



# The Village View

March 30, 2022

*Kirsten Rohde, Editor*

## Coming Up:

Remembering Phil Stark, April 16,  
1pm at Sahale

Women's Weekend April 29-May 1,  
Sahale

Sunday afternoon, May 1 Spring  
Membership Fling, Sahale

## Equanimity in a time of change

Everything from climate change and war, to aging, to plans for passing on our community to the next generations, to Colette's illness makes me think of equanimity. "[Equanimity](#) suggests a habit of mind that is only rarely disturbed under great strain." (*Miriam Webster*). Sounds great doesn't it? How do I get there?

I happened upon an article by Ruth King, an international teacher in the Insight Meditation tradition, and an emotional wisdom author and life coach. She is on the Teacher's Council at Insight Meditation Community of Washington and Spirit Rock Meditation Center, and is the founder of Mindful Members Insight Meditation Community in Charlotte, NC. Here is what she has to say about equanimity, written in 2020 but even more relevant now:

"At this momentous time in our nation's history, "equanimity" probably does not describe what most of us are striving for right now. On the contrary, many of us are striving for justice, for healing—some of us, for survival. Is the peace and balance of meditation taking us in the wrong direction?

"Not in my understanding. In my experience, equanimity has great power—especially at times like these.

"When I reflect on the power of equanimity, I think of those times when we see beyond judgment and self-interest and realize that we are choosing instead of reacting; those times when the pain of injustice is held in our hearts, while the mind is still, steady, and clear; those times when we

### On-Line News of the Goodenough Community System

[www.goodenough.org](http://www.goodenough.org)

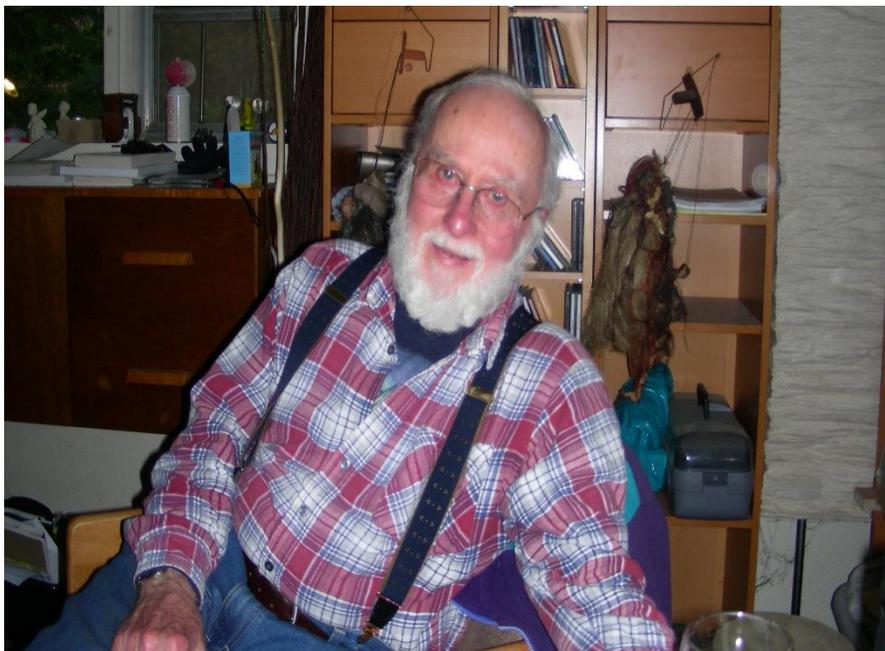
American Association for the Furtherance of Community  
Convocation: A Church and Ministry / Mandala Resources, Inc.  
Sahale Learning Center / The EcoVillage at Sahale

make small choices that show great care and influence social balance. This is the power of equanimity.

