

Village eView

October 3, 2018

Colette Hoff, Editor

COMING UP

Pathwork Exploration Series with

Tom Gaylord, October 8, 7- 9:30

Goodenough Community Council, Oct. 8, 6:30

Men's Cultural Gathering, October 26 to 28

Women's Cultural Gathering, October 26, 10 -2

Editor's note: Kirsten wrote the following article last week. It provides a useful introduction to a series on Sociocracy in the eView over the next few weeks. Pam Jarrett-Jefferson has contributed the history of Sociocracy. We are also pursuing the definition of *domain* in this context.

The Potential of Sociocracy

Kirsten Rohde

Sociocracy has the *potential* to help our Community Council learn new ways to organize and govern ourselves in the Goodenough Community. We have created a map of circles guiding how we will enter into a sociocracy method of functional circles that each have responsibility for certain areas (**domains**) with the community. We have had two rounds of practicing the new way of decision making by consent. This includes rounds of speaking and listening that allow every voice to be heard in turn and each concern addressed before we determine that we all agree on a proposal. In fact, the first round of practice was to make the decision to move forward with studying and practicing Sociocracy for 18 -24 months, and then decide if we want to adopt it for the long term. We are using this *potential* for change and growth to aid our community in transition to a sustainable future. We will realize our potential when we feel good about the direction we are heading as an organization and when we also hear from others that they see positive change.

On-Line News of the Goodenough Community System

The American Association for the Furtherance of Community

Convocation: A Church and Ministry

Mandala Resources, Inc.

Sahale Learning Center

The EcoVillage at Sahale

A History of the Development of Sociocracy, Part One

Pam Jefferson

In reading *We the People* by John Buck and Sharon Villines. John Buck was so interested in it that he learned Dutch, so he could read the original works of Gerard Endenburg, the latest to develop Sociocracy into what it is today. The book is good, so I'll quote from it.



“Understanding the melding of forces that produced first the idea of a sociocracy and then its implementation is important to understanding its multi-faceted quality. Sociocracy is a unique combination of values, social theory, and scientific method that produces harmonious, respectful, self-organizing, and self-correcting organizations.” P. 37

Auguste Comte: “The word sociocracy was created in 1851 by French philosopher and sociologist Auguste Comte (1798-1857) to describe a government based on the new science of sociology...Sociocracy would use scientific method to develop policies that would benefit all the people, rather than the people being controlled by autocrats for their own benefit.” P.37

“In the age of the machine and the dawn of scientific thinking, Comte believed people had an opportunity for the first time in history to become self-sufficient and self-determining—to fully realize their essential human nature. Human nature, he believed, was characterized by reason, knowing, social cooperation, and altruistic feeling, but since individuals are also products of their environment, the best of human nature could flourish only with a supportive environment.” P.38

Lester Frank Ward: “At the end of the 18th century, American scientist and sociologist, Lester Frank Ward (184-1913) believed sociology presented an opportunity to create a government based on the strengths of what could be learned from individual human accomplishments. He blamed the political party system for the failure of democracy to produce a society in which its citizens were, in fact, free and equal. He advocated sociocracy as the better alternative...Ward believed the successful individual, supported and enabled by the social structure, was responsible for human progress.” P.39

“Ward wrote extensively about education as the primary force in the progress of society and believed that the unequal distribution of knowledge was responsible for many (if not all) social problems.” P.40

Cornelius Boeke and Beatrice Cadbury: “From the late 19th century on, the idea of sociocracy continued to be actively discussed in Europe and America, along with the progressive education movement and other social reforms. It remained a theory, though, until 1926, when two internationally recognized Quaker peace activists and educators, Cornelius “Kees” Boeke (pronounced Case Booka; 1884-1966) and Beatrice “Betty” Cadbury Boeke (1884-1976) created the first sociocracy in the Netherlands.” P. 41

“...the Boekes established a revolutionary school in Bilthoven: The Children’s Community Workshop. The Boekes were familiar with sociocracy and progressive education and, as experience activists and organizers, were able to put these ideas into practice.” P. 41

“The guiding principles were self-direction and working with head, heart, and hands. Students were expected to work together to create a harmonious environment that was beneficial to all. To ensure equal responsibility and respect, all decisions were made by consensus.

