



The Village View

April 7, 2021

Colette Hoff, Editor

Upcoming Events, on Zoom:

Women's gathering, Saturday, April 10 10:00 am

Pathwork, Sunday, April 11, 7:00 pm

Third Age, Friday April 16, 7:00 p.m.

Annual Meeting, Saturday, April 24, Time will be announced

Responsibility and Our Annual Meeting

Colette Hoff

Last week, Kirsten chose the theme of *response* when she volunteered to edit the eView. She wrote about two different situations that each required a thoughtful response. I want to follow her ideas and use responsibility as the theme for this week.

You have seen the announcements for our virtual annual meeting for our community on **Saturday, April 24**. As community members, we are responsible for how our community grows. We are responsible for caring about what happened over the past year (especially this pandemic year) in community life. For some of you, your relationship to the Goodenough Community may be to read the eView on occasion. Others may follow themes and teachings. Your interest in the workings of the Goodenough Community means a great deal to those of us who are making decisions and offering leadership.

As you read more about responsibility, please consider attending our annual meeting for brief time or perhaps the whole day. You will learn who has responsibility for which aspects of our organization.

In exploring the theme of responsibility, I considered parenting sources on teaching children to be responsible with clues for adults who want to increase their ability to be responsibility or are in the position of teaching these skills in a work environment.

On-Line News of the Goodenough Community System

The American Association for the Furtherance of Community

Convocation: A Church and Ministry / Mandala Resources, Inc.

Sahale Learning Center / The EcoVillage at Sahale

"Ingraining responsibility in children is not a trick but is simply teaching them life skills," says Dr. Karen Ruskin, Psy.D., author of **The 9 Key Techniques for Raising Respectful Children Who Make Responsible Choices**. "Kids who are without responsibilities feel entitled and think the world will always do for them."

Responsibility for kids isn't just completing a task. "It's also about an attitude, the idea of taking action and being proud of doing it, not just always having someone else do it for you," says Alex Barzvi, licensed, clinical psychologist and co-host of the talk show "About Our Kids" on Sirius Doctor Radio.

The following is what some experts suggest for incorporating responsibility into your child's life:

1. Start young

You can't suddenly teach a teenager about responsibility and expect to be successful. Start when your child is a toddler.

2. Let children help you.

Invite family participation in housework activities. Children need to feel valued and encouraged to take ownership of his things. The tasks might take longer but the reward is greater in skills learned.

3. Show kids the way

Play to a child's skill level, suggest both experts. First, you can demonstrate how to complete small tasks. Make responsibilities age-appropriate and even use the word "responsibility," says Barzvi, when informing your children about the tasks you expect him to complete on his own.

4. Model responsibility

Ask adults in the home to participate. Talk about what you are suggesting as an approach to more responsibility. You'll be surprised how quickly these actions become a habit for kids.

5. Praise them

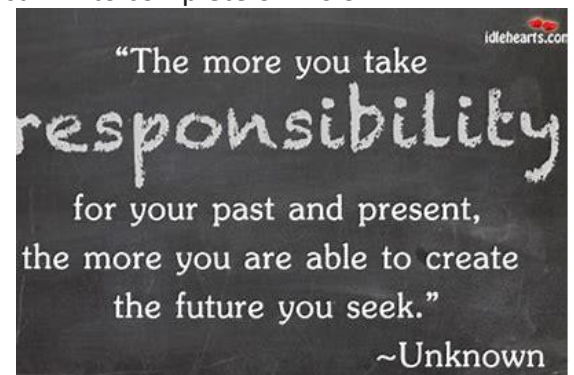
Kids want to help. To them, chores don't feel like work. Keep up positive vibes by offering specific praises for actions. "You hung your coat on the hook and I'm proud of you!" Children will develop a sense of ownership for any repeated action.

6. Manage your expectations

When you ask a 5-year-old to make her bed, it may still be lopsided. Don't criticize. Recognize a job well done. Show her how you do it the next time you make your own bed.

