



The Village eView

June 15, 2016

Kirsten Rohde, Guest Editor

Calendar of Events:

Sahale Summer Camp – June 26 to July 2

Celebration for John Hoff -- Sunday July 3

Pathwork – Sunday, July 17

Council – Monday, July 18

HRL 2016 – August 7 to 13

Commencement

Commencement: a beginning or start. A ceremony during which degrees or diplomas are given to student graduating from high school or college. The act or the time of beginning. Moving from one phase to the next - any end is always also a beginning. Transition. Finishing something in order to begin again.

Commencement is a word that references both the past and the future and reminds us of what has been accomplished as well as what is to be expected. It's quite possible that your current life is a commencement that includes reporting out what you've accomplished and what you are looking forward to. What you have accomplished is important and it requires you to affirm your own hard work at living and to claim your future status as having graduated to a new level of function and responsibility.

On-Line News of the Goodenough Community System:

The American Association for the Furtherance of Community

Convocation: A Church and Ministry

Mandala Resource, Inc.

Sahale Learning Center

The EcoVillage at Sahale

It's worthwhile to reflect on what you have accomplished by noticing what you've been working on and what's important to you that you have done. Secondly it's important to identify your emerging goals and that which will be pulling your life into the future. This matter of choosing goals for your future is very important. Many people do not articulate their goals in life once they have graduated from college. It would be better to think of many times in life that you will commence again. Ask yourself what you are commencing on as you move forward. What are your goals for the future? Do you have goals for your relationships? Do you have goals for your work? Do you have goals for the improvement of your life? Do you have goals for the improvement of yourself as a human being?

Perhaps the reason our youthful years generally, and particularly in college, are so important to us is that it was a time for accomplishing goals and keeping track of progress. Perhaps our hearts long for the added energy that comes from having goals and attempting to accomplish something. Is there any reason why our adult lives can't be similarly identified with a desire to commence anew?

- John L. Hoff

Commencement

Kirsten Rohde

At first I found it hard today to write about commencement – beginnings – when so many young people have just died in the Orlando massacre. These were people of the next new generation – they would likely have gone on to contribute to our shared future and to take on the challenges for social justice, peace, equality and more – each in their own way. And now they are gone.

In our community, at times when we felt that things were getting scattered among us, we'd decide to unite and all together take a step forward as one. To commence anew. The news right now is fortunately full of stories of people joining together to counter attempts at divisiveness.



Currently in the Goodenough Community we have many beginnings. Articles below by Colette and Mike describe the many happenings at Sahale this summer. Elizabeth's article describes the Goodenough Council work with Colette Hoff's job description and renewed contract. We are also continuing to define with John Hoff his role as elder as he contributes his wisdom and vision to our community life. We are entering a three year process of continued training and leader development to enable Colette and John to pass on learnings from their combined 86 years of Goodenough Community involvement.

I enjoy being around when the Summer Camp for 9-12 year olds is happening. One of the impressions I always get being around the campers is that they are learning during the week how to live peaceably with each other. I experience them practicing being helpful and caring of each other. This gives me hope for the future.

We are beginning a capital campaign to fund a number of building improvements at Sahale. Donations will support new and renovation projects at Sahale to enable us to meet the needs of Sahale Learning Center and the Ecovillage – both of which are growing in numbers of people and events.

The Human Relations Lab is coming up in August and the leadership team is commencing our final two months of outreach, design of the week, and gathering of ideas, materials, and creativity for us to have the Lab week that we all love. This is the perfect time to invite your friends!

We also celebrate three more graduates this week.

Moving Ahead As a Council and Community

By Elizabeth Jarrett-Jefferson

I am happy to report, on behalf of the Council of the Goodenough Community System, that we are close to finalizing an agreement and Job Description with Colette Hoff for the three-year period ending August 31, 2019.

These past several years have been significant in our community, as we have transitioned community leadership with the advent of the retirement of John Hoff. With that, Council responsibilities are even more comprehensive as we negotiate with Colette to continue on in the role of Executive Director. Our discussions have been rich and meaningful, particularly as we have looked---line by line---at the different tasks and perspectives that we value not only about the work we do in this community, but the many areas in which we value Colette's philosophy, training, leadership, and expertise. They are legion, yet suffice it to say that the one underlying principle of all the work she does--and the basis of our community's work and philosophy-- is relationship: Offering, modeling, extending; being proactive, sane and creative. We don't take relationship for granted.