They believed the political party system and majority rule accentuate disagreements and division in favor of nurturing dominance...Boeke believed that a sociocratic system “activates a common search that brings the whole group together.” Mutual trust and the desire to act in the best interests of the group “leads inevitably to progress.” Pp. 43-44

Next week we’ll look at the Gerard Endenburg. He was one of the Boekes’ students...

Domain

Colette Hoff

The origin of domain: 1595–1605; < French *domaine*, alteration, by association with Latin *dominium* [dominium](#), of Old French *demeine* < Late Latin *dominicum*, noun use of neuter of Latin *dominicus* of a master, equivalent to *domin(us)* lord + *-icus* [-ic](#)

A noun, the word domain has applications in many areas:

1. a field of action, thought, influence, etc.: *the domain of science*.
2. the territory governed by a single ruler or government; realm.
3. a realm or range of personal knowledge, responsibility, etc.
4. a region characterized by a specific feature, type of growth or wildlife, etc.: *We entered the domain of the pine trees*.
5. *Law*. land to which there is superior title and absolute ownership.
Mathematics:
 - a. the set of values assigned to the independent variables of a function.
 - b. [region\(def 11a\)](#).
7. *Computers*.
 - a. a group of computers and devices on a network that are administered under the same protocol.
 - b. the top level in a [domain name](#), indicating the type of organization, geographical location, or both, and officially designated in the suffix, as .edu for institutions of higher education.
8. *Physics*. one of many regions of magnetic polarity within a ferromagnetic body, each consisting of a number of atoms having a common polarity, and collectively determining the magnetic properties of the body by their arrangement.



The definition of domain for the internet:

A domain name is an identification string that defines a realm of administrative autonomy, authority or control within the Internet. Domain names are formed by the rules and procedures of the *Domain Name System*. Any name registered in the DNS is a domain name. Domain names are used in various networking contexts and for application-specific naming and addressing purposes. In general, a domain name represents an Internet Protocol resource, such as a personal computer used to access the Internet, a server computer hosting a web site, or the web site itself or any other service communicated via the Internet. In 2017, 330.6 million domain names had been registered.

In Sociocracy, domain is a defined area of authority or responsibility in relation to the realization of an aim. The limits of the circle's domain are set by the next higher circle. The limits of an individual's domain are set by the circle. (from John Buck, *We the People*)

The point is that each functional circle has a specific focus with the General Circle (currently the Council is acting as the General Circle) responsible for creating and coordinating them. Domains —

have definite boundaries and are distinct from each other. Also this method insures nothing falls through the crack and responsibility is shared. (Diana Leaf Christian)

Currently the **proposed** four functional circles and domains for each include:

Cultural, Spiritual, Lifeways

Culture; membership; community building; human development programs: Lab, mens', women's cultural programs, third age, couples, Family Enrichment Network; Convocation; legacy

Sahale

Maintenance/construction/safety; stewardship of gardens, land, forest, river; events; residential EcoVillage including culture and lifestyle

Communications (process oriented)

Marketing; web site; eView; writing/editing; education



Community Economics

Financial management (cash flow, long range); Fundraising;

The next step is for each person associated with a functional circle to consider all the elements in their domain, then propose smaller functional circles that are specifically focused to accomplish specific tasks. Perhaps you are especially interested in one of these areas?

The Council is appreciating the challenge of embracing a new model for organizing and we are up for it. We continue to spend at least half of our Council meetings working with Sociocracy even as we continue the on-going work of the managing the Goodenough Community.

The following came from Bill Kohlmeyer and gives another argument for Sociocracy.

Dignity

A world is dying and a new world is struggling to be born, and this new world that's struggling to be born, is essentially grounded in a recognition of the interdependence of all humankind. All civilized life on the Earth now has to be organized around this fundamental, spiritual, moral, and practical truth, that we constitute one human family. Systems of governance, our system of economics, has to reflect this essential truth. At the foundation of this truth is the life and development of the human spirit.

