-21**  
Teach Youth to Prepare for Disasters

**Week 4: Sept 22-30**  
Get Involved in Your Community's Preparedness

# Day of Sustainable Communities

September 21, 2019 ~ a day of events for a better world ~

You are invited to join the first North American Day of Sustainable Communities held on September 21, 2019. All individuals and communities who are catalyzing transformation in the face of ecological and climate breakdown are welcome to participate.

**Join the celebration of local communities taking action for a more regenerative, just, and inclusive world!**

## Here's how you can join:

- **Host an event at your community!** Anything goes... potluck meals, tours, permaculture actions, concerts and more. Get your event on the map by [registering here](#).
- Sign-up for the **Sustainable Communities Online Summit**, the virtual gathering for the Day on Saturday, September 21st | 1pm -3pm Pacific / 4pm - 6pm Eastern. Join community leaders across North America to connect and celebrate with each other! [Learn more](#).
- Promote **#SustainableCommunity** by joining our [Facebook Event Page](#). Invite friends and spread the word!



**Global Climate Strike September 20-27**

Kirsten Rohde

*“Young people have woken up much of the world with their powerful [Fridays for Future](#) school strikes for the climate. As we deal with devastating climate breakdown and hurtle towards dangerous tipping points, young people are calling on millions of us across the planet to disrupt business as usual by joining the global climate strikes on **September 20**, just ahead of a UN emergency climate summit, and again on **September 27**.*

*Together, we will sound the alarm and show our politicians that business as usual is no longer an option. The climate crisis won’t wait, so neither will we.”*

(From: <https://globalclimatestrike.net>)

I am part of a small group that meets in Belfair to discuss ways we can help educate, advocate, and generally do what we can to bring awareness and change around the issue of the climate crisis. When I attended the Global Earth Repair conference earlier this year at Port Townsend I became even more committed to doing what I can do to join in the movement to make change. It’s a lot better than looking at yet another polar bear picture and despairing.

We can make a difference by calling our elected representatives and urging them to bring even more focus onto the issues of climate, earth repair and helping others understand the issues. We can help by being open to all views and willing to talk with those who may believe differently without making an angry wall between us. We can be informed ourselves. I personally think the Green New Deal is worth taking a serious look at, yet with “news” the way it is we don’t even get a chance to know the facts and make up our own minds; rather we are faced with fearful accusations.

So on September 20<sup>th</sup>, during that week and again on the 27<sup>th</sup> many people around the world will be demonstrating. Local events can be found by going to [www.350Seattle.org](http://www.350Seattle.org) and clicking on the map that shows what happening. Locally there will be demonstrations in Seattle, Tacoma, Olympia, and Bremerton and probably more that are being planned.

Our beautiful Pacific Northwest may seem far away from some of the devastation we read about elsewhere that points to climate change causes. Yet here at Sahale our apple harvest is earlier each year – a temporary aberration in weather patterns? Or something happening too slow for human awareness to grab onto. Our community’s work is about waking up and here is a good example of the need for a giant wake up for all humanity. I think we are supposed to be the gardeners and caretakers of the Earth, not the indiscriminate users and grabbers.

I am happy to talk with anyone who’d like more conversation and ideas about how we can use our good community principles of relationship, friendliness, and awareness to make a difference. [krohde14@outlook.com](mailto:krohde14@outlook.com)



## A Story about the Sahale Gathering Tent



“We come together, Saturday, June 8, 2002, one year after his passing, to dedicate this cedar grove in the memory of Fred Jameson Beaver Chief Kgee-tae-luckt.”

These were the first words spoken at the first public gathering held at Sahale. Our white tent was installed with the help of the company three days prior to this memorial.

**And now, the tent needs a new roof to enable Sahale to continue to offer this versatile space for retreats and events.**

Since that event, our white gathering tent, also known as **Kunamokst** meaning to join, unite, meet, assemble, congregate-- has served many functions. It held Bruce and Irene Perler's wedding in July of 2002 at least 20 weddings since then. We have had 17 Human Relations Laboratories, family reunions, a large conference in 2018, Sahale Summer Camp, and many groups outside the Goodenough Community have all made use of the tent. The tent has been patched and repaired over the last few years and now a new tent roof is needed by spring 2020.

