



The Village eView

June 7, 2017

Colette Hoff, Editor

Coming Up:

Men's weekend, June 9 to 11

Pathwork, June 18

Council, June 19

Sahale Summer Camp, 6/25 to 7/1

CO-CREATIVITY: GROWTH

Colette Hoff

Growth can be defined as the process of evolution as progressive development; developing or maturing physically, mentally, or spiritually. Our Goodenough Community is in such a phase of growth with the intention to develop Sahale Learning Center to the next level and increase its capacity for service.

A new poster is on display in Potlatch, our kitchen/dining room describing the "Heaven on Earth" Capital Campaign. The poster follows. Nine projects are associated with this campaign and a specific page set up for raising funds for the most needed new stove.



We've chosen a Bertazzoni Italian stove. Bertazzoni Stoves are designed with respect to the environment. Products and packaging are 99% recyclable. They deliver excellent fuel efficiency and are built with a profound appreciation of the importance of food in life.

<https://www.gofundme.com/SahaleOven>

Also being introduced is the Sahale Facebook page where you can see pictures and learn what is happening at Sahale. <https://www.facebook.com/TheTahuya>

On-Line News of the Goodenough Community System:

The American Association for the Furtherance of Community

Convocation: A Church and Ministry

Mandala Resources, Inc.

Sahale Learning Center

The EcoVillage at Sahale

Attached to the eView message is a beautiful new flyer for the Weavery, our studio and outdoor space for artists of all types.

These materials are being designed by Draí Turner who is a graphic designer with tons of creativity. Draí describes the meaning of the Celtic symbol she chose for the poster.

Although the Goodenough Community Council has raised a significant amount, we can't grow without help. We are stepping up to leap into a new future and we are boldly asking for support.

And, we are grateful for the donations that have already come our way. **Thank You!**

You will read some additional reflections of our most successful Memorial Day work/play party.

Also in this eView is an excerpt from the Game of Goodenough, a social learning game re-introduced in the May 24 issue of the eView.

The art of living lies less in eliminating our troubles than in growing with them. Bernard M. Baruch

**"GROWTH IS NEVER BY MERE CHANCE; IT IS THE
RESULT OF FORCES WORKING TOGETHER."**

JAMES CASH PENNEY

© Lifehack Quotes





Sahale
The Goodenough Community

"HEAVEN ON EARTH" CAPITAL CAMPAIGN

Projects Fundraiser

We have been blessed to be at Sahale for 16 years! We've served many and learned much. With that knowledge, it has become clear what we can do next to improve capacity and efficiency for our guests. There are 9 inspired expansion projects listed on our Capital Campaign. We walk forward with vision and gratitude, knowing that TOGETHER we can make a difference.

GOAL
\$50,000

We Invite YOU to Become a Part of The Service Cycle



YOU SERVE us with your financial gifts >

WE SERVE people intentionally developing their potential >

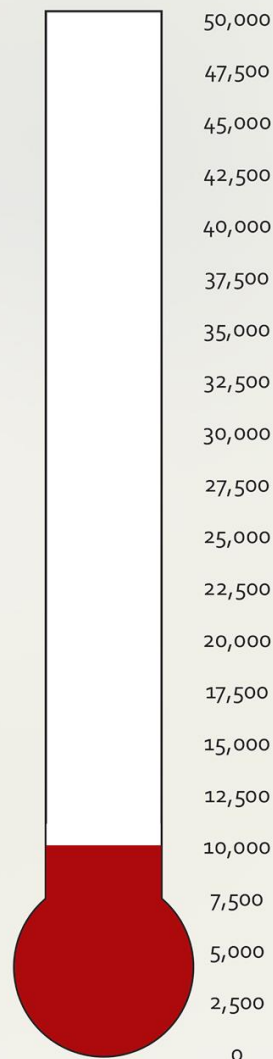
THEY SERVE in communities for a healthy global society >

Please Donate Today

thank you

NEW Projects Summary

- Events Center (Structure with a with permanent roof to replace the white tent.)
- Multi-purpose Storage Shed
- Permanent Roof for the Swamp
- Bertazzoni Stove with 2 convection ovens, 6 gas burners and an electric griddle
- Commercial Dishwasher
- Root Cellar
- Sleeping Spaces on Wheels
- Small Cabins/Tiny Houses
- Sauna Heater



Meaning of the Triskele / Triple spiral / Triskelion

Drai Turner with <https://www.blarney.com/triskele- -triple-spiral- -tri/>

Triskele is a complex ancient Celtic symbol, derived from the Greek "Triskeles" meaning "three legs". Its earliest creation dates back to the Neolithic era (about 3200 b.c.) It can be seen at the entrance of Newgrange, Ireland.