Humanity has to develop a kind of consciousness of the human spirit, and place it as our highest value. The development of the human spirit, its protection and well-being, has to become the ground of our effort to promote human rights, to promote human dignity, to promote civil rights and to promote human solidarity. we have to support one another, encourage one another, and build a system that honors the dignity of all people.

~Michael Penn (Clinical Psychologist, from Pathogenesis of Hope and Hopelessness)



By the way, from John Buck, “. . .honeybees stake everything on a process that includes collective fact-finding, vigorous debate, and (consent) building. Honeybee Democracy, Thomas Steely, Cornell University
In other words, honeybees practice Sociocracy!
More to come!



True Holidays Event 2018 – December 1, 2018 - Save the Date

Elizabeth Jarrett-Jefferson with Kirsten Rohde

We are happy to announce that our annual True Holidays Celebration--a tradition of more than 30 years in our beloved Goodenough Community--will be held again this year on **Saturday, December 1** at the Mercer Island Congregational Church on Mercer Island. This event has always been about bringing together family, friends, other communities & colleagues in an atmosphere ranging from frivolity and feasting to one of marking the holidays in a sacred way, honoring many faith traditions. Importantly, the celebration also provides an opportunity for you to be reflect and therefore be intentional about planning for the holidays, giving pause to remember what you value over the holidays; we'll lend a practical hand to help you make an actual plan. We'll have our Silent Auction again this year and feature exclusively handcrafted items and experiences (since we've learned over time that these are the most valued and bid-on items). Sherry Nevin and her musical contradancing colleagues, also a favorite tradition, will again be with us.

So, for now, prepare to engage in a "Christmas Truce" where friends, fun, feasting, and tradition are the news of the day! More information will follow soon. Thanks for reading!

- **Elizabeth**



Birthdays & Anniversaries!

Happy belated Birthdays to...

🎂 Cherste Nilde, September 29

🎂 Richard Kenagy – October 1

🎂 Andrew Hovenden – October 2

🎂 Eric Sieverling, Kathy Scott – each and both October 2

🎂 Not to mention: Sophie Hoff – October 2 – happy #12 Sophie!

🎂 **Happy upcoming birthday to** Carla James – October 10



Site Planning for Sahale with Tom Gaylord, October 7

We are being led by Tom Gaylord to further our site planning process. We have been at it since September 14, 2001 and now its time to make some new decisions for the future with many considerations and based on years of observations. Tom provides an opportunity to join in a unique blending of spiritual and community contemplation and planning for the future.

The practices of Meditation, Compassionate Exchange, and Body Speech and Mind are some of the methods we will use. The exploration begins with self, resonates with others, and reveals an unfixed and dynamic tapestry of community interconnectedness.

Tom Gaylord is the former Center Director of the Seattle Shambhala Meditation Center and is a student of Contemplative Psychology in the Seattle Karuna Training Program.

This program will meet at the **Shambala Center (3107 E Harrison Street Seattle, WA 98112)** in the Madison Valley area of Seattle. Sunday evenings, 7:00 to 9:30 pm. All are welcome.

Dates and topics include:

October 7 will begin the site planning process which will continue **October 21, November 4** and the weekend of **November 16 to 18** at Sahale.

For more information: Colette Hoff at hoff@goodenough.org

Irene has contributed some additional information on site planning from a previous workshop beginning on page 7.



“Not Causing Harm”

Kirsten Rohde

Pema Chodron’s chapter on not causing harm was the one we read at my Tuesday evening meditation group this week. It seemed completely pertinent to the events in “our” Senate this past week. I don’t need to go on about this issue of the Supreme Court nomination as the air waves are endlessly analyzing every detail every hour of the day. Once again we’re facing the way this country deals with the knowledge of the amount of sexual violence against women particularly, but men also. This is saddening and frightening; our country could be setting an example of teaching peaceable relations and instead we have this. Here’s one news item that really hit home:

The National Sexual Assault Hotline in the US received a record number of callers after the Kavanaugh hearing — with a 338% increase in traffic between Thursday, when the hearing took place, and Sunday. CNN wire.