We will be continuing our discussions throughout the summer and expect to have a finalized understanding with Colette by the time of the Human Relations Laboratory.

Please feel free to check in with any of the current council members – Kirsten Rohde, Irene Perler, Bruce Perler, Jim Tocher, Barbara Brucker, Hollis Ryan, Nan Krecker-Scott, Colette or me---about any of the work or business happening in community.. Our next meeting is in mid-July, and our regular meeting locale is at our community center in Seattle.

By the way, are you planning to attend the lab this summer? It's all about relating and relationship. Please join us!



Sahale is Ready!

Colette Hoff

This season Sahale is hosting an international group and a retreat from the bay area in California in addition to a woman's group, Sahale Summer Camp, the Human Relations

Laboratory and a men's group. We are ready!

The residents of Sahale have been working for weeks to prepare for the first group arriving today, June 15. As the tent was being put up on Friday and Saturday, a group of dedicated women were giving Sahale a thorough spring cleaning. About 30 people gathered on Saturday evening to wish Douglas DeMers birthday wishes.

A great thank you goes to the tent crew under Norm Peck's leadership: Josh, Mike, Douglas, Russ, Phil, Evelyn, Bruce Perler, Tom George, Jensen George, Andrew Hovendon, Sam Hovendon, and Lawrence Hovendon.

Under my direction was Connie DeMers, Irene, Marjorie, Joan, Elizabeth, Pam, Carolyn, and Carrie. Windows were washed, floors scrubbed, furniture polished and like. Kirsten and Theresa focused on the Kwanesum area.

Hal Smith always ready with his hammer, finished some wood trim for the Cabin in the woods, the cabin most enjoyed by our airbnb guests. It has a beautiful new deck and provides a very pleasant experience.

Thank you to all who have helped over this spring to help Sahale begin the summer season at her best!



*To respect the way of it
is to follow the simple directions.
If it comes to you that the dishes need washing,
wash them.
That's heaven.
Hell is asking why.
Hell is "I'll do it later," "I don't have to do it,"
It's not my turn," "It's not fair,"
"Someone else should do it," and on and on.
If it comes to you to do something,*

*just do it.
All the unquestioned thoughts about that action
are how you hurt yourself.
Doing what's next,
without mental argument,
is devotion to God.
It's a wonderful thing
to just listen and obey,
to listen and do.
What comes next is not your business.
You just move,
and you undo every judgment
you have about that.
If it hurts, undo it.*

*~Byron Katie
(1942 to pres., American Philosopher and Author)*



Celebrate

John Hoff's 81st Birthday

While John's birthday is July 7, we are celebrating casually Saturday July 2 at 4:00 or after (following the campers departure from Summer Camp) through July 5th at Sahale. The actual birthday dinner will be Sunday July 3 and you are welcome to come any time during these days. Please RSVP by emailing Colette hoff@goodenough.org. Everyone is welcome!



Third Age Gathering: July 15th, 2016

Kirsten Rohde

The next Third Age gathering will be on **Friday, July 15th at the Community Center in West Seattle (3610 SW Barton St.)**. At our last meeting we enjoyed our conversation as each of us checked in with news and thoughts about our lives. Some topics that came up were: leaving a legacy through our families, how we can proactively choose to spend our time, plans for travel and other activities, retirement, and what are our responsibilities to each other as we change with age. We also acknowledged that loss of loved ones and friends is increasingly a part of life.



As a younger member of the group I am appreciating the chance to be with people who are one or two decades ahead of me. The fact is that in these later decades of life, we are living with a shorter future and a longer past. I am more fascinated with stories of people who grew up in times before I was born. The life of a human being is full of so many stories and perspectives. When I am out and about, I watch older people more and wonder what life has been like in all their years of living. As I get older I find I have more desire to reflect, slow down, think about things before taking action. Others in the group agreed that we do approach life differently than when we were younger. For example, we noticed our sense of humor and less attraction to life's dramas.

