

Village eView

June 26, 2019
Colette Hoff, Editor

COMING UP
Pathwork Circle, July 14
General Circle, July 15
Human Relations Lab, August 4-10

I recently read a book with the title, *Audacity*. It is the real-life story of Clara Lemlich, whose fight for equal rights led to the largest strike by women in American history. Clara was a spirited young woman who emigrated from Russia to New York at the turn of the twentieth century and fought tenaciously for equal rights. *Audacity* is the story of a remarkable young woman, whose passion and selfless devotion to her cause changed the world. Author, Melanie Crowder told the story in verse adding to the audacious nature of Clara Lemlich.

As I read this book, I kept thinking of the powerful people running for political office and their drive and courage to keep pushing ahead for change. Closer to home, Mike DeAnguera describes well the audacious nature of intending community and establishing Sahale. And he's right, the Human Relations Laboratory has been designed to be audacious in enabling change and expansion within a safe environment and developing courageous, adventuresome, daring effective people. An article is included to help us increase our audacious attitude. **Notice how the word works for you!**

Also included in this issue is a brief article about the Skokomish people who were here way before we were here. Sent to me by a member of the 350 Seattle group, the original settlers

On-Line News of the Goodenough Community System

The American Association for the Furtherance of Community
Convocation: A Church and Ministry
Mandala Resources, Inc.
Sahale Learning Center
The EcoVillage at Sahale

were from the Twana people and were called people of the river.



10 ways to be audacious (and change the world)

By Tom Peterson

The meek have never changed the world.

If you want to make the world better, give yourself permission to be bold, learn to be audacious. Daring and audacity for their own sake make no sense. But to address today's urgent challenges half-hearted actions are not enough. Move toward bold goals and seize the opportunities that unexpectedly present themselves. This combination of audacity and world change will also transform your life.

I once visited the compound in New Delhi where Mahatma Gandhi had lived. I looked into his roped-off room, almost empty, with a spinning wheel, a sleeping mat. It was inspiring just to be there. Later I learned that in 1959 Martin Luther King, Jr. had gone there, too. But his visit was a bit different, as **described** by historian Vijay Prashad:

He was moved by the space where Gandhi sat, now cordoned off from the public. King wanted

to go and sit in the room, among Gandhi's remaining objects. The Museum's curator was hesitant, but could not refuse a State guest. King meditated on the floor, where Gandhi once did. Hours went by. The curator asked King's companions when they planned to leave, since he had to close the Bhavan. King asked if he could stay the night, by himself, and sleep where Gandhi had slept. The curator, once more, had to allow his guest this privilege. King did so, to the discomfort of his friends.



The next morning, King wrote in the guest book, "To have the opportunity of sleeping in the house where Gandhiji slept is an experience that I will never forget."

King's audacious request took his experience to a different level — just like the rest of his life. He embodied audacity in what he dreamt and in how he lived.

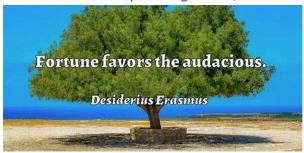
Most of us aren't naturally bold. Fortunately, audacity is an attitude to be nurtured and a skill that can be learned. Audacity for its own sake is not the point. It's not about being loud and wearing a large yellow hat to stand out in the crowd (although if you want to do that have fun).

But to accomplish anything worth accomplishing you'll need some audacity. And, as Eudora Welty observed, "All serious daring starts from within."

- Start with a goal and move toward it step by step. Identify how you'd like to be more daring and think of a few steps to begin. To become a powerful speaker, commit to making a presentation that's beyond your comfort level, even if it's to just a half-dozen people. Invite that person you admire or would like to meet to join you for a cup of coffee. Send a bold email. These actions may not sound daring but boldness is a skill and an attitude that grows with practice.
- Move past hesitation. You find yourself thinking, this is what want to do but then you hesitate and don't act. Those microseconds of indecision occur throughout our day and, while small, they can define us. When moments of hesitation arise, seize the opportunity, flex your muscles and do that thing that moves you toward your goals.