Not Causing Harm

Pema Chodron

Learning not to cause harm to ourselves or others is a basic Buddhist teaching. Nonaggression has the power to heal. Not harming ourselves or others is the basis of enlightened society. This is how there could be a sane world. It starts with sane citizens, and that is us. The most fundamental —

aggression to ourselves, the most fundamental harm we can do to ourselves, is to remain ignorant by not having the courage and the respect to look at ourselves honestly and gently.



Men's Fall Gathering October 26 to 28

We're nearing our fall retreat weekend time and will again be combining our retreat with our annual Event Tent deconstruction project.

For the guys who can, we'll be downing the tent beginning on Friday morning, October 26, 10:00 AM. We'll need a crew of at least 8 for this project so, look for my calling to confirm a team. The tent lowering project will complete by lunchtime on Saturday. For those who cannot join for the tent lowering, please do join in for a hearty meal on Friday evening and the beginning of our men's gathering.

Men's Retreat - Friday, October 26 evening through Sunday afternoon, October 28

Event Tent Down - Friday, October 26, 10 AM - Saturday lunchtime

For now, please mark your calendars, RSVP, and share this with men friends of yours you'd like there. If you're able and interested, let me know of your desire to participate in the tent down.

In brotherhood, Bruce



Remembering a Site Planning process with Robert Scully

Irene Perler

As I review our history learning about Site Planning, I am reminded of an experience several years ago with an urban planner friend Robert Scully. He created an introduction to site planning and used a language of land use designers. He was influenced by Christopher Alexander who wrote "Pattern Language" and used his own background in urban planning to guide us in conversations about our values. He asked us to identify the practical and even spiritual places and spaces, as well as the intangible experiences, we enjoy at Sahale. Here is a list of things we identified then:

Dwelling/Activity Clusters

- Main Courtyard
- Log Building/Trailer Grove
- Weavery/Kirsten's Cluster
- Properties across Tahuya River Road

➤ West Hill

Sahale Special Places (existing)

- Fathers Grove
- Cistern Hill
- Potlatch
- Cedar Grove
- Potlatch
- Hot tub
- Sun room (main house)
- Main Courtyard
- Walnut Grove (campground)
- The Swamp (summer)
- Refuge in Central Park (Buddha shrine and fire circle)
- Maintenance Shed



He spoke to how important it is to study the patterns of how a place has been lived in and how that informs planning. Patterns of use show us what we value and not only that, the patterns inform natural use that is formed deeply in our lives and is not even easy to change so it is wise to be aware of the well worn paths so to speak.

As I've lived at Sahale, I've noticed the animal trails and how useful they are for getting around and just like the animals who choose pathways that serve them for a number of reasons, we too, have patterned paths and destinations at Sahale. We are attracted to several areas, which go on the list of values and include sanctuaries and important social meeting areas as well as private places for reflection.

Here are some we spoke of then:

Sahale Patterns

- System of Water
- Cascading Water
- Pond/Swimming Hole
- Footbridge crossing water
- Water's Edge
- Hillside Terrace
- Sacred Grove
- Workshop / Studio
- Dining Commons
- Contemplation Space
- Bench with a View
- Sunny Seat
- Fire Pit

- Viewpoint / Panorama
- Great Hall
- Informal Gathering Place
- Sun Room
- Potlatch-Hearth
- Spirit Path
- Dwelling/Activity Cluster
- Conversation Circle
- Courtyard
- Kitchen Garden
- Orchard
- Animal Habitat / Trail
- Hot tub with views in and out

Another concept in designing use of a place is “Form follows function”. You can easily see that with animals as they have trails and places, which connect up where they eat, sleep, protect themselves from the elements and bear their young. We, too, create places to sleep, eat, sing, make music, dance, grow food, cook food, eat food, contemplate and have conversation. Our places and spaces grow out of our needs for these kinds of functions and reflect our values. Any conversation and decision making process of our Community to develop and change the features of the land at Sahale will benefit from this basic truth “Form follows function”.