The Third Age group is for people about 60 and older and newcomers are welcome. We begin with a potluck dinner at 6 p.m. An RSVP to Joan (joanvalles70@yahoo.com) or phone at 206 819 1089 would be helpful.



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What is a Human Relations Laboratory?

This summer event is our 47th annual human relations laboratory--a setting in which you can focus on your personal development and work on improving your relationships with spouse, family, and the friends you bring or meet here for the first time.

Each human relations laboratory creates a unique world of circumstances and shared understandings in which to learn. Some who attend liken it to experiencing a "non-ordinary reality" similar to a native or tribal experience. Experiential learning is both practical (skills building) and exciting (the liveliness of authentic intimacy). A "lab" is a safe *place* to experiment with living from your true nature or conscience. A lab is a *process* that encourages you to become the best version of your self. relationships and the importance of a good attitude. The experiments and experiences we build collectively will lead us to a place no one of us could reach alone, a week of feeling more and more at home and empowered.

It is rare these days that people have the chance to experience a community with decades of history and a highly developed culture. People tell us that sharing this laboratory week is a very special way to test one's own interest in community life.

Our Human Relations Laboratory uses experiential learning that is a lively and engaging method of self-development. You can expect:

- To experiment with joining other people searching for deeper, finer ways of living
- To have opportunities for artistic expression including sculpture and visual art, singing, dancing, writing, and celebration of your creativity
- Daily dialogue that combines ancient wisdom with the behavioral sciences
- To explore the Living Arts: communication, collaboration, and self-realization

The **purpose of the Goodenough Community** is to demonstrate how living in community can both transform individual lives and bring about social change. We welcome you to join us in a week that has been transforming lives for over forty years.

I see lots of people who don't know how to create for themselves happy, fulfilling environments in which to live and work. Hence, when a person first discovers the nourishment and support of intentional relationships, in community, they become critical of their other existing relationships. And because of this, our community works hard preparing people to export and demonstrate what we value here—wisdom, love, forgiveness, and laughter—back into their families, friendships, and work life.

Hoff

~John Lawrence

Human Relations Laboratory

August 7 to 13, 2016



*Transformation Happens
Here*

**Seven rich days of experiential learning and social creativity within
a community setting**

Transformation: *Change in form, appearance, nature, or character*

Transformation involves a complete change. The Human Relations Laboratory has been promoting change and transformation for 47 years! This year the leadership is choosing to highlight:

- Increasing one's maturity
- The conscious intention for dealing with mental health
- Becoming an active force in your own life
- Applying creativity to all areas of life including relationships and work life.

*Maturity + Sanity +
Proactivity + Creativity =
Transformation*



Sahale Summer Camp for 9 to 12 Year Olds

June 26 to July 2, 2016

<http://www.goodenough.org/camp.htm>

Sahale Summer Camp is entering its 11th season! We invite youth aged 9 to 12 to join us for 6 nights and 7 days of fun living in nature at Sahale Learning Center.

We enjoy a program rich in experiences just right for this age zone. Youth enjoy traditional camping experiences with our tent village set up around a giant campfire pit for evening programs complete with stories, singing, s'mores and friends under a canopy of stars.



We teach skills of outdoor living and provide experiences which help you get to know yourself and have confidence making friends. We also impart a gentle sense of responsibility for caring for each other and the land. We do this through natural activities of taking care of camp and being part of small clans that spend time together each day getting to know each other and working together. Please contact Irene Perler for more information - 206.419.3477 or

irene_perler@hotmail.com..



More greetings from Canada, June 15

Barbara & Jim

“Ontario and Quebec are pretty big” according to Jim – no argument from me. Not only are they big, Lake Superior is huge! We camped three nights along its shores – different camps every night. We will be leaving Quebec tomorrow and headed for New Brunswick next. We have enjoyed lots of cloudy, windy, and sometimes rainy weather with temperatures mostly in the high 50s. It hasn’t detracted from our enjoyment of the trip.

One day on the way around Lake Superior we stopped and hiked out to Agawa Rock to see the pictographs painted on a cliff at the edge of the lake. A steep little hike to a rock ledge above which were the paintings. One of the few sunny days of the week – pictured below.

