

# FOLK LORE

## The Village eView

April 19, 2017  
Colette Hoff, Editor



### Coming Up:

**Women's Weekend**, May 5-7, 2017  
at Sahale

**Third Age**, May 12

**Pathwork**, May 14

**Council**. Monday, May 15

### Passing on Lore

Colette Hoff

As John and I were waiting for the 10:20 pm ferry after our Council meeting, I began to research the word *lore* as this week's eView theme. I have the sense that this year's Human Relations Laboratory will be about passing on core teachings central to the Goodenough Community accrued over time: concepts, ideas, ways of thinking, practical wisdom, cultural expression, and so much more. John has taught that so much of learning to be a good human being is "caught not taught." Our Lab leadership is committed to be present and work to be their best Self and deal with whatever might get in the way. The live learning at our recent leadership training demonstrate that skills and wisdom can be transmitted if there is interest in learning, an open heart, lots of questions, and lots of practice. These processes of learning are our *lore*.

As I learned about *lore*, I had to expand to include folk. William Thoms in 1846, put the words *folk and lore* together with a hyphen. As I continued, it is clear that folk lore includes culture: food, entertainment, rituals, traditions, and so much more. Again, this is an area of strength for

### ***On-Line News of the Goodenough Community System:***

**The American Association for the Furtherance of Community**

**Convocation: A Church and Ministry**

**Mandala Resources, Inc.**

**Sahale Learning Center**

**The EcoVillage at Sahale**

our community throughout the year and especially at Lab.

In addition to reading about folk-lore, some links to further resources will be included. An invitation to our annual and traditional Memorial Day weekend work/play party, May 26 to 29 is included. Kirsten writes about the Lab Training weekend. You will also meet our two new residents of our EcoVillage. Bruce is writing about the upcoming Men's weekend June 9 to 11 as well as a project he is working on. And, Mike's blog reflects the lore of Sahale.

### lore<sup>1</sup> (lôr) n.

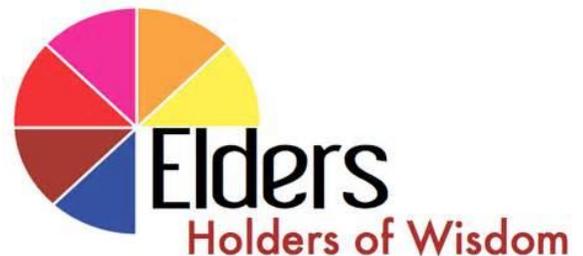
Accumulated knowledge or beliefs held by a group about a subject, especially when passed from generation to generation by oral tradition. See Synonyms at knowledge.

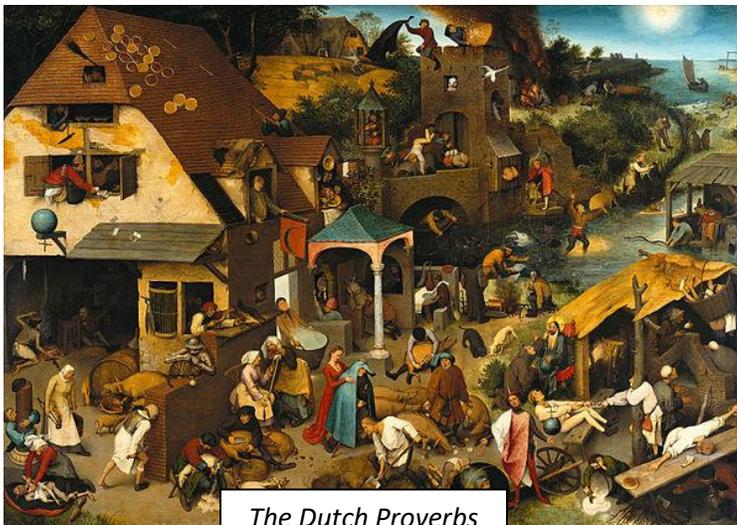
From Wikipedia, the free encyclopedia

**Folklore** is the body of expressive culture shared by a particular group of people; it encompasses the traditions common to that culture, subculture or group. These include [oral traditions](#) such as [tales](#), [proverbs](#) and [jokes](#). They include [material culture](#), ranging from traditional building styles to handmade toys common to the group. Folklore also includes [customary lore](#), the forms and rituals of celebrations like Christmas and weddings, folk dances and initiation rites. Each one of these, either singly or in combination, is considered a [folklore artifact](#). Just as essential as the form, folklore also encompasses the transmission of these artifacts from one region to another or from one generation to the next. For folklore is not taught in a formal school curriculum or studied in the [fine arts](#). Instead these traditions are passed along informally from one individual to another either through verbal instruction or demonstration. The academic study of folklore is called [folkloristics](#).