7. Avoid rewards

There's a time and place for rewards and allowances, but both experts agree that being responsible isn't it. A reward system does not need to be in place for your child to learn responsibility. While a reward chart can be effective for some kids, others respond just as well to



praise, spending time with you and feeling the boost in their self-confidence. Save rewards for tasks that go above and beyond what you expect to be your child's normal household responsibilities.

8. Provide structure and routine

Kids thrive on order. Set up routines with a positive end result, instead of offering rewards to get them to meet responsibilities. A younger child may not fully realize these tasks are his responsibilities, but allowing him to create a healthy structure will give him the tools to develop strategies for tasks like getting homework done without you nagging (too much!), suggests Ruskin.

9. Teach consequences

The more you enforce the rules and routines, the more likely your child is to clean up without being asked, or at least without whining about it too much.

Learning to take care of his things also helps a child develop a sense of responsibility for his actions. "Parents are afraid to let kids suffer, be sad or angry, but if we always solve children's problems, they will not learn to be responsible as they grow up."

Teaching children about responsibility isn't easy, but what part of parenting is? It can take years and lots of practice. But if you follow these tips, you stand a better chance of raising a responsible child who then grows into a responsible adult.

In the work world, the following seven steps will help build responsibility among work teams, increasing responsibility and collaboration:

1. Ensure expectations are clear.

Be specific, clear, and complete about the task, goals, responsibilities, constraints, what a good job looks like and how performance will be evaluated. Clarify at the beginning the amount and type of supervision you will provide and how the progress will be monitored.

2. Grant authority.

Grant the authority needed to do the job. Let all who will be affected know about the delegation and empowerment.

3. Provide needed support and resources.

Provide all information that is available and relevant; pass on other information as it becomes available. Give public credit when they succeed, but deal with mistakes discretely.

4. Inform others.

Make sure everyone involved knows that you have delegated responsibility, and that this person has the authority to make decisions. If others come to you with questions, instead of answering, refer them to the person in charge.

5. Get out of the way.

Do not interfere or take the delegation back unless it is clear that corrective action is necessary. Do not supervise too closely. "Post-delegation hovering" is demoralizing and will interfere with their commitment and effectiveness.

6. Don't take it back.

If they are struggling, be available to give advice or act as a sounding board. If they need resources, help them get what they need. But let them maintain responsibility.

7. Maintain accountability.

It should be clear that your direct report has the responsibility for seeing the job well done. But remember that the ultimate accountability remains with you.

Resources:

9 Tips for Teaching Kids Responsibility

Alonna Friedman

7 Fail-Safe Steps to Increase Responsibility and Develop Your Team

by Jesse Lyn Stoner

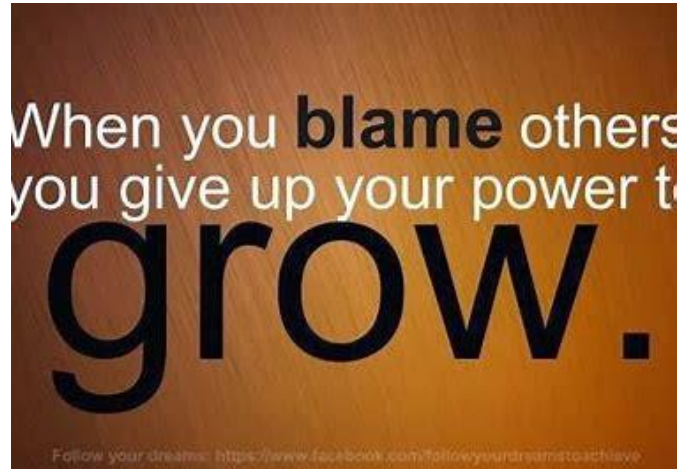
Now consider your responsibility to our community's annual meeting. Your curiosity and questions might make a difference to our future.