The triskele can be thought to represent motion as all three arms are positioned to make it appear as if it is moving outwards from its center. Movement, or motion, is believed to signify energies; the motion of action, cycles, progress, revolution and competition. The exact symbolic significance of the three arms can differ dependent on the era, culture, mythology and history, which is why there are so

many variations as to what these three extensions in the triple spiral symbol mean.

Some of these connotations include: life-death-rebirth, spirit-mind-body, mother-father-child, past-present-future, power-intellect-love and creation-preservation-destruction, (the 3 Celtic Worlds) the spiritual world, the present world and the celestial world to name but a few.

It is believed to represent a tale of forward motion to reach understanding.



Swamps a Lot!

Pam Jefferson

It's Saturday of Memorial Day weekend. It's after lunch and it's hot. Several of us are talking about going to the river to cool off and come back to finish the roof once it cools down. "Naw, let's keep going," was the consensus. Everyone went back to their positions, on the roof, in the attic, or on the ground. That's when I sensed we were in the groove and the roof was closing in. I was touched when I realized the guys were in sync with each other, knew what to do, and all with



the usual "job site" banter and camaraderie. I asked Jim at one point if guys really like doing this--working your arses off. He didn't even hesitate and replied with a big smile, "Oh, yes." I feel privileged to have witnessed it.

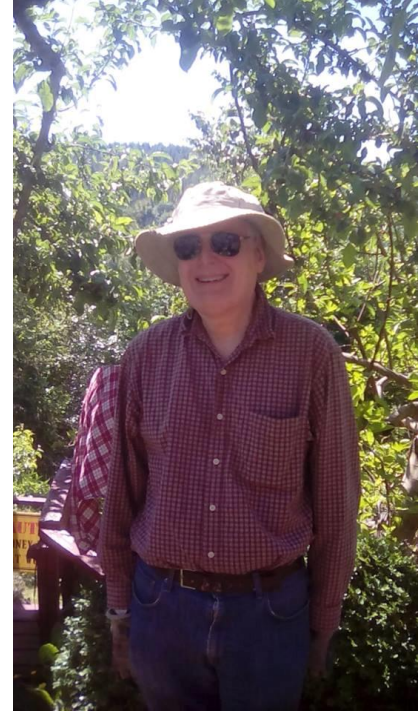
Future recipients of the **Truss Award Phase Two: Nailed It** are: **Andrew Gage Hovenden**, Crew Chief and Master Trainer; **Jim Tocher**, Chief Engineer and Truss Builder; **Tom George, Boyd Shelby, Elias Serras, Gabriel Kime**, (affectionately known as the Monkeys for scrambling all over the roof); **Sam Hovenden**, Truss Wrangler; **John Schindler**, Saw Master; **Phil Buchmeier, Maggie Hovenden** and her boyfriend **Paris, Laurence Hovenden** and **me**, Go-fer and the eternally grateful Swamp Goddesses, Pam & EJ. **Josh DeMers**, you were here in spirit! (If I forgot anyone tell me and I'll make amends.)

And a special shout out to **John Schindler** for pulling some stumps and grading the area around the Swamp so it's smooth crawling for those late night customers...

THANK YOU! THANK YOU! THANK YOU!



And A final toast to a job well-done!



The Game Of Goodenough Is A Learning Game, An Excerpt

The Game of Goodenough (G of G) teaches a process-orientation for working with organizations. This process begins by visualizing the desired result. We “fast forward” to a time when the result is accomplished. The team writes a vision statement. They develop a picture of how their ideas will contribute to the world. This is the work of the team that guides the first quadrant and their work will be important to the entire organization when the vision is shared with everyone.