To fully understand folklore, it is helpful to clarify its component parts: the terms **folk** and **lore**. It is well-documented that the term was coined in 1846 by the Englishman [William Thoms](#). He fabricated it to replace the contemporary terminology of "popular antiquities" or "popular literature". The second half of the compound word, [lore](#), proves easier to define as its meaning has stayed relatively stable over the last two centuries. Coming from Old English *lār* 'instruction,' and with German and Dutch cognates, it is the knowledge and traditions of a particular group, frequently passed along by word of mouth.<sup>[1]</sup>

The concept of *folk* proves somewhat more elusive. When Thoms first created this term, *folk* applied only to rural, frequently poor, frequently illiterate peasants. A more modern definition of *folk* is a social group which includes two or more persons with common traits, who express their shared identity through distinctive traditions. "Folk is a flexible concept which can refer to a nation as in [American folklore](#) or to a [single family](#)."<sup>[2]</sup> This expanded social definition of *folk* supports a broader view of the material, i.e. the lore, considered to be *folklore artifacts*. These now include all "things people make with words (verbal lore), things they make with their hands (material lore), and things they make with their actions (customary lore)".<sup>[3]</sup> Folklore is no longer circumscribed as being chronologically old or obsolete. The folklorist studies the [traditional](#) artifacts of a social group and how they are transmitted.





The Dutch Proverbs

**Transmission** is a vital part of the folklore process. Without communicating these beliefs and customs within the group over space and time, they would become cultural shards relegated to cultural archaeologists. For folklore is also a verb. These [folk artifacts](#) continue to be passed along informally, as a rule anonymously and always in multiple variants. The folk group is not individualistic, it is community-based and nurtures its lore in community. "As new groups emerge, new folklore is created... surfers, motorcyclists, [computer programmers](#)".<sup>[4]</sup> In direct contrast to [high culture](#), where any single work of a named artist is protected by copyright law,

folklore is a function of shared identity within the social group.<sup>[5]</sup>

Folklore began to distinguish itself as an autonomous discipline during the period of romantic nationalism in Europe. A particular figure in this development was [Johann Gottfried von Herder](#), whose writings in the 1770s presented oral traditions as organic processes grounded in locale. After the German states were invaded by Napoleonic France, Herder's approach was adopted by many of his fellow Germans who systematized the recorded folk traditions and used them in their process of [nation building](#). This process was enthusiastically embraced by smaller nations like Finland, Estonia, and Hungary, which were seeking political independence from their dominant neighbours.<sup>[9]</sup>

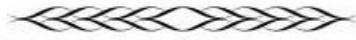
"...[Folklife] means the traditional expressive culture shared within the various groups in the United States: familial, ethnic, occupational, religious, regional; expressive culture includes a wide range of creative and symbolic forms such as custom, belief, technical skill, language, literature, art, architecture, music, play, dance, drama, ritual, pageantry, handicraft; these expressions are mainly learned orally, by imitation, or in performance, and are generally maintained without benefit of formal instruction or institutional direction." Go to <https://en.wikipedia.org/wiki/Folklore> for a more extensive article



### **"He Coined the Word 'Folk-Lore'": The "Old Folk-Lorist" William John Thoms**

... Thoms is an interesting character in the history of both folklore and literature. Few people set out on purpose to coin a new word and succeed so completely that it becomes both an everyday term and the name of an academic discipline. A similarly small handful of people single-handedly found an academic journal that continues publication for over a hundred and fifty years. Only a tiny number of people do both. Such a fellow was William John Thoms; three years after coining the word folk-lore, he founded *Notes & Queries*, a journal that is still

published to this day. More about Thoms at <http://blogs.loc.gov/folklife/2014/08/he-coined-the-word-folk-lore/>

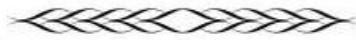


The following is an excerpt from Thoms' series "Folk-Lore," which ran in the *The Athenæum*, a popular British Journal from 1846 to 1849.