Goodenough Community Annual Meeting

By Kirsten Rohde and Elizabeth Jarrett-Jefferson

It's annual meeting time! On **Saturday, April 24**, our community will host its annual meeting, both a tradition and a requirement in our organizational charter. We will be meeting this year via Zoom. While we will sorely miss gathering in person, Zoom can enable other people to join us who would not be able to otherwise, and we have learned that we can have fine, intimate conversations via this platform. This will be true for April 24, a day of reviewing our year just passed, sharing highlights, and talking about the future. We have lots of good news to share; and we can look forward to getting updated with each other about the strange year we have just lived through...and what a year it has been!



Our plans thus far include having two- to three meeting times with good breaks in between. And perhaps we'll have time in the evening – if we wish. We know zoom sessions need to be time limited to keep our energy fresh and vital; and we also know that break out groups can work well to change things up and increase connection and intimacy. Those of us on the General Circle are planning intentionally to have light and humorous play times interspersed throughout our day. Have a one-person zoomable skit to offer? Are you able to play the harp in those serious, disconsolate times during our on-line discussions? Are you *the* one whose cat took over their Zoom ID? Bring your own talents and year of truth along to the meeting!

We hope you will join us. There is plenty of good news to share and some important decisions to be made. This meeting is all about us---each of us individually and of our collective-- your input and thoughts are what make our Goodenough world go round. We will send out the Zoom invitation about a week prior to the meeting. We hope to see you then.



Women's Gathering Saturday April 10

It has been more than a year since our last in-person meeting as women. Do you, like me, miss the companionship and intimacy of being in the company of women? Fortunately, we have made the most of the miracle of Zoom and have discovered that even electronically, we women create an atmosphere of nurture and connection.

As we pass the one-year anniversary of the pandemic and look ahead with hope for an end to isolation, I have been reflecting on how different life has become. I wonder about the lasting effects of these changes. How is my own inner world changed by the experience of the **whole** world?

Some of these reflections are gloomy, some are hopeful. And I am cheered, in my isolation, by the signs of spring, more sunshine, warmer weather, flowers shyly beginning to bloom.

Have you also been thinking about the effects of this past year and its many, many extraordinary events?

In the midst of all that is happening, we women of the Goodenough Community have the opportunity to enjoy each other once again via Zoom. **I invite you to join us on Saturday, April 10, from 10:00 a.m. to 1:00 p.m.** for conversation and a chance to share in each other's real lives. Please send an RSVP to Elizabeth Jarrett elizabeth.ann.jarrett@gmail.com

PS - On Saturday, May 8, in lieu of our annual women's weekend, we'll share a Zoom-Day together. It will be an extended program with a long lunch break. Closer to the day we'll send out the times. Meanwhile, please mark your calendar and set aside the day for a joyous and replenishing time with women.



Third Age

Our next Third Age gathering is set for Friday, **April 16 at 7:00**, and we hope you'll be able to attend. Last time we had a short video talk by Jane Fonda referring to this stage of life as the "Third Act." How is your Third Act going? What's been happening in your life that you'd like to share? Our meeting will begin on Zoom at 7 p.m. and the Zoom link will be sent out on Friday. Looking forward to seeing you. Warm regards, Kirsten and Joan



Save the date!

This summer's Human Relations Laboratory will be August 8 to 14, 2021.

We're praying on an in-person Lab. Hope you will join. Let Elizabeth know of your interest.



One of Sahale's beautiful Hellebore.

Picture by Elizabeth Jarrett-Jefferson





Mindful Mike's Blog: Responsible Community

Mike deAnguera

Lovers come and go but friendship always stays. That just came to me this morning. Do lovers really understand what true love is? Often times I don't. Notice once again I am coming from my own experiences. I have mentioned before that romance is illusion. I am not seeing and loving you as you really are rather what I imagine you to be. Sooner or later this illusion is going to be shattered.

Romance is planted in shallow soil. It will blow over easily. But true love growing out of a longstanding friendship is planted deep in the ground. The ground? That's community, especially a community where friendship and love are taken seriously as a discipline. A community can actually ground me in a way strangers can't.

Last week a group of us went hiking in National Forest along the Duckabush River. Included were Joshua DeMers, Marley Long, Presley Harrington, and Atlas Cooper, as well as myself. Round trip was about 7 miles with over 2800 feet elevation gain.