“We might begin to understand this power using nature as a metaphor. For example, equanimity can feel internally like a great mountain, with the mind solid and stable, undisturbed by the changing seasons. Or it can be like the ocean, with the mind vast, deep, and immeasurable, undisturbed by whatever swims, floats, or is housed in its waters. Equanimity can be like a strong fire — roaring, engulfing, and transmuting, undisturbed by whatever is thrown into it. Or like immense space — open, allowing, and receiving, undisturbed by the objects that arise and pass away.

“As we walk through the coming week, we may want to call on the strength of these elemental inner resources for balance and equipoise. For example, there are times when we will need to stand our ground, strong like a mountain, and observe what emerges, or we may need to add a spark of fiery truth to a situation. Other times, we may need to open and allow more space around the tightness of our worries, or let go and be held by an ocean of love.”

*Remembering Phil Stark*  
*Saturday, April 16 at Sahale Learning Center*  
*1:00 pm*

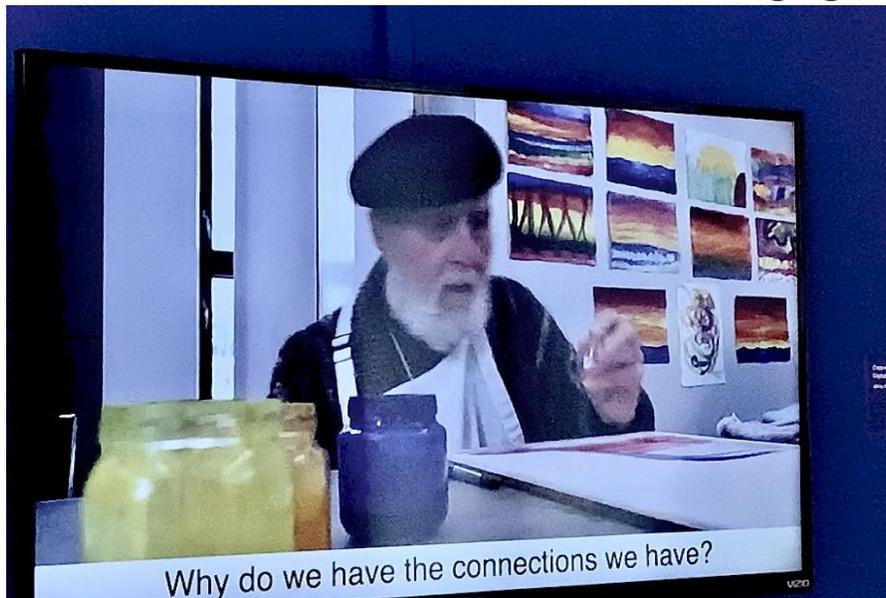


Phillip Donald Stark, Sept. 9, 1934, to July 14, 2017

Phil’s request that some of his ashes be spread at Sahale Learning Center is giving us the opportunity to remember and celebrate Phil, a dear friend to so many of us. Please join Phil’s daughter Karen Kerbacher and granddaughter Jillian Kerbacher on April 16 in remembering this beautiful man and spreading his ashes

across a piece of land he loved and served. There will be singing, opportunities to share stories, and connecting around who Phil is to us. Please wear comfortable shoes for walking. Snacks and beverages will be served. Please RSVP by emailing Joan Valles, [joanvalles70@yahoo.com](mailto:joanvalles70@yahoo.com).

## Art on the Mind: Ten Years of Creative Aging



NOVEMBER 14, 2020 – APRIL 3, 2022, FRYE ART MUSEUM

**The picture of Phil in this display at the Frye Museum is from when he and his daughter Karen participated in one of the museum's Creative Aging programs for the elderly with dementia. Phil had Lewy body dementia, which is like a severe form of Parkinson's disease. Phil had a very fine mind, and he loved the arts. He was a good cartoonist and liked to draw.**

*From the museum:* "Individuals living with dementia have a wide spectrum of abilities and experiences, and the acts of creating and discussing art introduce new forms of self-expression that meet different needs. In the past decade, the Frye Art Museum has presented a variety of Creative Aging programs, including small-group experiences in the galleries and art studio, one-on-one art-making in care communities, and conferences and workshops on creativity, dementia, and healthy aging that bring together social services and health-care professionals. The Frye's Creative Aging programs serve as opportunities to deepen their life experiences, foster friendships, and build community through art... This exhibition shares stories and works of art that highlight the experiences of people living with dementia, their care partners, and those who help make the programs happen..."