EARN THE RESPECT
OF OTHERS BY
HAVING THE
AUDACITY TO BE
YOURSELF

- **Break the Rules.** The Dalai Lama said, "Know the rules well, so you can break them effectively." King knew he wasn't allowed in that room and certainly wasn't allowed to sleep there overnight. Enjoy the playfulness and freedom of coloring outside the lines. It's more fun, more exciting, more alive. It's also where most growth and discovery happen.
- Act as if you're already like how you'd like to be. Invent yourself. Name your dream and claim it by showing up. Live into a bolder way by pretending. If you want to be a writer, write. If you want to be an activist, go to the marches. If you want to make a statement, don't wait until you have the perfect words (you never will), just make it. Yes, it will feel awkward, do it anyway. Create a story with your life. Anais Nin said "Life shrinks or expands in proportion to one's courage."
- Master that area you want to learn about. It will be hard at first, like learning a new instrument, and may feel awkward until you've got some practice behind you. Lean in intellectually, do the research, learn the skill. "Every great advance in science has issued from a new audacity of imagination," said John Dewey.

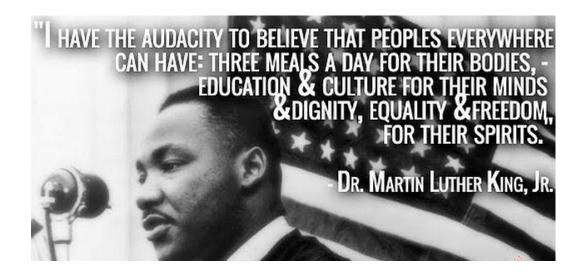


- Talk with strangers. What's their story? Make the effort to meet the people you'd like to know, listen to anyone, get out there to mingle.
- **Do something, anything!** Don't wait for an invitation, jump in and be daring.

"Fortune favors the bold," says the old Latin proverb. The bold are constantly moving, and the more you do, the more opportunities present themselves.

- Question authority! If the establishment had its act together we wouldn't have these problems, right? Reacting to a sense that Apple was getting too bureaucratic, Steve Jobs led the Macintosh team to an off-campus skunkworks workspace where they flew a Jolly Roger flag. Their motto: "It's better to be a pirate than join the navy!"
- Have fun! While much of world change activity is serious, having some fun can bring
 energy to the cause. As Helen Keller said, "Life is either a daring adventure or nothing."
- **Reframe your thinking.** Meek and mild, half-hearted actions will got get us where we need to go. Boldness is a skill or attitude that can be developed, learned. Shift from "boldness is scary and dangerous" to "boldness is a life-affirming adventure."

To meet the urgent needs of our time, we will need to be audacious, daring. Rosa Parks didn't have tired feet; she had audacity. So did Benjamin Franklin, Nelson Mandela, Gloria Steinem, Margaret Mead, and pretty much anyone who's ever made a difference, big or small.







People of the river

Culture and History

What is now known as the Skokomish Tribe actually was primarily composed of Twana Indians, a Salishan people whose aboriginal territory encompassed the Hood Canal drainage basin in western Washington State.

The tribe's first recorded direct contact with European culture came in 1792 and resulted in a devastating smallpox epidemic that took the lives of many. There were nine Twana communities, the largest being known as the Skokomish, or "big river people." The Twana subsisted on hunting, fishing and gathering activities, practicing a nomadic life-style during warmer weather and resettling at permanent sites during the winter. Twana descendants live on the Skokomish Reservation, and all have become known as the Skokomish Tribe.

Between 1900 and 1960 the Tribe faced many difficulties. Sometime around 1900, a tycoon from Tacoma acquired the land between the west channel and main channel in the mouth of the Skokomish River. His subsequent diking and ploughing resulted in the loss of various plant species, including the sweetgrass used by the Skokomish for their basketry. At about the same time, the Tribe's shellfish gathering activities were severely restricted due to the State of Washington's claims of jurisdiction over tidelands. Furthermore, the City of Tacoma, between 1926 and 1930, constructed two dams on the North Fork of the Skokomish River, resulting in the destruction of important cultural sites and increased restrictions on the Tribe's saltwater access. Finally, Potlatch State Park was opened in 1960 on a prime piece of shoreline property. All of these actions have been the subject of land claims brought by the Skokomish. An award of about \$374,000 in 1965 was directed toward the purchase of a fish processing plant, as well as toward tribal housing. In 1974 the Tribe was successful in regaining disputed fishing rights through the Boldt Decision.