We camped one night in the municipal park for Ottawa, Ontario and spent a few hours exploring that city. Saw the capital buildings and a bit of the city. There is a picture below of us at the centennial fountain in front of the capitol building. We spent another day exploring Quebec City, taking the ferry into town from our campsite on the south shore of the St. Lawrence River. There is a picture below of us on the ferry with Quebec City in the background.

We’ve had lots of funny little adventures of the kind that happen with traveling. It’s been particularly entertaining the past 4 days in Quebec dealing with a province where French is the main language. In one grocery store a woman was offering to help me but she spoke no English and I didn’t need help as it happened. I wound up shaking my head and saying merci and we smiled and moved on. Today we were trying to find a lighthouse and got to the turn off and didn’t recognize it and turned around. Then it turned out where we turned around was where we needed to be so we wound up going back. We went down a long bumpy dirt road to a field where they were setting up a blue grass festival. Turned out the lighthouse was just past there – but it was in pieces being moved, restored, and ultimately reassembled because a big storm had undercut its foundations. An interesting adventure, and we met some nice people in the process. Tonight we’re camped not far from another lighthouse, very scenic.

We’re looking forward to exploring the Maritime Provinces for the next several days and will find ourselves in Maine at Acacia National Park when it’s time to write again. Meanwhile, sounds like things are going well at home and we’re thinking of you all.





*To begin, begin.
Wordsworth*



The deAnguera Blog: Commencement – Raising the White Tent



No matter what the weather is, we will raise the White Tent. Putting up the tent marks the commencement of our active summer months leading up to Lab in August. This time we raised it in pouring rain. I had on a raincoat, rain pants, and boots.

We raised the tent under the able leadership of Norm Peck. This will probably be the last time we raise the tent for we have plans to put up a permanent roof. We are practicing by putting up a new roof for the Swamp. Already some trusses have gone up. Thank you Josh DeMers, Norm Peck, Jim Tocher and others for all the hard work you have done.

This tent has been raised now for 14 years. That's quite a long time. We have the teamwork down pat. As I have said before this is the finest example of what our community can do with the right training. It's a good thing I can be part of a team for I would have no idea of how to put up the tent by myself or lead others in it. I work much better under direction.

Look at the action in the first two photos. Unfolding the skin after assembling the aluminum framework. Raising the tent up on one side. Up close and far away.

If you were not there, you missed quite an experience. It's like raising a circus tent. Nothing is quite like it. This is when we find out just how well we work together. In the evenings we always feel good about our accomplishments during the day. Many of us sit around the fire pit outside the Potlatch eating area during the evenings.

Right now I am typing this Blog in the Kwanesum living room. A whole group of us are helping to put the Eview together. A meditation group is using the Sahale Upper Campus so we are all down here. I will be sleeping in the Weavery loft, another first for me. I will finish setting it up when I am done writing. We are definitely in service mode to the group for the next ten days. A really active time is now in motion. First there is the meditation group followed by Summer Camp. Then another group will be here another week. That's when I will be on vacation with my brother Paul and his wife, Pat. This year we will be going to Port Townsend. When I get back it will be time for Lab. Sandwiched in will be John Hoff's 81st birthday celebration on July 2nd.

With Air BnB and Work Away, we are getting a steady stream of guests. They often use the Meadow Cabin which now has a new deck. Thank you Hal Smith and Gary Fingar. That was quite a job!

As you can see our tempo is increasing. A new era commences for Sahale and the Goodenough Community.



Pam and Elizabeth Jarrett-Jefferson Commence hugging their huggy buddies Cooper and Cody.

Community News

By Elizabeth Jarrett-Jefferson



Birthdays and Anniversaries

- **Happy #60 birthday, Nan Kreckler Scott - June 1**
- **Happy birthday, Kirsten Rohde - June 18**
- **Happy birthday, Sheila Hosner - June 18**
- **Happy 19th anniversary, Bill & Nancy Kreckler Scott - June 21**
- **Happy birthday, Maeve Aeolus - June 22**
- **Happy birthday, Susan Smith - June 22**

In Memoriam



David Pease, a long time friend of the Goodenough Community since the late 1970s, passed away on May 9 in Santa Fe, New Mexico. David attended the Human Relations Laboratory numerous times in the late seventies and early eighties. He was an Englishman; emigrated to Canada, then to the USA; first to Seattle, then to Denver, then to Santa Fe. His Memorial Services will be held at the Unitarian Universalist on Barcelona in Santa Fe on June 26 at 1PM, followed by an English Tea. In lieu of flowers, send donations to: youngfathersofsantafe.org/donate thehorseshelter.org

kindredspiritsnm@earthlink.net.