A second reason for playing this game is it teaches you how to improve and maintain your relationships. In this game, you are relating to other individuals, one-at-a-time; you will be relating consciously from role to role in a situation where everyone is learning to play a role well as well as learning to understand the essential nature of four common organizational roles; you will be learning how to evaluate effective relationships, and you will be learning how to improve relationships. You will be forming a team that shares the goal of being effective as a team. You will also be relating as a team with other teams.

A third reason for playing this game is to improve yourself. You can focus on increasing your sensitivity to others, becoming more aware of your being, and feeling freer to express your emotions. You can improve yourself by increasing your skills in a number of areas: listening, communicating, negotiating, joining, collaborating and the like. You can improve yourself by integrating body, soul, and mind or as we say in the everyday world, “integrating head and heart.”

In summary then, there are three reasons for playing the Game of Goodenough:

1. To improve yourself.
2. To improve your relationships.
3. To improve your effectiveness when doing organizational work.

Remember that the first phase of the process of organizing people begins with visualizing a goal. The second phase in the organizational process has to do with the development of a strategy for accomplishing the vision. This will involve developing an action plan, calendaring dates, and establishing a budget as well as selecting people to accomplish the goal (in collaboration with the third quadrant). This also involves creating a training program for people doing the project.

The third phase in organizing for effective accomplishment has to do with the actual process of getting the task done. There will be a need to construct a project team that has a mix of experienced people and some less experienced persons who desire to learn. This goodenough game always values providing experience for people and formal training for some others. Trainers are also giving each other feedback with a view to improving their skills. Everyone involved is attempting to provide a pleasant experience for each other. This phase of the process gives attention to detail: the most appropriate methods, the best equipment. And the most appropriate attitude toward the task.

The fourth phase in any organizing process has to do with assuring quality work (quality assurance). The evaluation that is done at the conclusion of the process will have required setting goals and establishing a method for evaluation back when the project was in the planning phase. Also, evaluators observe and

coach the process so that is conforming to the original goals. This team of evaluators also tracks what is being learned from the process and how it might be improved when it is done again.



Goodenough Men's Retreat and Tent Up

Bruce Perler

Our Spring Retreat and Tent Up weekend is nearing. For the guys who can, we'll be raising our 40'x60' seasonal event tent beginning on Friday morning, June 9, 10:00 AM under Jim's supervision. The tent raising project will complete around noon on Saturday. Many hands make light work in this fun and interesting seasonal project.

For those who cannot join for the tent raising, please do join in for a hearty meal on Friday For those who cannot join for the tent raising, please do join in for a hearty meal on Friday evening and the beginning of our men's retreat.

White Tent Raising - Friday, June 9 morning - Saturday lunchtime

Men's Retreat - Friday, June 9 evening through Sunday afternoon

What to bring

Being on the tent crew means having along work gloves and sturdy shoes. The weather will be, so have your layers along.



For the retreat, have along comfortable clothes, a token for our men's alter, and snacks and beverages to share.

Preparing your self

A value and practice of our men's gatherings is to actively offer and receive support with one another, as brothers. You can prepare yourself by meditating on a pair of brief stories you'd share; one about something that's challenging you in your life now, and another about something you feel satisfaction or reward around. We'll share these and look for themes to deepen or conversation.

Non-profit support

We'll be hosted at Sahale through the goodwill of our 5013c, not-for-profit, The American Association for the Furtherance of Community. Please consider a donation to help us in our ongoing service and for the expenses of this weekend. We suggest \$75 per person.

My personal hope is always that each man comes away having had insight, felt deeply for another's story and appreciation for the value of a circle of brothers.



Sahale Summer Camp

June 25-July 1, 2017

Celebrating 12 years of

Fun and friendship!



Sahale Summer Camp is a weeklong overnight camping experience designed to help your child have fun learning about him/herself as a friend.

We make learning about relationship fun and natural. Our program builds skills that promote self-esteem, collaboration and social creativity for the future health of your child and society:

- Self responsibility and self care
- Enjoyment of work and play
- Self-reflection, self awareness
- Self expression and active listening
- Empathy and practical care of others
- Respect for elders and peers
- Collaboration and cooperation

Your child will leave with a greater sense of confidence and of belonging to the world.