## Save the Date! Spring Membership Fling

**Sunday afternoon, May 1, at Sahale**, you are invited to join us to celebrate our community. Sahale will be beautiful and we can relax and enjoy each other's company.

Colette Hoff, will reflect on the meaning of membership in a community that was founded more than 40 years ago, and we will be able to rejoice in the relationships and connections that the Goodenough Community has fostered.



## Together Again!

The Women's Leadership Circle is grateful to announce an in-person

### **Women's Weekend at Sahale, April 29 – May 1.**

We promise a weekend filled with the pleasure of gathering again with other women for connection, conversation, relaxation, laughter and tears, rekindling long-time friendships and igniting new ones. You will have opportunities for time alone and personal introspection, and time to listen and talk in groupings, all in the wondrous natural setting of Sahale. Whether you are eager to burst out of isolation or are cautiously rejoining the world outside your front door, this weekend will satisfy your renewed desire for companionship.

***Space is limited*** so please register ***now*** to ensure accommodation.

*Please register by writing to Elizabeth Jarrett ([elizabeth.ann.jarrett@gmail.com](mailto:elizabeth.ann.jarrett@gmail.com)) . The cost for the full weekend is \$250, which includes room, board, and materials.  
Additional details will be available soon at [www.goodenough.org](http://www.goodenough.org)*

*On behalf of the Women's Leadership Circle: Colette Hoff (Key Faculty), Rosemary Buchmeier, Marjenta Gray, Elizabeth Jarrett, Hollis Guill Ryan, Alik Serras, Joan Valles*

## **Women Gathering Together**

### **Alik Serras**

Though “Zooming” is new, the technology of women gathering with other women is ancient, and while I missed greeting these dear humans with warm embraces, taking my seat in our circle and joining our voices in song, I still felt the potency of what it is to come together, an intergenerational group of women raised as women, to share “experience, strength and hope”. I felt immense gratitude for the ways in which we continue to adapt and adjust, just as every generation has done before us, reminding me that the art of human-ing is a story of resilience, resourcefulness, and profound creativity. It is also a story of individual and collective way finding as we grapple with the myriad questions centered around what it is to be human, to be not merely on but of this earth. To explore questions around purpose, relationship and offering. To feel a part of, not apart from, beloved community. And, for those of us in the GEC Woman's Culture, what it is to have a womb.

In keeping with one of the core tenets of this community, our time together on Saturday March 26th was also one of learning, both from and alongside one another, as well as through a curriculum compiled over decades of study. The community has devoted much time studying and working with the Archetypes of Maiden, Mother, Guardian and Crone, their respective roles, characteristics and associated developmental stages, all of which served to frame and orient this past weekend. It was, from my perspective, a beautiful way to honor and learn from our ancestors and spiritual guides while relating their wisdom to our own lives. The content was rich, the conversations quite deep and the container thoughtfully created and well facilitated. It feels to be a profound gift to have spent my Saturday morning learning, laughing and crying in the company of these incredible women who are my friends, mentors and family.

## Annual Big White Tent Raising

### Norm Peck

You are invited to an inclusive, all-hands weekend of Service at Sahale on June 10, 11 & 12. Each year in late May or early June a group of Goodenough Community members and friends gather to put up the 40 foot by 60 foot event tent. Because it's a big tent, it's a big deal. Many hands make it light work and good shared time together. Through the summer, the tent will host many gatherings, as well as our Human Relations Laboratory in August. We will gather again in October to take down, clean and carefully store the tent fabric cover, aluminum frame and dance floor deck panels. In addition to help with installing the dance floor, tent frame and fabric placement and power and lighting setup, help in support roles such as kitchen/meal preparation and even music to share are always welcome. The Men's Culture of the Goodenough Community will provide leadership for the service weekend, and the Men's Circle will meet at times for planning, check-in and evaluation purposes. The service opportunity is not intended to be limited to men only, rather to be open to anyone wanting to be of service to and together as a community.