#### **FOLK-LORE.**

**August 12, 1846**

Your pages have so often given evidence of the interest which you take in what we in England designate as Popular Antiquities, or Popular Literature (though by-the-by it is more a Lore than a Literature, and would be most aptly described by a good Saxon compound, Folk-Lore,—the *Lore of the People*)—that I am not without hopes of enlisting your aid in garnering the few ears which are remaining, scattered over that field from which our forefathers might have gathered a goodly crop.



#### **Co-Creating a Meaningful Life: Training for the Human Relations Laboratory 2017**

Kirsten Rohde

I'm appreciating the summaries of our Lab leadership training in last week's eView. Since Lab is always new and different each year, I appreciated that all of us at the training weekend were jumping in to do our own work of growing and learning. We have committed to continuing to stay in a learning frame individually and together before and during Lab. When those who offer leadership and facilitation are doing our personal and relational exploration right along with every other participant, we create together a powerful week with the potential for transformative experiences. Lab has a "lore" to it: a way of being



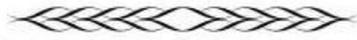
together that is based on acquired knowledge as well as ancient and contemporary ways about being human together. In the natural world of Sahale we find connection beyond just the human and are even more inspired.

I've been to conferences and workshops where those providing leadership are learning on the spot and presenting or facilitating from that perspective. That is the type of event that I enjoy. Not so much when someone stands up at a podium and makes a presentation that they have

done many times before. It may be very interesting and useful even but doesn't have the same energy of real life experience and change.

I hope you will sign up for our 48<sup>th</sup> Lab, (August 6-12, at Sahale.) I like our conversations at the training weekend about the many ways to learn together including movement, games, art, music, as well as sharing and listening to each other. We are designing a lab that has many possibilities, waiting for the right moment to manifest into our lives.

(You can register right now at: <http://www.goodenough.org/lab/lab-info-10.htm>)



## **Introducing Our New EcoVillage Residents**

Colette Hoff

“We are Draï and John and we are the love of each other’s life, since we were 15!”

Draï is a graphic designer and for a sample for to [www.sahaleretreat.org](http://www.sahaleretreat.org). She has also designed our flyer for the 2017 Human Relations Laboratory, which will be introduced in next week’s Village eView. Draï enjoys singing, and drumming, as well as a rich connection to women’s spirituality. She is a nester (ask for a tour of the Meadow Cabin), a mother and a grandmother. And, Draï is pitching in with cooking, laundry, cleaning and whatever needs doing.

As a Long Dancer, Draï has been coming to Sahale since 2005. Not only is she a good friend of Colette’s, she is an active participant in the women’s culture of the Goodenough Community.

John wants to introduce himself as H H H H: happy, helpful, hands with heart! He is also a master butcher, baker, and candlestick maker! John is both a commercial and sport fisherman. He is learning Sahale as he mows fields, works with Irene in the gardens, Bruce in construction and is an asset to Jim.

In their words, “As new EcoVillage residents, we are finding living at Sahale humbling, refreshing, renewing, spiritual, and reflective of the natural rhythms of life. Sahale is a high, holy place. It is fulfilling a dream to be able to learn about the land, make nettle soup, dandelion wine and even granola. We have immense gratitude to the Goodenough Community and are so grateful for the opportunity to grow!”





Now is the time to make plans for our 15<sup>th</sup> annual work/Play party,

## **Memorial Day Weekend at Sahale Learning Center**

**May 26 to 29, 2016**

### **The Mission**

The **mission** of Sahale Learning Center is to provide sanctuary, relationship, and learning experiences for the people; and, sustainability for the land which lives up to the meaning of its Chinook name,

**Sahale-- Heaven on Earth!**

### **The Vision**

As an intentional demonstration of The American Association for the Furtherance of Community, Sahale Learning Center, a growing ecoVillage within a community dedicated to personal development, provides 68 acres and heartfelt service for retreats, workshops, family gatherings, educational and special events.