Our work with youth makes use of Sahale's remote and beautiful river valley where we breathe fresh air, swim clean waters of a gentle river and explore meadows and forested hills.

Sahale is home to diverse flora and fauna awaiting discovery. Each day our camp life is filled with exploring natural wonders.

We build our tent village circled by trees and near the large fire circle where we gather each evening for stories, singing and skits, stargazing and more. Each day repeats a gentle rhythm and includes comforting routines.

Daytime activities include:

Morning Circle	Meals and Snacks
Archery	Nature activities
Cooking & Gardening	Supervised river play
Quiet time after lunch, Journaling & drawing	Crafts: clay, weaving, rattles, beads and more.
Drama	Music and Story
Free time	Group games

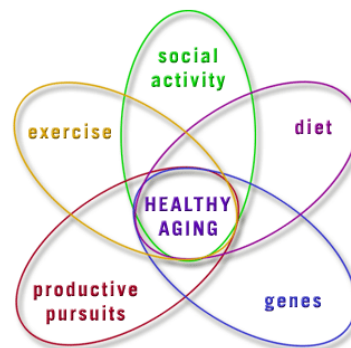
On our last full day, we celebrate with a big feast and a special campfire program as we prepare to join our families the next day.



Working together to create an experience for ourselves

Kirsten Rohde

The Goodenough Community holds periodic gatherings for those aged 60 and older, called the Third Age group. In this group we work together to find conversations that are meaningful for us in the last third of our lives. For example, last month we talked about death and dying, the experience of being with someone close to us who is dying. We also talked about our own dying, something every human goes through and doesn't always get to plan ahead of time. And yet, there are ways to let others know how we each want the experience to



be optimally. In this way, I think we are co-creating our times together. We are deciding together what our evenings will be about and how we can help each other with the questions and thoughts that come to those of us in this age group.

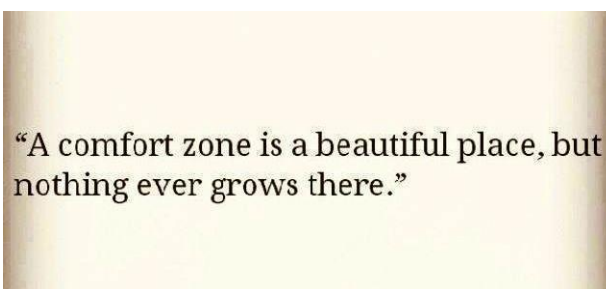
I decided to take the online course, "Soulful Aging" described below to learn more of a perspective on aging. Here is a sample of what Thomas Moore, the presenter, has written on the subject of "soulful aging."

"A legacy connects you to people from the heart. Your community expands, even after you have gone. Life is mysterious. Time is mysterious. To connect with people mysteriously helps build a concrete spiritual life. You give a gift and you don't have to be around to watch people enjoy it and feel gratitude."

Spirituality and Practice, a "multifaith and interspiritual website, founded by Frederic and Mary Ann Brussat, is devoted to resources for spiritual journeys. The site's name reflects a basic understanding: Spirituality and practice are the two places where all the world's religions and spiritual paths come together. While respecting the differences among traditions, we celebrate what they share in common."

SPIRITUALITY & PRACTICE RESOURCES FOR SPIRITUAL JOURNEYS E-COURSE

"Soulful Aging" with Thomas Moore begins tomorrow, Monday, June 5. This four-week e-course includes written reflections, suggested practices, videos, a teleconference, and an online Practice Circle, a forum open 24/7 for sharing with our worldwide community. Those of you who have not signed up can read a full description and register here:
www.SpiritualityandPractice.com/SoulfulAging





The deAnguera Blog: Tribal Collaboration



The two pictures were selected because they show dramatically different ways in which people relate to each other. The one on the left is of an African tribal dance. The one on the right is of Indian women in work production. Assembly line work is similar. I wonder what sort of relationship the women have with each other. It certainly is not the same as the African tribal people. Do the Indian women even know each other?