## Lifeways Circle Report

Hollis Guill Ryan, on behalf of the Lifeways Circle:

Barbara Brucker, Rosemary Buchmeier, Marjenta Gray, Colette Hoff, Elizabeth Jarrett,  
Hollis Ryan, and Joan Valles

*The Lifeways Circle meets every other week for 2 hours and enjoys occasional retreats together.*

**Question:** What has the Lifeways Circle been up to so far this year?

**Answer:** Almost everything relating to the Goodenough Community's way of life!

### Membership

Specifically, we were proud and excited to announce at the True Holidays celebration the culmination of more than two years of work: The Goodenough Community is now a membership organization! What does that mean? It means that since its founding in 1981, the Goodenough Community has never fully instituted a way for supporters of our community to claim membership. Now, the rationale for membership and a process for becoming a member have been worked out and the membership document is on the website where you can begin your own process of becoming a Goodenough Community member.

([https://www.goodenough.org/files/ugd/ad416a\\_412d2a2421064919afb48f8ec35ceabb.pdf](https://www.goodenough.org/files/ugd/ad416a_412d2a2421064919afb48f8ec35ceabb.pdf))

### Membership Drive

Rosemary Buchmeier is implementing our new membership process, inviting people who have participated and appreciated the community over the years to become supporting members. You may expect a call soon! If you just can't wait, please send Rosemary an email letting her know of your eagerness to become a member: [buchmeiers1@gmail.com](mailto:buchmeiers1@gmail.com). We will be acknowledging our transition to a membership organization at our Celebration of Community on May 1, so *we encourage you to join before April is gone!*

### Orientation

As a Lifeways team, we know that the community's ways of life—that is, ways of thinking and doing things—attract people but are not always understood. We are currently compiling an orientation handbook that will soon be available to all Service Level 1 Members. Orientation for the next service levels will be developed. We are also developing orientation materials for the women's program and will encourage leaders of other programs to compile orientation materials.

### Lifeways

There is among us no one who embodies communitarian lifeways more deeply than our co-founder, Colette Hoff. We are all keenly aware that before long, we will no longer have Colette to guide us. Together, we grieve our approaching loss, and together we are gleaning as much of Colette's knowledge and wisdom as we can. We know she welcomes questions, no matter how trivial we may judge them, so we are coaching ourselves to take every opportunity to ask her questions and initiate conversations. We want to absorb Colette's thinking about community processes; the frame of heart from which she unwaveringly approaches her life, her choices, her relationships, her teaching and training, her planning; and the way in which she transmits what she has learned.

### Website

Along with orientation and continuing to learn from Colette, the Lifeways Circle is reviewing the community's years of documentation, selecting articles that we believe are seminal even though they may sound outdated and articles that demonstrate to a reader the values, learnings, teachings, and development of the Goodenough Community. We are choosing articles authored by our founders, John and Colette Hoff, other community members, and influential thinkers we have studied through the years. Our goal is to update the website's Resources pages for people wanting to know more about who and what this community is. In this process, we are rediscovering papers and authors that have been formative in our personal and community growth. As we sift through documents together, the room rings with joyous cries of recognition and stories of remembering. What a valuable and entrancing project this is!

## Events

### Staffing

What better expresses the lifeways of our community than our many events—work parties, retreats, festive gatherings? With community lifeways in mind, our circle considers each community-sponsored event and offers support in the form of leadership training and materials.

Essential to expressing community values at the events hosted at Sahale is our staff. While actual staffing is the realm of other circles, we pay attention to the challenges that staffing presents to our ability to express our community values and intentions. Most recently, for example, another circle puzzled its way through the conundrum that, in order to adequately staff summer events, Sahale needs to hire steady staff for the summer, while at the same time, the supply of guest housing is depleted when we give rooms to staff. The other circle's solution is to build tent platforms that would make comfortable temporary spaces for guests. Our circle applauded the solution and offered support to the crew who will be building the platforms.