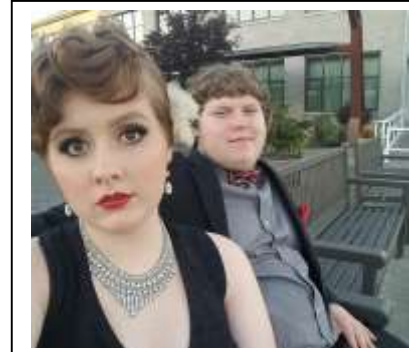
Roger and Lisa Hawkes, also long time friends of Community, have maintained contact with David over the years and will be delivering his eulogy on June 26. If you know of anyone who has memories of David or stories to share, please send them along to:

Roger Hawkes, WSBA # 5173
19909 Ballinger Way NE
Shoreline, WA 98155
www.hawkeslawfirm.com
206 367 5000
Fax is 206 367 4005

Graduation!

Boyd Shelby has graduated from Western Washington University. Congratulations Boyd!

Alice Hovenden has graduated from Bellingham High. "Hope to be coming to Sahale this summer! Doing Whatcom Community College next year for computer programming and crossing fingers to move out with Nathan this summer."



Undaunted Commencement

Bruce Perler

Elias graduated from Evergreen State College. On Friday June 10th at Evergreen State College, over 1000 graduates passed through the annual commencement ceremony. Alternating sun and rain tested the participants, their families and friends but, the graduates prevailed.

Elias' father LaGrande traveled from his east coast home to be with his son and visit our beautiful state for a few days. And as the rain began to fall again, they were off an adventure to Twisp and the grandeur of the North Cascades.



Elias and his father



Congratulations Elias!

So we've got to stand side by side with all our neighbors -- straight, gay, lesbian, bisexual, transgender; Muslim, Jew, Christian, Hindu immigrant, Native American -- because the march for civil rights isn't just about African Americans, it's about all Americans. It's about making things more just, more equal, more free for all our kids and grandkids. That's the story you all have the *opportunity* to write. That's what this historic university has prepared you to do.

- Michelle Obama



Cultural Programs & Events in 2016

All programs and events are open to the public. We welcome your interest and participation. For the Goodenough Community, cultural life is an arena for creative expression.

The Goodenough Community organizes its cultural life around encouraging human development—through our programs for men, women, committed couples, families and around age groupings. Cultural programs usually encourage maturity, responsibility, and the development of valued relationships. Some of our programs bring everyone together with a seasonal emphasis. Following, are program offerings for the next period on our calendar.

“Community is a word that captures the fullness and wholeness of humans together.”

■ Colette Hoff

Programs & Events:

Third Age Gatherings

The Men's Culture

Family Enrichment Network

Women's Culture

Human Relations laboratory

Sahale Summer Camp

Third Age Gathering: Next Meeting Friday, July 15th, 2016

The next Third Age gathering will be on Friday, July 15th at the Community Center in West Seattle (3610 SW Barton St.). The Third Age group is for people about 60 and older and newcomers are welcome.

As has become customary, our gathering will start with potluck dinner at 6 p.m. A main dish will be provided; please bring a side dish or dessert and beverages of your choice to share. An RSVP to Joan (joanvalles70@yahoo.com) or phone at 206 819 1089 would be helpful.



47th Human Relations Laboratory

August 7 to 13, 2016



Transformation Happens Here

**Seven days of rich experiential learning and
social creativity within a community**

Sahale Learning Center on the Kitsap Peninsula

Register now at www.goodenough.org – space is limited

An event designed to encourage human development

- Inspire your desire to be a better person.
- Facilitate your personal mastery and relational development.
- Practice interpersonal skills and experience community formation.