Today, many tribal members continue to work within the region's fishing and logging industries. In an attempt to diversify its economy, the Tribe has purchased property for economic development and resource enhancement, as well as for housing. The Tribe operates its own businesses including a tribal hatchery and a gas station/convenience store. As for traditional culture, a number of ceremonies that had been dormant for 70 years or more were reestablished during the late 1970's and early 1980's. Traditional basketry, carving and dance projects represent other facets of the reemerging interest in traditional arts of the Skokomish Reservation.





50th Annual HUMAN RELATIONS L A B O R A T O R Y

Sponsored by the Goodenough Community

AUG 4 to 10, 2019

How to Live in Heaven, HERE!

Lab feels like heaven – right here and right now. Heaven is not a location but a state of mind, an attitude of AWE and WONDER. We can create heaven inside ourselves through spiritual and psychological development, and between and among individuals through relationships, collaborative circles, and the culture we create together.

FOR SEVEN DAYS YOU CAN:

- Practice radical openness in a safe context
- Connect deeply with others who are also growing themselves
- Dissolve barriers to love
- Enjoy creative expression of all kinds
- Live in the natural world, explore freedom and energy, and live in the present

\$750 | The Lab fee includes accommodations and learning materials.

Special rates available for groups of three or more, seniors, students, and interns.

Please consider an additional tax-deductible donation to the scholarship fund. Thank you.

To learn more, call (360) 275-3957 or visit: www.goodenough.org/lab

Click Here to Register

Click Here to Visit our Site

Space is limited, register now. www.goodenough.org/lab

Held within the magical 68 acres of Sahale Learning Center, on the Kitsap Peninsula.



Kirsten is turning "70"!



A picture of the gathering before Kirsten's dinner in the courtyard at Sahale!



The Bistro at Lakeland Village in Allyn turned out to be a wonderful venue for Kirsten's celebration. Chef Brandon and his partner Melissa, took special care of all of us.





You are welcome to join with others at Sahale to celebrate the holiday. Sahale Summer Camp is over on July 3. Come any time after 3:00 p.m. and stay through Sunday, July 7. Come relax, spend time in the river or hot tub, enjoy good conversation and good food!

RSVP! Please email Elizabeth at elizabeth.ann.jarrett@gmail.com and let her know your plans: when you are coming, when you are planning to leave and how many in your party.

Tahuya Day Celebration & Parade Saturday, July 6, 10am to 4pm

Tahuya Community Club presents this unique celebration, featuring a fun-loving parade at 1 pm

with everything from pirate ships to water cannons, horses, classic cars, and more. (Irene Perler is helping out at the parade this year.) Everyone is invited to participate! Some 2,000 people attend this event which is hosted by the town, celebrating its unique and quirky heritage. It is a major fundraiser for the Tahuya Community Club's North Mason High School scholarship fund. Proceeds from the miniature American flags and raffle tickets sold go toward the \$2,500 fund. Expect many activities for kids,



homemade arts and crafts booths, and live music. Check it out on <u>Facebook</u>. There is also a huge "haggle" sale at our local Episcopal Church.



The difference between a vision and a daydream is the audacity to act

Steven Furtick

Pathwork, July 14

Colette Hoff

Our Pathwork Circle will meet again on **Sunday, July 14th, at 7:00 p.m.** We will be gathering at the home of Barbara, Joan and Jim in Tukwila. The address is 3535 S. 126 Street, Tukwila, 98168. Barbara's cell phone is 206 412-9417.

Pathwork is an excellent context for instituting new spiritual practices, provides support for maintaining current practice, and gives many with a feeling connection so necessary for a good life. Currently, we are exploring the God/Goddess within each one of us and the influences on our spiritual development.







The deAnguera Blog: The Audacious Community





Can you believe there is a community of friends working on their relationships with each other? They actually created a Human Relations Laboratory to do this work. Now that is audacious or bold. This implies a willingness to take risks because we want to be real with each other. We understand the role adversity can play in helping us become stronger.