### Upcoming Events

- **Memorial for Phil Stark, April 16, at Sahale.** The details for this event will be in the Village View.
- **Women's Weekend, April 29 – May 1, at Sahale.** This event is being planned by the Women's Leadership Circle, and that leadership turns to the Lifeways Circle for support.
- **Celebration of Community, at Sahale, on May 1.** Rejoice in the relationships we have built through association with our community, celebrate the community's new "official" members, and hear from the Goodenough Community's co-founder, Colette Hoff.
- We have been considering the **community's summer programs** that have traditionally been held at Sahale. We dream of reinstating an early-July "Sahale Days," in tandem perhaps with the "Tahuya Day" celebration just down the road from Sahale.
- We are at work reviewing the 2021 **Human Relations Laboratory** and planning the 2022 Lab, which will be held August 7 through 13 at Sahale (*mark your calendar now and register with Elizabeth Jarrett [Elizabeth.ann.jarrett@gmail.com](mailto:Elizabeth.ann.jarrett@gmail.com)* )

## Watchcare

Watchcare—that is, looking out for each other's wellbeing—is spread throughout the community system, being housed not only in the Lifeways Circle but also in the Women's Leadership Circle and

the community's sister organization, Convocation. We members of the Lifeways Circle bring our concerns for others to the circle. We may offer assistance to those in need and we hold them in our collective heart. Currently, we are particularly holding Colette in her transition and are deeply grateful to those residents of Sahale who are providing her with the support she needs. With Watchcare being an intrinsic part of our community's life, we always start our own meetings with brief check-ins, so that we stay abreast of each other's life, sympathizing and rejoicing with each other. I hope that you, dear reader, have rejoiced with us as we "check in" with you about the meaningful developments in the life of the Lifeways Circle.



*Now we (members and friends of the Goodenough Community) are taking a stand for love and equality over all the expressions of racism and injustice and inequality against Black people and all People of Color. We, as mostly white, will educate ourselves and learn to make a difference. We will continue to speak out about the racial injustice in our country.*

### ***People of Color Already Experience Climate Grief More Deeply Than White People***

Anthropocene: the current geological age, viewed as the period during which human activity has been the dominant influence on climate and the environment. "some geologists argue that the Anthropocene began with the Industrial Revolution" *Oxford dictionary*

**I recently listened to a talk by Kritee Kanko, a climate scientist working with the Environmental Defense Fund in the U.S. This was a Zoom talk provided by the Natural Dharma Foundation (<https://naturaldharma.org/>) as part of their series, "Ecosattvas in the Anthropocene". Here are excerpts from her talk and from the website <http://boundlessinmotion.org/white-supremacy-mother-of-climate-crisis/> . Kritee Kanko describes going back to India, her homeland, and talking to farmers with one acre each working to provide food for their families. "In India farmers are already in existential crisis; anxiety about existential crisis is not new to people of color... In America the average carbon use per person per year is 30 tons or 65,000 lbs. In India the average per person per year is 5,000 lbs. Indian women and women of color everywhere are bearing the burden of climate change."**

“We are not only disproportionately affected by the climate crisis, but we carry a pain that comes from a long history of racial terror.

The point I want to make here is that at a cultural level, white supremacy is a mother of the climate crisis. Some people might ultimately not feel easy with this analogy; they might argue the source of ecological crisis is the oligarchy which benefits from dividing us on the basis of race, caste and religion in dehumanizing ways and white supremacy is only an engine that is fueling the climate crisis. Regardless of analogies or metaphors, white people need to confront racism at all levels.”

*“People of the global majority*

- *Cause least harm*
- *(will) suffer the most*
- *Have teachings that we need to face chaos*
- *Bodies, religion, culture & resources subjugated to create financial wealth in the West.*
- *“Side dish”*
- *Have called for reparations”*

In its 2014 report, *Beyond Storms & Droughts: The Psychological Impacts of Climate Change*, the American Psychological Association (APA) found that the climate crisis was affecting human mental health across the globe.