Any way of life involves relating with the others around me. For a long time I gave no thought as to what those relations consisted of. I suspect not many people do.

I was more interested in progressing in my “career” than in connecting with the people around me. In focusing on my career life I had helped produce my social isolation. That’s what all my efforts lead to. Not a very good place to be when one gets laid off.

It’s strange how as I progress through life here at Sahale that I seem to take a long time to come out of the shell of my former life.

The people around me help me define myself. This is not only true for how I live and work, it is the source of my very identity as a person. In other words it is virtually impossible for me to function apart from others. Yet I imagine myself doing great things as a solitary person. That’s pure fantasy as I have come to see now.

I think that for most people isolation becomes a way of life. Those who lead married lives and raise families are not as aware of the isolation of their lives as I am. That’s because it takes so much work to hold a job and live in a family.

Like most people I have spent my life putting my nose to the grindstone. Sahale has given me the chance to see what I really want to do with myself. It’s wonderful that I don’t have to go out looking for work and convincing somebody to hire me. That gives me the chance to define myself as a Goodenough Community member.

I know how to collaborate with others. It feels very good. When I am doing anything with John Schindler, we both have fun even if it is driving a truckload of recycle glass.

We are at the beginning of something great here at Sahale. I love the idea of sharing our lives together like tribal people. Our shared life together makes my previous life feel very unnatural. I would rather have my life be defined by the tribe I belong to than by my work and employer. This gives my employer power over me. The employer defines my relationship with

the other employees. So getting laid off can be a very traumatic experience taking years to get over.

I want to be a tribal person. I don't like having my life defined by my work and living in isolation from the people around me. As a tribal person I think I could relate better to the young people around me because we share the tribal culture.

Here I am speaking as Michael deAnguera. As Mike the tribal life has value. Would that necessarily be true for others?



My, what fairies can do with a fairy garden? I always wondered what they used to make one. Now I see they can let us choose the parts. Even St. Francis can be included. Is it possible the kids could lead us back to the fairies?



What is a Human Relations Laboratory?

This summer event is our 48th annual human relations laboratory--a setting in which you can focus on your personal development and work on improving your relationships with spouse, family, and the friends you bring or meet here for the first time.

Each human relations laboratory creates a unique world of circumstances and shared understandings in which to learn. Some who attend liken it to experiencing a "non-ordinary reality" similar to a native or tribal experience. Experiential learning is both practical (skills building) and exciting (the liveliness of authentic intimacy). A "lab" is a safe *place* to experiment with living from your true nature or conscience. A lab is a *process* that encourages you to become the best version of your self. relationships and the importance of a good attitude. The experiments and experiences we build collectively will lead us to a place no one of us could reach alone, a week of feeling more and more at home and empowered.

Its rare these days that people have the chance to experience a community with decades of history and a highly developed culture. People tell us that sharing this laboratory week is a very special way to test one's own interest in community life.

Our Human Relations Laboratory uses experiential learning that is a lively and engaging method of self development. You can expect:

- To experiment with joining other people searching for deeper, finer ways of living
- To have opportunities for artistic expression including sculpture and visual art, singing, dancing, writing, and celebration of your creativity
- Daily dialogue that combines ancient wisdom with the behavioral sciences

The **purpose of the Goodenough Community** is to demonstrate how living in community can both transform individual lives and bring about social change. We welcome you to join us in a week that has been transforming lives for over forty years.

I see lots of people who don't know how to create for themselves happy, fulfilling environments in which to live and work. Hence, when a person first discovers the nourishment and support of intentional relationships, in community, they become critical of their other existing relationships. And because of this, our community works hard preparing people to export and demonstrate what we value here—wisdom, love, forgiveness, and laughter—back into their families, friendships, and work life.

~John Lawrence Hoff



“Like a grove of trees we stand, swaying in the wind. Our roots intertwined... Supporting one another.” –Kristina Turner, Song



An opportunity to become a member of our community

Kirsten Rohde

We are offering a simple membership plan at the rate of \$5/month, or \$50 for the year if paid up-front. Our desire now is to be inclusive, understanding that we will together begin to define some rights and responsibilities of membership. While we generally use a form of consensus for decision-making, having membership formalizes decision-making for community issues. Our Community Covenant continues to guide us.