Look at the results. On the left we are celebrating Kirsten Rhode's 70th birthday. She has been with us a good many years supplying much needed leadership. The Bistro at Lakeland Village was the location for the party where they set aside an upper room for us. Did we have fun? Oh yes! I got to enjoy my usual fish and chips. I feel we are definitely family.

We put the same energy into getting the big white tent up and ready for the summer season including the Human Relations Lab. My, that dance floor required at lot of work. We did it over the course of our Men's Weekend.

Now I am sitting here typing this article as the rainstorm rages outside with thunderclaps. I am in my nice Klahwi bedroom. I feel grateful for the shelter it provides. Thank you Goodenough Community for being audacious enough to acquire Sahale where a number of us have found a home and where now our Human Relations Labs take place.

The world can get better only if groups of people like us take risks. We are the growth points pushing out: the new growth. Without new growth, a tree can die leaving its lifeless hulk behind. New growth is an indication the tree will continue to live.

Sometimes trees do die. Likewise so do communities and cultures. It is possible for an entire culture to become so dysfunctional it can no longer continue. That's why it is important for us to grow a new culture.

Would it not be nice to adapt a culture to work for each of us rather than adapting us to the culture? I sometimes wonder about all the programs to make me faster, more loving, more of something I am not now. But I can only change with help from my friends. They understand me best.

A culture with many small communities would be flexible for each of us. Its hard for a large culture to adapt itself to its people. Many small boats can change course easily but a large ship would find it difficult.

Usually programs are designed to address problems but people are not problems to be solved. We are each living breathing human beings with our own ways of doing life. Smaller communities are better able to deal with us as individuals. They don't reduce us to numbers.

Could a city function as a group of smaller communities? Could these communities make a living as a collective effort rather than forcing us to compete for individual career paths? Now that would be audacious!

More and more people desire something different. That's why communities like ours are becoming more common. People don't always have to make the same choices over and over again if they don't bring good results. But different choices require an audaciousness to break the pattern. As I have discovered this can be very difficult. Worthy goals are always a challenge. That's what's required to change.



Look at us leaning into the white tent to tension it.



Most of the tent crew on Friday, June 21, thank you each! Pedge, who was also on the crew, took the picture!

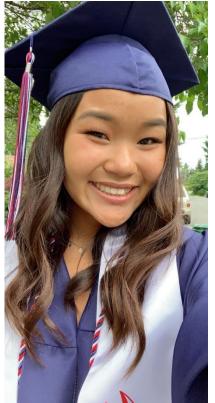


College Graduate Gillen Martin with John Hoff in 2003 at a parade at Lab Congratulations, Gillen!



High School graduate, Mari Scott with her family. Way to go Mari!







Congratulations to Leo Gossett on his retirement, June 28! Two more days Leo, what an accomplishment!

THE LAUNCH FUNDRAISER FOR THE BUKOBERO COMMUNITY HEALTH CENTRE



Please consider a gift through our website:

www.bukoberocommunityhealthcentre.org or through our GoFundMe Campaign, https://www.gofundme.com/bukoberocommunity-health-centre

Imagine living in a community where you have to walk miles to access health care. Now imagine doing that through 5,900 ft hills during the rainy season when 70 inches of rain falls and you are in labor. That is what the people in a remote area of the Bududa District in southeast Uganda have had to do for ten years since a disasterous mudslide destroyed their only health facility.

Now this community is organizing to build a new health center and you can help them! It will be a health center owned and operated by the community it serves. Bringing health care to an area where easily preventable childhood diseases have gone untreated. And, women are giving birth without help from medical providers.





At the "OUR" Ecovillage – in British Columbia September 13 - 15 Friday 2:00pm - Sunday 5:00pm

This conference is an intentional experience of

community. Whether you live in an intentional community / ecovillage / co-housing and are interested in joining or starting one, are a networker or organizer, or are new to intentional communities, this conference will have something for you. Come learn about the intentional communities of western North America, gain skills and understanding for living in and developing intentional communities, and find mutual support and camaraderie with others involved with intentional community. Come celebrate the diverse types of community that exist, expand the potential of increased inclusiveness, and explore Intentional Communities and

Ecovillages and Co-Housing as a model for impacting wider social change. The Goodenough Community is a sponsor for this event!