“Transformative and rejuvenating!” Lab participant, 2015

Enjoy social creativity in play, drama, dance, music, song, and conversation. Each day includes time to explore the magical land of Sahale.

To register: www.goodenough.org

To learn more: (360) 275-3957



Quest: A Counseling and Healing Center

Our belief is that mental and emotional health is a prerequisite for spiritual well-being, collaboration, and the expression of compassion. Quest's counseling and education programs, open to all interested individuals, focus on empowering individuals, couples, and family groups to be happier and be more effective in relationships.

Call John or Colette (206-755 8404) or Colette and John at Sahale – 360 275-3957. In Seattle, John and Colette meet with clients at the community center, 3610 SW Barton Street, Seattle 98106, as well as at Sahale.

Cultural rituals are also illustrations of sharing a reality. Ramadan is happening now in the Muslim world.

What is Ramadan?

Putu Sayoga/Stringer/Getty Images News/Getty Images
Updated February 06, 2016.

Ramadan is the ninth month of the Islamic lunar calendar. Every day during this month, Muslims around the world spend the daylight hours in a complete fast.

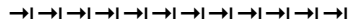
During the blessed month of Ramadan, Muslims all over the world abstain from all food, drink, and other physical needs during the daylight hours (such as smoking or sex). Ramadan is much more than just not eating and drinking; it is a time to purify the soul, refocus attention on God, and practice self-discipline and sacrifice.



Fasting during the month of Ramadan is considered one of the 5 Pillars of Islam -- five activities that shape a Muslim's life. Prayer occurs on a daily basis; pilgrimage is done once in a lifetime; charity and professing one's faith are both ongoing. Fasting the month of Ramadan is an annual observance; every year, Muslims take an entire month out of their lives to observe this strict fast and rededicate themselves to worship and faith.

Muslims are called upon to use this month to re-evaluate their lives in light of Islamic guidance.

We are to make peace with those who have wronged us, strengthen ties with family and friends, do away with bad habits -- essentially to clean up our lives, our thoughts, and our feelings. The Arabic word for "fasting" (*sawm*) literally means "to refrain" - and it means not only refraining from food and drink, but from evil actions, thoughts, and words.



Goodenough Women's Weekend ~ May 2016

Poetry Collection

Compiled by Irene Perler

I Know the Way You Can Get

I know the way you can get
When you have not had a drink of Love;

Your face hardens,
Your sweet muscles cramp.
Children become concerned
About a strange look that appears in your eyes
Which even begins to worry your own mirror
And nose.

Squirrels and birds sense your sadness
And call an important conference in a tall tree.
They decide which secret code to chant
To help your mind and soul.

Even angels fear that brand of madness
That arrays itself against the world
And throws sharp stones and spears into
The innocent
And into one's self.

O I know the way you can get
If you have not been out drinking Love:

You might rip apart
Every sentence your friends and teachers say,
Looking for hidden clauses.

You might weigh every word on a scale
Like a dead fish.
You might pull out a ruler to measure

From every angle in your darkness
The beautiful dimensions of a hear you once
Trusted.

I know the way you can get
If you have not had a drink from Love's
Hands.

That is why all the Great Ones speak of
The vital need
To keep Remembering God,
So you will come to know and see Him
As being so Playful
And Wanting,
Just Wanting to help.

That's why Hafiz says:
Bring our cup near me,
For I am a Sweet Old Vagabond
With an Infinite Leaking Barrel
Of Light and Laughter and Truth
That the Beloved has ties to my back.

Dear one,
Indeed, please bring your heart near me.
For all I care about
Is quenching your thirst for freedom!

All a sane man can ever care about
Is giving Love!

Zero Circle

Rumi (version by Coleman Barks)

Be helpless, dumbfounded,
Unable to say yes or no.
Then a stretcher will come from grace
to gather us up.

We are too dull-eyed to see the beauty.
If we say we can, were lying.
If we say No, we don't see it.
That No will behead us
And shut tight our windows onto spirit.

So let us rather not be sure of anything,
Besides ourselves, and only that, so
Miraculous beings come running to help.
Crazed, lying in a zero circle, mute,
We shall be saying finally,
With tremendous eloquence, Lead us.
When we have totally surrendered to that beauty,
We shall be a mighty kindness.