Here are a few more principles that come from a slide show
I read these below and experience it as a kind of Site Planning Poetry!

Definition: Ecovillage: Physical place that supports the life of a community
Process of creating the space of community



Site Planning

- A way of learning from the site in order to unfold its potential
- Gives spatial and visual form to the vision for the ecovillage
- Organizes built and natural elements into a whole
- Helps design spaces that support:
 - Relationships between people
 - Relationships between people and natural world
 - Identifies constraints and potentials (opportunities)

- Helps with making decisions
- Setting priorities
- Trade-offs

Desired Outcomes of Site Planning

- Clarify intentions, goals, objectives for ecovillage
- Organize information about site
- Move ecovillage development process forward
- Communications/Marketing
- Foundation for construction documents

Zoning Land Use Codes/Other Regulatory Infrastructure (On or off grid)

- water
- sewage
- drainage
- electricity

Drivers & Constraints

- Ecosystem,
- Topography,
- Hydrology,
- Soils & Geology
- Nature
- Climate
- Parking & Access,
- Neighbors
- Time
- Human Power
- Money



D_o_n'_t_f_o_r_g_e_t:_

- “Aliveness”
- Culture
- Spiritual Place
- Happiness
- Social Connection
- Vision
- Community
- Life Flow
- Sense of Place
- Meaning

Rocks, Sand and Desert Rain

Barbara Brucker/Jim Tocher

It's been a week since we packed our camper and headed off. The first three nights were visits with friends and family. Our first stop was Richland for a visit with Sharon Grant. She sends greetings. We spent the next night in Nampa, ID with family and then went on to Salt Lake City where we visited with friends. Since then we've been in our trusty camper. Our first three nights were in Moab, UT where it was very warm. We visited Arches and Canyonlands National Parks as well as Dead Horse Point State Park.



Wonderful scenery – lots of red rock, arches, deep canyons and winding rivers. Also lots of wind and blowing fine gritty sand (red of course). In Arches we decided to try what we were told was an easy 4 wheel drive road. It turned out that after several increasingly hair-raising miles, the truck just didn't have enough clearance to continue safely, so much to Jim's disappointment and my relief we turned back.

As we left Moab on Monday morning it was raining lightly. Rain came and went a bit on Monday as we proceeded through another unit of Canyonlands and on to Blanding where we are now. Rain began in earnest last night and it has rained most of the day – sometimes heavily, other times just a light sprinkle. The rain is courtesy of the recent hurricane in the Baja and will be impacting this area for the rest of the week. Rain is much needed here, but increases our challenges. We are very much appreciating our camper keeping us dry and allowing us to cook in out of the rain when needed.

Today (Tuesday) we saw several of the small Anasazi ruins that dot the area and went to Natural Bridges National Monument. En route we took a side trip up an unpaved road marked Bears Ears. It was the 4 wheel drive adventure Jim was looking for. It had rained enough that the road was muddy and slippery in places, and we were at a high enough elevation to be in clouds and heavy fog.

The country is fascinating geologically and spectacular. There are many unique formations in a relatively small area. Sadly, pictures don't do it justice. Nonetheless, I've attached a couple photos of the two of us and some scenes from our travels. I included wooden shoe arch (in Canyonlands) just because of the name.



Tomorrow we plan to go to Hovenweep National Monument which is a large and significant Anasazi ruin. On Thursday we'll leave Blanding and head toward the Grand Canyon.





The deAnguera Blog: Watchcare



In sociocracy, domains are areas of responsibility organized around a center representing the community.

One of the most important domains is Watchcare. These are the folks who watch over the rest of us making sure they are there to help any of us needing it. Sometimes the Watchcare person needs to just walk with us. I remember Kirsten Rohde accompanying me to my medical appointments. That alone made it a lot easier for me to face my prostate cancer.

Another example would be Draï Schindler enjoying a mocha in the left hand photo. Draï is offering to share her joy with us. Today she drove John Schindler and me to our medical appointments. You can see John studying a tall corn plant in the right hand photo. We were driven by Draï in Colette Hoff's Prius. A true community effort.