***The supreme accomplishment is to blur the line between work and play.***

-Arnold J. Toynbee, historian (14 Apr 1889-1975)

Well-organized work parties will have plenty to do for all abilities and we will seek a balance between work and play.

There will be wholesome meals, outdoor play, hot tubing, and relaxation.

The only charge will be a donation for food.

Let Colette know your plans: When you are coming, how many in your party, when you are planning to leave, and any food issues.      [hoff@goodenough.org](mailto:hoff@goodenough.org)



### **Sahale Maintenance - Shed up!** Bruce Perler

This last weekend Hal Smith and I, with help from John Schindler, raised the four outside walls of our new Sahale, upper campus, storage shed. You'll have heard about this project as one of several selected by our members to be addressed in the



in the next year or so. This one will improve our existing storage and add space for overflow tables and chairs from our dining hall, Potlatch. Colette and others will be very pleased about this. I've also interviewed Mike about his ideas for the other half of the shed, storage of mower, weed eaters and other yard care tools. He wanted a solid ramp, not too steep, and will get just that.

Its been a few years since I've gotten to work with Hal yet, after an hour or so we were in the groove together. I've taken care to have my review my building plans well reviewed with others, folks who think about studs, rafters, and rim joists, like Jim Tocher. Thanks to Jim input we'll be creating a simpler stronger roof - something Hal and I will be able to have up in a day or so.

That's right, Hal and I will be at it again this weekend, working towards our goal to have the shed completed by Memorial Day Weekend so it could be spruced up with a little landscaping for the Sahale summer season.

Last fall I stated some site preparation by clearing and moving the two old ramshackle sheds we've used for 15 years. A little tractor and shovel work later, and we had a site. Concrete blocks

placed and treated joists trimmed, the foundation came together. Topped with treated plywood, this platform was ready for walls. Thank you to all the friends who have helped get the project this far; Leslie, Tom , Andrew, Rory, Adam, Haley, Jim, Pam, Tod and now Hal and John.



The deAnguera Blog: Lore



A good deal of the lore about Sahale has to do with how we do our daily work. We usually are working on many different projects out here. One is the new utility shed near Potlatch now under construction. Bruce Perler and Hal Smith are building one of the walls as Ned relaxes nearby. The work is often casual and we shoot the breeze with each other as we do it.

Can you believe it? We actually enjoy working out here at Sahale. Early on today I could hear John Shindler, Draï Turner’s partner mowing the grass below with the Kubota tractor. Is it possible folks come out here to work just to have some way to escape their work lives? Something different to do with friends. Work always goes better with friends. One does not have to worry about making quota.

Draï and John came to live with us about a week ago. Draï has been very helpful to us in designing our new website and often does her work in Potlatch. John does the heavy physical work around our place. We originally got to know Draï and John through the Long Dance folks.

When Josh DeMers and Evelyn Cilley left others came to replace them. It’s almost as if the Divine senses our need and sends us the right people at just the right time. We are being taken care of and watched over.

We have developed the habit of always appreciating the work each of us does out here. You have no idea what that means to me. In the working world nobody ever took the time to appreciate my work.

At the end of the day we often relax around a fire at the pit-to-go by the Potlatch dining area. The space has a roof over it enabling us to have fires and social time even in the rain and cold. Sometimes I think the cold weather can serve as a bond around the fire.

Jim Tocher was here today. He comes most Wednesdays to work on projects around Sahale. With his new truck he is our crew boss.

Why is the lore of a place like Sahale so important? It determines how we relate to the place and how it relates to us. I honestly believe Sahale has a spirit of her own. This spirit was created out of our lore around the place. If it weren't for our presence and how we used Sahale, she would not have been anything more than some riverfront acreage with buildings on it.

We create ourselves out of our experiences here. For me the impact has been very profound due to the fact I have lived here for nearly nine years.