**Will you help? Your donation will help us purchase the new tent roof.**

Here are some details about the tent and new roof:

Manufacturer: **Rainier Industries**

\$14,000 when originally purchased in June 2002 with a life expectancy of 10 years.

40 X 60 with a wood dance floor 30 X 30.

Aluminum structures are in good condition!

3 top sheets will cost: \$6,700.00.

**AND . . .**

A donor who attended the Lab reunion picnic will add \$1000 when we get to \$5000 and our



stated goal is \$6700. Donations can be made on-line or mailed to:  
The Goodenough Community  
Box 312  
Tahuya, WA 98588



### **Mindful Mike's Blog: Readiness**

What a date to be writing this blog: 9/11. A date forever seared into all of our memories. An experience to shake me to the core. My life would never be the same again.

Our purchase of Sahale was finalized just two days later. Coincidence? I don't believe in coincidence. For me, everything comes together in the story we are all weaving together. This story is also being woven around all our lives. We all participate in it just by being alive. That's why we are each here in this lifetime.

We are being shown the way out through community, especially communities like ours. The Divine knows we need help and we are being provided with that assistance.



This why it is important we celebrate each other's birthdays. Birthdays are big because a birthday acknowledges when each of us came into this world. Birth can be very traumatic for both the mother and the child.



We last celebrated Elizabeth Jarret-Jefferson's 70<sup>th</sup> birthday right outside the Homestead Cabin where Elizabeth and Pam live. There was even a nice vase of dahlias present. Steak and all sorts of goodies were served. Here you can see Bruce Perler cooking our steaks on an outdoor grill. It was a party going on into the night. Nighttime comes so quickly now.



Isn't it nice when good friends such as Amanda Lovett and Marley Long present you with a birthday cake? Our friendships are the place to find refuge. That's why the Goodenough Community holds an annual Human Relations Lab in August every year. It is also why we are making an effort to connect with other intentional communities such as Songia.

A group of us are going to the West Coast Communities Conference being held this year on Vancouver Island. I won't be going but others of us will. Hopefully some good networking will happen.



We are not strong enough to do this work alone. That's why it is essential we connect up with other intentional communities and ecovillages.

The most powerful truth in the Universe is our Oneness. There are no aliens. That is our message to our country's leaders and to the world.

But of course I came here to experience adversity because that is part of our collective journey to Heaven. That was why I had to visit Hell first before I could get to Heaven. This was made very clear in the last Lab we held.

Sahale is Chinook for Almost Heaven. That word: almost. Adversity is found here as well as in the rest the world. It is present all around us as well as within each of us. Not even the Dalai Lama is exempt.

Can I still learn from the Dalai Lama? Of course. This does not take away from any of his teachings. Being a god would make it impossible for him to connect with me and be real.

Buddha must relate to being real. Otherwise his teachings have no value for me.

I am still learning, still making mistakes. I have enough work to keep me occupied the rest of my life. Bring it on! Yeah!!

Is Cooper still learning? Does he have to learn anything? Is the Buddha in Cooper? Can he get ready? He comes ready for anything! That's because Pam and Elizabeth are responsible for his care.



### Third Age Schedule Change

Kirsten Rohde

Who would think that scheduling could be so complex? Well the truth is that our community and personal calendars have collided to make it not possible to have a Third Age meeting as soon as we'd like. We are looking at a date in November! I enjoy our gatherings very much and look forward to being together again. A new date will be announced soon. In the meantime, let's exchange interesting articles, poems, movies or stories that relate to our decades of life. Send them to the eView [hoff@goodenough.org](mailto:hoff@goodenough.org)



*I would like to create a healthful entertainment for older years. A lot would focus on being as free as you really are, to enjoy memory, to enjoy some inner work around accepting yourself, simply getting free of all the voices that would take away from your life (that wasn't*

*good enough, you can't enjoy that etc.). My experience is we do that for each other when we get together and agree not to judge.*

- John L. Hoff

*According to Buddha, impermanence is one of the three marks of existence, along with suffering and no fixed self. Impermanence is what gets us old. And thank goodness for impermanence. If we just stayed the same, like a plastic flower that gathered dust and never wilted, how attractive would that be? How much fun? I'm here now, petals curling, alive.*