Spatialist for Hire

Pam Jefferson

Do you need help with organizing a room for more efficient storage and use of the space? Do you need help sorting and organizing your stuff? I can do all of it for you or just give you some ideas for you to work with. My hourly rate is \$25.00. You can reach me at **206 372 9801.**



Programs and Events of the Goodenough Community

What makes community meaningful and fun? The richness of life in community comes in many ways – getting together informally over a meal ... celebrating a significant birthday with long- time and newfound friends ... working together in a creative endeavor ... collaborating in a work party ... thinking deeply with others about what it means to be fully alive and connected with ourselves, each other, and Spirit ... and more.

In the Goodenough Community, we recognize such ways to connect as expressions of living life fully and in communities of all kinds. Throughout the year we offer programs that help you participate in your own development, learn about relating well with others, and discover your potential to have a good time in life and with others.

We welcome your interest and your participation, and hope that you will join us at any – or many! – of this year's events. More information about programs and upcoming events can

be found on our website: www.goodenough.org

The **General Circle** meets Mondays at 6:30 for light dinners & business at hand. The next meeting will be July 15 at the home of Tom George (8708 182nd Place SW Edmonds, WA 98026).

The Women's Program is a long-established and ever-growing way for women to enjoy each other's company, learn about themselves as women, and even perhaps to experience the Divine Feminine. For more information, contact Hollis Guill Ryan, hollisr@comcast.net





The Third Age - Those age 60 and older have been gathering every other month, Friday evenings in Seattle. Stay tuned for the next meeting date! Contact Kirsten Rohde for more information: krohde14@outlook.com

The Men's Program

Our **Men's Circle** is an expression of brotherhood and practice with wisdom, gathered from own lives, other men's work advocates and the founders of this circle.

Our next gathering begins soon, **June 21 to 23** at Sahale. We'll be having our annual spring Event Tent Raising and Men's Retreat. Bring your gloves, your spirit of collaboration and a story to share about life and being you.



For more information, contact: bruce perler@hotmail.com



Pathwork, a Program of Convocation: A Church and Ministry On alternate Sunday evenings an interfaith circle of practice meets between 7:00 and 9:30 PM under the leadership of Colette Hoff. This is a time to learn together about our personal development, to talk out our chosen practices for the development of a spirit filled life, and to learn the skills of joining with others in service. Gatherings are in Seattle, the next one is July 14. Contact Colette Hoff for more information: hoff@goodenough.org

Summer Camp for Youth

Announcing new dates for Summer Camp 2019: Wednesday June 27 to Tuesday July 3, 2019. Summer Camp is a wonderful opportunity for children 9 to 12 to have a full camp experience in a beautiful setting with loving leadership. Contact: Irene Perler, Irene Perler@hotmail.com

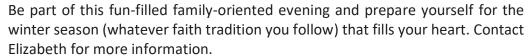


Human Relations Laboratory, August 4 to 10, 2019



This intense and joyous week-long event is a communal experience of personal growth and relational development within a rich culture with art, music dance, song, drama and more. This summer we will celebrate 50 years! Contact: Colette Hoff, hoff@goodenough.org

True Holidays Celebration, Saturday, December 7, 2019





Work and Play Parties throughout the Year

Traditionally, the Goodenough Community sponsors work parties over **Memorial Day** weekend as well as other times throughout the year, to express gratitude for the presence of our beloved retreat center, Sahale, and to experience the satisfaction of playing and working together. Please email hoff@goodenough.org_with information about what may be coming up. It is a great time to bring friends to share Sahale!

ues le le

Quest: A Counseling and Healing Center

Our belief is that mental and emotional health is a prerequisite for spiritual well-being, collaboration, and the expression of compassion. Quest's counseling and education programs, open to all interested individuals, focus on empowering individuals, couples, and family groups to be happier and more effective in relationships. Call Colette (206-755 8404) to make arrangements.

