

reliability

/re·li·abil·i·ty/ *noun*

Being able to be trusted to do what is expected or has been promised.

THE VILLAGE VIEW

NOVEMBER 18, 2020

Colette Hoff, editor

Rely, Reliability

Colette Hoff

Hooray for the creativity of Pam and Elizabeth Jarrett-Jefferson! Their quick trip to Europe and Asia produced a very inspiring eView issue. To join or not to join is a great question and Pam's poetry describes so well the cost of not joining.

I was in a rather intimate conversation with a friend and we talked about relying on others and being reliable. To trust and be trusted require the ability to *rely* which means to able to depend confidently. The dictionary example provides my point, "Can I rely on your support?" In community life, relying on others can be challenging for the untrusting. Trust increases through relationship. An untrusting relationship has little connection, and a conscious decision is required to move toward a relationship of trust. Good communication skills, offers of caring, and actually all the aspects of kindness – *honesty, warmth, forgiveness, connection, sense of belonging, trust, mindfulness, empathy, humility, patience, generosity, respect, flexibility, memory, loyalty, gratitude, service and joy*—build relationship.

Reliance on others needs a big dose of humility to be willing to ask for help. As humans, we are not intended to take care of all aspects of life alone although ego likes to imagine it can take care of it all! Kindness is especially necessary when asking for help.

On-Line News of the Goodenough Community System

The American Association for the Furtherance of Community
Convocation: A Church and Ministry / Mandala Resources, Inc.
Sahale Learning Center / The EcoVillage at Sahale

Recently, I've had many situations that have needed me to *rely* on others to show up and provide their expertise. And, I haven't been let down. Relationships zing when we show up for and with each other.

Consider asking for help intentionally from someone you trust. Notice how it goes and what you learn about their reliability. You might also ask someone for help that you don't have a history of trust. Do you have a bias going into the experience because they let you down once or twice?

To be reliable is earned and to rely on someone requires trust.



A Native American Prayer of Thanksgiving

O Great Spirit, Creator and source of every blessing, we pray that you will bring peace to all our brothers and sisters. Give us wisdom to teach our children to love, to respect and to be kind to each other. Help us to learn to share all the good things that you provide for us. Bless all who share bounty. We ask a special blessing on those

who are hungry today. Help us to be just and to bring peace to all the earth. Praise and thanksgiving be to you, Creator. And I am adding, bless all who are grieving the loss of loved ones from the pandemic. Amen (author unknown)

This is such a different year and I hope you have things to be thankful for. Likely, usual traditions won't be happening, yet you can make the most of where you are. Blessings for the day to be thankful for family, friends, community. Love Colette



Awakening to the Precious Present: A Virtual Meditation Retreat

Participants of the retreat might agree with this quote and would describe feeling lighter and calmer at the conclusion to the experience. Most all agreed that meditation is good for us!

*It only takes a reminder to breathe,
a moment to be still,
and just like that,
something in me settles,
softens, makes
space for imperfection.
The harsh voice
of judgment drops to a whisper
and I remember again
that life isn't a relay race;
that we will all cross the finish line;
that waking up to life is what we
were born for.
As many times as I forget,
catch myself charging forward
without even knowing where I'm going,
that many times I can make the choice
to stop, to breathe, and be, and walk
slowly into the mystery.*

*~Danna Faulds
(poet and yoga teacher)*

And a haiku from Bruce:


Sharing space not place

Welcoming stillness inside

Zooming on cushions

Thank you for a fine retreat weekend! Bruce

Pathwork—November 22

 The Pathwork Circle (Pathwork is a program sponsored by Convocation: A Church and Ministry) is currently meeting on Zoom and find that the circle brings connection and encourages reflection on our inner life and spiritual development. We come together under the leadership of Pastor Colette Hoff and find support and encouragement as we clarify our personal goals and develop the practices, we choose for a spirit filled life, gaining wisdom from the world's faith & wisdom traditions. Currently, Pathwork meets via Zoom every other Sunday evening from 7:00 to 9:30 PM. You are welcome to join this circle of fellowship, **Sunday, November 22, our next virtual gathering.** Please email Colette at hoff@goodenough.org to get access information to the Zoom call and register your interest.