- Susan Moon



At the "OUR" Ecovillage – in  
British Columbia

September 13 - 15

Friday 2:00pm - Sunday

5:00pm

<https://ourecovillage.org/5th-annual-west-coast-communities-conference/>

**T**his conference is an intentional experience of community. Whether you live in an intentional community / ecovillage / co-housing and are interested in joining or starting one, are a networker or organizer, or are new to intentional communities, this conference will have something for you. Come learn about the intentional communities of western North America, gain skills and understanding for living in and developing intentional communities, and find mutual support and camaraderie with others involved with intentional community. Come celebrate the diverse types of community that exist, expand the potential of increased inclusiveness, and explore Intentional Communities and Ecovillages and Co-Housing as a model for impacting wider social change. The Goodenough Community is a sponsor for this event!



**Spatialist for Hire**

*Pam Jefferson*



***Do you need help*** with organizing a room for more efficient storage and use of the space? Do you need help sorting and organizing your stuff? I can do all of it for you or just give you some ideas for you to work with. My hourly rate is \$25.00. You can reach me at **206 372 9801**.



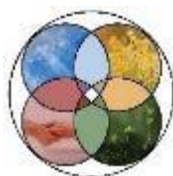
## **Programs and Events of the Goodenough Community**

### **New Dates will be listed next week!**

**What makes community meaningful and fun?** The richness of life in community comes in many ways – getting together informally over a meal ... celebrating a significant birthday with long- time and newfound friends ... working together in a creative endeavor ... collaborating in a work party ... thinking deeply with others about what it means to be fully alive and connected with ourselves, each other, and Spirit ... and more.

In the Goodenough Community, we recognize such ways to connect as expressions of living life fully and in communities of all kinds. Throughout the year we offer programs that help you participate in your own development, learn about relating well with others, and discover your potential to have a good time in life and with others.

We welcome your interest and your participation, and hope that you will join us at any – or many! – of this year's events. More information about programs and upcoming events can be found on our website: [www.goodenough.org](http://www.goodenough.org)



The **General Circle** meets Monday evening for light dinner & business at hand. Fall schedule to be announced.

**The Women's Program** is a long-established and ever-growing way for women to enjoy each other's company, learn about themselves as women, and even perhaps to experience the Divine Feminine. For more information, contact Hollis Guill Ryan, [hollisr@comcast.net](mailto:hollisr@comcast.net)



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### **The Men's Program**

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For more information, contact: [bruce\\_perler@hotmail.com](mailto:bruce_perler@hotmail.com)



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### **Summer Camp for Youth**

***New dates for Summer Camp 2020 will be announced.*** Summer Camp is a wonderful opportunity for children 9 to 12 to have a full camp experience in a beautiful setting with loving leadership.

Contact: Irene Perler, [Irene\\_Perler@hotmail.com](mailto:Irene_Perler@hotmail.com)



### **Human Relations Laboratory, August 4 to 10, 2019**

This intense and joyous week-long event is a communal experience of personal growth and relational development within a rich culture with art, music dance, song, drama and more. This summer we will celebrate 50 years! Contact: Colette Hoff, [hoff@goodenough.org](mailto:hoff@goodenough.org)

### **True Holidays Celebration, Saturday, December 7, 2019**

Be part of this fun-filled family-oriented evening and prepare yourself for the winter season (whatever faith tradition you follow) that fills your heart. Contact Elizabeth for more information.



### Work and Play Parties throughout the Year

Traditionally, the Goodenough Community sponsors work parties over **Memorial Day weekend** as well as other times throughout the year, to express gratitude for the presence of our beloved retreat center, Sahale, and to experience the satisfaction of playing and working together. Please email [hoff@goodenough.org](mailto:hoff@goodenough.org) with information about what may be coming up. It is a great time to bring friends to share Sahale!



### Quest: A Counseling and Healing Center

Our belief is that mental and emotional health is a prerequisite for spiritual well-being, collaboration, and the expression of compassion. Quest's counseling and education programs, open to all interested individuals, focus on empowering individuals, couples, and family groups to be happier and more effective in relationships. Call Colette (206-755 8404) to make arrangements.