Anyone can experience climate grief, regardless of their identity. But for us, our grief—and our anger—is rooted in centuries of painful history, and the current ecological violence hurled at our communities.

“Just like other stressors that people of color experience, ecological grief is often magnified,” said [Dr. Tyffani Dent](#), a licensed psychologist and author, in an interview.

“People of color know...society is going to make sure we’re impacted first, and impacted the hardest,” Dent said.

From her Buddhist practices, Kritee Kanko said we need to first have loving ways of connecting with each other, processing and “composting” trauma so that it becomes fuel for our movement, “cultivating relational soil.” Without this work, she believes that the strident, sometimes arrogant tone of the climate movement is disconnecting – easy to replicate the system of oppression. “People are coming not to connect and relate but to be right.” She recommends small groups of friends (5-8) to process our pain and anger, so that we can then go out and more effectively do the

educational and political work. She also points out that going to other countries to provide information on climate change and, without asking and relating, how to farm can be seen as more of the same arrogance.

**Kritee (dharma name Kanko):** People around her and she herself give this body-mind titles. A climate scientist. Zen priest. Educator & founding dharma teacher of Boundless in Motion. An ordained teacher in the Rinzai Zen lineage of Cold Mountain. A co-founder of [Rocky Mountain Ecodharma Retreat Center](#). Faculty for many organizations for courses at the intersection of Ecology and spirituality. Engineer, microbiologist and biogeochemist trained at the Indian Institute of Technology (Delhi, India), and later at the Rutgers and Princeton Universities in the U.S. A senior scientist in the [Climate Program](#) at Environmental Defense Fund who helps implement climate-smart farming at scale in India. <http://boundlessinmotion.org/about/>

*"I could not do this work without the Bodhisattva vow."*

*(Kritee Kanko)*

**Jack Kornfield:** Bodhisattva is the Sanskrit word for a being who is devoted to awakening and to acting for the benefit of all that lives. The way of the bodhisattva is one of the most radical and powerful of all Buddhist forms of practice. It is radical because it states that the deep fulfillment of happiness comes from serving the welfare of others as well as ourself. Our highest happiness is connected with the wellbeing of others.

The bodhisattva's path is a striking contrast with the excessive individualism of our culture. Every wisdom tradition tells us that human meaning and happiness cannot be found in isolation but comes about through generosity, love, and understanding. The bodhisattva, knowing this, appears in a thousand forms, from scientist, to teacher, activist or nurse, from a caring grandmother to an engaged global citizen. Meditators often recite the bodhisattva vows when they sit, offering the benefit of their practice for the sake of others: "Sentient beings are numberless; I vow to bring liberation to us all." Like the ancient Hippocratic oath, the vow to serve the sick taken by every physician, the bodhisattva vows to serve the welfare of all. In a more poetic fashion, the Dalai Lama regularly recites bodhisattva vows based on the words of the beloved sixth-century sage Shantideva:

*May I be a guard for those who need protection  
A guide for those on the path  
A boat, a raft, a bridge for those who wish to cross the flood  
May I be a lamp in the darkness  
A resting place for the weary  
A healing medicine for all who are sick  
A vase of plenty, a tree of miracles  
And for the boundless multitudes of living beings  
May I bring sustenance and awakening  
Enduring like the earth and sky  
Until all beings are freed from sorrow  
And all are awakened.*

Psychologically this is an astonishing thing to say. Does this mean that I am personally going to save seven billion humans and trillions of other beings? How can I do so? When we think about it from our limited sense of self, it is impossible. But when we understand that it is a deep intention of the heart, we can begin to fulfill it. To take such a vow is to set a direction, a sacred purpose, a statement of wisdom, an offering, a blessing. "We are not separate, we are interdependent," declared the Buddha. Without understanding this, we are split between caring for ourselves or caring for the troubles of the world. When the world is seen with the eyes of a bodhisattva, there is no I and other—there is just us.