What would Lab be like without Sahale? There was a time when we held Lab on someone else's land. Since we didn't own the land we had to pack everything up before leaving. Lab was just a bunch of stuff.

I had wanted to live at Lab. Without Sahale that would have been impossible. My home would not have been the special fairy tale place of Sahale. Instead it would have been a condo in Bellevue where I had no friends.



Our experience with chickens has certainly added to our lore about them. Now we know just how much they love to dig up gardens.



### **Men's Weekend and Tent Raising, June 9 to 11**

Bruce Perler

I'm writing to invite you men to a spring retreat weekend, June 9-11. This date is the best fit for the most of the men I've asked. I realize not all of you will be able to make it, a sad truth about planning. If you're not able, please consider sending me an email with a "check in" you'd like shared in our circle.

This year, different than we've done before, we're combining our annual raising of our Big White Tent with our spring men's retreat. The tent raising, as we usually



do, begins on Friday morning and concludes Saturday by lunch. Jim Tocher and Norm Peck generally like to have about 8 to 10 guys on hand for a tent raising. It takes that many to execute the entire process smoothly, as we've learned. Look for further contact about this and, if you'd like to pitch in, let me know and I'll pass your interest along.

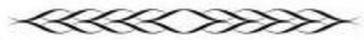
On Saturday evening, after a fine meal, we'll gather to be together as friends and brothers, old and young. Its our way to take some time to lean in with each other, share stories, ask questions, expressing concerns and lift up accomplishments. I always look forward to such a time and know you do too. Consider preparing yourself by reflecting on what's lively in your life now, something got your attention?

We'll gather again Sunday morning after a hearty breakfast for some time to talk and will end our retreat with a manly circle followed by a send off lunch.

Please RSVP with your interest about our Men's Retreat and look for more details as the time draws nearer.

Bruce Perler

206.419.8361 [bruce\\_perler@hotmail.com](mailto:bruce_perler@hotmail.com)



### **Making Choices about Medical Care in Later Life, Wednesday May 10, 5:15 – 6:45 p.m (note: rescheduled to May 10<sup>th</sup>)**

Submitted by Hollis Ryan

Would you like to know how geriatricians are thinking about your choices? Let's discuss! Speaker **Wayne C. McCormick**, MD, MPH, is a Professor of Medicine at the University of Washington, Department of Medicine, Division of Gerontology and Geriatric Medicine, Harborview Medical Center. He is a graduate of Washington University Medical School in St. Louis and of the University of Washington School of Public Health in Seattle. He is a former Robert Wood Johnson Clinical Scholar and is board certified in medicine, preventive medicine and public health, palliative medicine, and geriatrics. **Date, time, location: Wednesday May 10, 5:15 – 6:45 p.m.,** Odegaard Undergraduate Library. **Register** [HERE](#), or click through on the event announcement at [uw.edu/uwra/calendar](http://uw.edu/uwra/calendar).



Our next Third Age meeting will be: Friday, May 12 at 3610 SW Barton St

We look forward to seeing our third age friends. Kirsten and Joan

Please call Joan Valles 206 819 1089 [joanvalles70@yahoo.com](mailto:joanvalles70@yahoo.com) to RSVP



Submitted by Hollis Ryan



## **An opportunity to become a member of our community**

Kirsten Rohde

We are offering a simple membership plan at the rate of \$5/month, or \$50 for the year if paid up-front. Our desire now is to be inclusive, understanding that we will together begin to define some rights and responsibilities of membership. While we generally use a form of consensus for decision-making, having membership formalizes decision-making for community issues. Our Community Covenant continues to guide us.

Belonging: membership of a group or organization offers

- a sense of belonging,
- a desire to help with decisions and plans,
- joining together,
- valuing our community and its work,
- buying in means you tend less to take things for granted,
- the feeling of home,
- heart commitment.

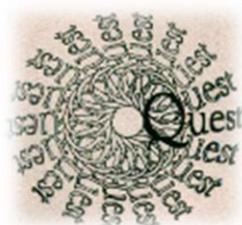
If you would like to join us in membership, please contact Elizabeth Jarrett-Jefferson, [elizabeth.ann.jarrett@gmail.com](mailto:elizabeth.ann.jarrett@gmail.com)





*"Oh, and I've started seeing a therapist."*





### **Quest: A Counseling and Healing Center**

Our belief is that mental and emotional health is a prerequisite for spiritual well-being, collaboration, and the expression of compassion. Quest's counseling and education programs, open to all interested individuals, focus on empowering individuals, couples, and family groups to be happier and be more effective in relationships.