Belonging: membership of a group or organization offers

- a sense of belonging,
- a desire to help with decisions and plans,
- joining together,
- valuing our community and its work,
- buying in means you tend less to take things for granted,
- the feeling of home,
- heart commitment.

If you would like to join us in membership, please contact Elizabeth Jarrett-Jefferson, elizabeth.ann.jarrett@gmail.com

Birthdays

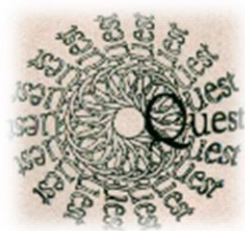
✚ **Happy birthday, Samantha Seiverling – June 7**

✚ **Happy birthday, Sam Staatz – June 8**

✚ **Happy anniversary, Colette and John Hoff – June 2, 2017**



"Whoa! Leonard got busted for using Human Growth Hormone!"



Quest: A Counseling and Healing Center

Our belief is that mental and emotional health is a prerequisite for spiritual well-being, collaboration, and the expression of compassion. Quest's counseling and education programs, open to all interested individuals, focus on empowering individuals, couples, and family groups to be happier and be more effective in relationships.

Call John or Colette (206-755 8404) or Colette and John at Sahale – 360 275-3957. In Seattle, John and Colette meet with clients at the community center, 3610 SW Barton Street, Seattle 98106, as well as at Sahale.

Cultural Programs in the Goodenough Community are created for visitors and they are developed as opportunities for our members and friends to practice our lifeways and apply them to contemporary issues and problems in our lives. For instance, the men's program must be an expression of the best wisdom men have gathered from their life together—about what is a good man and how he could best express that in his own life. Similarly, women must return to the essentials of being a good woman in this day and age.

Calendar of Programs and Events, 2017

What makes community meaningful and fun?

The richness of life in community comes in many ways – getting together informally over a meal ... celebrating a significant birthday with long-time and newfound friends ... working together in a creative endeavor ... collaborating in a work party ... thinking deeply with others about what it means to be fully alive and connected with ourselves, each other, and Spirit ...

In the Goodenough Community, we recognize such ways to connect as expressions of **community culture**. Throughout the year, we offer **cultural programs** so that you can engage with the community, participate in your own development, and have a good time.

We **welcome your interest** and your participation, and hope that you will join us at any – or many! – of this year's events.



A weekend for men is being planned for **June 9 to 11**. Focal Person: Bruce Perler, bruce_perler@hotmail.com

Work Parties throughout the Year

Traditionally, the Goodenough Community sponsors work parties over Memorial Day weekend (**May 26 to 29, 2017**), as well as other times throughout the year, to express gratitude for the

presence of our beloved retreat center, Sahale, and to experience the satisfaction of playing and working together.

Focal Person: Colette Hoff, hoff@goodenough.org

Summer Camp for Youth, June 25 to July 1

A wonderful opportunity for children 9 to 12 to have a full camp experience in a beautiful setting with loving leadership.

Focal Person: Irene Perler, Irene_Perler@hotmail.com



Human Relations Laboratory, August 6 to 12, 2017



This intense and joyous week-long event is a communal experience of personal growth, and has been presented annually and is now in its 48th year!

Focal Person: Colette Hoff, hoff@goodenough.org

True Holidays Celebration, Saturday, December 2, 2017



Be part of this fun-filled family-oriented evening, and prepare yourself for a holiday season (whatever faith tradition you follow) that fills your heart.

Focal Person: Kirsten Rohde, krohde14@outlook.com


Winter Solstice Bus Trip, Saturday December 16, 2017

Board a bus, play in the snow, shop in Leavenworth, have a horse-drawn sleigh ride and enjoy an abundant dinner. Focal Person: Colette Hoff

New Year's Eve at Sahale, 2017 – 2018

Sunday will be New Year's Eve and Monday will be New Year's Day next year.

Annual Organizational Meetings **March 2018** This weekend is foundational to all programs and events within the community. Come and be curious! Please contact Kirsten Rohde 206 719-5364 for more information.



Be not
afraid of
growing
slowly;
be afraid
only of
standing
still.