How does it work? Well, all three of us are great friends. Draï made the rest of us happy on the trip. It felt like a party. Wonderful way to go to cancer treatment. All Draï had to do was accompany the rest of us. I appreciate all the effort she is making in caring for her husband John.

He is very lucky to have her in his life. I am also lucky. This is a journey needing to be shared. I am not strong enough to face the cancer journey alone.

Watchcare as a domain makes it a responsibility for our community. Draí is a wonderful Watchcarer. Thank you Draí for making this trip fun for all of us.

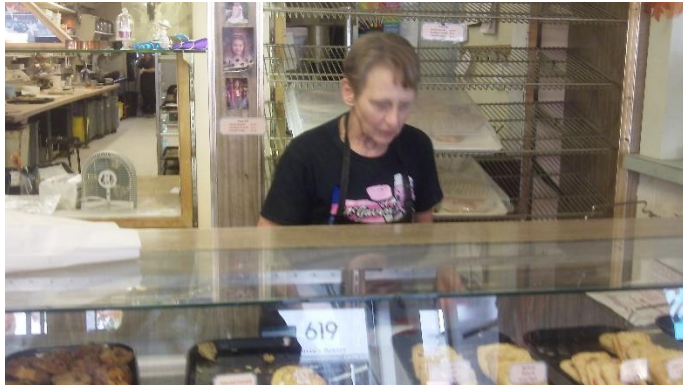
In my case all I have to do is lie under a moving machine for 15 minutes. Of course I have to have a full bladder. I can go to the bathroom and drink my water while underway. This reduces the juddering of my bladder to just half an hour instead of the full hour the trip takes. I just have to leave a half hour early.

John by contrast has to face chemotherapy as well as radiation. I am praying for John and I hope all of us are. He needs our loving Divine energy.

How to make it better? How about biscuits and gravy? I had that with two eggs, hash browns and a hot mocha. The place we stopped at was so small one has to eat outside. There is only one picnic table right in front of the order window. It was cold but once I dove into my hot lunch all I thought was “biscuits and gravy and mocha.” That was my total experience.

Better? How about something sweet like a Danish pastry with blackberry filling. Munch through the nice sugary bakery pastry to a blackberry enlightenment! We all bought pastries at Mc Gavin’s Bakery, a Bremerton secret like the biscuits and gravy place.

You see what Draí can do to get our mouths busy so we would be happy there? Of course a mocha alone would do the trick. Just ask my brother Paul. He knows that a mocha and a copy of the Sunday Times is enough to put me in a meditative state for a long while.



Debbie selecting our choices of delectable sweets at Mc Gavin’s Bakery.

Happy Birthday, Mike
Chocolate Cake – another illustration
of Watchcare!



Calendar for the Goodenough Community, Fall 2018

Pathwork dates include October 7 and 21; and November 4
November 16 to 18 will be a weekend program at Sahale.

The **Community Council** will be meeting, **Mondays at 6:30** for a light dinner. The next meeting will be at the home of Tom George (8708 182nd Place SW Edmonds, WA 98026.

Thank you Tom for welcoming the Council to your home!

Additional dates include: October 8, 22; November 5

The **Third Age** group will meet on **October 19** (This is a change) at the home of Joan, Barbara, and Jim. December 14 is the next proposed date.

The **Women's Culture** will gather on **October 27, from 10:00 to 2:00** at the home of Elizabeth and Pam Jarrett-Jefferson on Mercer Island.

The **Men's Culture** will gather on the weekend of October *26 to 28*.

True Holidays Celebration, Saturday, December 1, 2018

Christmas Day dinner at Sahale is becoming tradition. Make your plans.

New Year's Eve at Sahale will be a Monday night. Plan to come for the weekend!

The **Friends of Sahale** 4th Annual weekend will be **January 18 to 20**.

Sahale Summer Camp will be **June 23 to June 29, 2019**.

The **Human Relations Laboratory** will be **August 4 to 10, 2019**.