This is the first time I have ever hiked with a group of young people. Usually, I have hiked with my brother Paul and his wife Pat. They all helped me adjust my pack and gave me a hand when I had trouble getting over some fallen trees along the path. They always waited for me to catch up. We supported each other on this hike as good friends. I am not sure this would have happened with a random group of hikers. We know each other really well and love doing things together.

The closest I came to experiencing our kind of community was in the military. When I was in stationed in Iceland a group of us went on a trip to a Navy lodge with Icelandic ponies. We all had a good time. Another time I went with two guys to London, and it was my first trip to the city.

Learning to be responsible for each other is part of our discipline. This is something I won't take for granted. Notice I didn't use the word 'shouldn't.' Community needs to be a free choice from a very deep level.

Yesterday when I went to the dentist, Presley came with me to buy some things at Safeway. On the way back we stopped at a public pier. Three boats were tied up at it and it offered a beautiful view of Hood Canal. If Presley had not been with me I would have driven past just like before. I had no idea if they even had public parking.

It is common for us to do errands for each other when driving into town. This too helps build community.

By contrast when I think of dating outside our community the people I am with won't have a common community background and nothing to build a relationship on.

Drai Schindler and Theresa Jacobson are talking about taking me to Long Beach, Washington. That's something I have never done with these two friends before. That is quite an experience, something to put me nearer to heaven like this glacier in the Olympics. This really is a special place if it inspired early explorers to think of Olympian Greece.



SPEAK UP

Now we (members and friends of the Goodenough Community) are **taking a stand for love and equality over all the expressions of racism and injustice and inequality against Black people. We, as mostly white, will educate ourselves and learn to make a difference. We will continue to speak out about the racial injustice in our country.**

The Kind of Heroes We Need to Actually Save the Planet

Rena Priest excerpted from Yes magazine

Storytellers are the makers of culture and the shapers of consciousness. The word "author" is from the Latin word auctus, which translates literally to "one who causes to grow." As storytellers, we plant beliefs that blossom into the structure of the world. In these times, we need a new structure—a narrative built on climate justice.

Think of all the books you've read, the movies you've seen, the male voices who've spoken to you from pages and screens. Think of times when athletes, celebrities, and fictional characters have been your heroes. Did they look like you?

Elvis Presley once said, "When I was a child, ... I was a dreamer. I read comic books, and I was the hero of the comic book. I saw movies, and I was the hero in the movie. So every dream I ever dreamed has come true a hundred times." He identified with heroes who looked like him. He grew up to be the King.

For millennia, storytellers have written about the hero's journey to celebrate men (particularly men of means or athletic ability) and to uphold the status quo. They become heroes by vanquishing villains who are almost always Brown, foreign, or feminine. The fight for climate justice requires a shift away from stories that elevate the White, male warrior or protector. In these times, the war they are fighting is not against the forces of evil. These supposed heroes today are fighting against the forces of change—much-needed change. Though the faces they're fighting are the same.

What if none of the heroes in books or movies ever looked like you? What if you always resembled the villain? What if you and everyone else in the world believed in that vision, so when you placed your Brown body in front of a wall of armored police, by default you became the villain and the police became the heroes? And when you cried out from your Brown face, "Water is life!" Your

message was not heard as a profound truth, but as defiant madness to be put down. When they tear gas you, turn fire hoses on you, and beat you on live TV, then take you to jail, society looks on and believes justice is being done. This is the tragedy we are living.

Climate protesters are collectively identified as agitators. At the same time, cops are seen as heroes based solely on their chosen occupation. Changing the mythology requires changing how we identify a hero.

As Winona LaDuke said, "Someone needs to explain to me why wanting clean drinking water makes you an activist, and why proposing to destroy water with chemical warfare doesn't make a corporation a terrorist." You may have seen this quote before. It's made the rounds on the internet, but it bears repeating. Every advertiser knows the power of repetition. If you have the money or leverage, you can repeat your message a hundred times an hour. You can repeat it until everyone gets it and buys what you're selling.