Acknowledging the Holidays, Virtually December 20, 2020

Many community members have asked about a holiday-focused zoom experience. Sunday evening, December 20 at 7:00 pm will feature holiday carols with a chance to connect. The Lifeways Circle will present a program that will inspire, enable celebration, and recognize the light and love of the season. We hope you will consider joining.



Love is the will to extend one's self for the purpose of nurturing one's own or another's spiritual growth.

Love is as love does.

Love is an act of will — namely, both an intention and an action.

We do not have to love.

We choose to love.

~M. Scott Peck
(1936 -2005, Psychologist)





Now we (members and friends of the Goodenough Community) are taking a stand for love and equality over all the expressions of racism and injustice and inequality against Black people. We, as mostly white, will educate ourselves and learn to make a difference. We will continue to speak out about the racial injustice in our country.

A Provocative Film Series

Brought to us from Deborah Cornett

I have been listening to a fascinating series of lectures from Stanford University about African American history on YouTube. It is a series of 18 lectures by a Stanford professor, who organizes the information based on key political leaders within their historical context. The lectures end about 2002, and include interviews and lectures by key individuals from the Civil Rights movement. These lectures may be helpful to the Goodenough community's commitment to learn about African American history and concerns.

Type in: stanford university African American history and the lecture series should come up. The professor, Clay Carson, has also written several books as well.

Thanks for considering this topic. Deborah

And from the web site:

This course introduces the viewer to African-American history, with particular emphasis on the political thought and protest movements of the period after 1930, focusing on selected individuals who have shaped and been shaped by modern African-American struggles for freedom and justice. Clayborne Carson is a professor in the History Department at Stanford University.

Complete playlist for the course:

http://www.youtube.com/view_play_list?p=40E11D5C66CAC48C

Thank you , Deborah





Mindful Mike's Blog: Reliable

Mike deAnguera

Let's see....it is mid afternoon on a Wednesday and.....it is...dark. So dark street lights often stay lit during the day. Have I forgotten how dark and wet our fall and winter seasons can be? Let's just say I have chosen to forget. Of course I do have a pillow reminding me to take one day at a time. I want to do it all at once. That's why I can eat a whole dinner in 5 minutes.

Okay. This week the topic is Reliability. Am I a reliable person? Yes. Most of the time. Of course I did forget to call my brother Paul this Monday like I am suppose to. My mind must have been on other things. Okay so this is a reminder to me to be more mindful about how I do things. This helps me be more reliable. I can't be reliable unless I am mindful.



Menard's Landing on a perfect sunny fall day. Everything seemed just right. Even this piece of driftwood had the most perfect lines – hundreds of them. So many I could only draw a few of them to suggest driftwood. The Divine is the most perfect artist, drawing a 3 D object with such detail. The driftwood is perfectly decaying.

What ever grows eventually dies. By design. A perfect world where humans find a place with all the other creatures.

Actually we use our powers of creation to create a place for ourselves. Well, we delegate that to our ruling elite. Everything in my tiny house was created by

corporations except for the rugs hooked by my dad many long years ago. Evidently I trust them to meet my needs. They have not always been reliable.

If God is perfect in every way and always reliable then I should trust the Divine for everything in life. In order for that to be true I need to understand why I am on this Earth in the first place.

Is it possible God has put himself in my shoes and is asking the same questions I ask? To be a mortal being – many thousands of them? That God would actually want to be born into a mortal body and die? To be Mike?

I can only feel like Mike, never anyone else. Especially God. Yet God can feel like me. I am playing a character role as reliably as I can as Mike. I trust myself to do this.

The universe works. Therefore I can feel safe and at home in it. It is reliable. We acknowledge this in the last line of our Covenant.

Tribal people have always trusted the Creator and the Earth Mother. They are always reliable.

Why are there hurricanes, illness, old age, and death? I came to be challenged by adversity of all sorts. Adversity is here by design. Otherwise a mortal lifetime serves no purpose. Even adversity is reliable. I can always count on it walking with me all through life. How about Life with a capital L?