We have a rather large family of deer enjoying our apples!

And apples are flying into the cider press! Thank you to all who have been chopping and pressing!



Spatialist for Hire

Pam Jefferson

Do you need help with organizing a room for more efficient storage and use of the space? Do you need help sorting and organizing your stuff? I can do all of it for you or just give you some ideas for you to work with. My hourly rate is \$25.00. You can reach me at **206 372 9801**.



Watchcare

Recently our dear friend, Janet Walker called to say she is having some difficulties with the cancer she has had. The good news is that she finally made it to Johns Hopkins Cancer Center in Baltimore. We held Janet in our Pathwork Circle and allowed Tom Gaylord to lead in a lovely Buddhist process of holding someone who is ill.

Please send Janet your love and prayers and an email to: jlwalk1956@yahoo.com

Cards can be sent to Janet Walker 44 White Church Court Germantown, MD 20874

Calendar of Programs and Events

What makes community meaningful and fun? The richness of life in community comes in many ways – getting together informally over a meal ... celebrating a significant birthday with long- time and newfound friends ... working together in a creative endeavor ... collaborating in a work party ... thinking deeply with others about what it means to be fully alive and connected with ourselves, each other, and Spirit ... and more.

In the Goodenough Community, we recognize such ways to connect as expressions of living life fully and in communities of all kinds. Throughout the year we offer programs that help you participate in your own development, learn about relating well with others, and discover your potential to have a good time in life and with others.

We welcome your interest and your participation, and hope that you will join us at any – or many! – of this year’s events. More information about programs and upcoming events can be found on our website: www.goodenough.org

The Third Age - Those of us age 60 and older have been gathering every other month, Friday evenings in Seattle. **Future meetings:** October 26, December 14. Contact Kirsten Rohde for more information: krohde14@outlook.com



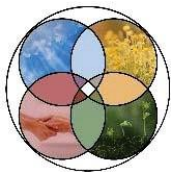
The Women's Program is a long-established and ever-growing way for women to enjoy each other's company, learn about themselves as women, and even perhaps to experience the Divine Feminine. Gatherings this fall include Saturday October 27. Contact Elizabeth for more information and directions to our meeting place:

The Men's Program is an expression of the best wisdom men have gathered from their life together—about what is a good man and how he could best express that in his own life. The Fall Men's gathering will be **October 26 to 28**. Contact Bruce Perler for more information: bruce_perler@hotmail.com



Pathwork, a Program of Convocation: A Church and Ministry.

On alternate Sunday evenings an interfaith circle of practice meets between 7:00 and 9:30 PM under the leadership of Colette Hoff. This is a time to learn together about our personal development, to talk out our chosen practices for the development of a spirit filled life, and to learn the skills of joining with others in service. **Gatherings are in Seattle.** See the article in this eView about the fall program; October 7, 21, November 4 and November 16-18 weekend. *See article previously in this eView.* Contact Colette Hoff for more information: hoff@goodenough.org



The Goodenough Community Council meets alternate Monday evenings in Seattle to discuss the day-to-day activities of the community and engage in planning, evaluation, and more. Contact Colette Hoff if you are interested: hoff@goodenough.org



True Holidays Celebration, Saturday, December 1, 2018

Be part of this fun-filled family-oriented evening, and prepare yourself for the winter season (whatever faith tradition you follow) that fills your heart. Contact Elizabeth for more information.

Work and Play Parties throughout the Year

Traditionally, the Goodenough Community sponsors work parties over Memorial Day weekend as well as other times throughout the year, to express gratitude for the presence of our beloved retreat center, Sahale, and to experience the satisfaction of playing and working together. Please email hoff@goodenough.org with information about what may be coming up. It is a great time to bring friends to share Sahale!

Quest: A Counseling and Healing Center

Our belief is that mental and emotional health is a prerequisite for spiritual well-being, collaboration, and the expression of compassion. Quest's counseling and education programs, open to all interested individuals, focus on empowering individuals, couples, and family groups to be happier and more effective in relationships. Call Colette (206-755 8404) for an appointment.