As a culture, we need to learn to celebrate climate defenders as heroes. We need stories that reflect the Brown, foreign, and female among us in a positive light so that their strength is passed on to those who might be inspired to become real heroes. This is how climate defenders, as the heroes they are, will truly save the world.

The "Indian" Story

Fifty years ago, the taming of the Wild West was among the most widely told stories on the planet. On any given weekend, a boy could turn on the TV and see his blue-eyed hero gun down Indians in the street. Classic movie networks rerun these stories in movie marathons so you can watch White men protecting their townsfolk from "savages" all day long. Repetition is how the cowboy and Indian story was sold to the generation of baby boomers who now govern.

Yes, it's fiction, but it's also the only representation of Indigenous identity that some people have encountered. Duncan McCue, creator of the journalist's guide to "Reporting in Indigenous Communities," was once told by a tribal elder that the only way an Indian would make news "is if he or she were one of the 4Ds: drumming, dancing, drunk, or dead."

To correct this, and to better steward this planet on which we depend, we must tell stories that celebrate Indigenous world views and values. And then we must repeat them, not just during Indigenous history month, but all day, every day, all week, every week, all year round, every year for decades, until the oversold fallacy that nature must be subdued and “settled” is dispelled and replaced by the truth that nature must be restored and protected.

Elevating Indigenous voices addresses the climate crisis because Indigenous issues are environmental issues, which are human rights issues. When tribes win fights against pipelines and coal trains, your rights to a healthy sustainable world are protected too. When the rights of nature are restored, your rights are restored too.

Scientists usually categorize Indigenous cultures as “hunter-gatherer” societies, but the truth is that before ecological disruption wrought by newcomers, we were more like permaculturists. The Earth cultivates a beautiful variety of sustenance. Before nature was “conquered,” it provided a prosperous way of being, which required a civilized amount of effort together with a deep understanding of the behaviors of native flora and fauna. To be reliant on delicately balanced ecosystems requires an understanding that the consequences of disrupting the balance are hunger, or struggle, or death.

Collective Heroes

We fight to protect our treaties and the environment because our traditional stories tell us that we are a part of the environment and that people exist within a finite set of circumstances. Part of maintaining those circumstances is celebrating the heroic sacrifices of the beautiful plants and animals that give themselves as food. Yes, salmon as a collective can be heroes, too. And why not? They embody all the characteristics that qualify a hero as worthy of celebration.

Adventurous and brave, they swim from the shallows of their natal rivers out into the perils of the open ocean where their bodies soak up the rich nutrients of the sea. Persistent, resilient, and strong, they swim upstream against swift currents for hundreds of miles to return home to spawn and complete the cycle of life. When they die, the marine-derived nutrients are transferred from their bodies to all the animals, insects, soil, and plants of their original forest home. In this way, their hero’s journey powerfully transforms barren inland landscapes into lush ecosystems. They are a keystone species, meaning without them, the whole system could collapse.

How can storytellers shift global perspectives to make us love salmon and pollinators and clean water more than we love John Wayne or Tony Stark? Keystone species are the heroes we need and should turn to.

People say the youth will solve the climate problem. But if we let matters play out as we wait for our children to create a cultural shift, we are shirking our responsibility to their future. We are also ignoring the risk that climate disasters will become so normalized in their lives that they may not feel a need to take up the mantle of an unsung climate hero, especially when they have only upholders of the status quo as role models.

Renowned Nisqually hero Billy Frank Jr. said, “We have to work together, all of us. ... In the status quo we don’t have long. We have to somewhere make a transition.”

Collectively, we can embody a new type of hero that challenges mainstream iconography. We can begin by embracing mythologies aimed at exalting environmental sustainability and social equality in order to have heroes who truly do save the planet.



RENA PRIEST is a writer and enrolled member of the Lhaq’temish (Lummi) Nation. She is a National Geographic Explorer and holds an MFA from Sarah Lawrence College. On April 1, 2021, she was named the Washington State Poet Laureate, making her the first Indigenous person to hold the title. Learn more at renapriest.com.