Life is extraordinary and should never be seen as ordinary. For me most of what I see is mystery which science can't explain.

Maybe Life does not always have to be reliable. It is impossible for Life to be an adventure if it is always predictable.

Here is Mojito, a Honda. In order for Mojito to be reliable he has to be maintained just like our other equipment. In this case it is taking not only the efforts of Pam Jarrett-Jefferson but also Cody and Cooper.

Mike, we appreciate your reliability, thank you!





An opportunity to hear Steve Ghan, our climate change authority!

Common Ground on Climate Change

Steve Ghan

I know this is late notice, but I just got the Zoom link to this presentation to the Mason County League of Women Voters.

Time: Thursday Nov 19, 2020 03:00 PM Pacific Time (US and Canada)

<https://us02web.zoom.us/j/83691297057?pwd=Qk9lUDIQTpQRytLZjVvYyYIR6cWdGUT09>



Programs and Events of the Goodenough Community

*Because of our unpredictable times, dates and descriptions shown
represent our intention.*

What makes community meaningful and fun? The richness of life in community comes in many ways – getting together informally over a meal ... celebrating a significant birthday with long- time and newfound friends ... working together in a creative endeavor ... collaborating in a work party ... thinking deeply with others about what it means to be fully alive and connected with ourselves, each other, and Spirit ... and more.

Of course, community is about adapting to change, and that has been the case with the pandemic as we have adapted many of our ways to connecting, many of which are via Zoom.

Throughout the year our intention is to offer programs that help you participate in your own development, learn about relating well with others, and discover your potential to have a good time in life and with others.

Information about programs and upcoming events can be found on our website: www.goodenough.org



The Goodenough Community's governing body, the General Circle, meets alternate Monday evenings, 6:30 PM, via Zoom. Below is date for our fall meetings:

December 7. For additional information about dates, contact Elizabeth Jarrett-Jefferson, elizabeth.ann.jarrett@gmail.com



The Women's Program is a long-established and ever-growing way for women to enjoy each other's company, learn about themselves as women, and even perhaps to experience the Divine Feminine. For more information, contact [Hollis Ryan](#). Our next Zoom gathering will be in January.



True Holidays Celebration, Saturday, December 5, 2020

We will not hold this celebration this year due to the COVID pandemic.

However, we intend to find ways to connect in other ways and honor the intentions of this annual event. Stay tuned for details.



The Third Age - Those age 60 and older have been gathering every other month, Friday evenings, virtually since the pandemic.

Contact Kirsten Rohde for more information: krohde14@outlook.com

The Men's Program - Our Men's Circle is an expression of brotherhood and practice with wisdom, gathered from own lives, other men's work advocates and the founders of this circle. Stay tuned for additional information.



Pathwork, a Program of Convocation: A Church and Ministry – Pathwork offers you a spiritual home in which to rest and to share your heart and mind as you move through these unpredictable times. We come together under the leadership of Pastor Colette Hoff and find support and encouragement as we clarify our personal goals and develop the practices, we choose for a spirit filled life, gaining wisdom from the world's faith & wisdom traditions. Currently, Pathwork meets via Zoom every other Sunday evening from 7:00 to 9:30 PM. You are welcome to join. Contact Colette: hoff@goodenough.org for the Zoom link. The remainder of the fall 2020 dates are:

- November 22

□ December 6 and 20



Work and Play Parties throughout the Year. *Traditionally*, the Goodenough Community sponsors work parties over Memorial Day weekend as well as other times to express gratitude for the presence of our beloved retreat center, Sahale, and to experience the satisfaction of playing and working together. Please email hoff@goodenough.org with questions during these times of the Pandemic.

Quest: A Counseling and Healing Center



Our belief is that mental and emotional health is a prerequisite for spiritual well-being, collaboration, and the expression of compassion. Quest's counseling and education programs, open to all interested individuals, focus on empowering individuals, couples, and family groups to be happier and more effective in relationships.

Call Colette (206-755 8404) if you find you need to talk out your feelings regarding the panemic crisis.

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