You can create your own Bodhisattva vow. Sit quietly for a time. Let your body and mind be at rest. Then, ask your heart, "If I were to make a vow, to set the compass of my heart, to give voice to my highest intention, what would it be?" And then listen for an answer. It need not be a poem. It might

be as simple as “I vow to protect those in danger” or “I vow to be kind.” Your heart will instruct you.

As you quiet your mind and steady your heart, you can set your deepest intention. It will help you be strong for the long haul. Then get up and joyfully plant seeds for a more compassionate future. Educate yourself about social justice. Stand up against racism and hatred. Give voice, time, energy, care to alleviate suffering and tend our collective well being. Your freedom empowers you to contribute to the world. And your love will show you the way to do so.

<https://jackkornfield.com/the-bodhisattvas-path/>



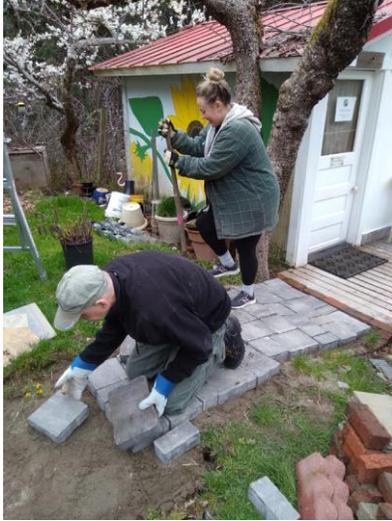
**Mindful Mike’s Blog: Buddha’s Way**  
**Mike deAnguera**

I’ve already addressed what it means for me to be Mike. Mike is a character role I am currently playing. How long do I play this character role? As long as I still have this body costume which will one day fall off. Then what? Do I go to Heaven? Heaven is who I am. It is my natural state. I am Loved just as I am. There is nothing I need to do or be to be Loved. I am worthy.

Why do people have children? Is it just for reproduction? Who is going to take care of me when I get old? What does it mean to be family?

This realm is a place where I am born as a baby and will eventually die. When I can’t say. Would I want to know? No. I function best when I live in the present moment. Birth and death are the boundaries of this life. Why would I choose it? That’s a question only I can answer.

A mortal body is hard to live with. It tires easily and needs rest. I understand Benedictines sleep only 3 hours per night and have a vegetarian diet. Each of the monks lives in a separate cell.



Kopet WaWa was our mediation cabin, the equivalent of a monk's cell. Currently it is occupied by Sam Staatz, Hollis Ryan's son. Presley Harrington and I helped him lay down a new walkway to Kopet WaWa.

Buddhist monks can spend a long time in meditation cells. Sometimes years. I know for a fact I could never do that but monasteries and their residents have always interested me. They live lives apart from the rat race most of us are involved in. Building a career requires ambition to be better and better so I can get more money and have a better place to live.

Are monks ambitious? I think ambition goes against the grain of the way of life they have chosen. I can never see an ambitious monk in the role of abbot or abbess. They would by nature put their own welfare above that of their fellow monks. Monks are

supposed to be in service to each other.

The life of a monastery involves discipline 24 hours per day. Would I like such discipline? No but I am noticing similarities between Sahale and a monastery. Both places are supported by lay people. Both separate themselves from the 'world'. Both think they have a better vision for how to live a life. The main difference is monastic communities are celibate. We are not.

Part of our vision of a better life involves reforesting our area with Western Hemlock trees and other kinds of plants. You can see Irene Perler and Kirsten Rohde planting a tree near Tum Tum.

We are all part of an ongoing permaculture movement which we have some relation with. We are making a new world possible. We can see trees differently than just simply timber to cut and make a profit out of.

People have different reasons for becoming monks. It might be simple rejection of what a normal life might consist of. Maria Von Trapp wanted to live at a particular convent because it was in the Alpine country she loved so much. Her story became the inspiration for the movie Sound of Music. Like many celibate people she wanted to be closer to God.