Now Updated through June 2021

Programs and Events of the Goodenough Community

*Because of our unpredictable times,
dates and descriptions shown represent our plans for now.*

What makes community meaningful and fun? The richness of life in community comes in many ways – getting together informally over a meal ... celebrating a significant birthday with long- time and new-found friends ... working together in a creative endeavor ... collaborating during a work party ... thinking deeply with others about what it means to be fully alive and connected with ourselves, each other, and Spirit ... and more.

Of course, community is about adapting to change, and that has been the case with the pandemic as we have adapted many of our ways to connecting, many of which are via Zoom.

Throughout the year our intention is to offer programs that help you participate in your own development, learn about relating well with others, and help you discover your potential to have a good time in life and with others.

Information about programs and upcoming events can be found on our website: www.goodenough.org



The Goodenough Community’s governing body, the General Circle, meets twice monthly, 7:00 PM, via Zoom. Below are dates for our spring meetings:

- April 12, 26
- May 10, 24
- June 14

For additional information, contact [Elizabeth Jarrett-Jefferson](mailto:Elizabeth.Jarrett-Jefferson@goodenough.org)



The Women's Program is a long-established and ever-growing way for women to enjoy each other's company, learn about themselves as women, and even perhaps to experience the Divine Feminine.

Saturdays, 10AM to 2PM:

- April 10, Saturday
- May annual gathering – May 8, extended day event.

Times TBD. For more information, contact [Hollis Ryan](#).



The Third Age - Those age 60 and older have been gathering monthly, Friday evenings, 7:00 PM. With the pandemic, meetings are virtual. Contact [Kirsten Rohde](#) for more information.

- April 16, 2021 May 21

The Men's Program - Our Men's Circle is an expression of brotherhood and practice with wisdom, gathered from own lives, other men's work advocates and the founders of this circle. A weekend is planned from June 4 & 5, 2021.

Pathwork, a Program of Convocation: A Church and Ministry – Pathwork offers you a spiritual home in which to rest and to share your heart and mind as you move through these unpredictable times. We come together under the leadership of Pastor Colette Hoff and find support and encouragement as we clarify our personal goals and develop the practices we choose for a spirit filled life, gaining wisdom from the world's faith & wisdom traditions. All are welcome to join. Meetings are held via Zoom on alternate Sundays from 7pm to 9pm. Contact Colette: hoff@goodenough.org for Zoom information.



- April 11 and 25
- May 9 and 23
- June 13



True Holidays Celebration, Saturday, December 4, 2021

We are planning our 2021 event! Hold this date on your calendar. We traditionally hold this event on Mercer Island. Stay tuned for details.



Human Relations Laboratory, August 8 to 14, 2021

This intense and joyous week-long event is a communal experience of personal growth and relational development within a rich culture with art, music dance, song, drama and more. This summer we will celebrate 52 years! Contact: Colette Hoff, hoff@goodenough.org

Work and Play Parties throughout the Year. Traditionally, the Goodenough Community sponsors work parties over Memorial Day weekend as well as other times to express gratitude for the presence of our beloved retreat center, Sahale, and to experience the satisfaction of playing and working together. Please email hoff@goodenough.org with questions during these times of the Pandemic.



Quest: A Counseling and Healing Center



Our belief is that mental and emotional health is a prerequisite for spiritual wellbeing, collaboration, and the expression of compassion. Quest's counseling and education programs, open to all interested individuals, focus on empowering individuals, couples, and family groups to be happier and more effective in relationships. *Call Colette (206-755 8404) if you find you need to talk out your feelings about the pandemic.*

Local Advertisements



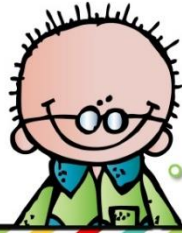
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Responsibility

Take obligations seriously.
Be accountable for your
own actions and attitudes.



You can count on me to
do my job the right way!
When I mess up I don't
make excuses. I do what I
can to make it right!