**Call John or Colette (206-755 8404) or Colette and John at Sahale – 360 275-3957. In Seattle,** John and Colette meet with clients at the community center, 3610 SW Barton Street, Seattle 98106, as well as at Sahale.

**Cultural Programs in the Goodenough Community are created for visitors and they are developed as opportunities for our members and friends to practice our lifeways and apply them to contemporary issues and problems in our lives.** For instance, the men's program must be an expression of the best wisdom men have gathered from their life together—about what is a good man and how he could best express that in his own life. Similarly, women must return to the essentials of being a good woman in this day and age.

### **Calendar of Programs and Events, 2017**

What makes community meaningful and fun?

The richness of life in community comes in many ways – getting together informally over a meal ... celebrating a significant birthday with long-time and newfound friends ... working together in a creative endeavor ... collaborating in a work party ... thinking deeply with others about what it means to be fully alive and connected with ourselves, each other, and Spirit ...

In the Goodenough Community, we recognize such ways to connect as expressions of **community culture**. Throughout the year, we offer **cultural programs** so that you can engage with the community, participate in your own development, and have a good time.

We **welcome your interest** and your participation, and hope that you will join us at any – or many! – of this year's events.

## Women's Culture

### Women's Weekend, May 5-7, 2017 at Sahale

Women of the Goodenough Community have been gathering intentionally and regularly since 1983 to discover in themselves and each other the essence of womanhood at any age and the presence of the Divine Feminine.

Focal Person: Hollis Guill Ryan, [hollisr@comcast.net](mailto:hollisr@comcast.net)



### Third-Age Gatherings

Next gathering will be Friday evening May 12 at the community

center in West Seattle. Focal Person: Kirsten Rohde, [krohde14@outlook.com](mailto:krohde14@outlook.com)



A weekend for men is being planned for **June 9 to 11**. Focal Person: Bruce Perler, [bruce\\_perler@hotmail.com](mailto:bruce_perler@hotmail.com)

## Work Parties throughout the Year

Traditionally, the Goodenough Community sponsors work parties over Memorial Day weekend (**May 26 to 29, 2017**), as well as other times throughout the year, to express gratitude for the presence of our beloved retreat center, Sahale, and to experience the satisfaction of playing and working together.

Focal Person: Colette Hoff, [hoff@goodenough.org](mailto:hoff@goodenough.org)

## Summer Camp for Youth, June 25 to July 1

A wonderful opportunity for children 9 to 12 to have a full camp experience in a beautiful setting with loving leadership.

Focal Person: Irene Perler, [Irene\\_Perler@hotmail.com](mailto:Irene_Perler@hotmail.com)



## Human Relations Laboratory, August 6 to 12, 2017



This intense and joyous week-long event is a communal experience of personal growth, and has been presented annually and is now in its 48<sup>th</sup> year!

Focal Person: Colette Hoff, [hoff@goodenough.org](mailto:hoff@goodenough.org)

### **True Holidays Celebration, Saturday, December 2, 2017**



Be part of this fun-filled family-oriented evening, and prepare yourself for a holiday season (whatever faith tradition you follow) that fills your heart.

Focal Person: Kirsten Rohde, [krohde14@outlook.com](mailto:krohde14@outlook.com)

### **Winter Solstice Bus Trip, Saturday December 16, 2017**

Board a bus, play in the snow, shop in Leavenworth, have a horse-drawn sleigh ride and enjoy an abundant dinner. Focal Person: Colette Hoff

### **New Year's Eve at Sahale, 2017 – 2018**

Sunday will be New Year's Eve and Monday will be New Year's Day next year.

**Annual Organizational Meetings                      March 2018 This weekend is foundational to all programs and events within the community. Come and be curious!** Please contact Kirsten Rohde 206 719-5364 for more information.