What does it mean to be closer to God? I don't like to see God as being separate from me. Having God as the big grand daddy in the clouds is not helpful to me. I prefer the image of the Divine choosing to play me.

The Divine also chose to play the character role of Marley Long. As you can see she is becoming enlightened by staring out at the sky.





# Programs and Events of the Goodenough Community

## Winter and Spring Dates

*Community is about adapting to change, and that has been the case with the pandemic as we have adapted many of our ways to connect, most of which are held on Zoom.*

Throughout the year we intend to offer programs that help you participate in your own development, learn about relating well with others, and help you discover your potential for having a good time in life and with others. Information about programs and upcoming events can be found on our website: [www.goodenough.org](http://www.goodenough.org)



### **Human Relations Laboratory, August 7 – 13, 2022 – Mark your calendars now**

This intense and joyous week-long event is a communal experience of personal growth and relational development within a rich culture with art, music, dance, song, drama, and more. In 2022 we will celebrate 53 years! Contact: Colette Hoff or Elizabeth Jarrett-Jefferson, [hoff@goodenough.org](mailto:hoff@goodenough.org), [elizabeth.ann.jarrett@gmail.com](mailto:elizabeth.ann.jarrett@gmail.com)



### **The Goodenough Community's governing body, the General Circle, meets monthly on Monday evenings, 7:00 PM**

#### **Winter and Spring Dates**

- April 25
- May 23
- June 20

For additional information, contact [Elizabeth Jarrett-Jefferson](mailto:Elizabeth Jarrett-Jefferson)



**The Women's Program** is a long-established and ever-growing way for women to enjoy each other's company, learn about themselves as women, and even perhaps to experience the Divine Feminine.

*Saturdays, 10AM to 1:00 PM via Zoom:*

#### **Winter and Spring Dates:**

- March 26
- April 29 – May 1 - *Annual Weekend for Women*

For more information, contact [Hollis Ryan](mailto:Hollis Ryan).



**The Third Age** - Those age 60 and older have been gathering monthly, Friday evenings, 7PM. Contact [Kirsten Rohde](#) for more information

- Spring 2022 dates:** May 13 (this is a change)



**The Men's Program** - Our Men's Circle is an expression of brotherhood and practice, with wisdom gathered from our own lives, other men's work, advocates, and the founders of this circle. The Men's Culture of the Goodenough Community will be meeting and providing leadership for a Sahale Service Weekend on June 10, 11 & 12. Years of experience putting up and taking down the big White Tent annually, and caring for each other through the process offer us the experience from which to lead in this weekend I hope to expand to be more inclusive, while still offering opportunities for us to gather as a Men's Circle to share our lives' news, work and experience of working together on the weekend. I hope to see you there!

For information, contact [Norm Peck](#)



**Pathwork, A Program of Convocation: A Church and Ministry** – Pathwork offers a spiritual home in which to rest and to share your heart and mind as you move through these unpredictable times. Participants come together under the leadership of Pastor Colette Hoff and find support and encouragement, gaining wisdom from the world's faith and wisdom traditions. All are welcome to join. Meetings are held via Zoom on alternate Sundays: 7pm to 9pm. Contact Colette Hoff: [hoff@goodenough.org](mailto:hoff@goodenough.org) for Zoom information.

**Winter and Spring Dates:**

- March 27
- April 10 and 24
- May 8 and 22
- June 5 and 19

**Work and Play Parties throughout the Year.** Traditionally, the Goodenough Community sponsors work parties over Memorial Day weekend as well as other times to express gratitude for the presence of our beloved retreat center, Sahale, and to experience the satisfaction of playing and working together. Please email [hoff@goodenough.org](mailto:hoff@goodenough.org) with questions.



**Quest: A Counseling and Healing Center**

Our belief is that mental and emotional health is a prerequisite for spiritual well-being, collaboration, and the expression of compassion. Quest's counseling and education programs, open to all interested individuals, focus on empowering individuals, couples, and family groups to be happier and more effective in relationships. Call Colette Hoff (206-755 8404).